

2005 – 2009

Men.

- 1<sup>st</sup> Geoff Powell 19:53 (PB)  
2<sup>nd</sup> Andy Johnson 20:03  
3<sup>rd</sup> John Wiltshire 20:06  
4<sup>th</sup> John Jeffs 20:42  
5<sup>th</sup> Mike Stares 20:51  
6<sup>th</sup> Andy Austin 21:27  
7<sup>th</sup> Dave Croft 21:38  
8<sup>th</sup> Dave Little 21:47  
9<sup>th</sup> Kevin Osborne 22:33  
10<sup>th</sup> Stuart Jones 23:16  
11<sup>th</sup> Roger Robinson (PB)  
12<sup>th</sup> Mike Kearney 23:44  
13<sup>th</sup> Jim Connolly 24:52  
14<sup>th</sup> Phil Beed 24:56  
15<sup>th</sup> Terry Ash 25:21  
16<sup>th</sup> Dave Russell 27:12  
17<sup>th</sup> Nick Vines 27:16 (1<sup>st</sup> 5k)  
18<sup>th</sup> Gordon Knight 36:05  
19<sup>th</sup> Mick Wellsted 38:18

Helpers. Gary Francis, Liz Redpath time keepers, Lauren Francis, Steve Cawte, Terry Weston.

Ladies.

- 1<sup>st</sup> Cheryl Hill 22:10 (PB)  
2<sup>nd</sup> Sarette Martin 23:19 (PB)  
3<sup>rd</sup> Sue Winfield 26:20  
4<sup>th</sup> Shirley Faichen 27:15  
5<sup>th</sup> Kate Temple 27:15  
6<sup>th</sup> Sharon Clutton 27:16  
7<sup>th</sup> Rosemary Crane 28:10  
8<sup>th</sup> Denise Francis 28:38  
9<sup>th</sup> Natalie Bull 38:14 (1<sup>st</sup> 5k)

9.1.2005. Stubbington Green 10k.

Men.

- 48<sup>th</sup> Chip Wrapson 37:41 (Havant AC, GRR 2<sup>nd</sup> Claim) (5<sup>th</sup> Vet 45)  
64<sup>th</sup> Chris Kennard 38:42 (4<sup>th</sup> Vet 50)  
116<sup>th</sup> Lance Birkby 41:06 (32<sup>nd</sup> Vet 40)  
119<sup>th</sup> John Wiltshire 41:16 (5<sup>th</sup> Vet 55)  
125<sup>th</sup> Andy Johnson 41:35 (34<sup>th</sup> Vet 40)  
213<sup>th</sup> Mike Stares 43:58 (10<sup>th</sup> Vet 55)  
223<sup>rd</sup> Andy Austin 44:21 (35<sup>th</sup> Vet 45)  
232<sup>nd</sup> Dave Croft 44:39 (7<sup>th</sup> Vet 60)  
256<sup>th</sup> Pete Lindley 45:31 (10<sup>th</sup> Vet 60)  
286<sup>th</sup> Colin Gardner 46:31 (67<sup>th</sup> Vet 40)  
301<sup>st</sup> Dave Little 46:58 (53<sup>rd</sup> Vet 45)  
324<sup>th</sup> Kevin Osborne 47:39 (57<sup>th</sup> Vet 45)  
328<sup>th</sup> Spike Hughes 47:47 (58<sup>th</sup> Vet 45)  
348<sup>th</sup> Baz Evans 48:35 (80<sup>th</sup> Vet 40) (1<sup>st</sup> 10k)  
364<sup>th</sup> Stuart Jones 49:07 (84<sup>th</sup> Vet 40) (PB)  
365<sup>th</sup> Andy Clutton 49:07 (141<sup>st</sup> Senior)  
395<sup>th</sup> Mike Dutton 49:59 (23<sup>rd</sup> Vet 55)  
407<sup>th</sup> Kevin Ayriss 50:40 (69<sup>th</sup> Vet 45) (1<sup>st</sup> 10k)  
414<sup>th</sup> Manual PorrCILITO 50:59 (1<sup>st</sup> 10k)  
425<sup>th</sup> Jim Connolly 51:23 (72<sup>nd</sup> Vet 45)  
449<sup>th</sup> Michael Barker 52:27 (43<sup>rd</sup> Vet 50)  
474<sup>th</sup> Len Keech 53:24 (45<sup>th</sup> Vet 50)

538<sup>th</sup> Dave Russell 56:32 (24<sup>th</sup> Vet 60)  
596<sup>th</sup> Gordon Knight 1:04:03 (6<sup>th</sup> Vet 70)  
616<sup>th</sup> Geoff Powell 1:15:31 (224<sup>th</sup> Senior) thought it started at 1100.  
617<sup>th</sup> Hugh Pritchard 1:15:52 (18<sup>th</sup> Vet 65)

Ladies.

28<sup>th</sup> Pat Ashcroft 44:06 (3<sup>rd</sup> F Vet 50) (PB)  
34<sup>th</sup> Cheryl Hill 44:46 (3<sup>rd</sup> F Vet 45) (PB)  
45<sup>th</sup> Mel Stock 46:07 (7<sup>th</sup> F Vet 35) (PB)  
73<sup>rd</sup> Sarette Martin 48:51 (32<sup>nd</sup> F Senior) (1<sup>st</sup> 10k)  
83<sup>rd</sup> Lynne Burns 49:30 (20<sup>th</sup> F Vet 35) (1<sup>st</sup> 10k)  
95<sup>th</sup> Karen Williams 49:57 (1<sup>st</sup> 10k)  
96<sup>th</sup> Sally Dale 50:10 (11<sup>th</sup> F Vet 45)  
119<sup>th</sup> Viv Breen 51:45  
120<sup>th</sup> Heather Sherwood 51:53 (14<sup>th</sup> F Vet 45) (1<sup>st</sup> 10k)  
121<sup>st</sup> Georgina Green 52:02 (47<sup>th</sup> F Senior) (1<sup>st</sup> 10k)  
125<sup>th</sup> Jo Oakes 52:12 (1<sup>st</sup> 10k)  
127<sup>th</sup> Linda Page 52:27 (16<sup>th</sup> F Vet 40)  
140<sup>th</sup> Liz Redpath 53:24 (18<sup>th</sup> F Vet 45)  
141<sup>st</sup> Ann Horton 53:33 (7<sup>th</sup> F Vet 55)  
151<sup>st</sup> Kate Temple 53:47 (21<sup>st</sup> F Vet 40)  
161<sup>st</sup> Vicky Flux 54:23 (64<sup>th</sup> F Senior) (PB)  
165<sup>th</sup> Sue Winfield 54:23 (22<sup>nd</sup> F Vet 45)  
180<sup>th</sup> Sharon Clutton 55:43 (23<sup>rd</sup> F Vet 45)  
191<sup>st</sup> Shirley Faichen 56:17 (14<sup>th</sup> F Vet 50)  
195<sup>th</sup> Sharon Cornhill 56:32 (79<sup>th</sup> F Senior) (1<sup>st</sup> 10k)  
208<sup>th</sup> Jacqui Osborne 57:33  
218<sup>th</sup> Karyn Ashcroft 58:17 (85<sup>th</sup> F Senior) (1<sup>st</sup> 10k)  
228<sup>th</sup> Denise Little 58:59 (17<sup>th</sup> F Vet 50)  
232<sup>nd</sup> Judy Byrne 59:15 (31<sup>st</sup> F Vet 45)  
240<sup>th</sup> Denise Francis 59:36 (19<sup>th</sup> F Vet 50) (PB)  
243 Elaine Meaney 59:52 (33<sup>rd</sup> F Vet 40) (1<sup>st</sup> 10k)  
245<sup>th</sup> Cindy Quaife 59:59 (34<sup>th</sup> F Vet 40)  
260<sup>th</sup> Rosemary Crane 1:00:32 (2<sup>nd</sup> F Vet 60)  
277<sup>th</sup> Kerry Shephard 1:01:50 (40<sup>th</sup> F Vet 45) (PB)  
280<sup>th</sup> Lyn Jones 1:01:57 (40<sup>th</sup> Vet F 40) (PB)  
366<sup>th</sup> Nicola Geddes 1:13:06 (118<sup>th</sup> F Senior) (1<sup>st</sup> 10k)

Fun Run.

62<sup>nd</sup> George Lewis 9.14 (Male 7 – 10)  
106<sup>th</sup> Rachel Johnson 10.30 (Female 7 – 10) (27<sup>th</sup>)  
126<sup>th</sup> Vicky Ayriss 12.36 (Female 11 – 14) (19<sup>th</sup>)

1<sup>st</sup> Man Angus Maclean 30:46 (1<sup>st</sup> Senior) Team Southampton.  
1<sup>st</sup> Lady Liz Hartney 37:11 (1<sup>st</sup> Lady 35) Reading Road Runners.

30.1.2005. Romsey 5 Mile Road Race.

Men.

109<sup>th</sup> Mike Stares 34:26 (9<sup>th</sup> Vet 55)  
152<sup>nd</sup> Mike Kearney 36:49  
160<sup>th</sup> Roger Robinson 37:04 (19<sup>th</sup> Vet 50)  
338<sup>th</sup> Hugh Pritchard 55:22 (10<sup>th</sup> Vet 65)

Ladies.

53<sup>rd</sup> Jo Oakes 39:50 (25<sup>th</sup> Senior) (1<sup>st</sup> 5m)  
88<sup>th</sup> Shirley Faichen 43:06 (PB) (4<sup>th</sup> F Vet 50)  
104<sup>th</sup> Sylvia Cawte 44:35 (17<sup>th</sup> F Vet 40) (1<sup>st</sup> 5m)  
Finishers 536, 339 Men, 197 Ladies.

1.2.2005. Club 5k.

Men.

1<sup>st</sup> Andy Johnson 19:21  
2<sup>nd</sup> Gary Tillett 19:32  
3<sup>rd</sup> Neil Weston 20:17  
4<sup>th</sup> John Wiltshire 20:37  
5<sup>th</sup> Mike Stares 20:52  
6<sup>th</sup> Jason Stock 21:05  
7<sup>th</sup> Toby Bettridge 21:06 (1<sup>st</sup> 5k)  
8<sup>th</sup> Chris Bairstow 21:12  
9<sup>th</sup> Sean Beech 21:27 (1<sup>st</sup> 5k)  
10<sup>th</sup> Pete Lindley 21:37  
11<sup>th</sup> Shane Buckland 21:43 (1<sup>st</sup> 5k)  
12<sup>th</sup> Spike Hughes 21:46  
13<sup>th</sup> Dave Little 21:58  
14<sup>th</sup> Kevin Osborne 22:32  
15<sup>th</sup> Roger Robinson 22:48 (PB)  
16<sup>th</sup> Stuart Jones 22:49  
17<sup>th</sup> Steve Moltini 23:40  
18<sup>th</sup> Phil Beed 23:52 (PB)  
19<sup>th</sup> Mike Dutton 24:11  
20<sup>th</sup> Len Keech 25:32  
21<sup>st</sup> Jim Connolly 28:57  
22<sup>nd</sup> Gordon Knight 30:20  
23<sup>rd</sup> Mike Russell 31:31 (1<sup>st</sup> 5k)  
24<sup>th</sup> Dave Russell 31:32  
25<sup>th</sup> Hugh Pritchard 31:39

Helpers. Gary Francis, Liz Redpath time keepers, Steve Cawte numbers,  
Charlene Cawte, Kay Clelland, Ken Hillyer, Terry Weston, Mick Wellsted.

13.2.2005. Meon Valley Plod.

115<sup>th</sup> Dave Croft 3:12:12, 162<sup>nd</sup> Cheryl Hill 3:25:58, 170<sup>th</sup> Jason Stock 3:27:08,  
171<sup>st</sup> Mel Stock 3:27:08, 314<sup>th</sup> Steve Cawte 4:37:25, 319<sup>th</sup> Rosemary Crane 4:40:16.

Ladies.

1<sup>st</sup> Cheryl Hill 21:42 (PB)  
2<sup>nd</sup> Mel Stock 21:47  
3<sup>rd</sup> Sarette Martin 22:47 (PB)  
4<sup>th</sup> Karen Williams 23:59 (PB)  
5<sup>th</sup> Georgina Green 24:00 (PB)  
6<sup>th</sup> Jo Oakes 24:12 (PB)  
7<sup>th</sup> Linda Hannah 24:22 (PB)  
8<sup>th</sup> Kate Temple 25:36  
9<sup>th</sup> Louise Wood 26:06 (PB)  
10<sup>th</sup> Sharon Clutton 26:41 (PB)  
11<sup>th</sup> Sandy Ayriss 27:05 (PB)  
12<sup>th</sup> Sylvia Cawte 27:09 (PB)  
13<sup>th</sup> Rosemary Crane 27:45  
14<sup>th</sup> Denise Little 27:53  
15<sup>th</sup> Lynn Jones 28:06 (PB)  
16<sup>th</sup> Cindy Quaiife 28:40  
17<sup>th</sup> Judy Byrne 28:41  
18<sup>th</sup> Denise Francis 28:48  
19<sup>th</sup> Inez Brown 32:21 (PB)  
20<sup>th</sup> Janet Lindley 32:25  
21<sup>st</sup> Nadine Dunn 33:33  
22<sup>nd</sup> Val Jones 35:21 (PB)

6.2.2005. Today's Runner Cross Country Meon Valley Country Park  
Stubbington Green.

Men.

44<sup>th</sup> Lance Birkby  
66<sup>th</sup> John Jeffs  
74<sup>th</sup> Jason Stock  
83<sup>rd</sup> Pete Royce  
90<sup>th</sup> Shane Buckland  
91<sup>st</sup> Mike Stares  
97<sup>th</sup> Toby Bettridge  
102<sup>nd</sup> Mark Harcombe  
106<sup>th</sup> Mike Dutton  
107<sup>th</sup> Colin Gardner  
108<sup>th</sup> John Madden  
116<sup>th</sup> Roger Robinson  
128<sup>th</sup> Steve Cawte  
Men's Team 9<sup>th</sup>, Ladies Team 8<sup>th</sup>, Overall 8<sup>th</sup>.

Ladies.

25<sup>th</sup> Mel Stock  
26<sup>th</sup> Cheryl Hill  
44<sup>th</sup> Karen Williams  
47<sup>th</sup> Jo Oakes  
49<sup>th</sup> Georgina Green  
52<sup>nd</sup> Viv Breen  
62<sup>nd</sup> Rosemary Crane

13.2.2005. Wokingham Half Marathon.

Andy Clutton 1:49:54, Sharon Clutton 2:03:29 (PB).

20.2.2005. Hindhead Common Haslemere & Borders AC.

Men.

26<sup>th</sup> Neil Weston  
33<sup>rd</sup> Lance Birkby  
65<sup>th</sup> Mike Stares  
66<sup>th</sup> Toby Bettridge  
79<sup>th</sup> Colin Gardner  
81<sup>st</sup> Pete Royce  
83<sup>rd</sup> Manual Borrhalho  
84<sup>th</sup> Mike Kearney  
93<sup>rd</sup> Alan Sanders  
96<sup>th</sup> Roger Robinson  
101<sup>st</sup> Steve Cawte  
Men's Team 7<sup>th</sup>, Ladies Team 10<sup>th</sup>, Overall 7<sup>th</sup>.

Ladies.

22<sup>nd</sup> Cheryl Hill  
33<sup>rd</sup> Jo Oakes  
35<sup>th</sup> Georgina Green  
38<sup>th</sup> Louise Wood  
47<sup>th</sup> Sylvia Cawte  
62<sup>nd</sup> Rosemary Crane

27.2.2005. Terminator Pewsey.

328<sup>th</sup> Colin Gardner 1:45:25 (43<sup>rd</sup> Vet 40)  
332<sup>nd</sup> Cheryl Hill 1:45:29 (46<sup>th</sup> F Vet 45)  
637<sup>th</sup> Steve Cawte 2:14:41 (45<sup>th</sup> Vet40)

27.2.2005. Winchester 10k.

Louise Wood 55:00.

1.3.2005. Club 5k.

Men.

1<sup>st</sup> Neil Weston 18:38 (PB)  
2<sup>nd</sup> Jason Stock 20:11  
3<sup>rd</sup> Chris Bairstow 20:49 (PB)  
4<sup>th</sup> Shane Buckland 21:51 (PB)  
5<sup>th</sup> Andy Austin 20:54  
6<sup>th</sup> John Jeffs 21:19  
7<sup>th</sup> Colin Gardner 22:19  
8<sup>th</sup> Phil Beed 23:24 (PB)  
9<sup>th</sup> Mike Dutton 23:42 (PB)  
10<sup>th</sup> Roger Robinson 23:47  
11<sup>th</sup> Steve Moltini 24:59  
12<sup>th</sup> Terry Ash 26:15  
13<sup>th</sup> Rob Towers 26:32  
14<sup>th</sup> Steve Cawte 27:14  
15<sup>th</sup> Hugh Pritchard 31:43  
16<sup>th</sup> Pete Lindley 32:34

Ladies.

1<sup>st</sup> Cheryl Hill 21:30 (PB)  
2<sup>nd</sup> Mel Stock 21:55  
3<sup>rd</sup> Karen Williams 23:38 (PB)  
4<sup>th</sup> Jo Oakes 23:46 (PB)  
5<sup>th</sup> Sarette Martin 25:30  
6<sup>th</sup> Georgina Green 25:31  
7<sup>th</sup> Louise Wood 26:00 (PB)  
8<sup>th</sup> Sandy Ayriss 27:28  
9<sup>th</sup> Sharon Clutton 27:33  
10<sup>th</sup> Sylvia Cawte 27:48  
11<sup>th</sup> Rosemary Crane 28:24  
12<sup>th</sup> Jo Pennicott 29:47  
13<sup>th</sup> Nadine Dunn 30:29 (PB)  
14<sup>th</sup> Clare Williams 31:27 (1<sup>st</sup> 5k)  
15<sup>th</sup> Janet Lindley 32:26

Helpers. Gary Francis, Liz Redpath time keepers, Stuart Jones numbers, Ruth Harding, Angie Blackhurst, Caroline Foster, Karen Billingham, Mick Wellsted.

Terry Weston whose name we always see at the end of these results suffered a heart attack on the second leg. He was picked up by Sharon Clutton and Liz Redpath and Gary Francis and rushed down to Haslar Hospital where they summoned a ambulance and he was taken to Queen Alexanders at Portsmouth. He is making good progress and will back with us soon.

6.3.2005. Mad March Hare 20 Miles.

111<sup>th</sup> Cheryl Hill 2:33:03 (PB), 133<sup>rd</sup> Andy Austin 2:37:55(PB),  
156<sup>th</sup> Roger Robinson 2:42:28, 171<sup>st</sup> Andy Clutton 2:46:28 (1<sup>st</sup> 20m),  
191<sup>st</sup> Ken Eaden 2:50:56, 249<sup>th</sup> Alan Sanders 3:04:08,  
290<sup>th</sup> Kate Temple 3:17:15 (PB), 291<sup>st</sup> Sharon Clutton 3:17:15 (1<sup>st</sup> 20m),  
292<sup>nd</sup> Len Keech 3:17:15 (PB), 307<sup>th</sup> Steve Cawte 3:25:31 (PB),  
317<sup>th</sup> Rosemary Crane 3:40:06.  
Finishers 335.

6.3.2005. Reading Half Marathon.

4165<sup>th</sup> Emma Croft 1:53:56 (1<sup>st</sup> Half), 4167<sup>th</sup> Dave Croft 1:53:57.  
Finishers 8943.

13.3.2005. Eastleigh 10k.

Men.

126<sup>th</sup> Neil Weston 38:59 (1<sup>st</sup> 10k)  
148<sup>th</sup> Lance Birkby 39:48 (PB) (32<sup>nd</sup> Vet 40)  
233<sup>rd</sup> Chris Bairstow 42:55 (PB)  
377<sup>th</sup> Dave Little 47:58 (52<sup>nd</sup> Vet 45)  
449<sup>th</sup> Roger Robinson 50:20  
471<sup>st</sup> Baz Evans 51:16 (95<sup>th</sup> Vet 40)

Ladies.

99<sup>th</sup> Jo Oakes 48:19 (PB)  
118<sup>th</sup> Sarette Martin 50:20  
253<sup>rd</sup> Denise Little 59:00 (16<sup>th</sup> F Vet 50),  
330<sup>th</sup> Nadine Dunn 1:04:33 (73<sup>rd</sup> F Vet 35) (1<sup>st</sup> 10k)  
Finishers 1044.

20.3.2005. Islwyn Half Marathon.

Roger Robinson 1:44:17.

20.3.2005. Two Saints 10k.

Men.

35<sup>th</sup> John Jeffs 43:59 (5<sup>th</sup> Vet 50)  
40<sup>th</sup> Mike Stares 45:20 (7<sup>th</sup> Vet 50)  
47<sup>th</sup> Mike Kearney 46:04 (10<sup>th</sup> Vet 50)  
55<sup>th</sup> Toby Bettridge 47:25 (27<sup>th</sup> Senior) (1<sup>st</sup> 10k)  
136<sup>th</sup> Hugh Pritchard 1:09:09 (14<sup>th</sup> Vet 60)

Ladies.

4<sup>th</sup> Jo Oakes 50:13 (3<sup>rd</sup> Senior)  
Finishers 195.

27.3.2005. Grizzly 19.5 Miles.

509<sup>th</sup> Cheryl Hill 3:17:28, 603<sup>rd</sup> Mel Stock 3:24:53, 797<sup>th</sup> Colin Gardner 3:39:22,  
1410<sup>th</sup> John Madden 4:36:46.

Fleet Half Marathon.

43<sup>rd</sup> Iain Robert 1:19:11 (2<sup>nd</sup> Vet 40 3<sup>rd</sup> Inter Services).

### 3.4.2005. Totton 10k.

171<sup>st</sup> Lance Birkby 42:52 (70<sup>th</sup> Vet 40), 187<sup>th</sup> Mike Stares 44:03 (18<sup>th</sup> Vet 50),  
243<sup>rd</sup> Jason Stock 46:24 (Senior), 252<sup>nd</sup> Mike Kearney 47:01 (26<sup>th</sup> Vet 50),  
280<sup>th</sup> Tony Ryan 48:07 (99<sup>th</sup> Vet 40), 329<sup>th</sup> Andy Faichen 50:37 (42<sup>nd</sup> Vet 50),  
352<sup>nd</sup> Stuart Jones 51:37 (124<sup>th</sup> Vet 40), 360<sup>th</sup> Baz Evans 52:18 (124<sup>th</sup> Vet 40),  
372<sup>nd</sup> Michael Barker 52:48 (48<sup>th</sup> Vet 50), 464<sup>th</sup> Hugh Pritchard 1:17:13 (24<sup>th</sup> Vet 60),

#### Ladies.

48<sup>th</sup> Cheryl Hill 46:36 (10<sup>th</sup> F Vet 45), 49<sup>th</sup> Mel Stock 46:36 (20<sup>th</sup> F Vet 35),  
75<sup>th</sup> Fiona Tomlinson 49:25 (32<sup>nd</sup> Vet 35).

GRR Ladies (107 points) 6<sup>th</sup> Vet Ladies Team. ies.

Finishers 699, Men 464, Ladies 235.

### 5.4.2005. Club 5k.

#### Men.

1<sup>st</sup> Neil Weston 18:57  
2<sup>nd</sup> Gary Tillett 19:44  
3<sup>rd</sup> John Jeffs 20:22  
4<sup>th</sup> Chris Bairstow 20:31 (PB)  
5<sup>th</sup> Toby Bettridge 21:11  
6<sup>th</sup> Mike Stares 21:14  
7<sup>th</sup> Dave Croft 21:36  
8<sup>th</sup> Pete Lindley 21:44  
9<sup>th</sup> Kevin Osborne 22:17  
10<sup>th</sup> Phil Beed 23:14 (PB)  
11<sup>th</sup> Roger Robinson 23:22 (PB)  
12<sup>th</sup> Michael Barker 23:55  
13<sup>th</sup> Steve Moltini 24:05  
14<sup>th</sup> Rob Towers 24:11  
15<sup>th</sup> John Wiltshire 24:36  
16<sup>th</sup> Terry Ash 24:59  
17<sup>th</sup> Rob Whittaker 26:19 (1<sup>st</sup> 5k)  
18<sup>th</sup> Kevin Chambers 26:20  
19<sup>th</sup> Mike Kearney 27:26  
20<sup>th</sup> Simon Uzzell 27:42 (1<sup>st</sup> 5k)  
21<sup>st</sup> John Taylor 28:21  
22<sup>nd</sup> Dave Russell 28:54  
23<sup>rd</sup> Mike Russell 29:00 (PB)  
24<sup>th</sup> Hugh Pritchard 29:39  
25<sup>th</sup> Neil Thompson 32:29 (1<sup>st</sup> 5k)  
26<sup>th</sup> Len Keech 34:32

#### Ladies.

1<sup>st</sup> Cheryl Hill 21:49  
2<sup>nd</sup> Pat Ashcroft 21:52 (PB)  
3<sup>rd</sup> Debbie Skinner 23:01 (1<sup>st</sup> 5k)  
4<sup>th</sup> Jo Oakes 23:22 (PB)  
5<sup>th</sup> Sally Dale 23:37  
6<sup>th</sup> Karen Williams 23:52  
7<sup>th</sup> Georgina Green 23:59  
8<sup>th</sup> Serette Martin 24:20  
9<sup>th</sup> Sue Winfield 24:54  
10<sup>th</sup> Tracy Bale 24:58  
11<sup>th</sup> Sharon Clutton 26:25 (PB)  
12<sup>th</sup> Sandy Ayriss 26:26 (PB)  
13<sup>th</sup> Kate Temple 26:33  
14<sup>th</sup> Karen Ashcroft 27:42 (1<sup>st</sup> 5k)  
15<sup>th</sup> Denise Francis 28:19 (PB)  
16<sup>th</sup> Nicola Taylor 28:21  
17<sup>th</sup> Claire Williams 28:42 (PB)  
18<sup>th</sup> Mary Ash 28:52  
19<sup>th</sup> Natalie Whittaker 29:39 (1<sup>st</sup> 5k)  
20<sup>th</sup> Nadine Dunn 29:53 (PB)  
21<sup>st</sup> Cindy Quaiife 30:12  
22<sup>nd</sup> Judy Byrne 30:12  
23<sup>rd</sup> Lynn Jones 30:24  
24<sup>th</sup> Tara Franklin 30:26 (1<sup>st</sup> 5k)  
25<sup>th</sup> Val Jones 34:31 (PB)

Helpers. Gary Francis, Liz Redpath timekeepers, Vicky Martin numbers,  
Janet Lindley, Pete Royce, Kathleen, Terry Weston, Chris Kennard, Steve Cawte,  
Sam Wilkinson (from the tennis club), Steve Baseley, Jim Connolly, Ruth Harding,  
Angie Blackhurst, Caroline Foster, Karen Billingham.

Portland Bunny 20 Mile Multi Terrain.

19<sup>th</sup> Cheryl Hill 3:11:09.

?4.2005. Marwell Zoo 10k.

253<sup>rd</sup> Nadine Dunn 1:05:30 (116<sup>th</sup> Vet 35).

17.4.2005. London Marathon.

342<sup>nd</sup> (316<sup>th</sup> overall) Iain Robert 2:45:56 (PB) (Vet 40)  
1738<sup>th</sup> (1621<sup>st</sup> overall) Chris Kennard 3:08:31 (Vet 50)  
4538<sup>th</sup> (469<sup>th</sup> F overall) Cheryl Hill 3:31:11 (PB) (Vet 40)  
5850<sup>th</sup> (5152<sup>nd</sup> overall) Dave Croft 3:39:40 (Vet 60)  
6257<sup>th</sup> (5486<sup>th</sup> overall) Andy Johnson 3:41:53 (Vet 40)  
6531<sup>st</sup> (835<sup>th</sup> F overall) Mel Stock 3:43:40 (Vet 30)  
7136<sup>th</sup> (6201<sup>st</sup> overall) John Wiltshire 3:46:27 (Vet 50)  
13078<sup>th</sup> (10820<sup>th</sup> overall) Colin Gardner 4:10:22 (Vet 40)  
13795<sup>th</sup> (1352<sup>nd</sup> overall) Andy Clutton 4:13:04 (Vet 30) (1<sup>st</sup> Marathon)  
14740<sup>th</sup> (12065<sup>th</sup> overall) Andy Austin 4:16:13 (Vet 50) (1<sup>st</sup> Marathon)  
17858<sup>th</sup> (14279<sup>th</sup> overall) Ken Eaden 4:27:46 (Vet 40)  
24225<sup>th</sup> (5698<sup>th</sup> F overall) Heather Sherwood 4:53:39 (Vet 40) (1<sup>st</sup> Marathon)  
27367<sup>th</sup> (6865<sup>th</sup> F overall) Kate Temple 5:09:51 (Vet 40)  
27368<sup>th</sup> (6866<sup>th</sup> F overall) Sharon Clutton 5:09:51 (Vet 40)  
30580<sup>th</sup> (22398<sup>th</sup> overall) Pete Chilcott 5:33:25 (Vet 40)  
32491<sup>st</sup> (23459<sup>th</sup> overall) Hugh Pritchard 5:54:59 (Vet 60)

CLUB AWARDS

*10k Ladies:*

Senior: Mel Stock.

Vet: Fiona Tomlinson.

Vet 45: Sally Dale.

Vet 55: Rosemary Crane.

Vet 65: Irene Watson.

*10 Miles Men:*

Senior: Jason Stock.

Vet: Lance Birkby.

Vet 50: Mike Stares.

*10k Men:*

Senior: Rob Towers.

Vet: Iain Robert.

Vet 50: Mike Stares.

Vet 60: Dave Croft.

*Marathon Ladies:*

Senior: Mel Stock.

Vet: Viv Breen.

Vet: 45 Cheryl Hill.

Vet: 55 Rosemary Crane.

*10 Miles: Ladies.*

Senior: Mel Stock.

Vet: Fiona Tomlinson.

Vet 45: Sally Dale.

*Marathon Man:*

Senior: Jason Stock.

Vet: Iain Robert.

Vet: 50 John Wiltshire

Vet: 60 Dave Croft.



26.5.2004. Out of Town.

Meet at Bridge Rd Park Gate.  
Organiser Dave Camp.

5.6.2005. Plymouth Half Marathon.

Tracy Bale 1:53:48 (PB)

5.6.2005 Poole 10k.

Lance Birkby 39:55, Andy Johnson 41:12, Mike Barker 51:27.

7.6.2005. Club 5.

Men.

1<sup>st</sup> Gary Tillett 18:56  
2<sup>nd</sup> Chris Bairstow 19:15 (PB)  
3<sup>rd</sup> Dave Little 19:19  
4<sup>th</sup> Jason Stock 19:42  
5<sup>th</sup> John Jeffs 20:28  
6<sup>th</sup> Toby Bettridge 20:58 (PB)  
7<sup>th</sup> Rob Towers 22:14  
8<sup>th</sup> Kevin Osborne 22:28  
9<sup>th</sup> Pete Lindley 22:51  
10<sup>th</sup> Roger Robinson 23:11  
11<sup>th</sup> Paul Izatt 23:17 (1<sup>st</sup>5k)  
12<sup>th</sup> Phil Beed 23:30 (PB)  
13<sup>th</sup> Mike Barker 23:39  
14<sup>th</sup> Stuart Jones 23:41  
15<sup>th</sup> Rob Whittaker 23:53 (PB)  
16<sup>th</sup> Mike Dutton 24:16  
17<sup>th</sup> Simon Uzzell 24:57 (PB)  
18<sup>th</sup> Terry Ash 25:11  
19<sup>th</sup> Jim Connolly 26:09  
20<sup>th</sup> David Walters 26:19 (PB)  
21<sup>st</sup> David Russell 26:22  
22<sup>nd</sup> Gavin Wallis 26:42 (1<sup>st</sup>5k)  
23<sup>rd</sup> Terry Weston 39:35

Ladies.

1<sup>st</sup> Pat Ashcroft 21:12 (PB)  
2<sup>nd</sup> Debbie Skinner 21:56 (PB)  
3<sup>rd</sup> Mel Stock 21:59  
4<sup>th</sup> Jo Oakes 23:11 (PB)  
5<sup>th</sup> Cheryl Hill 23:28  
6<sup>th</sup> Georgina Green 23:36 (PB)  
7<sup>th</sup> Sarette Martin 24:01  
8<sup>th</sup> Karen Williams 24:10  
9<sup>th</sup> Claire Englefield 24:38 (1<sup>st</sup>5k)  
10<sup>th</sup> Kate Scott 24:40 (1<sup>st</sup>5k)  
11<sup>th</sup> Vicky Raybould 24:45 (1<sup>st</sup>5k)  
12<sup>th</sup> Karen Ashcroft 24:57 (PB)  
13<sup>th</sup> Caroline Clark 25:02 (1<sup>st</sup>5k)  
14<sup>th</sup> Kate Temple 25:59  
15<sup>th</sup> Sharon Clutton 26:30  
16<sup>th</sup> Jacqueline Jukes 26:41 (1<sup>st</sup>5k)  
17<sup>th</sup> Denise Little 26:45  
18<sup>th</sup> Lyndsey Netherwood  
26:47 (1<sup>st</sup>5k)  
19<sup>th</sup> Helen Godbold 26:48  
20<sup>th</sup> Denise Francis 27:23 (PB)  
21<sup>st</sup> Deborah Birch 28:14 (1<sup>st</sup>5k)  
22<sup>nd</sup> Judy Byrne 28:15  
23<sup>rd</sup> Nadine Dunn 28:50 (PB)  
24<sup>th</sup> Sandy Ayriss 29:28  
25<sup>th</sup> Cindy Quaiife 29:31  
26<sup>th</sup> Natalie Whittaker 29:57  
27<sup>th</sup> Lyn Jones 30:06  
28<sup>th</sup> Mandy Thomas 30:22 (1<sup>st</sup>5k)  
29<sup>th</sup> Inez Brown 33:11  
30<sup>th</sup> Ruth Parker 33:15 (1<sup>st</sup>5k)  
31<sup>st</sup> Dawn Weston 33:59  
32<sup>nd</sup> Sue Young 34:00  
33<sup>rd</sup> Val Jones 35:23

34<sup>th</sup> Natalie Bull 35:25 (PB)  
35<sup>th</sup> Tracy Johnson 35:32 (1<sup>st</sup> 5k)  
36<sup>th</sup> Nicky Burns 36:02 (1<sup>st</sup> 5k)  
37<sup>th</sup> Diane Raybould 36:03 (1<sup>st</sup> 5k)  
38<sup>th</sup> Ruth Harding 39:21 (PB)  
39<sup>th</sup> Caroline Pryke 39:35 (PB)

*Helpers. Gary Francis, Liz Redpath timekeepers, Lauren Francis numbers, Dave Redpath, Vicky Martin, Janet Lindley, Neil Weston, Mick Wellsted.  
This is the biggest turn out we have had for the Club 5k.*

8.6.2005. D – Day 10k.

Men.

71<sup>st</sup> Jason Stock 40:52 (PB)  
77<sup>th</sup> Andy Johnson 41:12 (15<sup>th</sup> Vet 40)  
121<sup>st</sup> Colin Gardner 43:56 (24<sup>th</sup> Vet 40)  
146<sup>th</sup> Mike Stares 45:24 (10<sup>th</sup> Vet 55)  
222<sup>nd</sup> Baz Evans 49:43 (41<sup>st</sup> Vet 40)  
237<sup>th</sup> Mike Barker 50:44 (16<sup>th</sup> Vet 50)  
243<sup>rd</sup> Roger Robinson 51:31 (17<sup>th</sup> Vet 50)  
256<sup>th</sup> Stuart Jones 52:24 (45<sup>th</sup> Vet 40)  
294<sup>th</sup> Nick Vines 58:55 (1<sup>st</sup> 10k)  
Finishers 450, 318 Men, 132 Ladies

Ladies.

5<sup>th</sup> Pat Ashcroft 44:51 (1<sup>st</sup> Vet 50)  
9<sup>th</sup> Cheryl Hill 46:35 (1<sup>st</sup> Vet 45)  
13<sup>th</sup> Debbie Skinner 47:16 (4<sup>th</sup> Vet 35) (PB)  
36<sup>th</sup> Georgina Green 51:14 (PB)  
37<sup>th</sup> Sarette Martin 51:31  
38<sup>th</sup> Karyn Ashcroft 52:47 (PB)

*GRR Ladies team 2<sup>nd</sup> & 8<sup>th</sup>*

*GRR Ladies Vet team 2<sup>nd</sup>*

*Team Prize Pat Ashcroft, Cheryl Hill, Debbie Skinner*

*1<sup>st</sup> Vet over 50 Prize Pat Ashcroft*

11.6.2005. Sinfin Classic 10k Elveston Castle & Country Park Derbys.

62<sup>nd</sup> Chris Bairstow 43:28, 263<sup>rd</sup> Nadine Dunn 1:03:59 (PB).

12.6.2005. Edinburgh Marathon .

2257<sup>th</sup> Len Keech 4:12:31 (PB 31min 22sec).

12.6.2005.Salisbury 10 Mile Road Race.

17<sup>th</sup> Dave Little 1:08:36, 24<sup>th</sup> Jason Stock 1:09:03 (PB), 36<sup>th</sup> Andy Johnson 1:12:13,  
64<sup>th</sup> Mel Stock 1:18:14, 67<sup>th</sup> Cheryl Hill 1:19:47, 101<sup>st</sup> Tony Ryan 1:26:59,  
120<sup>th</sup> Stuart Jones 1:30:14.

12.6.2005. Purbrook Ladies 5 Miles.

12<sup>th</sup> Pat Ashcroft 35:20 (PB)  
34<sup>th</sup> Jo Oakes 40:25  
39<sup>th</sup> Karen Williams 41:00 (1<sup>st</sup> 5m)  
42<sup>nd</sup> Sarette Martin 41:15 (1<sup>st</sup> 5m)  
49<sup>th</sup> Sally Dale 41:59  
55<sup>th</sup> Michelle Hayes 42:23 (1<sup>st</sup> 5m)  
75<sup>th</sup> Denise Little 44:51  
82<sup>nd</sup> Sharon Clutton 45:44  
86<sup>th</sup> Jacqueline Jukes 46:54 (1<sup>st</sup> 5m)  
87<sup>th</sup> Deborah Birch 46:56 (1<sup>st</sup> 5m)  
90<sup>th</sup> Shirley Faichen 47:04  
93<sup>rd</sup> Denise Francis 50:02 (1<sup>st</sup> 5m)  
108<sup>th</sup> Nadine Dunn 50:03 (1<sup>st</sup> 5m)  
114<sup>th</sup> Christina Hill 52:44 (1<sup>st</sup> 5m)  
115<sup>th</sup> Denise Hill 52:44 (1<sup>st</sup> 5m)  
133<sup>rd</sup> Tracy Johnson 57:05 (1<sup>st</sup> 5m)  
142<sup>nd</sup> Nicky Burns 58:29 (1<sup>st</sup> 5m)  
143<sup>rd</sup> Diane Raybould 59:13 (1<sup>st</sup> 5m)  
Finishers. 146 from 169 entrants a record entry.  
Winning Lady Kath Bailey 28:39 Winchester & District AC.

Supporters. Mike Stares, Gary Francis, Chris Bairstow, Roger Robinson,  
Mick Wellsted & Pat & Diane's families.

15.6.2005. Hayling Billy 5.

23<sup>rd</sup> Dave Little 31:47 (8<sup>th</sup> Vet 40)  
29<sup>th</sup> Jason Stock 32:46 (PB) (15<sup>th</sup> Senior)  
50<sup>th</sup> Colin Gardner 34:11 (19<sup>th</sup> Vet 40)  
62<sup>nd</sup> Pat Ashcroft 34:51 (PB) (1<sup>st</sup> F Vet 50)  
70<sup>th</sup> Mel Stock 35:53 (PB) (6<sup>th</sup> F Senior)  
77<sup>th</sup> Mike Stares 36:17 (15<sup>th</sup> Vet 50)  
87<sup>th</sup> Cheryl Hill 37:03 (PB) (2<sup>nd</sup> F Vet 40)  
110<sup>th</sup> Mike Kearney 38:17 (20<sup>th</sup> Vet 50)  
117<sup>th</sup> Tony Ryan 39:06 (35<sup>th</sup> Vet40)  
152<sup>nd</sup> Karyn Ashcroft 41:40 (F Senior) (1<sup>st</sup> 5m)  
153<sup>rd</sup> Roger Robinson 41:40 (27<sup>th</sup> Vet 50)  
173<sup>rd</sup> Steve Cawte 44:04 (47<sup>th</sup> Vet 40)  
176<sup>th</sup> Louise Wood 44:32 (F Senior) (1<sup>st</sup> 5m)  
178<sup>th</sup> Stuart Jones 44:49 (48<sup>th</sup> Vet 40)  
184<sup>th</sup> Vicky Flux 45:12 (34<sup>th</sup> F Senior) (1<sup>st</sup> 5m)  
185<sup>th</sup> Helen Lawrence 45:13 (35<sup>th</sup> F Senior)  
Prize winners Pat Ashcroft 1<sup>st</sup> Vet 50, Cheryl Hill 2<sup>nd</sup> Vet 40.  
Finishers 218, Men 140, Ladies 78.  
Winning man James Baker 23:50 Chichester Runners.  
1<sup>st</sup> Lady Tracy Capper 33:30 Havant AC.

19.6.2005. Brading (Isle of Wight) 10k.

100<sup>th</sup> Pat Ashcroft 45:36 (16<sup>th</sup> Lady 4<sup>th</sup> Vet 45)  
123<sup>rd</sup> Dave Croft 47:34 (101<sup>st</sup> Man 17<sup>th</sup> Vet 60)  
138<sup>th</sup> Cheryl Hill 49:35 (25<sup>th</sup> Lady 5<sup>th</sup> Vet 45)  
214<sup>th</sup> Shirley Faichen 1:05:21 (63<sup>rd</sup> Lady 11<sup>th</sup> Vet 45)

7.7.2005. Club 10k .

Men.

1<sup>st</sup> Chris Kennard 38:10  
2<sup>nd</sup> Gary Tillett 38:51 (PB 1.21.00)  
3<sup>rd</sup> Dave Little 39:22  
4<sup>th</sup> Lance Birkby 42:08  
5<sup>th</sup> John Jeffs 42:46  
6<sup>th</sup> Colin Gardner 43:01  
7<sup>th</sup> Mike Stares 44:51  
8<sup>th</sup> Dave Croft 45:42  
9<sup>th</sup> Mike Kearney 46:36  
10<sup>th</sup> Pete Lindley 47:09  
11<sup>th</sup> Kevin Osborne 47:43  
12<sup>th</sup> Spike Hughes 49:21  
13<sup>th</sup> Stuart Jones 50:43  
14<sup>th</sup> Mike Dutton 50:57  
15<sup>th</sup> Mike Barker 51:14 (PB)  
16<sup>th</sup> Rob Whittaker 51:30  
17<sup>th</sup> Roger Robinson 52:07  
18<sup>th</sup> Phil Beed 52:28  
19<sup>th</sup> Len Keech 54:17  
20<sup>th</sup> Jim Connolly 54:42  
21<sup>st</sup> Simon Uzzell 54:48 (1<sup>st</sup> 10k)  
22<sup>nd</sup> Gavin Wallis 55:36 (1<sup>st</sup> 10k)  
23<sup>rd</sup> Dave Russell 58:52  
24<sup>th</sup> Kevin Chambers 1:00:14  
25<sup>th</sup> Nick Vines 1:01:08  
26<sup>th</sup> Neil Thompson 1:03:35 (1<sup>st</sup> 10k)

Helpers. Gary Francis, Liz & Dave Redpath timekeepers & numbers,  
Janet Lindley newsletters, Chris Bairstow, Andy Johnson, Pat Ashcroft,  
Vicky & Richard Martin, Lauren Francis & Emma Butterfield medals.

BW 5 Road Race.

35<sup>th</sup> Colin Gardner 35:25, 50<sup>th</sup> Mike Stares 37:24 , 127<sup>th</sup> Sylvia Cawte 47:17,  
138<sup>th</sup> Steve Cawte 50:55, 139<sup>th</sup> Hugh Pritchard 50:56.  
Finishers 154.

Ladies.

1<sup>st</sup> Pat Ashcroft 43:10 (PB)  
2<sup>nd</sup> Cheryl Hill 46:12  
3<sup>rd</sup> Georgina Green 49:56 (PB)  
4<sup>th</sup> Karen Williams 50:55  
5<sup>th</sup> Claire Englefield 51:18 (1<sup>st</sup> 10k)  
6<sup>th</sup> Kate Scott 51:19 (1<sup>st</sup> 10k)  
7<sup>th</sup> Sarette Martin 52:07  
8<sup>th</sup> Karyn Ashcroft 54:48  
9<sup>th</sup> Kate Temple 55:12  
10<sup>th</sup> Denise Little 55:36  
11<sup>th</sup> Vicky Flux 56:01  
12<sup>th</sup> Lyndsey Netherwood 56:04  
(1<sup>st</sup> 10k).  
13<sup>th</sup> Helen Lawrence 56:09 (1<sup>st</sup> 10k)  
14<sup>th</sup> Sharon Clutton 56:12  
15<sup>th</sup> Linda Hannah 56:47  
16<sup>th</sup> Sandy Ayriss 57:47 (PB)  
17<sup>th</sup> Denise Francis 57:50 (PB)  
18<sup>th</sup> Nadine Dunn 59:48 (PB)  
19<sup>th</sup> Rosemary Crane 1:00:01  
20<sup>th</sup> Lynn Jones 1:00:13 (PB)  
21<sup>st</sup> Helen Godbold 1:00:46 (1<sup>st</sup> 10k)  
22<sup>nd</sup> Kath Pike 1:01:12

10.7.2005. New Forest Track & roads 10 Miles.

95<sup>th</sup> Pat Ashcroft 1:14:53 (PB), 137<sup>th</sup> Colin Gardner 1:18:38,  
157<sup>th</sup> Cheryl Hill 1:19:37, 191<sup>st</sup> Mel Stock 1:22:03, 398<sup>th</sup> Fiona Tomlinson 1:34:12,  
417<sup>th</sup> Sarette Martin 1:35:26 (1<sup>st</sup> 10m), 492<sup>nd</sup> Karen Williams 1:38:57 (1<sup>st</sup> 10m),  
493<sup>rd</sup> Mike Dutton 1:38:59, 585<sup>th</sup> Stuart Jones 1:43:53,  
612<sup>th</sup> Karen Ashcroft 1:45:07 (1<sup>st</sup> 10m), 683<sup>rd</sup> Linda Hannah 1:51:25 (1<sup>st</sup> 10m).  
Finishers 817. Pat Ashcroft won a prize for 2<sup>nd</sup> F Vet 45.

17.7.2005. Chichester 42k Cross Country (was Chichester March).

Cheryl Hill 3:41:00, Dave Croft 3:44:00, Chris Bairstow 4:06:00.

17.7.2005. Julie Rose Sport Stadium Ashford Kent World Championship & The National Championship for the Olympic Distance Triathlon.

2<sup>nd</sup> Chris Kennard qualifier for Honolulu 50+

18.7.2005. 10<sup>th</sup> Annual Hash.

50 GRR plus a guest from Portsmouth Joggers Tony Hamilton.

23.7.2005. Milton Keynes Half Marathon.

Andy Clutton 1:52:09, Len Keech 2:00:47, Sharon Clutton 2:06:12.

25.7.2005. Out of Town.

Meet at Old Fire Station Southampton Hill Titchfield.  
Organiser Dave Croft.

2.8.2005. Club 5k.

Men.

1<sup>st</sup> Dave Little 19:01  
2<sup>nd</sup> Steve Hill 19:42 (1<sup>st</sup> 5k)  
3<sup>rd</sup> Chris Bairstow 19:50  
4<sup>th</sup> John Wiltshire 19:56  
5<sup>th</sup> Lance Birkby 20:06  
6<sup>th</sup> Colin Gardner 20:48  
7<sup>th</sup> John Jeffs 21:42  
8<sup>th</sup> Dave Croft 22:16  
9<sup>th</sup> Richard Martin 22:06  
10<sup>th</sup> Kevin Osborne 22:29  
11<sup>th</sup> Roger Robinson 22:54  
12<sup>th</sup> Simon Uzzell 23:33 (PB)  
13<sup>th</sup> Phil Beed 23:50  
14<sup>th</sup> Ian Buzzard 24:36  
15<sup>th</sup> Andy Faichen 24:37

Ladies.

1<sup>st</sup> Mel Stock 21:41  
2<sup>nd</sup> Cheryl Hill 22:44  
3<sup>rd</sup> Debbie Skinner 22:53  
4<sup>th</sup> Karen Williams 24:54  
5<sup>th</sup> Michelle Hayes 25:01 (PB)  
6<sup>th</sup> Caroline Clarke 28:18  
7<sup>th</sup> Helen Godbold 25:19 (PB)  
8<sup>th</sup> Rachel Owen 26:38  
9<sup>th</sup> Sue Winfield 26:39  
10<sup>th</sup> Denise Little 26:46  
11<sup>th</sup> Sharon Clutton 27:09  
12<sup>th</sup> Shirley Faichen 27:16  
13<sup>th</sup> Nadine Dunn 28:39  
14<sup>th</sup> Cindy Quaiife 28:55  
15<sup>th</sup> Judy Byrne 28:59

16<sup>th</sup> Mike Dutton 24:55  
17<sup>th</sup> Terry Ash 24:55  
18<sup>th</sup> Gavin Wallis 24:59 (PB)  
19<sup>th</sup> Mike Kearney 25:03  
20<sup>th</sup> Steve Moltini 25:11  
21<sup>st</sup> Nick Vines 25:16 (PB)  
22<sup>nd</sup> Len Keech 25:49  
23<sup>rd</sup> Dave Russell 27:07  
24<sup>th</sup> Kevin Chambers 27:37  
25<sup>th</sup> Neil Thompson 28:17 (PB)  
26<sup>th</sup> Mike Whenray 30:40  
27<sup>th</sup> Bob Bennett 32:15 (1<sup>st</sup>5k)  
28<sup>th</sup> Hugh Pritchard 34:44

16<sup>th</sup> Lyn Jones 29:01  
17<sup>th</sup> Denise Francis 29:11  
18<sup>th</sup> Sara Quartermain 29:44(1<sup>st</sup>5k)  
19<sup>th</sup> Rosemary Crane 29:48  
20<sup>th</sup> Anna Dawes 29:54 (1<sup>st</sup>5k)  
21<sup>st</sup> Tara Franklin 30:43  
22<sup>nd</sup> Janet Lindley 31:48  
23<sup>rd</sup> Ruth Parker 32:17 (1<sup>st</sup>5k)  
24<sup>th</sup> Inez Brown 33:25  
25<sup>th</sup> Ann Cooper 34:10 (1<sup>st</sup>5k)  
26<sup>th</sup> Irene Watson 36:52  
27<sup>th</sup> Nicky Burns 40:19  
28<sup>th</sup> Ruth Harding 40:43

*Helpers. Gary Francis, Vicky Martin timekeeping, Lauren Francis numbers, Pete Lindley, Ken Hillyer, Rob Towers, Jason Stock.*

5.8.2005. Everton 10k.

112<sup>th</sup> Steve Cawte 56:19, Sylvia Cawte 59:21.  
Finishers 157.

7.8.2005. Milland Valley 21k.

Dave Little 1:41 33, Colin Gardner 1:53:06, John Jeffs 1:55:11,  
Fiona Tomlinson 2:14:45 (F), Denise Little 2:34:21.

14.8.2005. GRR Relay 2.5 Miles.

Purple Team (Winning Team).  
Pat Ashcroft 17:09 (Fastest Lady)  
Dave Russell 21:32  
Nick Vines 21:19  
Andy Faichen 19:49  
Richard Martin 19:29

Orange Team.  
Sarette Martin 19:32  
Carol White 27:24  
John Jeffs 16:51  
Linda Hanna 21:06  
Mike Kearney 18:54

Blue Team.  
Andy Austin 17:30  
Karyn Ashcroft 20:19  
Kevin Osborne 18:41  
Shirley Faichen 22:12  
Sara Quatermain 21:36

Lime Team.  
Georgina Green 19:37  
Stuart Jones 19:35  
Mel Stock 17:53  
Vicky Martin 29:27  
Debbie Skinner 18:53

Turquoise Team.  
Geoff Powell 17:28  
Jacqui Osborne 22:57  
Dave Croft 17:38  
Anna Dawes 23:22  
Ian Buzzard 19:34

Red Team.  
Fiona Tomlinson 19:34  
Mary Ash 24:14  
Terry Ash 21:36  
Roger Robinson 18:31  
Hugh Pritchard 24:34

Green Team.

Cheryl Hill 19:54

Irene Watson 25:59

Sally Dale 19:25

Denise Little 21:41

Dave Little 16:04 (Fastest Man)

Helpers. Organisers: Cheryl Hill, Mel Stock, Roger Robinson. BBQ Kevin Osborne, Jason Stock, Gary Tillett. Marshals Gordon Knight, Jack Rhodes.

14.8.2005. World Championship Marathon Helsinki.

1<sup>st</sup> Paula Radcliffe 2:20:57. The first Britain (Male or Female) to win gold in a World Championship. Her time was three minutes faster than Emil Zatopeks in the 1952 Olympics in the same city.

14.8.2005. 5-4-3-2-1 Salisbury.

Chris Bairstow (30k) 3:15:00, Nadine Dunn (10k) 1:14:00.

28.8.2005. Pewsy Half Marathon.

Dave Little 1:30:50

3.9.2005. Overton 5 Mile Road Race.

239<sup>th</sup> Cheryl Hill 40:01, 306<sup>th</sup> Steve Cawte 45:43, 322<sup>nd</sup> Sylvia Cawte 48:41, 346<sup>th</sup> Hugh Pritchard 52:49.

Finishers 358.

6.9.2005. Last Summer Club 5k.

Men.

1<sup>st</sup> Dave Little 18:31 (PB)

2<sup>nd</sup> Andy Johnson 18:41

3<sup>rd</sup> Colin Gardner 20:30

4<sup>th</sup> John Jeffs 21:40

5<sup>th</sup> Dave Croft 21:59

6<sup>th</sup> Mike Kearney 22:07

7<sup>th</sup> Kevin Osborne 22:09

8<sup>th</sup> Richard Martin 22:25

9<sup>th</sup> Pete Lindley 22:32

10<sup>th</sup> Mike Stares 22:33

11<sup>th</sup> Rob Whittaker 23:22 (PB)

12<sup>th</sup> Ian Buzzard 23:25

13<sup>th</sup> Stuart Jones 23:36

14<sup>th</sup> Phil Beed 24:05

15<sup>th</sup> Baz Evans 24:20

16<sup>th</sup> Morgan Ashley 24:27 (1<sup>st</sup> 5k)

17<sup>th</sup> Gavin Wallis 24:31 (PB)

Ladies.

1<sup>st</sup> Pat Ashcroft 20:51 (PB)

2<sup>nd</sup> Cheryl Hill 22:52

3<sup>rd</sup> Sally Dale 23:32

4<sup>th</sup> Michelle Hayes 24:10 (PB)

5<sup>th</sup> Tracy Bale 24:46 (PB)

6<sup>th</sup> Linda Hanna 25:32

7<sup>th</sup> Denise Little 26:03

8<sup>th</sup> Kate Temple 26:09

9<sup>th</sup> Shirley Faichen 26:15

10<sup>th</sup> Jo Clark 26:33 (1<sup>st</sup> 5k)

11<sup>th</sup> Sharon Clutton 26:27

12<sup>th</sup> Heather Church 26:34 (1<sup>st</sup> 5k)

13<sup>th</sup> Jacqueline Jukes 27:24

14<sup>th</sup> Deborah Birch 27:48 (PB)

15<sup>th</sup> Liz Redpath 27:53

16<sup>th</sup> Carol Whalley 28:49 (1<sup>st</sup> 5k)

17<sup>th</sup> Tara Franklin 29:24

18 <sup>th</sup> Martin Williamson 24:44 (1 <sup>st</sup> 5k)	18 <sup>th</sup> Judy Byrne 29:44
19 <sup>th</sup> Terry Ash 25:59	19 <sup>th</sup> Cindy Quaipe 29:45
20 <sup>th</sup> Gary Tillett 25:59	20 <sup>th</sup> Kerry Shephard 29:48
21 <sup>st</sup> Mike Peters 26:05	21 <sup>st</sup> Lyn Jones 29:52
22 <sup>nd</sup> Steve Moltini 26:13	22 <sup>nd</sup> Dawn Weston 30:28
23 <sup>rd</sup> Len Keech 26:15	23 <sup>rd</sup> Janet Lindley 30:40
24 <sup>th</sup> Dave Russell 26:20	24 <sup>th</sup> Irene Watson 31:50
25 <sup>th</sup> John Wiltshire 26:28	25 <sup>th</sup> Jacqui Osborne 31:52
26 <sup>th</sup> Neil Thompson 27:28 (PB)	26 <sup>th</sup> Nadine Thompson 32:35 (1 <sup>st</sup> 5k)
27 <sup>th</sup> Tony Hamilton 27:52	27 <sup>th</sup> Nicky Burns 32:36 (PB)
28 <sup>th</sup> Bob Bennett 28:28 (PB)	28 <sup>th</sup> Vicky Martin 33:06
29 <sup>th</sup> Mike Russell 28:33 (PB)	29 <sup>th</sup> Inez Brown 35:17
30 <sup>th</sup> Kevin Chambers 28:50	30 <sup>th</sup> Mandy Myers 35:48 (PB)
31 <sup>st</sup> Mike Whenray 30:04	31 <sup>st</sup> Natalie Bull 36:21
	32 <sup>nd</sup> Kath King 36:29 (1 <sup>st</sup> 5k)
	33 <sup>rd</sup> Caroline Foster 39:05 (PB)

*Helpers. Gary Francis, Terry Weston time keepers, Lauren Francis numbers, Denise Francis, Mary Ash, Ruth Harding, Hugh Pritchard, Dave Redpath, Mick Wellsted.*

11.9.2005. Nottingham Marathon.

425<sup>th</sup> Cheryl Hill 3:43:25 (PB), 578<sup>th</sup> Stephen Hill 3:45:16 (1<sup>st</sup> Marathon).  
Finishers 12,007.

18.9.2005. New Forest Marathon & Half Marathon.

148<sup>th</sup> Cheryl Hill 3:51:07, 358<sup>th</sup> Sharon Clutton 4:49:21,  
403<sup>rd</sup> Karen Williams 5:13:05 (1<sup>st</sup> Marathon), 404<sup>th</sup> Andy Clutton 5:13:06,  
412<sup>th</sup> Len Keech 5:20:08, 413<sup>th</sup> Denise Francis 5:20:08 (1<sup>st</sup> Marathon).  
3<sup>rd</sup> Ladies Team. Finishers 421.

*Supporters. Gary Francis, Terry Weston, Mick Wellsted.*

Half.

313<sup>th</sup> Chris Bairstow 1:44:55 (1<sup>st</sup> Half), 365<sup>th</sup> Jo Oakes 1:46:52 (1<sup>st</sup> Half),  
380<sup>th</sup> John Veitch 1:47:20, 508<sup>th</sup> Sally Dale 1:52:29, 646<sup>th</sup> Mike Barker 1:57:17 (PB),  
791<sup>st</sup> Jo Clark 2:01:46 (1<sup>st</sup> Half), 1214<sup>th</sup> Lyndsey Netherwood 2:20:21 (1<sup>st</sup> Half).  
Ladies team 8<sup>th</sup> of 15. Finishers 1422.

25.9.2005. The Butser 4.75 Mile Cross Country.

50<sup>th</sup> Lance Birkby 41:07 (15<sup>th</sup> Vet 40), 101<sup>st</sup> Colin Gardner 44:29 (29<sup>th</sup> Vet 40),  
117<sup>th</sup> Mike Stares 45:13 (8<sup>th</sup> Vet 50), 232<sup>nd</sup> Kevin Osborne 53:45 (34<sup>th</sup> Vet 45),  
246<sup>th</sup> Tony Ryan 56:34 (57<sup>th</sup> Vet 40), 251<sup>st</sup> Steve Cawte 57:32 (37<sup>th</sup> Vet 45).  
Finishers. 341. 276 Men, 65 Ladies.



West Wittering 10 Miles Cross Country.

Mel Stock 1:13:19 (PB).

2.10.2005. Clarendon Way Half Marathon.

104<sup>th</sup> Colin Gardner 1:48:19 (23<sup>rd</sup> Vet 40), 249<sup>th</sup> Steve Cawte 2:17:46 (45<sup>th</sup> Vet 45),  
129<sup>th</sup> Sylvia Cawte 2:23:27 (22<sup>nd</sup> F Vet 40)  
Finishers 445. 281 Men, 164 Ladies.

2.10.2005. Cross Country Browndown (Gosport) 4 Miles.

1<sup>st</sup> Andy Austin, 2<sup>nd</sup> John Jeffs, 3<sup>rd</sup> Mike Stares, 4<sup>th</sup> Mike Kearney, 5<sup>th</sup> Ian Marriott,  
6<sup>th</sup> Stuart Jones, 7<sup>th</sup> Andy Faichen, 8<sup>th</sup> Dave Russell, 9<sup>th</sup> Shirley Faichen (F),  
10<sup>th</sup> Jacqui Osborne (F), 11<sup>th</sup> Irene Watson (F).

4.10.2005. 1<sup>st</sup> Winter Club 5k.

Men.

1<sup>st</sup> Dave Little 18:03 (PB)  
2<sup>nd</sup> Neil Weston 18:29 (PB)  
3<sup>rd</sup> Gary Tillett 18:48 (PB)  
4<sup>th</sup> Toby Bettridge 20:07 (PB)  
5<sup>th</sup> John Jeffs 20:09  
6<sup>th</sup> John Wiltshire 20:22  
7<sup>th</sup> Andy Austin 20:31  
8<sup>th</sup> Colin Gardner 21:10  
9<sup>th</sup> Mike Stares 21:27  
10<sup>th</sup> Pete Lindley 21:49  
11<sup>th</sup> Kevin Osborne 22:04  
12<sup>th</sup> Phil Beed 22:56 (PB)  
13<sup>th</sup> Rob Whittaker 23:36  
14<sup>th</sup> Mike Kearney 23:41  
15<sup>th</sup> John Taylor 24:42 (PB)  
16<sup>th</sup> Len Keech 24:55  
17<sup>th</sup> Steve Moltini 25:13  
18<sup>th</sup> Jim Collinson 25:27 (1<sup>st</sup> 5k)  
19<sup>th</sup> Dave Russell 25:44  
20<sup>th</sup> Ian Marriott 26:27  
21<sup>st</sup> Gavin Wallis 26:58  
22<sup>nd</sup> Bob Bennett 27:08 (PB)  
23<sup>rd</sup> Kevin Chambers 27:16  
24<sup>th</sup> Mike Whenray 28:20  
25<sup>th</sup> Hugh Pritchard 30:10  
26<sup>th</sup> Mike Russell 32:19

Ladies.

1<sup>st</sup> Cheryl Hill 21:41  
2<sup>nd</sup> Jo Oakes 22:36 (PB)  
3<sup>rd</sup> Morgan Ashley 22:39 (PB)  
4<sup>th</sup> Georgina Green 22:45  
5<sup>th</sup> Michelle Hayes 24:07 (PB)  
6<sup>th</sup> Tracy Bale 24:22 (PB)  
7<sup>th</sup> Sue Winfield 24:50  
8<sup>th</sup> Sarah Lloyd 25:37 (1<sup>st</sup> 5k)  
9<sup>th</sup> Kate Temple 26:17  
10<sup>th</sup> Denise Little 26:42  
11<sup>th</sup> Jo Clark 27:03  
12<sup>th</sup> Denise Francis 27:15 (PB)  
13<sup>th</sup> Jacqueline Jukes 27:20 (PB)  
14<sup>th</sup> Sharon Clutton 27:25  
15<sup>th</sup> Deborah Birch 27:41 (PB)  
16<sup>th</sup> Carla Stacey 28:11 (1<sup>st</sup> 5k)  
17<sup>th</sup> Sarette Martin 28:12  
18<sup>th</sup> Jo Russell 28:27 (1<sup>st</sup> 5k)  
19<sup>th</sup> Cindy Quaiife 28:35  
20<sup>th</sup> Judy Byrne 28:35  
21<sup>st</sup> Dawn Weston 30:21 (PB)  
22<sup>nd</sup> Irene Watson 30:25  
23<sup>rd</sup> Janet Lindley 30:29 (PB)  
24<sup>th</sup> Kath King 32:29 (PB)  
25<sup>th</sup> Inez Brown 33:09  
26<sup>th</sup> Natalie Bull 35:25

Helpers. Gary Francis, Liz Redpath timekeepers, Lauren Francis numbers,  
Terry Weston, Roger Robinson, Val Jones, Hayley Clutton, Joshua Clark.

6.10.2005. IRC Haslar 10k (Gosport).

3<sup>rd</sup> Pat Ashcroft 47:04 (1<sup>st</sup> Lady Gold Medal,  
6<sup>th</sup> Cheryl Hill 49:10 (2<sup>nd</sup> Lady Silver Medal).

9.10.2005. The Great South Run 10 Miles.

206<sup>th</sup> Neil Weston 1:06:30 (1<sup>st</sup> 10m)  
316<sup>th</sup> Andy Johnson 1:06:58  
454<sup>th</sup> Gary Tillett 1:09:03  
648<sup>th</sup> Pat Ashcroft 1:11:05 (PB) (F)  
788<sup>th</sup> Colin Gardner 1:12:16  
943<sup>rd</sup> Cheryl Hill 1:13:25 (PB) (F)  
1097<sup>th</sup> Andy Clutton 1:14:26 (PB)  
1220<sup>th</sup> Mel Stock 1:15:08 (F)  
1700<sup>th</sup> Kevin Osborne 1:17:39  
1858<sup>th</sup> Stephen Hill 1:18:25 (1<sup>st</sup> 10m)  
1895<sup>th</sup> Jo Oakes 1:18:33 (1<sup>st</sup> 10m) (F)  
2388<sup>th</sup> Alan (Spike) Hughes 1:20:47  
2418<sup>th</sup> Matthew Embling 1:20:55 (1<sup>st</sup> 10m)  
2583<sup>rd</sup> Baz Evans 1:21:39 (PB)  
2767<sup>th</sup> Sarette Martin 1:22:21 (1<sup>st</sup> 10m) (F)  
2932<sup>nd</sup> Stuart Jones 1:23:08  
2964<sup>th</sup> Andy Faichen 1:23:19  
3379<sup>th</sup> Michelle Hayes 1:24:59 (1<sup>st</sup> 10m) (F)  
3543<sup>rd</sup> Mike Barker 1:25:34 (PB)  
3709<sup>th</sup> John Taylor 1:26:10 (PB)  
3769<sup>th</sup> Claire Englefield 1:26:24 (F)  
3775<sup>th</sup> Kate Scott 1:26:25 (F)  
3921<sup>st</sup> Ruth Parker 1:26:57 (1<sup>st</sup> 10m) (F)  
4011<sup>th</sup> Simon Uzzell 1:27:19 (1<sup>st</sup> 10m)  
4012<sup>th</sup> Karyn Ashcroft 1:27:19 (1<sup>st</sup> 10m) (F)  
4347<sup>th</sup> Tony Ryan 1:28:28  
4434<sup>th</sup> Mike Peters 1:28:49  
4610<sup>th</sup> Sue Winfield 1:29:26 (F)  
4808<sup>th</sup> Paul Izzett 1:30:06 (1<sup>st</sup> 10m)  
4810<sup>th</sup> Debbie Fawcett 1:30:06 (1<sup>st</sup> 10m) (F)  
4888<sup>th</sup> Terry Ash 1:30:25  
4997<sup>th</sup> Sara Quatermain 1:30:49 (1<sup>st</sup> 10m) (F)  
5385<sup>th</sup> Sharon Clutton 1:32:22 (F)  
5524<sup>th</sup> Ian Marriott 1:32:51 (1<sup>st</sup> 10m)  
5894<sup>th</sup> Sarah Lloyd 1:34:23 (1<sup>st</sup> 10m) (F)  
5973<sup>rd</sup> Jo Clark 1:34:41 (1<sup>st</sup> 10m) (F)  
6242<sup>nd</sup> Neil Thompson 1:35:43 (1<sup>st</sup> 10m)  
6388<sup>th</sup> Shirley Faichen 1:36:20 (F)  
7199<sup>th</sup> Anna Dawes 1:39:47 (1<sup>st</sup> 10m) (F)  
7256<sup>th</sup> Tara Franklin 1:39:57 (1<sup>st</sup> 10m) (F)  
7561<sup>st</sup> Carla Stacey 1:41:25 (1<sup>st</sup> 10m) (F)  
7626<sup>th</sup> Lyndsey Netherwood 1:41:40 (1<sup>st</sup> 10m) (F)  
7880<sup>th</sup> Mary Ash 1:43:01 (F)

7816<sup>th</sup> Hayley Clutton 1:42:42 (1<sup>st</sup>10m) (F)  
8039<sup>th</sup> Lyn Jones 1:43:53 (PB) (F)  
8555<sup>th</sup> Jim Collinson 1:46:45 (1<sup>st</sup>10m)  
8971<sup>st</sup> Denise Hill 1:49:56 (1<sup>st</sup>10m) (F)  
9844<sup>th</sup> Wendy Embling 1:57:37 (F)  
9896<sup>th</sup> Kath King 1:58:18 (PB) (F)  
10090<sup>th</sup> Nicky Burns 2:01:22 (1<sup>st</sup>10m) (F)  
10094<sup>th</sup> Ruth Harding 2:01:24 (1<sup>st</sup>10m) (F)  
10200<sup>th</sup> Sarah Oakley 2:02:54 (1<sup>st</sup>10m) (F)  
Stephanie Sansome 2:16:25 (1<sup>st</sup>10m)  
Prize Winner 3<sup>rd</sup> Lady in age group Pat Ashcroft. Finishers 11065.

Mini Run. George Lewis 6.40

Junior Run. Samuel Carnegie 11.43, Ashley King 14.32.

16.10.2005. Lordshill 10 Mile Road Race.

Lance Birkby 1:07:40, Gary Tillet 1:09:15, Cheryl Hill 1:15:00 (F),  
Mel Stock 1:18:08 (F), Fiona Tomlison 1:24:29 (F), Steve Cawte 1:34:00.  
Sylvia Cawte 1:38:00 (F).

23.10.2005. Salisbury Half Marathon.

Dave Little 1:27:39, Mel Stock 1:49:12 (F), Stuart Jones 1:59:14.

23.10.2005. Dresden (Germany) Marathon.

Jo Clark 4:54:00.

23.10.2005. Stroud Half Marathon.

Toby Bettridge 1:35:02 (1stHalf), Jo Oakes 1:43:59 (PB) (F).

23.10.2005. Denmead 10k.

Mike Stares 45:15, Mike Kearney 46:43, Mike Dutton 49:26, Baz Evans 50:19,  
Mike Barber 51:45, Stuart Jones 53:26.

23.10.2005. Jog Shop Jog Cross Country 20 Miles.

92<sup>nd</sup> Dave Croft 3:09:43, 97<sup>th</sup> Cheryl Hill 3:12:22, 132<sup>nd</sup> Paul Viney 3:28:58.

30.10.2005. Today's Runner Cross Country League Rogate (Liss Runners).

Ladies.

26<sup>th</sup> Cheryl Hill  
31<sup>st</sup> Jo Oakes  
39<sup>th</sup> Sarette Martin  
46<sup>th</sup> Michelle Hayes  
62<sup>nd</sup> Jacqui Jukes  
72<sup>nd</sup> Deborah Birch  
73<sup>rd</sup> Sharon Clutton  
81<sup>st</sup> Sylvia Cawte  
89<sup>th</sup> Mary Ash  
90<sup>th</sup> Shirley Faichen

Men.

45<sup>th</sup> Andy Johnson  
48<sup>th</sup> Lance Birkby  
52<sup>nd</sup> Gary Tillett  
72<sup>nd</sup> Toby Bettridge  
84<sup>th</sup> Mike Stares  
97<sup>th</sup> Colin Gardner  
122<sup>nd</sup> Andy Clutton  
133<sup>rd</sup> Mike Kearney  
135<sup>th</sup> Simon Uzzell  
149<sup>th</sup> Alan Sanders  
155<sup>th</sup> Andy Faichen  
156<sup>th</sup> Roger Robinson  
158<sup>th</sup> Terry Ash  
161<sup>st</sup> Len Keech  
166<sup>th</sup> Steve Cawte  
172<sup>nd</sup> Bob Bennett

Finishers 269 GRR 9<sup>th</sup> Ladies Team out of 16.

GRR 9<sup>th</sup> Men's Team out of 17. Overall Team Position 9<sup>th</sup> out of 18.

30.10.2005. Snowdonia Marathon.

12<sup>th</sup> Iain Robert 3:01:15, John Wiltshire.

Hardley Half Marathon.

Pat Ashcroft 1:36:52 (PB), Mel Stock 1:41:23 (PB), Fiona Tomlison 1:50:49,  
Sylvia Cawte 2:11:35.

1.11.2005. Club 5k.

Men.

1<sup>st</sup> Mat Hopkinson 17:54 (1<sup>st</sup> 5k)  
2<sup>nd</sup> Mike Harper 19:13 (Guest S/green)  
3<sup>rd</sup> John Jeffs 21:21  
4<sup>th</sup> Colin Gardner 21:46  
5<sup>th</sup> Mike Stares 22:22  
6<sup>th</sup> Pete Lindley 22:45  
7<sup>th</sup> Phil Beed 23:04  
8<sup>th</sup> Kevin Osborne 23:09  
9<sup>th</sup> Simon Uzzell 23:19  
10<sup>th</sup> Mike Kearney 23:30  
11<sup>th</sup> Rob Towers 23:41  
12<sup>th</sup> Stuart Jones 23:43  
13<sup>th</sup> Mike Barker 24:22  
14<sup>th</sup> David Maltas Wyatt 24:26 (1<sup>st</sup> 5k)  
15<sup>th</sup> Mike Dutton 24:32  
16<sup>th</sup> Ken Eaden 25:04

Ladies.

1<sup>st</sup> Mel Stock 22:25  
2<sup>nd</sup> Cheryl Hill 22:59  
3<sup>rd</sup> Sally Dale 24:36  
4<sup>th</sup> Sarette Martin 24:37  
5<sup>th</sup> Louise Lis 25:07 (1<sup>st</sup> 5k)  
6<sup>th</sup> Michelle Hayes 25:21  
7<sup>th</sup> Debbie Fawcett 26:49  
8<sup>th</sup> Jacqui Jukes 27:17 (PB)  
9<sup>th</sup> Linda Hanna 27:37  
10<sup>th</sup> Deborah Birch 27:40 (PB)  
11<sup>th</sup> Sarah Lloyd 27:54  
12<sup>th</sup> Sharon Clutton 27:56  
13<sup>th</sup> Denise Little 28:05  
14<sup>th</sup> Denise Francis 28:27  
15<sup>th</sup> Sandy Ayriss 28:49  
16<sup>th</sup> Kath Pike 29:53

17<sup>th</sup> Ian Marriott 25:31 (PB)  
18<sup>th</sup> Jim Collinson 25:46  
19<sup>th</sup> Neil Thompson 26:26 (PB)  
20<sup>th</sup> Paul Izatt 26:49 (PB)  
21<sup>st</sup> Kevin Chambers 27:07  
22<sup>nd</sup> Dave Russell 27:13  
23<sup>rd</sup> Bob Bennett 27:37  
24<sup>th</sup> Len Keech 27:56  
25<sup>th</sup> Mike Whenray 28:33  
26<sup>th</sup> Mike Russell 29:02  
27<sup>th</sup> Steve Baseley 29:44  
28<sup>th</sup> Chris Munns 30:14 (1<sup>st</sup> 5k)

17<sup>th</sup> Judy Byrne 30:07  
18<sup>th</sup> Janet Lindley 31:30  
19<sup>th</sup> Kerry Shephard 32:42  
20<sup>th</sup> Lyn Jones 32:43  
21<sup>st</sup> Cindy Quaiife 32:43  
22<sup>nd</sup> Sue Tingley 33:01 (1<sup>st</sup> 5k)  
23<sup>rd</sup> Kath King 33:53 (PB)  
24<sup>th</sup> Vicky Martin 34:38  
25<sup>th</sup> Ruth Harding 34:41  
26<sup>th</sup> Nicky Burns 34:44  
27<sup>th</sup> Hayley Clutton 34:48 (1<sup>st</sup> 5k)

Helpers. Gary Francis, Liz Redpath timekeepers, Kate Temple numbers,  
Terry Weston, Terry Ash, Jason Stock, Gary Tillet, Roger Robinson, Caroline Foster,  
Natalie Bull, Dave Walters.

13.11.2005. Today's Runner Cross Country Queen Elizabeth Country Park  
Portsmouth.

Men.

78<sup>th</sup> Toby Bettridge  
96<sup>th</sup> Colin Gardner  
102<sup>nd</sup> Mike Stares  
110<sup>th</sup> John Jeffs  
112<sup>th</sup> Andy Clutton  
142<sup>nd</sup> Mike Kearney  
150<sup>th</sup> Rob Whittaker  
152<sup>nd</sup> Roger Robinson  
155<sup>th</sup> Mike Dutton  
156<sup>th</sup> Rob Towers  
157<sup>th</sup> Alan Sanders  
160<sup>th</sup> Ian Buzzard  
161<sup>st</sup> Stuart Jones  
173<sup>rd</sup> Andy Faichen  
176<sup>th</sup> Terry Ash  
183<sup>rd</sup> Steve Cawte  
190<sup>th</sup> Bob Bennet

Ladies.

26<sup>th</sup> Mel Stock  
32<sup>nd</sup> Cheryl Hill  
46<sup>th</sup> Jo Oakes  
54<sup>th</sup> Michelle Hayes  
63<sup>rd</sup> Sarette Martin  
96<sup>th</sup> Sharon Clutton  
100<sup>th</sup> Hayley Clutton  
101<sup>st</sup> Sarah Lloyd  
108<sup>th</sup> Shirley Faichen

19.11.2005. GRR Helpers Half.

1<sup>st</sup> Gary Tillet 1:29:12 (PB)  
2<sup>nd</sup> Pat Ashcroft 1:38:48  
3<sup>rd</sup> Cheryl Hill 1:39:10  
4<sup>th</sup> Dave Croft 1:41:20  
5<sup>th</sup> Mel Stock 1:43:41  
6<sup>th</sup> Jo Oakes 1:44:42  
7<sup>th</sup> Sally Dale 1:48:22 (PB)  
8<sup>th</sup> Fiona Tomlinson 1:48:31  
9<sup>th</sup> Spike Hughes 1:48:55  
10<sup>th</sup> Kevin Osborne 1:49:20

11<sup>th</sup> Mike Barber 1:54:57 (PB)  
12<sup>th</sup> Stuart Jones 1:56:05  
13<sup>th</sup> Mike Peters 1:54:34 (PB)  
14<sup>th</sup> Mike Dutton 2:01:57  
15<sup>th</sup> Len Keech 2:04:07  
16<sup>th</sup> Terry Ash 2:04:08  
17<sup>th</sup> Sharon Clutton 2:05:00  
18<sup>th</sup> Kate Temple 2:05:00  
19<sup>th</sup> Deborah Birch 2:10:35  
20<sup>th</sup> Jacqueline Juckes 2:15:32  
21<sup>st</sup> Denise Francis 2:17:32  
22<sup>nd</sup> Denise Little 2:17:43  
23<sup>rd</sup> Jacqui Osborne 2:18:45

*Helpers Vicky Martin timekeeper, Carol White, Mick Stares, Mick Wellsted, Mary Ash, Roger Ropbinson, Gary Francis, Andy Clutton, Sarette Martin, Toby Bettridge, Karen, Dave, Clare & Ellie Williams, Jason Stock, Pat Ashcroft, Dave Little, John Wiltshire, Ken Hillyer, Jerry & Ian Buzzard.*

#### 4.12.2005. The 'Grim'

*Gary Tillett 1:26:10, Andy Clutton 1:26:10, Andy Faichen 1:27:03, Shirley Faichen 1:27:31, Kate Temple 1:27:31, Sharon Clutton 1:27:31, Terry Ash 1:29:47.*

#### 6.12.2005. Club 5k.

##### Men .

1<sup>st</sup> Matt Hopkinson 17:30 (PB)  
2<sup>nd</sup> Mike Harper 18:13 (Guest)  
3<sup>rd</sup> Andy Johnson 18:19  
4<sup>th</sup> Adrian Clark 18:35 (1<sup>st</sup> 5k)  
5<sup>th</sup> Gary Tillett 18:44 (PB)  
6<sup>th</sup> Jason Stock 20:12  
7<sup>th</sup> Tony Nicholls 20:55 (1<sup>st</sup> 5k)  
8<sup>th</sup> Andy Austin 21:13  
9<sup>th</sup> Mike Stares 21:36  
10<sup>th</sup> Pete Lindley 22:16  
11<sup>th</sup> Kevin Osborne 22:19  
12<sup>th</sup> Ken Eaden 23:19  
13<sup>th</sup> Phil Beed 23:30  
14<sup>th</sup> Rob Towers 23:32  
15<sup>th</sup> Jim Collinson 23:32 (PB)  
16<sup>th</sup> Mike Dutton 23:48  
17<sup>th</sup> Mike Kearney 24:05  
18<sup>th</sup> Andy Faichen 24:17  
19<sup>th</sup> Steve Moltini 24:23  
20<sup>th</sup> Ricky Bello 24:45 (1<sup>st</sup> 5k)  
21<sup>st</sup> Mike Peters 25:14  
22<sup>nd</sup> Terry Ash 25:28  
23<sup>rd</sup> Ian Buzzard 25:51

##### Ladies.

1<sup>st</sup> Cheryl Hill 21:55  
2<sup>nd</sup> Mel Stock 22:09  
3<sup>rd</sup> Debbie Skinner 22:25  
4<sup>th</sup> Michelle Hayes 23:27 (PB)  
5<sup>th</sup> Hayley Clutton 26:23 (PB)  
6<sup>th</sup> Sarah Lloyd 26:26 (PB)  
7<sup>th</sup> Sharon Clutton 27:11  
8<sup>th</sup> Jo Clark 28:15  
9<sup>th</sup> Jo Russell 29:59  
10<sup>th</sup> Sue Tingley 30:21 (PB)  
11<sup>th</sup> Sandy Ayriss 30:28  
12<sup>th</sup> Clare Bates 30:28 (1<sup>st</sup> 5k)  
13<sup>th</sup> Kerry Shephard 30:36  
14<sup>th</sup> Cindy Quaife 30:37  
15<sup>th</sup> Judy Byrne 30:38  
16<sup>th</sup> Janet Lindley 30:46  
17<sup>th</sup> Lyn Jones 31:05

24<sup>th</sup> Bob Bennett 26:22 (PB)

25<sup>th</sup> Dave Russell 26:39

26<sup>th</sup> Terry Weston 32:14

27<sup>th</sup> Ray Hewitt 34:36 (1<sup>st</sup> 5k)

28<sup>th</sup> John Wiltshire 34:49

Helpers. Gary Francis, Liz Redpath timekeepers, Lauren Francis, Emma Butterfield numbers, Roger Robinson, Len Keech, John Wiltshire, Mick Wellsted.

18.12.2004. GRR Club Handicap.

10 Miles.

1<sup>st</sup> Dave Little 1:08:54

2<sup>nd</sup> Andy Johnson 1:08:54

3<sup>rd</sup> Cheryl Hill 1:13:42 (F)

4<sup>th</sup> Dave Croft 1:14:25

5<sup>th</sup> Colin Gardner 1:15:24

6<sup>th</sup> Andy Austin 1:15:49

7<sup>th</sup> Toby Bettridge 1:16:39

8<sup>th</sup> Simon Uzzell 1:17:45

9<sup>th</sup> Rob Whittaker 1:19:45

10<sup>th</sup> Sally Dale 1:20:42 (F)

11<sup>th</sup> Sarette Martin 1:24:35 (F)

12<sup>th</sup> Debbie Skinner 1:25:00 (F)

13<sup>th</sup> Liz Redpath 1:29:40 (F)

14<sup>th</sup> Sharon Clutton 1:31:26 (F)

7 Miles.

Jo Oakes (F)

2<sup>nd</sup> Michelle Hayes 53:26 (F)

3<sup>rd</sup> Andy Faichen 55:16

4<sup>th</sup> Kevin Eaden 56:44

5<sup>th</sup> Terry Ash 57:14

6<sup>th</sup> Mike Peters 57:38

7<sup>th</sup> Emma Croft 58:20 (F)

8<sup>th</sup> Louise Lis 58:20 (F)

9<sup>th</sup> Steve Cawte 1:04:46

10<sup>th</sup> Shirley Faichen 1:04:47 (F)

11<sup>th</sup> Janet Lindley 1:15:39 (F)

12<sup>th</sup> Kath King 1:15:39 (F)

Rough & Tumble 10.4 Miles (New Cross Country Course For 2005).

Cheryl Hill 1:33:47, 159<sup>th</sup> Steve Hill 1:33:47, 339<sup>th</sup> Allan Jones 1:57:34.  
Finishers. 339.

27.12.2005. Pub to Pub 7.5 Miles.

Men.

50<sup>th</sup> Mike Stares 55:40, 53<sup>rd</sup> Colin Gardner 85<sup>th</sup> Mike Kearney 1:04:04,  
Steve Cawte 1:16:18.

Ladies.

4<sup>th</sup> Cheryl Hill 55:37, 28<sup>th</sup> Sylvia Cawte 1:13:11, 38<sup>th</sup> Rosemary Crane 1:18:43.  
Finishers 225.

Winning Man Mark Le Gassick 41:08 Stubbington Green Runners.

1<sup>st</sup> Lady Ruth Wiggins 55:12 Victory AC.

'Tough Ten' Weston-Super-Mare .

14<sup>th</sup> Iain Robert 1:01:54 (3<sup>rd</sup> Vet 40).

1.1.2006. The Sea Shall Not Have Them.

4 GRR took the New Years plunge. Sandy (you little devil) Ayriss,  
Spike (Santa) Hughes, Kath (Florence) Pike, Richard (Blues Brother) Martin.

3.1.2006. RN X-Country Championships HMS Raleigh 10k.

10<sup>th</sup> Nathn Gosling 34:00 (Senior).

3.1.2006 Club 5k.

Men.

1<sup>st</sup> Mike Harper 17:50 (guest Stub/Green)  
2<sup>nd</sup> Adrian Clark 18:28 (PB)  
3<sup>rd</sup> Jason Stock 18:58 (PB)  
4<sup>th</sup> Steve Hill 20:45  
5<sup>th</sup> Colin Gardner 20:52  
6<sup>th</sup> Tony Nicholls 21:14  
7<sup>th</sup> Mike Stares 21:19  
8<sup>th</sup> Andy Austin 21:24  
9<sup>th</sup> Dave Croft 21:53  
10<sup>th</sup> Mike Kearney 22:04  
11<sup>th</sup> Simon Uzzell 22:13 (PB)  
12<sup>th</sup> David Maltas-Wyatt 23:13 (PB)  
13<sup>th</sup> Phil Beed 23:19  
14<sup>th</sup> Ken Eaden 23:39  
15<sup>th</sup> John Brindley 23:14 (1<sup>st</sup> 5k)  
16<sup>th</sup> Mike Barker 24:58  
17<sup>th</sup> Brian Hyde 25:00 (1<sup>st</sup> 5k)  
18<sup>th</sup> Len Keech 26:43  
19<sup>th</sup> Mike Whenray 32:20  
20<sup>th</sup> Ray Hewitt 33:33

Helpers. Gary Francis, Liz Redpath time keepers, Lauren Francis numbers, Roger Robinson, Richard Martin, Vicky Martin, Stuart Jones, Ann Barlow, Bob Bennett, Terry Weston.

8.1.2006. Stubbington 10k.

Men.

60<sup>th</sup> Andy Johnson 38:14  
82<sup>nd</sup> Dave Little 38:56  
96<sup>th</sup> Jason Stock 39:23 (PB)  
109<sup>th</sup> Lance Birkby 39:55  
171<sup>st</sup> Toby Bettridge 42:23 (PB)  
195<sup>th</sup> Tony Nicholls 43:26 (1<sup>st</sup> 10k)  
199<sup>th</sup> Andy Austin 43:49  
211<sup>th</sup> Mike Stares 44:04  
233<sup>rd</sup> Dave Croft 44:37  
275<sup>th</sup> Pete Lindley 45:36  
286<sup>th</sup> Colin Gardner 45:58  
296<sup>th</sup> Mike Kearney 46:17  
306<sup>th</sup> Simon Uzzell 46:12 (PB)  
323<sup>rd</sup> Alan (Spike) Hughes 47:09  
364<sup>th</sup> Kevin Osborne 48:40  
386<sup>th</sup> Mike Dutton 49:34

Ladies.

1<sup>st</sup> Cheryl Hill 21:42  
2<sup>nd</sup> Mel Stock 22:08  
3<sup>rd</sup> Michelle Hayes 22:46 (PB)  
4<sup>th</sup> Hayley Clutton 26:16 (PB)  
5<sup>th</sup> Sharon Clutton 26:44  
6<sup>th</sup> Sarah Lloyd 26:49  
7<sup>th</sup> Jo Clark 26:57  
8<sup>th</sup> Deborah Birch 27:22 (PB)  
9<sup>th</sup> Linda Hannah 28:39  
10<sup>th</sup> Sandy Ayriss 28:45  
11<sup>th</sup> Jo Russell 29:26  
12<sup>th</sup> Cindy Quaiife 30:45  
13<sup>th</sup> Judy Byrne 31:01  
14<sup>th</sup> Sue Tingley 31:43  
15<sup>th</sup> Dawn Weston 31:59  
16<sup>th</sup> Janet Lindley 31:59

Ladies.

40<sup>th</sup> Pat Ashcroft 43:57 (PB)  
45<sup>th</sup> Cheryl Hill 44:47  
51<sup>st</sup> Mel Stock 45:40 (PB)  
70<sup>th</sup> Debbie Skinner 47:11  
81<sup>st</sup> Jo Oakes 47:39  
85<sup>th</sup> Sally Dale 48:03  
127<sup>th</sup> Karen Williams 50:41  
128<sup>th</sup> Sarette Martin 50:47  
132<sup>nd</sup> Karen Ashcroft 51:18  
185<sup>th</sup> Sue Winfield 54:39  
191<sup>st</sup> Sharon Clutton 54:57  
194<sup>th</sup> Jo Clark 55:12 (1<sup>st</sup> 10k)  
204<sup>th</sup> Deborah Birch 55:40 (1<sup>st</sup> 10k)  
219<sup>th</sup> Jacqui Jukes 56:28 (1<sup>st</sup> 10k)  
239<sup>th</sup> Viv Breen 57:15  
240<sup>th</sup> Sarah Lloyd 57:18 (1<sup>st</sup> 10k)



387<sup>th</sup> Andy Clutton 49:36  
388<sup>th</sup> Andy Faichen 49:39  
392<sup>nd</sup> Dave Kirby 49:46  
401<sup>st</sup> Ken Eaden 50:07  
403<sup>rd</sup> Kevin Ayriss 50:13 (PB)  
404<sup>th</sup> Baz Evans 50:14  
417<sup>th</sup> Stuart Jones 50:34  
443<sup>rd</sup> Mike Peters 51:57  
458<sup>th</sup> Mike Barber 52:30  
510<sup>th</sup> Dave Russell 55:41 (PB)  
523<sup>rd</sup> Neil Thompson 56:38 (PB)  
530<sup>th</sup> Bob Bennett 57:25 (1<sup>st</sup>10k)

243<sup>rd</sup> Sylvia Cawte 58:11 (PB)  
257<sup>th</sup> Denise Little 58:32  
262<sup>nd</sup> Linda Hanna 58:50  
281<sup>st</sup> Judy Byrne 1:00:18  
284<sup>th</sup> Denise Francis 1:00:49  
308<sup>th</sup> Lyndsey Netherwood 1:02:44(1<sup>st</sup>10k)  
316<sup>th</sup> Kerry Shephard 1:03:18  
324<sup>th</sup> Rosemary Crane 1:04:23  
339<sup>th</sup> Lyn Jones 1:05:40  
340<sup>th</sup> Sue Tingley 1:06:26 (1<sup>st</sup>10k)  
345<sup>th</sup> Kath King 1:06:55 (1<sup>st</sup>10k)  
364<sup>th</sup> Nicky Burns 1:11:17 (1<sup>st</sup>10k)  
365<sup>th</sup> Ruth Harding 1:11:17 (1<sup>st</sup>10k)  
376<sup>th</sup> Mandy Myers 1:13:31 (1<sup>st</sup>10k)

Finishers 996, 605 men, 391 ladies. GRR 60, 31 ladies, 29 men.

15.1.2006. Today's Runner Cross Country Ambersham Common.

Men.

37<sup>th</sup> Andy Johnson  
41<sup>st</sup> Jason stock  
57<sup>th</sup> Toby Bettridge  
75<sup>th</sup> Lee Stock  
87<sup>th</sup> Mike Stares  
108<sup>th</sup> Richard Martin  
115<sup>th</sup> Simon Uzzell  
135<sup>th</sup> Mike Kearney  
136<sup>th</sup> Andy Faichen  
144<sup>th</sup> Mike Dutton  
162<sup>nd</sup> Steve Cawte

Ladies.

25<sup>th</sup> Mel Stock  
27<sup>th</sup> Debbie Skinner  
36<sup>th</sup> Jo Oakes  
42<sup>nd</sup> Sarette Martin  
69<sup>th</sup> Shirley Faichen  
73<sup>rd</sup> Sylvia Cawte

Wednesday 18.1.2006 Portsmouth Command (RN) Cross Country Championships  
Held at Browndown Gosport 5.5 Miles.

1<sup>st</sup> Steve Wilsmore 34:02 (under 20's ).  
2<sup>nd</sup> Matt Hopkinson in the Senior section.  
Sue Winfield represented HMS Sultan's Ladies.

Today's Runner Cross Country Manor Farm Country Park.

Men.

41<sup>st</sup> Andy Johnson  
45<sup>th</sup> Jason Stock  
55<sup>th</sup> Toby Bettridge  
62<sup>nd</sup> Lee Stock  
89<sup>th</sup> Colin Gardner  
91<sup>st</sup> Mike Stares  
95<sup>th</sup> Simon Uzzell  
125<sup>th</sup> Mike Kearney  
147<sup>th</sup> Stuart Jones

Ladies.

17<sup>th</sup> Pat Ashcroft  
21<sup>st</sup> Mel Stock  
25<sup>th</sup> Debbie Skinner  
31<sup>st</sup> Jo Oakes  
36<sup>th</sup> Michelle Hayes  
39<sup>th</sup> Sarette Martin  
52<sup>nd</sup> Shirley Faichen  
67<sup>th</sup> Sylvia Cawte  
72<sup>nd</sup> Rosemary Crane

149<sup>th</sup> Mike Dutton  
151<sup>st</sup> Alan Sanders  
154<sup>th</sup> Mike Barker  
168<sup>th</sup> Steve Cawte  
Finishers 242

29.1.2006. Ryde (Isle of Wight) 10k (New Race).

25<sup>th</sup> Kevin Wheeler 1:09:40 (11<sup>th</sup> Senior), 40<sup>th</sup> Cheryl Hill 1:15:28 (4<sup>th</sup> Vet 45),  
41<sup>st</sup> Dave Croft 1:16:31 (4<sup>th</sup> Vet 60).

7.2.2006. Club 5k.

Men.

1<sup>st</sup> Steve Wilsmore 17:12 (1<sup>st</sup> 5k)  
2<sup>nd</sup> Nathan Gosling 17:25 (1<sup>st</sup> 5k)  
3<sup>rd</sup> Martin O'Connell 17:41 (1<sup>st</sup> 5k)  
4<sup>th</sup> Dave Little 18:34  
5<sup>th</sup> Adrian Clark 18:55  
6<sup>th</sup> Jason Stock 18:57 (PB)  
7<sup>th</sup> Neil Weston 19:00  
8<sup>th</sup> Toby Bettridge 20:25  
9<sup>th</sup> Kevin Wheeler 20:39 (1<sup>st</sup> 5k)  
10<sup>th</sup> Tony Nichols 20:40 (PB)  
11<sup>th</sup> Lee Stock 21:11 (1<sup>st</sup> 5k)  
12<sup>th</sup> Andy Austin 21:15  
13<sup>th</sup> Mike Stares 21:28  
14<sup>th</sup> Spike Hughes 21:40  
15<sup>th</sup> Dave Croft 22:02  
16<sup>th</sup> Geoff Powell 22:16  
17<sup>th</sup> Brian Hyde 22:43 (PB)  
18<sup>th</sup> Kevin Osborne 22:58  
19<sup>th</sup> John Brindley 23:22  
20<sup>th</sup> Phil Beed 23:30  
21<sup>st</sup> Ken Eaden 24:27  
22<sup>nd</sup> Steve Moltini 25:02  
23<sup>rd</sup> Mike Kearney 25:52  
24<sup>th</sup> Len Keech 26:31  
25<sup>th</sup> Terry Ash 26:45  
26<sup>th</sup> Nick Vines 27:00  
27<sup>th</sup> Shaun Uzzell 27:17 (1<sup>st</sup> 5k)  
28<sup>th</sup> Kevin Chambers 29:24  
29<sup>th</sup> Chris Munns 29:29 (PB)  
30<sup>th</sup> Bob Bennett 30:00  
31<sup>st</sup> Ray Hewitt 30:42 (PB)  
32<sup>nd</sup> Terry Weston 32:22  
33<sup>rd</sup> John Jeffs 36:05

Ladies.

1<sup>st</sup> Leslie Meenaguan 21:02 (1<sup>st</sup> 5k)  
2<sup>nd</sup> Cheryl Hill 22:16  
3<sup>rd</sup> Michelle Hayes 22:39 (PB)  
4<sup>th</sup> Sally Dale 24:15  
5<sup>th</sup> April Williams 25:37 (1<sup>st</sup> 5k)  
6<sup>th</sup> Hayley Clutton 25:48 (PB)  
7<sup>th</sup> Liz Redpath 26:23  
8<sup>th</sup> Sharon Clutton 26:36  
9<sup>th</sup> Deborah Birch 27:07 (PB)  
10<sup>th</sup> Ros Pay 28:21  
11<sup>th</sup> Sandy Ayriss 28:25  
12<sup>th</sup> Denise Francis 28:44  
13<sup>th</sup> Judy Byrne 29:31  
14<sup>th</sup> Cindy Quaiife 29:32  
15<sup>th</sup> Lisa Rees 29:32 (1<sup>st</sup> 5k)  
16<sup>th</sup> Nadine Dunn 30:07  
17<sup>th</sup> Mandy Nichols 30:53 (PB)  
18<sup>th</sup> Janet Lindley 31:01  
19<sup>th</sup> Kath King 31:17 (PB)  
20<sup>th</sup> Sue Tingley 31:40

Helpers. Gary Francis, Dave Redpath timekeepers, Roger Robinson numbers,  
Jo Clark, Mike Whenray, Steve Cawte, Ruth Harding, Kirstin Frith, Sandra Taylor,  
Lee Stocks family, Mick Wellsted.

11.2.2006. Wokingham Half Half Marathon.

Mike Barker 1:55:33, Len Keech 1:58:33, Sharon Clutton 1:59:34 (PB),  
Andy Clutton 1:59:34, Hayley Clutton 2:11:45 (1<sup>st</sup> Half),  
Sarah Lloyd 2:12:15 (1<sup>st</sup> Half).

12.2.2006. Meon Valley Plod 20.4 Miles Cross Country.

106<sup>th</sup> Cheryl Hill 3:14:42, 144<sup>th</sup> Dave Croft 3:27:46, 165<sup>th</sup> Andy Austin 3:45:55.

19.2.2006. Bramley 10 & 20 Miles.

10 Miles 116<sup>th</sup> Pat Ashcroft 1:12:38. Finishers 484.

20 Miles 302<sup>nd</sup> Cheryl Hill 2:39:18. Finishers 640.

26.2.2006. Terminator Pewsey.

78<sup>th</sup> Jason Stock 1:31:08, 137<sup>th</sup> Dave Little 1:35:52, 330<sup>th</sup> Cheryl Hill 1:48:29 (F),  
422<sup>nd</sup> Mick Flaherty 1:54:18, 444<sup>th</sup> Mel Stock 1:55:08.

26.2.2006. Today's Runner Cross Country Staunton Country Park.

Men.

44<sup>th</sup> Andy Johnson

55<sup>th</sup> Toby Bettridge

73<sup>rd</sup> Mike Stares

104<sup>th</sup> Mike Dutton

105<sup>th</sup> Colin Gardner

114<sup>th</sup> Andy Faichen

119<sup>th</sup> Terry Ash

Men's team 12<sup>th</sup>, Ladies team 8<sup>th</sup>, combined position 9<sup>th</sup>. Our Position at the end of  
the season was a joint 11<sup>th</sup> out of 18 teams.

Ladies.

22<sup>nd</sup> Sarette Martin

26<sup>th</sup> Michelle Hayes

48<sup>th</sup> Shirley Faichen

This month saw the end of Ken Hillyer's running career he has decided to hang up his  
running shoes. It is a sad day for us all especially the Sunday morning crew.

1.3.2006. Shinfield 10k.

95<sup>th</sup> Mick Flaherty 42:51. Finishers 593.

7.3.2006. Club 5k.

Men.

1<sup>st</sup> Nathan Gosling 16:52 (PB)

2<sup>nd</sup> Neil Weston 18:13 (PB)

3<sup>rd</sup> Kevin Wheeler 19:46 (PB)

4<sup>th</sup> Mike Stares 21:35

5<sup>th</sup> Toby Bettridge 22:25

6<sup>th</sup> Dave Croft 22:31

Ladies.

1<sup>st</sup> Cheryl Hill 22:33

2<sup>nd</sup> Michelle Hayes 22:34 (PB)

3<sup>rd</sup> Jo Oakes 23:45

4<sup>th</sup> April Williams 25:19 (PB)

5<sup>th</sup> Linda Hannah 26:00

6<sup>th</sup> Georgina Green 26:30

7<sup>th</sup> Phil Beed 22:48 (PB)  
8<sup>th</sup> Colin Gardner 23:03  
9<sup>th</sup> Paul Izatt 23:12 (PB)  
10<sup>th</sup> Stuart Jones 23:16  
11<sup>th</sup> John Brindley 23:19  
12<sup>th</sup> Shane Smith 23:33 (1<sup>st</sup> 5k)  
13<sup>th</sup> Mike Barker 24:11  
14<sup>th</sup> Nic Vines 25:34  
15<sup>th</sup> Neil Thompson 26:10 (PB)  
16<sup>th</sup> Mike Dutton 26:29  
17<sup>th</sup> Ross Freemantle 27:05 (1<sup>st</sup> 5k)  
18<sup>th</sup> Bob Bennett 28:14  
19<sup>th</sup> Shaun Uzzell 28:24  
20<sup>th</sup> Terry Ash 28:40  
21<sup>st</sup> Kevin Chambers 29:58  
22<sup>nd</sup> Kevin Cull 32:29 (1<sup>st</sup> 5k)  
23<sup>rd</sup> Terry Weston 32:35

7<sup>th</sup> Sarette Martin 26:31  
8<sup>th</sup> Debbie Fawcett 26:45 (PB)  
9<sup>th</sup> Jo Clark 28:47  
10<sup>th</sup> Sharon Clutton 28:48  
11<sup>th</sup> Denise Francis 29:09  
12<sup>th</sup> Nicky Burns 29:43 (PB)  
13<sup>th</sup> Nadine Dunn 29:49  
14<sup>th</sup> Sue Tingley 29:57 (PB)  
15<sup>th</sup> Cindy Quaipe 29:57  
16<sup>th</sup> Judy Byrne 30:00  
17<sup>th</sup> Karen Williams 30:07  
18<sup>th</sup> Claire Hyde 31:46 (1<sup>st</sup> 5k)

*Helpers. Gary Francis, Liz Redpath timekeepers, Mel Stock numbers, Jason Stock, Roger Robinson, Ruth Harding, Jan Ballard, Steve Wilsmore, Brian Hyde, Len Keech, Sally Dale, Geoff Powell & Son.*

#### 12.3.2006. Grizzly.

517<sup>th</sup> Cheryl Hill 3:17:23, 543<sup>rd</sup> Dave Croft 3:18:34, 1466<sup>th</sup> John Madden 4:46:14.

#### 26.3.2006 Coombe Gibbett 16 Miles Cross Country.

79<sup>th</sup> Cheryl Hill 2:22:38, 106<sup>th</sup> Sarette Martin 2:32:51, 107<sup>th</sup> Mike Dutton 2:32:51, 131<sup>st</sup> Stuart Jones 2:47:29, 138<sup>th</sup> Allan Jones 2:48:35.

#### 2.4.2006. Totton 10km.

##### Men.

103<sup>rd</sup> Kevin Wheeler 39:03 (61<sup>st</sup> Senior), 112<sup>th</sup> Jason Stock 39:26 (66<sup>th</sup> Senior), 113<sup>th</sup> Lance Birkby 39:27 (30<sup>th</sup> Vet 40), 189<sup>th</sup> Mick Flaherty 42:43 (93<sup>rd</sup> Senior), 192<sup>nd</sup> Mike Stares 44:51 (36<sup>th</sup> Vet 50), 352<sup>nd</sup> Mike Kearney 50:34 (60<sup>th</sup> Vet 50), 455<sup>th</sup> Steve Cawte 59:42 (188<sup>th</sup> Vet 45).

##### Ladies.

28<sup>th</sup> Pat Ashcroft 43:01 (9<sup>th</sup> Vet 45), 47<sup>th</sup> Cheryl Hill 46:08 (13<sup>th</sup> Vet 45), 62<sup>nd</sup> Mel Stock 47:22 (22<sup>nd</sup> Vet 35), 103<sup>rd</sup> Linda Hanna 52:02 (26<sup>th</sup> Vet 45), 158<sup>th</sup> Sylvia Cawte 57:49 (58<sup>th</sup> Vet 35).

4.4.2006. Club 5k.

Men.

1<sup>st</sup> Matt Hopkinson 16:28 (PB)  
2<sup>nd</sup> Nathan Gosling 16:34 (PB)  
3<sup>rd</sup> Steve Wilsmore 17:04 (PB)  
4<sup>th</sup> Neil Weston 18:15  
5<sup>th</sup> Dave Little 18:55  
6<sup>th</sup> Kevin Wheeler 19:22  
7<sup>th</sup> Chris Bairstow 21:25  
8<sup>th</sup> Pete Lindley 21:45  
9<sup>th</sup> Max Portnoj 21:55 (1<sup>st</sup> 5k)  
10<sup>th</sup> Mike Stares 21:57  
11<sup>th</sup> Brian Hyde 22:02 (PB)  
12<sup>th</sup> Paul Izatt 22:22 (PB)  
13<sup>th</sup> Geoff Powell 22:34  
14<sup>th</sup> Stuart Jones 23:04  
15<sup>th</sup> Jonathan Ellis 23:05 (1<sup>st</sup> 5k)  
16<sup>th</sup> Phil Beed 23:07  
17<sup>th</sup> Mike Barker 23:11 (PB)  
18<sup>th</sup> Mike Kearney 23:22  
19<sup>th</sup> Kevin Osborne 23:50  
  
20<sup>th</sup> Nick Vines 24:17  
21<sup>st</sup> Terry Ash 25:15  
22<sup>nd</sup> Neil Thompson 25:16 (PB)  
23<sup>rd</sup> Bob Bennett 27:28  
24<sup>th</sup> Kevin Chambers 27:42  
25<sup>th</sup> Shaun Uzzell 29:26  
26<sup>th</sup> Chris Munns 29:48  
27<sup>th</sup> Ray Hewitt 30:03 (PB)  
28<sup>th</sup> Kevin Cull 31:21 (PB)  
29<sup>th</sup> Terry Weston 32:51  
30<sup>th</sup> Mike Whenray 34:47

Helpers. Liz & Dave Redpath timekeepers, Sarette Martin numbers, Len Keech, Mike Dutton, John Jeffs, Sharon Clutton, Toby Bettridge, Roger Robinson.

9.4.2006. Taunton Marathon .

9<sup>th</sup> Iain Robert 2:55:22.

Ladies.

1<sup>st</sup> Pat Ashcroft 21:18  
2<sup>nd</sup> Cheryl Hill 22:29  
3<sup>rd</sup> Michelle Hayes 22:30 (PB)  
4<sup>th</sup> Jo Oakes 22:35 (PB)  
5<sup>th</sup> April Williams 22:36 (PB)  
6<sup>th</sup> Sally Dale 23:30  
7<sup>th</sup> Karen Ashcroft 23:52 (PB)  
8<sup>th</sup> Linda Hannah 24:44  
9<sup>th</sup> Hayley Clutton 24:45 (PB)  
10<sup>th</sup> Jenny Strudwick 24:47 (1<sup>st</sup> 5k)  
11<sup>th</sup> Sara Quartermain 25:48 (PB)  
12<sup>th</sup> Sara Lloyd 26:10  
13<sup>th</sup> Anna Dawes 27:09 (PB)  
14<sup>th</sup> Denise Little 27:18  
15<sup>th</sup> Ros Pay 27:38 (PB)  
16<sup>th</sup> Sarah Carter 27:43  
17<sup>th</sup> Sandy Ayriss 27:44  
18<sup>th</sup> Nicky Burns 27:49 (PB)  
19<sup>th</sup> Karen Burns 28:37 (PB)  
20<sup>th</sup> Nadine Dunn 28:39  
21<sup>st</sup> Sue Tingley 28:50  
22<sup>nd</sup> Claire Hyde 29:14  
23<sup>rd</sup> Cindy Quaife 29:20  
24<sup>th</sup> Judy Byrne 29:20  
25<sup>th</sup> Janet Lindley 30:56  
26<sup>th</sup> Kerry Shephard 31:02  
27<sup>th</sup> Lyn Jones 31:12  
28<sup>th</sup> Karen Flowers 31:38 (1<sup>st</sup> 5k)  
29<sup>th</sup> Kath King 32:24  
30<sup>th</sup> Hannah Shephard 34:00 (1<sup>st</sup> 5k)

9.4.2006. Mad March Hare 20.

Men.

87<sup>th</sup> Jason Stock 2:24:10 (PB), 90<sup>th</sup> Andy Johnson 2:24:24,  
203<sup>rd</sup> Toby Bettridge 2:48:18 (1<sup>st</sup> 20 Mile), 211<sup>th</sup> Mike Dutton 2:50:53,  
263<sup>rd</sup> Andy Clutton 3:02:06, 305<sup>th</sup> Mike Barker 3:11:46, 308<sup>th</sup> Len Keech 3:11:59,  
330<sup>th</sup> Dave Little 3:21:20.

Ladies.

149<sup>th</sup> Cheryl Hill 2:36:45, 184<sup>th</sup> Mel Stock 2:42:40 (PB),  
210<sup>th</sup> Saretten Martin 2:50:53 (1<sup>st</sup> 20 Mile),  
264<sup>th</sup> Karen Williams 3:02:06 (1<sup>st</sup> 20 Mile), 307<sup>th</sup> Sharon Clutton 3:11:59 (PB),  
309<sup>th</sup> Kate Temple 3:12:17 (PB), 322<sup>nd</sup> Ann Horton 3:19:17 (1<sup>st</sup> 20 Mile),  
323<sup>rd</sup> Fiona Tomlinson 3:19:55 (1<sup>st</sup> 20 Mile),  
324<sup>th</sup> Hayley Clutton 3:20:25 (1<sup>st</sup> 20 Mile),  
336<sup>th</sup> Jo Clark 3:27:10 (1<sup>st</sup> 20 Mile), 339<sup>th</sup> Sarah Lloyd 3:29:30 (1<sup>st</sup> 20 Mile),  
347<sup>th</sup> Viv Breen 3:36:04, 360<sup>th</sup> Denise Francis 3:58:35 (1<sup>st</sup> 20 Mile),  
361<sup>st</sup> Denise Little 3:38:35, 362<sup>nd</sup> Mary Ash 3:58:35 (1<sup>st</sup> 20 Mile).

9.4.2006. Arundel 10km.

115<sup>th</sup> Michelle Hayes 50:13 (1<sup>st</sup> 10k), 172<sup>nd</sup> Debbie Skinner 53:00,  
244<sup>th</sup> Stuart Jones 56:35. Finishers 418.

9.4.2006. White Horse Half Marathon.

Emma Croft 1:50:21, Dave Croft 1:50:22.

9.4.2006. Rotterdam Marathon.

Jo Clark 4:48:00.

Eastleigh 10km .

Men.

135<sup>th</sup> Andy Johnson 38:47 (92<sup>nd</sup> Senior), 156<sup>th</sup> Lance Birkby 39:42 (26<sup>th</sup> Vet 40) (PB),  
185<sup>th</sup> Dave Little 40:40 (20<sup>th</sup> Vet 45), 248<sup>th</sup> Tony Nichols 43:13 (34 Vet 45) (PB),  
284<sup>th</sup> Mike Stares 44:25 (12<sup>th</sup> Vet 55), 303<sup>rd</sup> Dave Croft 44:51 (6<sup>th</sup> Vet 60),  
436<sup>th</sup> Andy Clutton 48:43 (78<sup>th</sup> Vet 40) (PB),  
439<sup>th</sup> Geoff Powell 48:48 (217<sup>th</sup> Senior) (PB),  
503<sup>rd</sup> Mike Barker 51:03 (26<sup>th</sup> Vet 55) (PB), 706<sup>th</sup> Steve Cawte 1:09:22,  
711<sup>th</sup> Terry Weston 1:11:08 (63<sup>rd</sup> Vet 50).

Ladies.

66<sup>th</sup> Pat Ashcroft 44:04 (3<sup>rd</sup> F 50), 84<sup>th</sup> Cheryl Hill 46:13 (7<sup>th</sup> Vet 45),  
96<sup>th</sup> Mel Stock 46:48 (22<sup>nd</sup> Vet 35), 126<sup>th</sup> Karen Ashcroft 49:47 (56<sup>th</sup> F Senior) (PB),  
166<sup>th</sup> Fiona Tomlinson 52:11 (33<sup>rd</sup> Vet 40),  
199<sup>th</sup> Hayley Clutton 54:13 (78<sup>th</sup> Senior) (PB),  
237<sup>th</sup> Sharon Clutton 56:20 (28<sup>th</sup> Vet 45),  
242<sup>nd</sup> Sara Quartermain 56:42 (48<sup>th</sup> Vet 40),

286<sup>th</sup> Anna Dawes 59:15 (17<sup>th</sup> Senior) (1<sup>st</sup>10k),  
289<sup>th</sup> Sarah Lloyd 59:53 (109<sup>th</sup> Senior)

17.4.2006. Essex PB 5.

64<sup>th</sup> Mick Flaherty 33:53 (PB). Finishers 293.

Woking 3 Mile Monthly Handicap.

16<sup>th</sup> Mick Flaherty 18:53. Finishers 46.

Mabac Running League Richmond Park 5 Mile Cross Country.

54<sup>th</sup> Mick Flaherty 38:04. Finishers 169.

23.4.2006. Corsham St George's Day 10k.

116<sup>th</sup> Mick Flaherty 45:33. Finishers 436.

23.4.2006. London Marathon.

5933<sup>rd</sup> Cheryl Hill 3:46:43, 13271 Karen Williams 4:07:07 (PB),  
21196<sup>th</sup> Mike Barker 4:38:40 (PB), 21202<sup>nd</sup> Sharon Clutton 4:38:42 (PB),  
21203<sup>rd</sup> Len Keech 4:38:42, 21582<sup>nd</sup> Ann Horton 4:40:25,  
23046<sup>th</sup> Sarah Lloyd 4:47:03 (1<sup>st</sup> Marathon),  
23048<sup>th</sup> Hayley Clutton 4:47:04 (1<sup>st</sup> Marathon),  
24180<sup>th</sup> Lesley Gawthorpe 4:52:33 (1<sup>st</sup> Marathon),  
30187<sup>th</sup> Irene Watson 5:40:37 (Qualifying time for 2007).

30.4.2006. Saltash Half Marathon.

9<sup>th</sup> Steve Wilsmore 1:24:00 (PB).

2.5.2006. GRR 1<sup>st</sup> 5 Mile Road Race.

Men.

1<sup>st</sup> Nathan Gosling 27:20 (PB)  
2<sup>nd</sup> Steve Wilsmore 28:04 (PB)  
3<sup>rd</sup> Andy Johnson 31:00  
4<sup>th</sup> Neil Weston 31:06 (1<sup>st</sup>5m)  
5<sup>th</sup> Kevin Wheeler 32:58 (1<sup>st</sup>5m)  
6<sup>th</sup> Chris Bairstow 33:12 (1<sup>st</sup>5m)  
7<sup>th</sup> Mick Flaherty 33:39 (PB)  
8<sup>th</sup> Andy Austin 34:00 (1<sup>st</sup>5m)  
9<sup>th</sup> Colin Gardner 34:58  
10<sup>th</sup> Pete Lindley 35:20  
11<sup>th</sup> Rob Towers 35:53 (1<sup>st</sup>5m)  
12<sup>th</sup> Dave Croft 36:19 (1<sup>st</sup>5m)  
13<sup>th</sup> Mike Stares 36:27  
14<sup>th</sup> Baz Evans 36:30 (PB)

Ladies.

1<sup>st</sup> Pat Ashcroft 35:05  
2<sup>nd</sup> Mel Stock 35:54  
3<sup>rd</sup> Michelle Hayes 36:33 (PB)  
4<sup>th</sup> Cheryl Hill 36:56 (PB)  
5<sup>th</sup> Sarette Martin 37:31 (1<sup>st</sup>5m)  
6<sup>th</sup> Sally Dale 38:17 (PB)  
7<sup>th</sup> Karen Ashcroft 40:09 (PB)  
8<sup>th</sup> Linda Hanna 41:37  
9<sup>th</sup> Hayley Clutton 41:58 (1<sup>st</sup>5m)  
10<sup>th</sup> Sue Winfield 42:46 (1<sup>st</sup>5m)  
11<sup>th</sup> Jo Clark 42:56 (PB)  
12<sup>th</sup> Georgina Green 43:35 (1<sup>st</sup>5m)  
13<sup>th</sup> Kate Temple 45:12 (1<sup>st</sup>5m)  
14<sup>th</sup> Sandy Ayriss 46:17 (1<sup>st</sup>5m)

15<sup>th</sup> Max Portnoj 36:53 (1<sup>st</sup> 5m)  
16<sup>th</sup> Brian Hyde 37:00 (1<sup>st</sup> 5m)  
17<sup>th</sup> Joe Ritchie 37:08 (1<sup>st</sup> 5m)  
18<sup>th</sup> Mike Dutton 37:31 (1<sup>st</sup> 5m)  
19<sup>th</sup> Fungas Adams 38:10 (1<sup>st</sup> 5m)  
20<sup>th</sup> Ken Eaden 38:32  
21<sup>st</sup> Mike Kearney 39:01  
22<sup>nd</sup> Stuart Jones 39:33 (PB)  
23<sup>rd</sup> Nic Vines 39:50 (1<sup>st</sup> 5m)  
24<sup>th</sup> Kevin Osborne 40:38  
25<sup>th</sup> Neil Thompson 42:18 (1<sup>st</sup> 5m)  
26<sup>th</sup> Terry Ash 42:48 (1<sup>st</sup> 5m)  
27<sup>th</sup> Bob Bennett 45:31 (1<sup>st</sup> 5m)  
28<sup>th</sup> Kevin Chambers 46:17  
29<sup>th</sup> Mike Whenray 55:54 (1<sup>st</sup> 5m)  
30<sup>th</sup> Len Keech 55:54

15<sup>th</sup> Denise Francis 46:53 (PB)  
16<sup>th</sup> Nadine Dunn 48:17 (PB)  
17<sup>th</sup> Nicky Burns 49:07 (PB)  
18<sup>th</sup> Sue Tingley 49:07 (1<sup>st</sup> 5m)  
19<sup>th</sup> Cindy Quaiife 49:40 (1<sup>st</sup> 5m)  
20<sup>th</sup> Judy Byrne 49:40 (1<sup>st</sup> 5m)  
21<sup>st</sup> Janet Lindley 49:46  
22<sup>nd</sup> Tracy Wales 49:47 (1<sup>st</sup> 5m)  
23<sup>rd</sup> Kath King 51:21 (1<sup>st</sup> 5m)

Helpers. Gary Francis, Liz Redpath timekeepers, Lauren Francis numbers, Sarah Lloyd, Ann & Dave Horton, Sharon Clutton, Jack Rhodes, Gordon Knight, Ray Hewitt, John Jeffs, Jacqui Osborne, Roger Robinson, Jason Stock, Carol White, Jan Ballard, Mandy Myers, Jo Oakes, Mick Wellsted.

#### 7.5.2006. Kernow.

42<sup>nd</sup> Mick Flaherty 36:11. Finishers 107.

#### 7.5.2006. Fordingbridge Fire Station 10k.

27<sup>th</sup> Tony Nichols 42:50 (PB), 34<sup>th</sup> Andy Austin 43:22, 96<sup>th</sup> Ken Eaden 50:37, 107<sup>th</sup> Andy Faichen 51:06, 157<sup>th</sup> Steve Cawte 57:45, 165<sup>th</sup> Sylvia Cawte 1:00:04. Finishers 209.

#### 7.5.2006. Marwell 10k.

##### Ladies.

6<sup>th</sup> Pat Ashcroft 44:44 (2<sup>nd</sup> Vet 45)  
31<sup>st</sup> Debbie Skinner 48:42 (12<sup>th</sup> Vet 35)  
34<sup>th</sup> Michelle Hayes 48:45 (PB) (15<sup>th</sup> Vet 35)  
38<sup>th</sup> Jo Oakes 48:45 (13<sup>th</sup> Senior)  
42<sup>nd</sup> Sarette Martin 49:49 (19<sup>th</sup> Vet 35)  
51<sup>st</sup> Cheryl Hill 50:17 (10<sup>th</sup> Vet 45)  
56<sup>th</sup> Sally Dale 50:48 (11<sup>th</sup> Vet 45)  
100<sup>th</sup> Linda Hanna 55:20 (20<sup>th</sup> Vet 45)  
139<sup>th</sup> Karyn Ashcroft 58:04 (60<sup>th</sup> Senior)

GRR 1<sup>st</sup> Ladies Team

GRR 6<sup>th</sup> Ladies Team

##### Men.

45<sup>th</sup> Andy Johnson 40:12 (14<sup>th</sup> Vet 40)  
176<sup>th</sup> Mike Stares 47:27 (19<sup>th</sup> Vet 50)



200<sup>th</sup> Colin Gardner 48:34 (62<sup>nd</sup> Vet 40)  
240<sup>th</sup> Toby Bettridge 49:59 (132<sup>nd</sup> Senior)  
247<sup>th</sup> Baz Evans 50:12 (83<sup>rd</sup> Vet 40)  
278<sup>th</sup> Mike Kearney 51:36 (30<sup>th</sup> Vet 50)  
292<sup>nd</sup> Stuart Jones 51:56 (96<sup>th</sup> Vet 40)  
298<sup>th</sup> Mike Barker 52:05 (34<sup>th</sup> Vet 50)  
335<sup>th</sup> Nic Vines 53:33 (174<sup>th</sup> Senior)  
415<sup>th</sup> Neil Thompson 57:33 (211<sup>th</sup> Senior)

Finishers 864, 332 ladies, 532 men.

Blast from the past: 1<sup>st</sup> Lady Nicola Moxham 42:19 (Mike Kearney's daughter).

14.5.2006. Alton 10 Mile Road Race.

Men.

65<sup>th</sup> Dave Little 1:06:24  
66<sup>th</sup> Andy Johnson 1:06:46  
183<sup>rd</sup> Dave Croft 1:18:11  
189<sup>th</sup> Mike Dutton 1:18:44 (PB)  
233<sup>rd</sup> Baz Evans 1:23:04  
251<sup>st</sup> Stuart Jones 1:26:14  
255<sup>th</sup> Mike Barker 1:26:37  
Finishers 426, 309 men, 117 ladies.

Ladies.

20<sup>th</sup> Pat Ashcroft 1:13:46  
32<sup>nd</sup> Michelle Hayes 1:18:17 (PB)  
36<sup>th</sup> Jo Oakes 1:18:31  
38<sup>th</sup> Sarette Martin 1:18:44 (PB)  
41<sup>st</sup> Cheryl Hill 1:19:34  
75<sup>th</sup> Karyn Ashcroft 1:26:40 (PB)  
85<sup>th</sup> Linda Hanna 1:29:16

RN Establishments Athletics.

400m Nathan Gosling 3<sup>rd</sup>  
800m Nathan Gosling 1<sup>st</sup>  
1500m Steve Wilsmore 2<sup>nd</sup>

British Legion 10k.

4<sup>th</sup> Nathan Gosling 34:00.

14.5.2006. Keswick to Barrow 40 Miles.

6<sup>th</sup> Steve Wilsmore 5:41:00 (1<sup>st</sup> time at this distance).

21.5.2006. 50<sup>th</sup> Isle of Wight Marathon.

57<sup>th</sup> Cheryl Hill 3:39:35 (2 prizes 1<sup>st</sup> in age category plus presentation of a trophy),  
164<sup>th</sup> Kevin Wheeler 4:20:25 (1<sup>st</sup> Marathon).

21.5.2006. Winchester 10k.

61<sup>st</sup> Mick Flaherty 43:51, 289<sup>th</sup> Jenny Strudwick 53:55, 296<sup>th</sup> Fiona Tomlinson 54:00.

21.5.2006. The Run in the Park Netley.

Chris Bairstow 43:10, Pat Ashcroft 44:20 (2<sup>nd</sup> F Vet 50),  
Colin Gardner 45:39 (36<sup>th</sup> Vet 40), Mike Stares 45:58 (10<sup>th</sup> Vet 50)  
Debbie Skinner 46:43 (F PB), Jonathan Ellis 46:42 (1<sup>st</sup> 10k),  
Stuart Jones 48:47 (PB), Karyn Ashcroft 49:50, Nadine Dunn 1:03:40.

25.5.2006. Out of Town Run.

Meet at end of Cliff Road Hill Head.  
Organiser Dave Croft.

27.5.2004. Trundle Hill 10k.

94<sup>th</sup> Colin Gardner 50:11, 151<sup>st</sup> Mick Flaherty 55:14.  
Finishers 281.

6.6.2006. Club 5k.

Men.

1<sup>st</sup> Nathan Gosling 17:10  
2<sup>nd</sup> Kevin Wheeler 20:06  
3<sup>rd</sup> Ben Strudwick 20:53  
4<sup>th</sup> Andy Austin 21:14  
5<sup>th</sup> Max Portnoj 21:41 (PB)  
6<sup>th</sup> Pete Lindley 21:46  
7<sup>th</sup> Toby Bettridge 21:51  
8<sup>th</sup> Baz Evans 21:54  
9<sup>th</sup> Jonathan Ellis 22:00 (PB)  
10<sup>th</sup> Bryan Hyde 22:07  
11<sup>th</sup> Mike Stares 22:17  
12<sup>th</sup> Dave Croft 22:48  
13<sup>th</sup> David Maltas-Wyatt 23:13  
14<sup>th</sup> Phil Beed 23:19  
15<sup>th</sup> Mike Dutton 23:34  
16<sup>th</sup> Nick Vines 23:49 (PB)  
17<sup>th</sup> Mike Barker 23:55  
18<sup>th</sup> Mike Kearney 24:04  
19<sup>th</sup> John Brindley 24:13  
20<sup>th</sup> Dave Little 25:26  
21<sup>st</sup> Bob Bennett 26:20 (PB)  
22<sup>nd</sup> Steve Moltini 26:38  
23<sup>rd</sup> Neil Thompson 29:28  
24<sup>th</sup> Ray Hewitt 29:44 (PB)  
25<sup>th</sup> Mike Whenray 31:52  
26<sup>th</sup> Ken Keech 38:03

Ladies.

1<sup>st</sup> Debbie Skinner 22:02  
2<sup>nd</sup> Michelle Hayes 22:11  
3<sup>rd</sup> Hayley Clutton 24:21 (PB)  
4<sup>th</sup> Linda Hanna 25:14  
5<sup>th</sup> Sarah Lloyd 25:26 (PB)  
6<sup>th</sup> Georgina Green 26:10  
7<sup>th</sup> Serette Martin 26:10  
8<sup>th</sup> Kate Temple 26:14  
9<sup>th</sup> Debbie Fawcett 26:43 (PB)  
10<sup>th</sup> Sharon Clutton 27:09  
11<sup>th</sup> Tracy Wales 27:35 (1<sup>st</sup> 5k)  
12<sup>th</sup> Denise Francis 27:39  
13<sup>th</sup> Denise Little 27:43  
14<sup>th</sup> Sandy Ayriss 28:25  
15<sup>th</sup> Ros Pay 28:46  
16<sup>th</sup> Jo Russell 29:06  
17<sup>th</sup> Janet Lindley 29:10  
18<sup>th</sup> Sue Tingley 29:16  
19<sup>th</sup> Jo Clark 29:29  
20<sup>th</sup> Nadine Dunn 29:34  
21<sup>st</sup> Ann Barlow 29:35 (1<sup>st</sup> 5k)  
22<sup>nd</sup> Karen Williams 29:37  
23<sup>rd</sup> Kath King 30:42 (PB)  
24<sup>th</sup> Cindy Quaiife 30:56  
25<sup>th</sup> Judy Byrne 30:56  
26<sup>th</sup> Ruth Harding 37:29  
27<sup>th</sup> Caroline Foster 38:03 (PB)

Helpers. Gary Francis, Terry Weston timekeepers, Cheryl Hill numbers,  
Hugh Pritchard, Jenny Strudwick, Lyn Jones, Kerry Shephard, Andy Clutton,  
Chris Munns, Mary & Terry Ash.

4.6.2006. Dorking 10 Mile Road Race.

249<sup>th</sup> Mick Flaherty 1:18:09. Finishers 622.

4.6.2006. Sinfin Classic 10k Elvaston Castle Derby.

43<sup>rd</sup> Chris Bairstow 43:27, 197<sup>th</sup> Nadine Dunn 1:02:20.

4.6.2006. Race for Life 5k (Portsmouth)

Cheryl Hill 20:27 (PB), Denise Hill 26:06 (1<sup>st</sup> 5k), Janet Lindley 27:33 (PB)  
No times Elaine Meaney, Mandy Myers, Kerry Shepard, Hannah Shepard.

4.6.2006. Needles X/C Half Marathon Isle of Wight .

Mike Dutton, Sarette Martin.

Boddington 10k.

43<sup>rd</sup> Mick Flaherty 43:28. Finishers 177.

7.6.2006. D – Day 10k.

Men.

14<sup>th</sup> Nathan Gosling 35:44 (HMS Sultan)

18<sup>th</sup> Matt Hopkinson 36:17 (1<sup>st</sup> 10k HMS Sultan)

57<sup>th</sup> Kevin Wheeler 40:44

102<sup>nd</sup> Colin Gardner 44:47

124<sup>th</sup> Baz Evans 46:33 (PB)

126<sup>th</sup> Mike Stares 46:42

134<sup>th</sup> Jonathon Ellis 47:12

164<sup>th</sup> Stuart Jones 49:15

177<sup>th</sup> Mike Kearney 50:40

184<sup>th</sup> Mike Barker 50:57

Ben Strudwick 51:54 (1<sup>st</sup> 10k)

GRR Vets Men's Team – 8<sup>th</sup> place

GRR Ladies Team 1<sup>st</sup> & 4<sup>th</sup> places

GRR Vet Ladies Team – 1<sup>st</sup> place

Ladies.

4<sup>th</sup> Pat Ashcroft 44:56

9<sup>th</sup> Mel Stock 47:17

11<sup>th</sup> Michelle Hayes 47:26 (PB)

12<sup>th</sup> Cheryl Hill 47:38

28<sup>th</sup> Jenny Strudwick 51:54 (1<sup>st</sup> 10k)

29<sup>th</sup> Karen Ashcroft 52:28

Midsummer Winchester 5 Mile.

Ben Strudwick 34:47, Jonathan Ellis 36:25, Mike Stares 37:00, Stuart Jones 41:42,  
Jenny Strudwick 41:42.

11.6.2006. Purbrook Ladies 5 Mile Road Race.

6<sup>th</sup> Pat Ashcroft 36:17 (1<sup>st</sup> Vet 50-54)  
12<sup>th</sup> Debbie Skinner 38:13 (2<sup>nd</sup> Vet 35-39)  
15<sup>th</sup> Sarette Martin 38:44 (3<sup>rd</sup> Vet 35-39)  
20<sup>th</sup> Cheryl Hill 40:04 (3<sup>rd</sup> Vet 45-49)  
23<sup>rd</sup> Jo Oakes 40:15  
27<sup>th</sup> Sally Dale 41:04  
31<sup>st</sup> Karen Ashcroft 41:28  
39<sup>th</sup> Michelle Hayes 43:11  
43<sup>rd</sup> Linda Hanna 44:20  
44<sup>th</sup> Nadine Dunn 51:04  
Prizes for Pat, Debbie, Sarette (+Spot Prize) and Cheryl.

11.6.2006. Edinburgh Marathon.

Andy Johnson 3:15:18, Dave Little 3:22:15, Andy Clutton 4:45:59.

21.6.2006. Hayling Billy 5.

Men.

57<sup>th</sup> Colin Gardner 34:53 (M 40)  
72<sup>nd</sup> Jonathon Ellis 36:24 (M Snr)  
74<sup>th</sup> Mike Stares 36:31 (M 50)  
82<sup>nd</sup> Dave Croft 37:07 (M 60)  
154<sup>th</sup> Stuart Jones 42:32 (M 40)

Ladies.

63<sup>rd</sup> Pat Ashcroft 35:30 (W 50)  
83<sup>rd</sup> Michelle Hayes 37:11 (W 40)  
94<sup>th</sup> Cheryl Hill 37:51 (W 40)

25.6.2006. Lordshill 10k.

85<sup>th</sup> Mick Flaherty 47:29, 153<sup>rd</sup> Hugh Pritchard 1:15:56. Finishers 222.

25.6.2006. Great Bedwyn 10k.

8<sup>th</sup> Dave Little 39:22.

4.7.2006. Promenade 5k Race Portsmouth.

33<sup>rd</sup> Kevin Wheeler 18:46 (PB), 70<sup>th</sup> Mick Flaherty 21:11 (PB),  
72<sup>nd</sup> Colin Gardener 21:22, 94<sup>th</sup> Mike Stares 22:38.  
Finishers 163.

4.7.2006. Club 10k.

Men.

1<sup>st</sup> Nathan Gosling 37:00  
2<sup>nd</sup> Steve Wilsmore 38:45  
3<sup>rd</sup> Andy Johnson 39:07  
4<sup>th</sup> Adrian Clark 39:28  
5<sup>th</sup> Kevin Wheeler 43:18  
6<sup>th</sup> Chris Bairstow 43:41

Ladies.

1<sup>st</sup> Sharon Coleborn 45:46  
2<sup>nd</sup> Cheryl Hill 47:11  
3<sup>rd</sup> Michelle Hayes 48:28  
4<sup>th</sup> Tracy Wales 56:55 (1<sup>st</sup> 10k)  
5<sup>th</sup> Jo Clark 57:42  
6<sup>th</sup> Vicky Atherfold 1:00:51 (1<sup>st</sup> 10k)

7 <sup>th</sup> Liam Thomas 44:11 (1 <sup>st</sup> 10k)	7 <sup>th</sup> Sharon Clutton 1:00:58
8 <sup>th</sup> Greg Whitehouse 44:25	8 <sup>th</sup> Viv Breen 1:00:59
9 <sup>th</sup> Colin Gardner 44:38	9 <sup>th</sup> Denise Francis 1:01:35
10 <sup>th</sup> Andy Austin 44:58	10 <sup>th</sup> Denise Little 1:01:36
11 <sup>th</sup> Adrian Morley 45:39 (1 <sup>st</sup> 10k)	11 <sup>th</sup> Nadine Dunn 1:05:13
12 <sup>th</sup> Mike Stares 45:52	12 <sup>th</sup> Nicky Burns 1:10:30 (PB)
13 <sup>th</sup> Mick Flaherty 45:55	13 <sup>th</sup> Mandy Myers 1:10:45 (PB)
14 <sup>th</sup> Pete Lindley 46:22	14 <sup>th</sup> Kath King 1:10:58
15 <sup>th</sup> Fungus Addams 48:03 (1 <sup>st</sup> 10k)	
16 <sup>th</sup> Toby Bettridge 48:57	
17 <sup>th</sup> Mike Dutton 49:33	
18 <sup>th</sup> Ian Buzzard 50:49	
19 <sup>th</sup> John Wiltshire 50:49	
20 <sup>th</sup> Stuart Jones 51:23	
21 <sup>st</sup> Brian Hyde 51:44 (1 <sup>st</sup> 10k)	
22 <sup>nd</sup> John Brindley 51:45 (1 <sup>st</sup> 10k)	
23 <sup>rd</sup> Mike Kearney 53:11	
24 <sup>th</sup> Mike Barker 53:33	
25 <sup>th</sup> Steve Moltini 54:02	
26 <sup>th</sup> Ken Eaden 54:29	
27 <sup>th</sup> Phil Beed 55:37	
28 <sup>th</sup> Len Keech 57:22	
29 <sup>th</sup> Kevin Chambers 1:00:53	

*Helpers. Gary Francis, Liz Redpath timekeepers, Janet Lindley numbers, Hayley Clutton medals, Terry Weston, Mel & Jason Stock, Jack Rhodes, Gordon Knight, Mike Whenray, Jonathon Ellis, John Jeffs, Ken Hillyer, Roger Robinson, Sandy Ayriss, Pat Ashcroft (Mr), Phil Beed.*

9.7.2006. New Forest 10 Road & Track Race.

101<sup>st</sup> Chris Bairsrow 1:11:12 (PB), 145<sup>th</sup> Colin Gardner 1:13:37,  
 191<sup>st</sup> Pat Ashcroft 1:16:03 (F), 259<sup>th</sup> Dave Croft 1:18:58,  
 267<sup>th</sup> Cheryl Hill 12:19:24 (F), 341<sup>st</sup> Baz Evans 1:23:25,  
 541<sup>st</sup> Hayley Clutton 1:33:04 (PB), 579<sup>th</sup> Jo Clark 1:35:08,  
 588<sup>th</sup> Linda Hanna 1:35:41, 667<sup>th</sup> Sarah Lloyd 1:40:54.  
 Finishers 769.

9.7.2006. Cougars & Bears.

52<sup>nd</sup> Tony Nichols 35:57 (7<sup>th</sup> Vet 45 – 49). Finishers 176.

Ironman Rookie (Not allowed to call it Iron Man as not staged by Ironman Co).  
 West Midlands.

Chris Kennard (1<sup>st</sup> Super Vet Winner of medal, photo, £50).

16.7.2006. City of Chichester International March 40km, 2km, 15km,  
Cycles 30km, 55km.

*\*Runners 40km: Sharon & Andy Clutton, Karen Williams, Michelle Hayes, Kate Temple, Mary Ash, Denise Francis, Denise Little, John Wiltshire.*

*Walkers 40km: Dave Kirby, Howard Baldwin.*

*Mountain Bikers 30km: Ken Hillyer, Ian Buzzard. 55km: Steve Cawte, Alan Saunders.*

*Back up: Gary Francis, Mick Wellsted.*

*\*Due to a diversion on the course the 40km runners ended up doing 23.6 miles.*

23.7.2006. ERR Julie Button Memorial 10k.

*191<sup>st</sup> Mick Flaherty 43:52.*

23.7.2006. Milton Keynes Half Marathon.

*630<sup>th</sup> Heather Church 2:06:00, 631<sup>st</sup> Len Keech 2:06:01, 651<sup>st</sup> Mike Barker 2:07:12,  
1001<sup>st</sup> Leza Plumb 2:47:26.*

27.7.2006. Out of Town Run.

*Meet at Nelsons Monument Downend Road Portchester.*

*Organiser Dave Croft.*

30.7.2006. Donkey Brae 7 Miles Aberdour Fife.

*106<sup>th</sup> Mick Flaherty.*

30.7.2006. Club Team Handicap.

*Yellow Team (Winners)*

<i>Jonathan Ellis</i>	<i>17:29</i>
<i>Tony Nichols</i>	<i>17:33</i>
<i>Andy Austin</i>	<i>17:35</i>
<i>Richard Martin</i>	<i>18:14</i>
<i>Anna Dawes</i>	<i>23:18</i>

*Red Team*

<i>Toby Bettridge</i>	<i>17:20</i>
<i>Debbie Skinner</i>	<i>17:42 1<sup>st</sup> Lady</i>
<i>Ken Eaden</i>	<i>20:19</i>
<i>Nadine Dunn</i>	<i>23:42</i>
<i>Hugh Pritchard</i>	<i>26:12</i>

*Green Team*

<i>Chris Bairstow</i>	<i>16:09</i>
<i>Stuart Jones</i>	<i>18:28</i>
<i>Sarette Martin</i>	<i>19:09</i>
<i>John Jeffs</i>	<i>22:30</i>
<i>Mike Whenray</i>	<i>26:01</i>

*No Bands*

<i>Spike Hughes</i>	<i>20:00</i>
<i>Fiona Tomlinson</i>	<i>20:45</i>
<i>Mike Peters</i>	<i>22:30</i>
<i>Sarah Quatermaine</i>	<i>22:30</i>
<i>Anne Barlow</i>	<i>25:34</i>

*Blue Team*

<i>Kevin Wheeler</i>	<i>15:09 1<sup>st</sup> Man</i>
<i>Michelle Hayes</i>	<i>19:39</i>
<i>Sally Dale</i>	<i>19:46</i>
<i>Simon Uzell</i>	<i>20:11</i>
<i>Irene Watson</i>	<i>27:50</i>

1.8.2006. Club 5k.

Men.

1<sup>st</sup> Kevin Wheeler 18:13 (PB)  
2<sup>nd</sup> Dave Little 19:05  
3<sup>rd</sup> Colin Gardner 20:53  
4<sup>th</sup> Tony Nichols 21:14  
5<sup>th</sup> David Maltas-Wyatt 21:43 (PB)  
6<sup>th</sup> Geoff Powell 21:50  
7<sup>th</sup> Pete Lindley 22:05  
8<sup>th</sup> Richard Martin 22:14  
9<sup>th</sup> Mike Stares 22:24  
10<sup>th</sup> Ian Buzzard 23:43  
11<sup>th</sup> Phil Beed 24:10  
12<sup>th</sup> Steve Moltini 24:13  
13<sup>th</sup> Mike Kearney 24:48  
14<sup>th</sup> Kevin Osborne 25:24  
15<sup>th</sup> Steve Powell 25:28 (1<sup>st</sup> 5k)  
16<sup>th</sup> Bob Bennett 28:12  
17<sup>th</sup> Kevin Chambers 29:28  
18<sup>th</sup> Barry Farrant 30:43 (1<sup>st</sup> 5k)  
19<sup>th</sup> Kevin Cull 31:29  
20<sup>th</sup> Len Keech 32:28  
21<sup>st</sup> Mike Whenray 33:41

Ladies.

1<sup>st</sup> Debbie Skinner 21:50 (PB)  
2<sup>nd</sup> Michelle Hayes 21:54 (PB)  
3<sup>rd</sup> Cheryl Hill 22:28  
4<sup>th</sup> April Williams 23:56  
5<sup>th</sup> Hayley Clutton 24:23 (PB)  
6<sup>th</sup> Linda Hanna 26:06  
7<sup>th</sup> Sara Quartermain 26:12  
8<sup>th</sup> Deborah Birch 26:30 (PB)  
9<sup>th</sup> Sharon Clutton 27:37  
10<sup>th</sup> Lorraine Tebbett 27:45 (1<sup>st</sup> 5k)  
11<sup>th</sup> Denise Francis 28:26  
12<sup>th</sup> Denise Little 28:26  
13<sup>th</sup> Anna Dawes 28:27  
14<sup>th</sup> Nicky Burns 29:01  
15<sup>th</sup> Sue Tingley 29:02  
16<sup>th</sup> Janet Lindley 29:10  
17<sup>th</sup> Kerry Shephard 29:49  
18<sup>th</sup> Cindy Quaiife 29:50  
19<sup>th</sup> Judy Byrne 29:51  
20<sup>th</sup> Mandy Myers 31:01 (PB)  
21<sup>st</sup> Karen Williams 31:31  
22<sup>nd</sup> Ros Pay 31:32  
23<sup>rd</sup> Leza Plumb 31:48  
24<sup>th</sup> Irene Watson 32:28  
25<sup>th</sup> Inez Brown 33:03  
26<sup>th</sup> Lyn Jones 33:03

Helpers. Gary Francis, Liz Redpath timekeepers, Lauren Francis numbers, Terry Weston, Toby Bettridge photos, Mel & Jason Stock, Jonathan Ellis, Kate Temple, Sarette Martin, Mike Dutton, Rob Towers, Roger Robinson, Jo Oakes, Lynda Lycett.

2.8.2006. Tour of Fife Beach Race 4.1 Miles.

99<sup>th</sup> Mick Flaherty 32:08. Finishers 161.

3.8.2006 Tour of Fife Hill Race 4.8 Miles.

94<sup>th</sup> Mick Flaherty 35:47. Finishers 142.

4.8.2006. Tour of Fife-Uphill Time Trial 1.5 Miles.

88<sup>th</sup> Mick Flaherty 15:28. Finishers 141.

5.8.2006. Tour of Fife 5 Mile Race.

90<sup>th</sup> Mick Flaherty. Finishers 145.

6.8.2006. Tour of Fife 4.5 Mile Road Race.

67<sup>th</sup> Mick Flaherty 29:40. Finishers 143.

Tour of Fife Overall Results. 79<sup>th</sup> Mick Flaherty 2:29:09.

6.8.2006. Milland Valley Trail Race 10k & 21k.

10k.

23<sup>rd</sup> Richard Martin 48:41 (12<sup>th</sup> in age category)

21k.

45<sup>th</sup> Jason Stock 1:40:53 (17<sup>th</sup> in a/c), 78<sup>th</sup> Dave Little 1:47:26 (43<sup>rd</sup> in a/c),  
102<sup>nd</sup> Colin Gardner 1:52:08 (54<sup>th</sup> in a/c), 151<sup>st</sup> Pat Ashcroft 2:01:10 (F) (3<sup>rd</sup> in a/c),  
174<sup>th</sup> Cheryl Hill 2:06:00 (17<sup>th</sup> in a/c), 194<sup>th</sup> Mel Stock 2:10:48 (18<sup>th</sup> in a/c),  
196<sup>th</sup> Sarette Martin 2:10:49 (19<sup>th</sup> in a/c), 197<sup>th</sup> Michelle Hayes 2:10:50 (20<sup>th</sup> in a/c),  
198<sup>th</sup> Andy Clutton 2:10:51 (89<sup>th</sup> in a/c), 246<sup>th</sup> Sharon Clutton 2:48:49 (36<sup>th</sup> in a/c),  
247<sup>th</sup> Shirley Clutton 2:48:50 (14<sup>th</sup> in a/c), 285<sup>th</sup> Denise Francis 3:07:22 (17<sup>th</sup> in a/c),  
286<sup>th</sup> Denise Little 3:07:23 (18<sup>th</sup> in a/c). \*(a/c Age Category).

Helpers. Gary Francis, Mick Wellsted, Pat Ashcroft (Mr) Photographs.

10.8.2006 Hash.

Meet at Burrigge Sports & Social Club Approx 2 miles along the A3501 from Park Gate.

Organisers Gary Francis, Liz Redpath, Dave Croft.

Attendance 46 including Tony Hamilton Pompey Joggers.

13.8.2006. 5-4-3-2-1. Salisbury.

30k Chris Bairstow 2:49:00 (PB), 20k Nadine Dunn 1:33:04.

13.8.2006. Midhurst 10k.

Viv Breen 1:00:46.

20.8.2006. NABC Pairs Relay Leatherhead Each Pair Run 5k Each.

8<sup>th</sup> Mick Flaherty / Dawn Straker 37:43. Finishers 43.

20.8.2006. Isle of Wight Half Marathon.

65<sup>th</sup> Cheryl Hill 1:48:52 (1<sup>st</sup> in age group).

27.8.2006. Pewsey Half Marathon.

50<sup>th</sup> Dave Little 1:33:51, 157<sup>th</sup> Cheryl Hill 1:48:04, 294<sup>th</sup> Denise Little 2:17:04,  
319<sup>th</sup> Hugh Pritchard 2:53:08.



31.8.2006. Out of Town Run (Last one this year).

Meet at Old Fire Station Southampton Hill Titchfield.  
Organiser Dave Croft.

2.9.2006. Overton 5 Mile.

Mathew Gant 30:17, Kevin Wheeler 30:34, Jason Stock 31:31 (PB),  
Colin Gardner 34:29, Baz Evans 36:33, Debbie Skinner 37:20, Cheryl Hill 37:54.

5.9.2006. Club 5m.

Men.

1<sup>st</sup> Matt Hopkinson 30:04 (PB)  
2<sup>nd</sup> Matt Gant 30:14  
3<sup>rd</sup> Chris Bairstow 33:28 (PB)  
4<sup>th</sup> Colin Gardner 33:28  
5<sup>th</sup> Andy Austin 33:32 (PB)  
6<sup>th</sup> Adrian Morley 33:40 (1<sup>st</sup>5m)  
7<sup>th</sup> Greg Whitehouse 34:10 (1<sup>st</sup>5m)  
8<sup>th</sup> Jonathan Ellis 34:23 (PB)  
9<sup>th</sup> Baz Evans 35:06 (PB)  
10<sup>th</sup> Rob Towers 35:12 (PB)  
11<sup>th</sup> Pete Lindley 35:29  
12<sup>th</sup> Mick Flaherty 35:37  
13<sup>th</sup> Spike Hughes 36:40  
14<sup>th</sup> Mike Stares 37:15  
15<sup>th</sup> Mike Kearney 38:09  
16<sup>th</sup> Jim Connolly 38:22  
17<sup>th</sup> Ian Buzzard 38:34  
18<sup>th</sup> Mike Dutton 38:54  
19<sup>th</sup> Ken Eaden 38:59  
20<sup>th</sup> John Jeffs 39:01  
21<sup>st</sup> Dave Little 41:53  
22<sup>nd</sup> Mike Barker 42:21 (1<sup>st</sup>5m)  
23<sup>rd</sup> James Wood 45:26 (1<sup>st</sup>5m)  
24<sup>th</sup> Bob Bennett 47:16  
25<sup>th</sup> Terry Ash 50:21  
26<sup>th</sup> Steve Cawte 50:26  
27<sup>th</sup> Hugh Pritchard 58:32  
28<sup>th</sup> Mike Whenray 1:02:24  
29<sup>th</sup> Roger Robinson 1:03:35  
30<sup>th</sup> Len Keech 1:03:35

Helpers. Gary Francis, Liz Redpath timekeepers, Terry Weston numbers, Jo Russell,  
Andy Clutton water station, Jo Clark, Cheryl Hill, Lauren Francis, Emma Butterfield.

10.9.2006. The Aldbourne 10k.

47<sup>th</sup> Mick Flaherty 46:44. Finishers 140.

Ladies.

1<sup>st</sup> Debbie Skinner 36:22 (PB)  
2<sup>nd</sup> Karen Williams 38:40 (1<sup>st</sup>5m)  
3<sup>rd</sup> Michelle Hayes 38:40  
4<sup>th</sup> Sally Dale 39:10  
5<sup>th</sup> Hayley Clutton 40:11 (PB)  
6<sup>th</sup> Kelly Westerman 41:44 (1<sup>st</sup>5m)  
7<sup>th</sup> Sarah Lloyd 41:53 (1<sup>st</sup>5m)  
8<sup>th</sup> Anna Curd 44:07 (1<sup>st</sup>5m)  
9<sup>th</sup> Sara Quartermain 44:20  
10<sup>th</sup> Linda Hanna 44:37  
11<sup>th</sup> Sharon Clutton 44:47  
12<sup>th</sup> Tracy Wales 45:07 (PB)  
13<sup>th</sup> Lynn Braithwaite 45:22 (1<sup>st</sup>5m)  
14<sup>th</sup> Denise Little 45:26  
15<sup>th</sup> Sue Winfield 45:46  
16<sup>th</sup> Tracy Bale 45:07 (1<sup>st</sup>5m)  
17<sup>th</sup> Denise Francis 46:02 (PB)  
18<sup>th</sup> Mary Ash 48:05 (PB)  
19<sup>th</sup> Janet Lindley 48:05 (PB)  
20<sup>th</sup> Sandy Ayriss 48:23  
21<sup>st</sup> Judy Byrne 48:25 (PB)  
22<sup>nd</sup> Cindy Quaipe 48:26 (PB)  
23<sup>rd</sup> Sue Tingley 48:32 (PB)  
24<sup>th</sup> Kath King 49:23 (PB)  
25<sup>th</sup> Sylvia Cawte 50:26  
26<sup>th</sup> Deborah Birch 51:53  
27<sup>th</sup> Mandy Myers 53:19 (1<sup>st</sup>5m)  
28<sup>th</sup> Marilyn Baker 1:03:34

10.9.2006. Robin Hood Marathon & Half Marathon.

Marathon: 109<sup>th</sup> Dave Little 3:16:27, 659<sup>th</sup> Andy Clutton 4:14:09.

Half Marathon: 4023<sup>rd</sup> Sharon Clutton 2:06:44, 5049<sup>th</sup> Denise Little 2:16:32.

Hove Prom 5 Mile Road Race.

86<sup>th</sup> Mick Flaherty 35:24. Finishers 213.

17.9.2006. New Forest Half Marathon.

Andy Austin 1:40:25, Tony Nichols 1:44:09 (1<sup>st</sup> Half), Cheryl Hill 1:45:29,  
Mel Stock 1:50:59, Sally Dale 1:53:34.

17.9.2006. Stansted Slog & Slug.

Slog: 26<sup>th</sup> Chris Bairstow 1:39:38 (PB), 66<sup>th</sup> Colin Gardner 1:50:01. Finishers 166.

Slug: 18<sup>th</sup> Mike Stares 1:10:43, 59<sup>th</sup> Nadine Dunn 1:35:46. Finishers 74.

24.9.2006. Butser Hill Challenge.

94<sup>th</sup> Colin Gardner 44:11, 123<sup>rd</sup> Mike Stares 46:18, 170<sup>th</sup> Baz Evans 49:07.  
Finishers 273.

1.10.2006. Bishops Waltham 5 Miles.

1<sup>st</sup> Lady Sharon Colbourne 37:49.

1.10.2006. Great North Half Marathon.

Kevin Wheeler 1:29:18, Pat Ashcroft 1:36:29 (F), Stuart Jones 2:19:13,  
Anna Dawes 2:19:14 (F).

1.10.2006. Clarendon Half Marathon.

26<sup>th</sup> Matt Gant 1:39:38 (18<sup>th</sup> Senior). Finishers 514.

3.10.2006. Harlington Hospice 5 Mile Charity Run.

23<sup>rd</sup> Mick Flaherty 37:37. Finishers 83.

3.10.2006. Club 5k.

Men.

1<sup>st</sup> Darren Minshall 18:00 (1<sup>st</sup>5k)  
2<sup>nd</sup> Kevin Wheeler 18:31  
3<sup>rd</sup> Jason Stock 18:36 (PB)  
4<sup>th</sup> Jonathon Ellis (PB)  
5<sup>th</sup> Tony Nichols 20:16 (PB)  
6<sup>th</sup> Rob Towers 20:36  
7<sup>th</sup> Baz Evans 20:57 (PB)  
8<sup>th</sup> Colin Gardner 21:08  
9<sup>th</sup> Spike Hughes 21:17  
10<sup>th</sup> Toby Bettridge 21:29  
11<sup>th</sup> Pete Lindley 21:41  
12<sup>th</sup> Jim Connolly 22:23  
13<sup>th</sup> Mike Stares 22:23  
14<sup>th</sup> Ken Eaden 22:50  
15<sup>th</sup> Phil Beed 23:05  
16<sup>th</sup> David Baker 23:27 (1<sup>st</sup>5k)  
17<sup>th</sup> John Jeffs 23:44  
18<sup>th</sup> Joe Ritchie 24:31  
19<sup>th</sup> Mike Barker 25:54  
20<sup>th</sup> Simon Uzzell 25:08  
21<sup>st</sup> Mike Kearney 26:41  
22<sup>nd</sup> James Wood 27:35 (1<sup>st</sup>5k)  
23<sup>rd</sup> Bob Bennett 28:28  
24<sup>th</sup> Mike Whenray 29:08  
25<sup>th</sup> Jim Collinson 31:08  
26<sup>th</sup> Len Keech 35:32  
27<sup>th</sup> Mick Wellsted 36:05

Ladies.

1<sup>st</sup> Debbie Skinner 21:47 (PB)  
2<sup>nd</sup> Cheryll Hill 22:11  
3<sup>rd</sup> Mel Stock 22:37  
4<sup>th</sup> April Williams 22:57  
5<sup>th</sup> Jo Oakes 23:22  
6<sup>th</sup> Kelly Westerman 24:11 (1<sup>st</sup>5k)  
7<sup>th</sup> Sarah Lloyd 24:46 (PB)  
8<sup>th</sup> Tracy Bale 24:51  
9<sup>th</sup> Anna Curd 25:44 (1<sup>st</sup>5k)  
10<sup>th</sup> Ruth Barker 25:54 (1<sup>st</sup>5k)  
11<sup>th</sup> Suzy Leach 25:59 (1<sup>st</sup>5k)  
12<sup>th</sup> Sue Winfield 26:06  
13<sup>th</sup> Tracy Wales 26:09 (PB)  
14<sup>th</sup> Julia Killick 26:17 (1<sup>st</sup>5k)  
15<sup>th</sup> Liz Redpath 26:27  
16<sup>th</sup> Sharon Clutton 26:40  
17<sup>th</sup> Denise Little 27:02  
18<sup>th</sup> Denise Francis 27:25  
19<sup>th</sup> Lorraine Tebbett 27:49 (1<sup>st</sup>5k)  
20<sup>th</sup> Amanda Simpson 28:33  
21<sup>st</sup> Cindy Quaiife 28:34  
22<sup>nd</sup> Kerry Shephard 29:01  
23<sup>rd</sup> Janet Lindley 29:02  
24<sup>th</sup> Anne Barlow 29:08 (PB)  
25<sup>th</sup> Karen Williams 29:12  
26<sup>th</sup> Sue Tingley 29:18  
27<sup>th</sup> Jo Russell 31:08  
28<sup>th</sup> Lynn Walklate 32:52  
29<sup>th</sup> Inez Brown 33:09  
30<sup>th</sup> Marilyn Baker 33:10 (1<sup>st</sup>5k)  
31<sup>st</sup> Lyn Jones 33:12  
32<sup>nd</sup> Beccy Lemmon 33:13 (1<sup>st</sup>5k)  
33<sup>rd</sup> Lynda Lycett 33:20 (1<sup>st</sup>5k)  
34<sup>th</sup> Lisa Saxton 35:31 (1<sup>st</sup>5k)

*Helpers. Gary Francis, Terry Weston timekeepers, Lauren Francis numbers, Chris Munns, Andy Clutton, Michelle Hayes, Dave Little, Roger Robinson, Hugh Pritchard.*

5.10.2006. IRC Haslar (Gosport) Annual 10k 1430.

1<sup>st</sup> Man Geoff Powell 47:29 (PB), 1<sup>st</sup> Lady Cheryl Hill 49:07,  
2<sup>nd</sup> Lady Anna Curd 55:23 (1<sup>st</sup> 10k).

8.10.2006. Gold Hill 9.5k.

Viv Breen 1:00:25

15.10.2006. Hardley Half Marathon.

Kevin Wheeler 1:23:53 (PB), Matt Gant 1:23:57 (PB), Jason Stock 1:27:58 (PB),  
Andy Austin 1:35:05 (PB), Cheryl Hill 1:43:29 (F), Rob Towers 1:43:39 (PB),  
Mel Stock 1:48:35 (F), Jo Oakes 1:48:58, Baz Evans 1:53:48, Ken Eaden 1:55:38.

15.10.2006. Cardiff Half Marathon.

874<sup>th</sup> Michelle Hayes 1:41:54 (F Vet 40-44), 3079<sup>th</sup> Jo Oakes 2:02:07 (F Vet 40-44).

15.10.2006. Amsterdam Marathon.

Adrian Clark 2:55:00.

15.10.2006. Denmead 10k.

Viv Breen 1:03:36.

22.10.2006. Great South Run.

124<sup>th</sup> Matt Gant 1:02:21 (1<sup>st</sup> 10m), 137<sup>th</sup> Kevin Wheeler 1:02:43 (PB),  
524<sup>th</sup> Lloyd Durham 1:10:38 (1<sup>st</sup> 10m), 628<sup>th</sup> Andy Austin 1:11:26 (PB),  
713<sup>th</sup> Tony Nichols 1:12:21 (PB), 916<sup>th</sup> Jonathon Ellis 1:13:56 (1<sup>st</sup> 10m),  
938<sup>th</sup> Colin Gardner 1:14:05, 959<sup>th</sup> David Maltas-Wyatt 1:14:14 (PB),  
1739<sup>th</sup> Spike Hughes 1:18:47, 1788<sup>th</sup> Baz Evans 1:19:03 (PB),  
2046<sup>th</sup> Mick Woods 1:20:12, 2153<sup>rd</sup> Stuart Jones 1:20:38,  
4819<sup>th</sup> Mike Barker 1:30:23, 5090<sup>th</sup> Bob Bennett 1:34:05,  
6770<sup>th</sup> Neil Thompson 1:37:13.

Ladies.

1135<sup>th</sup> Pat Ashcroft 1:15:27, 1291<sup>st</sup> Cheryl Hill 1:16:25,  
1673<sup>rd</sup> Mel Biggs 1:18:25 (1<sup>st</sup> 10m), 1989<sup>th</sup> Sally Dale 1:19:58,  
2032<sup>nd</sup> Jo Oakes 1:20:08, 3463<sup>rd</sup> Hayley Clutton 1:25:38 (PB),  
3540<sup>th</sup> Deborah Fawcett 1:25:55 (1<sup>st</sup> 10m), 3933<sup>rd</sup> Jenny Strudwick 1:27:22 (1<sup>st</sup> 10m),  
4060<sup>th</sup> Sarah Lloyd 1:27:56 (PB), 4469<sup>th</sup> Sharon Clutton 1:29:15 (PB),  
4665<sup>th</sup> Sue Winfield 1:29:52, 5341<sup>st</sup> Karyn Ashcroft 1:32:07,  
5647<sup>th</sup> Anna Curd 1:33:08 (1<sup>st</sup> 10m), 6069<sup>th</sup> Julia Killick 1:34:31,  
6662<sup>nd</sup> Deborah Birch 1:36:48 (1<sup>st</sup> 10m), 7155<sup>th</sup> Lorraine Tebbett 1:38:40 (PB),  
7298<sup>th</sup> Sara Quartermain 1:39:17, 7303<sup>rd</sup> Anna Dawes 1:39:17 (PB),  
7507<sup>th</sup> Sue Tingley 1:40:12 (1<sup>st</sup> 10m), 8168<sup>th</sup> Kath King 1:43:08 (PB),  
10225<sup>th</sup> Irene Watson 1:56:26, 11213<sup>th</sup> Sarah Oakley 2:15:46.

Junior Boys Race.

197<sup>th</sup> Samuel Carnegie 11.51, George Lewis 14.04, 500<sup>th</sup> Stuart King 16:28.

22.10.2006. Thruxton Duathlon.

Viv Breen 5k – Run 28:33, 30k – Cycle 1:11:10, 5k – Run 28:27, Total 2:08:10.

29.10.2006. Snowdonia Marathon.

98<sup>th</sup> Jason Stock 3:31:23 (PB) (48<sup>th</sup> Senior),  
197<sup>th</sup> Cheryl Hill 3:44:24 (2<sup>nd</sup> F Vet 45),  
321<sup>st</sup> John Wiltshire 3:54:45 (12<sup>th</sup> Vet 55),  
383<sup>rd</sup> Chris Bairstow 3:59:42 (190<sup>th</sup> Senior),  
436<sup>th</sup> Jonathon Ellis 4:05:28 (213<sup>th</sup> Senior) (1st Marathon),  
438<sup>th</sup> Mel Stock 4:05:47 (31<sup>st</sup> F Senior),  
620<sup>th</sup> Toby Bettridge 4:20:35 (289<sup>th</sup> Senior) (1<sup>st</sup> Marathon),  
626<sup>th</sup> Jo Oakes 4:21:15 (51<sup>st</sup> F Senior) (1<sup>st</sup> Marathon),  
634<sup>th</sup> Michelle Hayes 4:22:11 (13<sup>th</sup> F 40) (1<sup>st</sup> Marathon),  
687<sup>th</sup> Sarette Martin 4:27:28 (54<sup>th</sup> F Senior) (1<sup>st</sup> Marathon),  
Stuart Jones 5:15:08 (Vet 40) (1<sup>st</sup> Marathon),  
951<sup>st</sup> Shirley Faichen 5:16:17 (12<sup>th</sup> F Vet 50),  
952<sup>nd</sup> Len Keech 5:16:17 (67<sup>th</sup> Vet 50),  
953<sup>rd</sup> Sharon Clutton 5:16:17 (22<sup>nd</sup> F 50),  
954<sup>th</sup> Jo Clark 5:16:18 (25<sup>th</sup> F Vet 40),  
1040<sup>th</sup> Denise Francis 6:41:45 (14<sup>th</sup> F 50),  
1042<sup>nd</sup> Denise Little 6:41:46 (8<sup>th</sup> F 50).  
1043<sup>rd</sup> Hugh Pritchard 6:46:31 (5<sup>th</sup> Vet 70).

Supporters. Dave Little. Weekend organiser and Head Chef (Driver),  
Andy Clutton. Assistant Chef, general duties (Driver),  
Terry Weston 2<sup>nd</sup> Assistant Chef, Head Waiter (Driver),  
Gary Francis Galley Boy, Head Washer Upper and a complete surprise to his wife  
Denise (Driver).  
Mary & Terry Ash, Andy Faichen, Hayley Clutton, Katherine Travis-Mundy,  
Kate Temple, Nadine Dunn, Sarah Lloyd, Liz Redpath, Ken Hillyer, Ian Buzzard,  
Colin Rogers, Dave Croft, Mick Wellsted.

Iron Man Austria.

Rob Towers 14hrs 8min 48secs.

29.10.2006. Today's Runner Cross Country Ambersham Common.

Men.

48<sup>th</sup> Andy Johnson  
63<sup>rd</sup> Colin Gardner  
82<sup>nd</sup> Mike Stares.  
112<sup>th</sup> Baz Evans  
129<sup>th</sup> Alan Sanders  
142<sup>nd</sup> Steve Cawte

Ladies.

41<sup>st</sup> Jenny Strudwick

29.10.2006. Fordingbridge 10 Mile.

Viv Breen 1:34:29.

October 2006 The Full Moon.

Shirley Faichen. Through London raised £250.00 for Breast Cancer Awareness.

5.11.2006. Lordshill 10 Mile.(Hampshire County Championships).

98<sup>th</sup> Cheryl Hill 1:18:09 (Championship Medal 1<sup>st</sup> F in age group),  
150<sup>th</sup> Alan Sanders 1:26:49 (1<sup>st</sup> as Gosport Road Runner),  
197<sup>th</sup> Viv Breen 1:34:29, 214<sup>th</sup> Steve Cawte 1:49:12. Finishers 215.

7.11.2006. Club 5k.

Men.

1<sup>st</sup> Matt Gant 17:29 (1<sup>st</sup> 5k)  
2<sup>nd</sup> Kevin Wheeler 17:47 (PB)  
3<sup>rd</sup> Tony Nichols 19:37 (PB)  
4<sup>th</sup> Lloyd Durham 20:07 (1<sup>st</sup> 5k)  
5<sup>th</sup> Adrian Morley 20:11 (1<sup>st</sup> 5k)  
6<sup>th</sup> Andy Austin 20:13 (PB)  
7<sup>th</sup> Gary Tillett 20:45  
8<sup>th</sup> Colin Gardner 21:14  
9<sup>th</sup> Mike Stares 21:31  
10<sup>th</sup> Spike Hughes 21:37  
11<sup>th</sup> John Jeffs 21:46  
12<sup>th</sup> Richard Martin 21:55  
13<sup>th</sup> Baz Evans 22:21  
14<sup>th</sup> Jim Connolly 22:24  
15<sup>th</sup> Ken Eaden 22:28  
16<sup>th</sup> Mike Kearney 22:43  
17<sup>th</sup> Phil Beed 22:53  
18<sup>th</sup> Andy Faichen 23:58  
19<sup>th</sup> Mike Barker 24:12  
20<sup>th</sup> Kevin Osborne 25:30  
21<sup>st</sup> Steve Moltini 26:09  
22<sup>nd</sup> Neil Thompson 26:16  
23<sup>rd</sup> Pete Lindley 28:02  
24<sup>th</sup> Mike Whenray 28:39  
25<sup>th</sup> Hugh Pritchard 31:36  
26<sup>th</sup> Mike Hawkes 33:20 (1<sup>st</sup> 5k)  
27<sup>th</sup> Len Keech 36:39.

Ladies.

1<sup>st</sup> April Williams 21:43 (PB)  
2<sup>nd</sup> Cheryl Hill 22:38  
3<sup>rd</sup> Hayley Clutton 24:24  
4<sup>th</sup> Anna Curd 25:37  
5<sup>th</sup> Tracy Wales 26:41  
6<sup>th</sup> Julia Killick 27:16  
7<sup>th</sup> Lorraine Tebbett 27:23 (PB)  
8<sup>th</sup> Sara Quartermain 27:30  
9<sup>th</sup> Janet Lindley 28:00  
10<sup>th</sup> Anna Dawes 29:04  
11<sup>th</sup> Mary Ash 29:05  
12<sup>th</sup> Sue Tingley 29:09  
13<sup>th</sup> Kath King 29:23 (PB)  
14<sup>th</sup> Nadine Dunn 29:39  
15<sup>th</sup> Judy Byrne 29:59  
16<sup>th</sup> Cindy Quaiife 30:00  
17<sup>th</sup> Jo Clark 32:58  
18<sup>th</sup> Marilyn Baker 32:59 (PB)  
19<sup>th</sup> Caroline Foster 36:38 (PB)  
20<sup>th</sup> Denise Francis 36:39  
21<sup>st</sup> Denise Little 36:39

Helpers. Gary Francis, Terry Weston timekeepers, Liz Redpath numbers,  
Sarette Martin, Jason Stock, Sara Lloyd, Toby Bettridge, Ann Barlow,  
Karen Williams, Chris Bairstow.

12.11.2006. Today's Runner Cross Country League Queen Elizabeth Country Park.

Men.

6<sup>th</sup> Matthew Gant  
70<sup>th</sup> Colin Gardner  
71<sup>st</sup> Adrian Morley  
79<sup>th</sup> Toby Bettridge  
87<sup>th</sup> Jonathan Ellis  
91<sup>st</sup> Mike Stares  
131<sup>st</sup> Mike Kearney  
140<sup>th</sup> John Jeffs  
148<sup>th</sup> Mike Dutton  
149<sup>th</sup> Alan Sanders  
152<sup>nd</sup> Baz Evans  
167<sup>th</sup> Hugh Pritchard

Ladies.

31<sup>st</sup> Debbie Skinner  
42<sup>nd</sup> Jo Oakes  
49<sup>th</sup> Sarette Martin  
55<sup>th</sup> Jenny Strudwick

18.11.2006. GRR Helpers Half Marathon.

1<sup>st</sup> Matt Gant 1:21:14 (PB)  
2<sup>nd</sup> Andy Agona 1:22:47 (1<sup>st</sup> Half)  
3<sup>rd</sup> Spike Hughes 1:37:51 (PB)  
4<sup>th</sup> Andy Austin 1:37:58  
5<sup>th</sup> Colin Gardner 1:40:03  
6<sup>th</sup> Chris Bairstow 1:40:29  
7<sup>th</sup> Cheryl Hill 1:42:09 (1<sup>st</sup> Lady)  
8<sup>th</sup> Mike Stares 1:42:14  
9<sup>th</sup> Dave Croft 1:42:55  
10<sup>th</sup> Pete Lindley 1:44:43  
11<sup>th</sup> Mike Kearney 1:53:09  
12<sup>th</sup> Michelle Hayes 1:58:30 (F)  
13<sup>th</sup> Karen Williams 1:58:30 (F 1<sup>st</sup> Half)  
14<sup>th</sup> Baz Evans 2:00:54  
15<sup>th</sup> Mike Barker 2:00:54  
16<sup>th</sup> Hayley Clutton 2:01:59 (PB F by 9mins 46secs)  
17<sup>th</sup> Sarah Lloyd 2:01:59 (PB F by 10mins 17secs)  
18<sup>th</sup> Julia Killick 2:03:56 (1<sup>st</sup> F Half)  
19<sup>th</sup> Tracy Wales 2:04:29 (1<sup>st</sup> F Half)  
20<sup>th</sup> Steve Peach 2:07:10  
21<sup>st</sup> Lorraine Tebbett 2:07:12 (1<sup>st</sup> F Half)  
22<sup>nd</sup> Kath King 2:17:53 (1<sup>st</sup> F Half)  
23<sup>rd</sup> Nadine Dunn 2:19:38 (1<sup>st</sup> F Half)  
24<sup>th</sup> Chris Munns 2:52:12 (1<sup>st</sup> Half)

7 Miles.

Janet Lindley 1:10:40.

Helpers. Mick Wellsted, Jenny Strudwick time keepers,  
Dave Little, Ken Hillyer marshals.

Nicky Burns, Stuart Jones, Tom Dawes water station.

Tracy Wales & Karen Williams family, Steve & Sylvia Cawte and Gary Francis gang  
around the course.

19.11.2006. Gosport Half Marathon.

*1st Man James Baker 1:08:50 Chichester Runners.*

*1st Lady Nicola Clark 1:22:08 Overton Harriers.*

*Finishers 667.*

26.11.2006. Hayling 10 Mile.

Men.

*50<sup>th</sup> Matt Gant 1:02:06 (PB)*  
*82<sup>nd</sup> Kevin Wheeler 1:05:01*  
*97<sup>th</sup> Jason Stock 1:06:02 (PB by 3.1m)*  
*171<sup>st</sup> Andy Johnson 1:10:12*  
*194<sup>th</sup> Andy Austin 1:11:19 (PB)*  
*227<sup>th</sup> Jonathan Ellis 1:13:24 (PB)*  
*228<sup>th</sup> Tony Nichols 1:13:29*  
*241<sup>st</sup> Toby Bettridge 1:14:32 (PB)*  
*264<sup>th</sup> Mike Stares 1:15:39*  
*295<sup>th</sup> Mike Kearney 1:17:31*  
*336<sup>th</sup> Baz Evans 1:19:54*  
*339<sup>th</sup> Dave Kirby 1:20:02*  
*384<sup>th</sup> Ken Eaden 1:21:37*  
*456<sup>th</sup> Mike Barker 1:30:50*  
*494<sup>th</sup> Len Keech 1:35:30*  
*496<sup>th</sup> Terry Ash 1:35:33*  
*520<sup>th</sup> Hugh Pritchard 2:15:53*

*Supporters. Gary Francis, Serette Martin, Pat Ashcroft (Mr), Mick Wellsted.*

Ladies.

*46<sup>th</sup> Pat Ashcroft 1:15:39*  
*60<sup>th</sup> Cheryl Hill 1:17:16*  
*89<sup>th</sup> Mel Stock 1:21:28*  
*104<sup>th</sup> Jo Oakes 1:23:05*  
*137<sup>th</sup> Fiona Tomlinson 1:27:55*  
*162<sup>nd</sup> Sharon Clutton 1:31:06*  
*170<sup>th</sup> Jo Clark 1:31:56 (PB)*  
*175<sup>th</sup> Sarah Lloyd 1:32:43*  
*187<sup>th</sup> Viv Breen 1:34:55*  
*205<sup>th</sup> Denise Francis 1:38:46*  
*209<sup>th</sup> Denise Little 1:39:19*  
*233<sup>rd</sup> Mary Ash 1:45:28*

4.12.2006. Victory 5 Mile.

Men.

*Andrew Agona 29:38 (1<sup>st</sup> 5m)*  
*Matt Gant 30:06*  
*Kevin Wheeler 30:35*  
*Jonathan Ellis 35:42*  
*Barry Evans 37:06*  
*Mike Stares 37:06*  
*Len Keech 46:06*

Ladies.

*1<sup>st</sup> Michelle Hayes 37:09*  
*2<sup>nd</sup> Debbie Skinner 38:21*  
*3<sup>rd</sup> Cheryl Hill 38:23*  
*4<sup>th</sup> Sarah Lloyd 42:17*  
*5<sup>th</sup> Jo Clark 44:38*  
*6<sup>th</sup> Shirley Faichen 45:42*  
*7<sup>th</sup> Nadine Dunn 54:00*  
*8<sup>th</sup> Eleanor Blackham 1:00:13*



5.12.2006. Club 5k.

Men.

1<sup>st</sup> Andy Angona 17:24 (1<sup>st</sup>5k)  
2<sup>nd</sup> Matt Gant 17:34  
3<sup>rd</sup> Kevin Wheeler 18:41  
4<sup>th</sup> Jason Stock 18:46  
5<sup>th</sup> Dave Little 19:37  
6<sup>th</sup> Jonathan Ellis 20:10 (PB)  
7<sup>th</sup> Greg Whitehouse 20:13  
8<sup>th</sup> Andy Austin 20:36  
9<sup>th</sup> Spike Hughes 21:00  
10<sup>th</sup> Seb Lea 21:12 (1<sup>st</sup>5k)  
11<sup>th</sup> Baz Evans 21:15  
12<sup>th</sup> Colin Gardner 21:47  
13<sup>th</sup> John Jeffs 21:50  
14<sup>th</sup> Mike Stares 21:52  
15<sup>th</sup> Pete Lindley 22:08  
16<sup>th</sup> Ken Eaden 22:25  
17<sup>th</sup> Phil Beed 23:03  
18<sup>th</sup> David Baker 23:40  
19<sup>th</sup> Stuart Jones 25:20  
20<sup>th</sup> Mike Kearney 26:23  
21<sup>st</sup> Terry Ash 26:44  
22<sup>nd</sup> Neil Thompson 28:27  
23<sup>rd</sup> Shaun Uzzell 32:26  
24<sup>th</sup> Hugh Pritchard 34:11  
25<sup>th</sup> Len Keech 36:34  
26<sup>th</sup> Steve Cawte 36:33

Helpers. Gary Francis, Terry Weston timekeepers, Lauren Francis numbers, Mike Whenray, Andy Clutton, Mike Dutton.

Good Egg Award presented to Len Keech by Andy Johnson.

Ladies.

1<sup>st</sup> Michelle Hayes 21:56  
2<sup>nd</sup> Debbie Skinner 22:30  
3<sup>rd</sup> Mel Stock 22:45  
4<sup>th</sup> Sarah Lloyd 23:55 (PB)  
5<sup>th</sup> Anna Curd 24:02 (PB)  
6<sup>th</sup> Jo Clark 26:56  
7<sup>th</sup> Suzy Leach 27:03  
8<sup>th</sup> Denise Little 27:30  
9<sup>th</sup> Sharon Clutton 27:30  
10<sup>th</sup> Janet Lindley 27:48  
11<sup>th</sup> Kathy Munnoch 28:02 (1<sup>st</sup>5k)  
12<sup>th</sup> Denise Francis 28:09  
13<sup>th</sup> Nicky Burns 28:23  
14<sup>th</sup> Mary Ash 28:28  
15<sup>th</sup> Amanda Simpson 30:01  
16<sup>th</sup> Cindy Quaipe 20:02  
17<sup>th</sup> Judy Byrne 30:03  
18<sup>th</sup> Caroline Foster 36:34 (PB)

5/6.12.2006. Commanding Officers Challenge.

Adrian Clark 65.7 Miles.

7.12.2006. GRR Handicap 10k.

John Jeffs	48:00
Jim Bolognue	48:00
Andy Agona	35:30
Michelle Hayes	46:00
Irene Watson	1:10:00
Len Keech	1:10:00
Steve Cawte	1:10:00
Ken Eaden	49:00
Stuart Jones	52:00
Mike Kearney	48:00
Seb Lea	45:00

<i>Kevin Wheeler</i>	<i>39:00</i>
<i>Andy Austin</i>	<i>43:00</i>
<i>Dave Little</i>	<i>41:00</i>
<i>Tracy Wales</i>	<i>57:00</i>
<i>Sally Dale</i>	<i>48:00</i>
<i>Alan Sanders</i>	<i>48:00</i>
<i>Lloyd Durham</i>	<i>42:00</i>
<i>Mary Ash</i>	<i>1:03:00</i>
<i>Sylvia Cawte</i>	<i>1:03:00</i>
<i>Sarette Martin</i>	<i>49:00</i>
<i>Mike Dutton</i>	<i>48:00</i>
<i>Denise Francis</i>	<i>58:00</i>
<i>Jo Clark</i>	<i>56:00</i>
<i>Sharon Clutton</i>	<i>51:00</i>
<i>Denise Little</i>	<i>54:00</i>
<i>Hugh Pritchard</i>	<i>1:10:00</i>

10.12.2006. Calvia Majorca Marathon.

*2<sup>nd</sup> Cheryl Hill of 112.*

17.12.2006. Today's Runner Cross Country Bourne Wood Farnham.

*Debbie Skinner 1<sup>st</sup> Lady, Matt Gant 1<sup>st</sup> Man. 9 out of 18 teams.*

1.2.2007.

*Launch of the inaugural e-newsletter*

21.1.2007. Today's Runner Cross Country Lords Wandsworth College.

Men.

*14<sup>th</sup> Matt Gant*  
*18<sup>th</sup> Kevin Wheeler*  
*33<sup>rd</sup> Jason Stock*  
*41<sup>st</sup> Andy Johnson*  
*88<sup>th</sup> Toby Bettridge*  
*100<sup>th</sup> Jim Bolognue*  
*104<sup>th</sup> Colin Gardner*  
*106<sup>th</sup> Mike Stares*  
*118<sup>th</sup> Richard Martin*  
*128<sup>th</sup> John Jeffs*  
*138<sup>th</sup> Stuart Jones*  
*141<sup>st</sup> Mike Dutton*  
*147<sup>th</sup> Mike Kearney*  
*152<sup>nd</sup> Alan Sanders*  
*165<sup>th</sup> Steve Cawte*

Ladies.

*20<sup>th</sup> Debbie Skinner*  
*37<sup>th</sup> Cheryl Hill*  
*45<sup>th</sup> Mel Stock*  
*49<sup>th</sup> Jo Oakes*

28.1.2007. Isle of Wight 10.

27<sup>th</sup> Kevin Wheeler 1:01:42 (PB) (16<sup>th</sup> Senior), 35<sup>th</sup> Matt Gant 1:03:01 (19<sup>th</sup> Senior),  
63<sup>rd</sup> Jason Stock 1:07:46, 85<sup>th</sup> Andy Austin 1:10:51 (31<sup>st</sup> Vet 40),  
106<sup>th</sup> Jonathan Ellis 1:12:47 (34<sup>th</sup> Senior), 139<sup>th</sup> Cheryl Hill 1:17:32 (5<sup>th</sup> F 45),  
144<sup>th</sup> Mike Stares 1:17:56 (29<sup>th</sup> Vet 50), 145<sup>th</sup> John Jeffs 1:18:02 (5<sup>th</sup> Vet 60),  
155<sup>th</sup> Debbie Skinner 1:19:30 (17<sup>th</sup> Vet 35), 161<sup>st</sup> Mel Stock 1:20:08 (18<sup>th</sup> Vet 35),  
194<sup>th</sup> Jo Oakes 1:24:27 (22<sup>nd</sup> Vet 35), 202<sup>nd</sup> Ken Eaden 1:26:37 (56<sup>th</sup> Vet 40)  
219<sup>th</sup> Mike Barber 1:29:41 (43<sup>rd</sup> Vet 50), 227<sup>th</sup> Stuart Jones (61<sup>st</sup> Vet 40),  
228<sup>th</sup> Jenny Strudwick 1:31:52 (17<sup>th</sup> Senior),  
243<sup>rd</sup> Stephen Powell 1:38:22 (47<sup>th</sup> Vet 50),  
263<sup>rd</sup> Hugh Pritchard 2:13:58 (2<sup>nd</sup> Vet 70),

28.1.2007. Heartbreak Half.

Dave Wainwright 1:41:25, Viv Breen 2:17:56.

Hampshire Road Race League (as of 5.2.2007).

*Teams.*

Men's A Division 2 – Gosport 2<sup>nd</sup> (Poole 1<sup>st</sup>)  
Men's B Division – Gosport 10<sup>th</sup> (Winchester 1<sup>st</sup>)  
Woman's A Division 2 – Gosport 1<sup>st</sup> (Stubbington 2<sup>nd</sup>)  
Woman's B Division – Gosport 7<sup>th</sup> (Winchester 1<sup>st</sup>)

*Individual Men.*

1<sup>st</sup> Richard Gowan – Alton Runners – 695 pts  
15<sup>th</sup> Mark Le Gassick – Stubbington 403 pts  
24<sup>th</sup> Matt Gant – 337 pts  
25<sup>th</sup> Kevin Wheeler – 321 pts  
118<sup>th</sup> Andy Angona – 72 pts  
148<sup>th</sup> Jason Stock – 54pts (possibly 108 points due to changing numbers)  
161<sup>st</sup> Adrian Clark – 50 pts

*Individual Woman.*

1<sup>st</sup> Nicola Clark – Overton Harriers – 708 pts  
15<sup>th</sup> Cheryl Hill – 403 pts  
33<sup>rd</sup> Debbie Skinner – 262 pts  
63<sup>rd</sup> Pat Ashcroft – 144 pts  
67<sup>th</sup> Mel Stock – 132 pts  
68<sup>th</sup> Michelle Hayes – 131 pts  
73<sup>rd</sup> Jo Oakes – 119 pts  
104<sup>th</sup> Nikki Moxham – 82 pts  
162<sup>nd</sup> Hayley Clutton – 51 pts  
Compiled by Jo Oakes.

4.2.2007. Blackmore Vale Half Marathon.

Dave Wainwright 1:33:33, Viv Breen 2:07:39.

6.2.2007. Club 5k.

Men.

1<sup>st</sup> Matt Gant 17:43  
2<sup>nd</sup> Kevin Wheeler 18:00  
3<sup>rd</sup> Jason Stock 19:10  
4<sup>th</sup> Jonathan Ellis 20:01 (PB)  
5<sup>th</sup> Seb Lea 21:02  
6<sup>th</sup> Colin Gardner 21:13  
7<sup>th</sup> John Jeffs 21:19  
8<sup>th</sup> Geoff Powell 21:20  
9<sup>th</sup> Pete Lindley 22:00  
10<sup>th</sup> Mike Stares 22:06  
11<sup>th</sup> Rob Towers 22:19  
12<sup>th</sup> Phil Beed 22:24 (PB)  
13<sup>th</sup> Ken Eaden 22:42  
14<sup>th</sup> John Richardson 23:05 (1<sup>st</sup> 5k)  
15<sup>th</sup> Andy Cairns 23:08 (1<sup>st</sup> 5k)  
16<sup>th</sup> David Baker 23:14  
17<sup>th</sup> Mike Kearney 23:27  
18<sup>th</sup> Stuart Jones 23:44  
19<sup>th</sup> Ian Buzzard 24:16  
20<sup>th</sup> Alex South 24:39 (1<sup>st</sup> 5k)  
21<sup>st</sup> Mike Dutton 26:00  
22<sup>nd</sup> Bob Bennett 28:07  
23<sup>rd</sup> Will Smith 28:11 (1<sup>st</sup> 5k)  
24<sup>th</sup> Steve Cawte 29:33  
25<sup>th</sup> Kevin Chambers 30:31  
26<sup>th</sup> Len Keech 35:03  
27<sup>th</sup> Hugh Pritchard 36:07

Helpers. Gary Francis, Liz Redpath timekeepers, Terry Weston numbers, Mary Ash, Denise & Dave Little, Mike Whenray, Jo Clark, Andy Faichen, Lyn & Emily Jones, Mandy Myers.

Ladies.

1<sup>st</sup> April Williams 21:37 (PB)  
2<sup>nd</sup> Pat Ashcroft 21:50  
3<sup>rd</sup> Mel Stock 22:29  
4<sup>th</sup> Cheryl Hill 22:44  
5<sup>th</sup> Debbie Skinner 22:45  
6<sup>th</sup> Karen Williams 23:24 (PB)  
7<sup>th</sup> Sarah Lloyd 24:10  
8<sup>th</sup> Tracy Wales 25:33 (PB)  
9<sup>th</sup> Lorraine Tebbett 26:00 10<sup>th</sup>  
10<sup>th</sup> Sharon Clutton 26:36  
11<sup>th</sup> Deborah Birch 26:39  
12<sup>th</sup> Linda Hanna 27:49  
13<sup>th</sup> Ann Barlow 28:12 (PB)  
14<sup>th</sup> Karen Williams 28:15  
15<sup>th</sup> Janet Lindley 28:17  
16<sup>th</sup> Denise Francis 28:21  
17<sup>th</sup> Nadine Dunn 29:44  
18<sup>th</sup> Cindy Quaiife 29:50  
19<sup>th</sup> Kelly Chambers 29:51 (1<sup>st</sup> 5k)  
20<sup>th</sup> Judy Byrne 29:52  
21<sup>st</sup> Kirsten Maw 30:26  
22<sup>nd</sup> Sue Woollam 30:28  
23<sup>rd</sup> Catherine Stock 31:45 (1<sup>st</sup> 5k)  
24<sup>th</sup> Inez Brown 33:36  
25<sup>th</sup> Caroline Foster 35:02

11.2.2007. Meon Valley Plod 19.5 Cross Country.

162<sup>nd</sup> Cheryl Hill 3:34:52. Finishers 338, 239 men, 99 ladies.

11.2.2007. Novingham Half Marathon.

133<sup>rd</sup> Adrian Clark 1:26:10 (Vet 40), 1483<sup>rd</sup> Jo Clark 2:11:24 (Vet 40).

18.2.2007. Today's Runner Cross Country Manor Farm Country Park

Men.

6<sup>th</sup> Kevin Wheeler  
11<sup>th</sup> Matt Gant  
42<sup>nd</sup> Andy Johnson  
65<sup>th</sup> Toby Bettridge  
67<sup>th</sup> Colin Gardner

Ladies.

29<sup>th</sup> Cheryl Hill  
34<sup>th</sup> Jo Oakes  
36<sup>th</sup> Sarette Martin  
37<sup>th</sup> Jenny Strudwick

88<sup>th</sup> John Jeffs  
93<sup>rd</sup> Mike Stares  
109<sup>th</sup> Stuart Jones

25.2.2007. Terminator 10 Mile Cross Country.

74<sup>th</sup> Jason Stock 1:35:42, 227<sup>th</sup> Jonathan Ellis 1:50:04, 256<sup>th</sup> Chris Bairstow 1:52:10,  
324<sup>th</sup> Colin Gardner 1:57:59, 436<sup>th</sup> Cheryl Hill 2:06:19, 510<sup>th</sup> Stuart Jones 2:13:11,  
533<sup>rd</sup> Mel Stock 2:15:15.

4.3.2007. Mad March Hare 20 Mile Road Race.

56<sup>th</sup> Adrian Clark 2:19:12 (Vet 40), 58<sup>th</sup> Jason Stock 2:19:18 (PB),  
59<sup>th</sup> Andy Agona 2:19:20, (Vet 40) (1<sup>st</sup> 20 mile), 103<sup>rd</sup> Jonathan Ellis (PB),  
116<sup>th</sup> Andy Austin 2:34:00 (PB) (Vet 40), 166<sup>th</sup> Cheryl Hill 2:44:19 (F Vet 40),  
214<sup>th</sup> Mel Stock 2:54:03 (F), 235<sup>th</sup> Hayley Clutton 2:58:07 ( F PB),  
236<sup>th</sup> Barry Evans 2:58:11 (1<sup>st</sup> 20 mile) (VET 40),  
325<sup>th</sup> Sharon Clutton 3:17:57 (F VET 40), 329<sup>th</sup> Mike Barker 3:20:33 (Vet 50),  
341<sup>st</sup> Lorraine Tebbett 3:26:26 (F 1<sup>st</sup> 20 mile), 356<sup>th</sup> Jo Clark 3:31:59 (F Vet 40).

6.2.2007. Club 5k.

Men.

1<sup>st</sup> Matt Gant 17:49  
2<sup>nd</sup> Kevin Wheeler 18:19  
3<sup>rd</sup> Jason Stock 18:53  
4<sup>th</sup> Dave Little 19:30  
5<sup>th</sup> Jonathan Ellis 19:59 (PB)  
6<sup>th</sup> Andy Austin 20:13  
7<sup>th</sup> Seb Lea 20:19 (PB)  
8<sup>th</sup> John Jeffs 20:58  
9<sup>th</sup> Geoff Powell 21:34  
10<sup>th</sup> Jim Bolognue 21:35 (1<sup>st</sup> 5k)  
11<sup>th</sup> Pete Lindley 21:53  
12<sup>th</sup> Ken Eaden 22:14  
13<sup>th</sup> Andy Cairns 22:16 (PB)  
14<sup>th</sup> Mike Stares 22:21  
15<sup>th</sup> Stuart Jones 22:53  
16<sup>th</sup> Mike Kearney 22:56  
17<sup>th</sup> David Baker 22:57 (PB)  
18<sup>th</sup> Mike Dutton 23:42  
19<sup>th</sup> Ian Buzzard 23:55  
20<sup>th</sup> Mike Barker 24:31  
21<sup>st</sup> Andy Clutton 25:24  
22<sup>nd</sup> Jim Connolly 25:28  
23<sup>rd</sup> Jim Gant 25:53 (1<sup>st</sup> 5k)  
24<sup>th</sup> Bob Bennett 27:30  
25<sup>th</sup> Will Smith 28:02 (PB)  
26<sup>th</sup> Mike Whenray 25:59  
27<sup>th</sup> Hugh Pritchard 34:08

Ladies

1<sup>st</sup> Michelle Hayes 22:03  
2<sup>nd</sup> Mel Stock 22:35  
3<sup>rd</sup> Cheryl Hill 23:13  
4<sup>th</sup> Sarah Llewellyn 23:33 (1<sup>st</sup> 5k)  
5<sup>th</sup> Sally Dale 23:40  
6<sup>th</sup> Sarah Lloyd 24:14  
7<sup>th</sup> Anna Curd 24:43  
8<sup>th</sup> Tracy Wales 24:39 (PB)  
9<sup>th</sup> Dawn Bradshaw 27:40 (1<sup>st</sup> 5k)  
10<sup>th</sup> Janet Lindley 28:39  
11<sup>th</sup> Jo Clark 30:00  
12<sup>th</sup> Kirsten Maw 30:18 (PB)  
13<sup>th</sup> Sue Woollam 30:20 (PB)  
14<sup>th</sup> Lorraine Tebbett 31:18  
15<sup>th</sup> Denise Francis 31:19  
16<sup>th</sup> Kerry Shephard 32:48  
17<sup>th</sup> Cindy Quaiife 32:50  
18<sup>th</sup> Inez Brown 33:33  
19<sup>th</sup> Lyn Jones 33:35  
20<sup>th</sup> Nicky Burns 34:00  
21<sup>st</sup> Mandy Myers 34:04  
22<sup>nd</sup> Sharon Clutton 34:13  
23<sup>rd</sup> Elaine Meaney 34:21  
24<sup>th</sup> Caroline Foster 34:42 (PB)  
25<sup>th</sup> Emily Jones 35:19 (1<sup>st</sup> 5k)  
26<sup>th</sup> Mary Gant 35:20 (1<sup>st</sup> 5k)  
27<sup>th</sup> Gaby McCall 36:50 (1<sup>st</sup> 5k)

28<sup>th</sup> Peter Woollam 34:11 (1<sup>st</sup> 5k)

29<sup>th</sup> Mick Wellsted 38:51

Helpers. Gary Francis, Liz Redpath timekeepers, Terry Weston numbers, Len Keech, Hayley Clutton, Mary Ash, Kate Temple, Neil Thompson, Terry Ash.

11.3.2007. ASICS Fleet Pre – London Half Marathon.

1940<sup>th</sup> Kath King 2:26:45 (Vet), 2096<sup>th</sup> Nicky Burns 2:35:59 (1<sup>st</sup> Half).

11.3.2007 Today's Runner Cross Country Staunton Country Park.

Men.

11<sup>th</sup> Matt Gant

28<sup>th</sup> Andy Johnson

41<sup>st</sup> Jonathon Ellis

50<sup>th</sup> Toby Bettridge

54<sup>th</sup> Jim Bolognue

55<sup>th</sup> Colin Gardner

77<sup>th</sup> John Jeffs

80<sup>th</sup> Mike Stares

98<sup>th</sup> Mike Kearney

106<sup>th</sup> Alan Sanders

123<sup>rd</sup> Steve Cawte

Ladies.

29<sup>th</sup> Sarette Martin

30<sup>th</sup> Jo Oakes

33<sup>rd</sup> Jenny Strudwick

Mugs. Awarded to those who competed in at least five of six races.

Jenny Strudwick, Debbie Skinner, Steve Cawte, Alan Sanders, Mike Stares, Colin Gardner, Matthew Gant, Toby Bettridge.

18.3.2007. Reading Half Marathon.

Stuart Jones 1:55:09.

18.3.2007. Silverstone (Grand Prix Motor Racing Circuit ) Half Marathon.

2857<sup>th</sup> Sarah Lloyd 1:57:18 (PB).

25.3.2007. Eastleigh 10k Hampshire Road Race League.

Men.

38<sup>th</sup> Andy Agona 34:18 (5<sup>th</sup> Vet 40 £10 prize),

90<sup>th</sup> Matt Gant 37:29 (61<sup>st</sup> Senior)

91<sup>st</sup> Kevin Wheeler 37:30 (62<sup>nd</sup> Senior)

104<sup>th</sup> Jason Stock 38:16 (68<sup>th</sup> Senior PB)

160<sup>th</sup> Jonathan Ellis 40:44 (91<sup>st</sup> Senior PB)

283<sup>rd</sup> Mike Stares 45:05 (14<sup>th</sup> Vet 55)

295<sup>th</sup> David Wyatt 45:28 (143<sup>rd</sup> Senior)

344<sup>th</sup> Baz Evans 47:04 (67<sup>th</sup> Vet 40)

429<sup>th</sup> Mike Kearney 49:18 (22<sup>nd</sup> Vet 55)

710<sup>th</sup> Hugh Pritchard (6<sup>th</sup> Vet 70)

2<sup>nd</sup> place in 2<sup>nd</sup> division.

Ladies.

27<sup>th</sup> Nikki Moxham 41:58 (15<sup>th</sup> Senior)  
41<sup>st</sup> Pat Ashcroft 44:32 (4<sup>th</sup> F Vet 50)  
59<sup>th</sup> Michelle Hayes 46:46 (14<sup>th</sup> F Vet 40)  
61<sup>st</sup> Cheryl Hill 46:55 (6<sup>th</sup> Vet 45)  
79<sup>th</sup> Jo Oakes 48:00  
243<sup>rd</sup> Jo Clark 58:30 (52<sup>nd</sup> Vet 40)  
248<sup>th</sup> Anne Barlow 58:56 (93<sup>rd</sup> Senior)  
251<sup>st</sup> Karen Williams 59:10 (55<sup>th</sup> Vet 40)

25.3.2007. Beaulieu Duathlon Run – Bike – Run 10k – 30k – 5k.

Adrian Clark 1<sup>st</sup> Run 43:47, Cycle split 51:08, 2<sup>nd</sup> Run 21:31. Total Time 1:56:26.

1.4.2007. Worthing 20 Mile Road Race (4 Laps).

37<sup>th</sup> Adrian Clark 2:16:03 (PB) (Vet)  
206<sup>th</sup> Cheryl Hill 2:43:09 (Vet)  
374<sup>th</sup> Andy Cairns 3:02:06 (1<sup>st</sup> 20m)  
398<sup>th</sup> Karen Williams 3:06:11 (Vet)  
399<sup>th</sup> Andy Clutton 3:06:11 (Vet 40)  
435<sup>th</sup> John Richardson 3:11:33 (1<sup>st</sup> 20m)  
445<sup>th</sup> Andy Faichen 3:12:46 (Vet 50)  
454<sup>th</sup> Lorraine Tebbett 3:13:51 (F PB)  
455<sup>th</sup> Mike Dutton 3:13:52 (Vet 55)  
460<sup>th</sup> Mike Barker 3:14:47 (Vet 55)  
481<sup>st</sup> Sharon Clutton 3:17:44 (F Vet)  
486<sup>th</sup> Len Keech 3:18:46 (Vet 50)  
574<sup>th</sup> Terry Ash 3:41:43 (Vet 50)  
575<sup>th</sup> Denise Francis 3:41:43 (F Vet PB)  
Finishers 660.

3.4.2007. Club 5k.

Men.

1<sup>st</sup> Andy Agona 17:11 (PB)  
2<sup>nd</sup> Adrian Clark 17:33 (PB)  
3<sup>rd</sup> Kevin Wheeler 17:56  
4<sup>th</sup> Mike Walland 19:15 (1<sup>st</sup> 5k)  
5<sup>th</sup> Jonathan Ellis 19:25 (PB)  
6<sup>th</sup> Andy Johnson 19:26  
7<sup>th</sup> Seb Lea 20:44 (PB)  
8<sup>th</sup> Baz Evans 21:04  
9<sup>th</sup> John Wiltshire 21:30  
10<sup>th</sup> John Jeffs 21:30  
11<sup>th</sup> Rob Towers 21:39  
12<sup>th</sup> Phil Beed 23:17  
13<sup>th</sup> Matt Baldwin 23:18 (1<sup>st</sup> 5k)  
14<sup>th</sup> Mike Kearney 23:38  
15<sup>th</sup> Ian Buzzard 23:41

Ladies.

1<sup>st</sup> April Williams 22:01  
2<sup>nd</sup> Cheryl Hill 23:12  
3<sup>rd</sup> Anna Curd 23:45 (PB)  
4<sup>th</sup> Hayley Clutton 24:23  
5<sup>th</sup> Tracy Bale 25:23  
6<sup>th</sup> Tracy Wales 25:35  
7<sup>th</sup> Liz Redpath 26:10  
8<sup>th</sup> Lorraine Tebbett 28:09  
9<sup>th</sup> Kelly Chambers 28:47 (PB)  
10<sup>th</sup> Catherine Stock 29:15 (PB)  
11<sup>th</sup> Karen Williams 29:51  
12<sup>th</sup> Ann Barlow 29:52  
13<sup>th</sup> Kirsten Maw 29:52 (PB)  
14<sup>th</sup> Sue Woollam 30:02 (PB)  
15<sup>th</sup> Amanda Simpson 30:06

16<sup>th</sup> David Baker 23:44  
17<sup>th</sup> Mike Barker 24:03  
18<sup>th</sup> Kevin Osborne 24:58  
19<sup>th</sup> Neil Thompson 27:08  
20<sup>th</sup> Mike Dutton 28:10  
21<sup>st</sup> Stuart Jones 31:37  
22<sup>nd</sup> Terry Ash 34:27

16<sup>th</sup> Eileen Bartlett 30:12 (1<sup>st</sup> 5k)  
17<sup>th</sup> Sue Tingley 31:18  
18<sup>th</sup> Kath King 31:18  
19<sup>th</sup> Joanne Pennicott 31:35  
20<sup>th</sup> Gaby McCall 33:57 (PB)  
21<sup>st</sup> Jo Clark 34:23  
22<sup>nd</sup> Mary Ash 34:24  
23<sup>rd</sup> Denise Little 34:25  
24<sup>th</sup> Denise Francis 34:27

*Helpers. Gary Francis, Terry Weston timekeeper, Mick Wellsted numbers, Len Keech, Sharon & Andy Clutton, Julia Killick, Jacqui Osborne, Sophie Thompson, Howard Baldwin.*

6.4.2007. 54<sup>th</sup> Maidenhead Easter 10 Mile Road Race.

418<sup>th</sup> Baz Evans 1:18:18 (Vet PB). Finishers 968.

8.4.2007. Goodwood Duathlon Long Course 4k Run, 40k Cycle, 8k Run.

28<sup>th</sup> Chris Bairstow Run 15:58 20<sup>th</sup>, Cycle 1:08:54 37<sup>th</sup>, Run 35:09 25<sup>th</sup>, Total 2:00:01

9.4.2007. Arundal Park 10k.

98<sup>th</sup> Colin Gardner 49:09.

15.4.2007. Totton 10k.

Men.

Andy Agona 35:16  
Kevin Wheeler 38:28  
Mike Welland 38:45  
Jason Stock 39:04  
Jonathan Ellis 40:05  
Dave Wainwright 44:32  
Mike Stares 46:41  
Rob Towers 47:33  
Mike Kearney 49:29  
Matt Gant 50:47  
Alan Sanders 55:04  
Bob Bennett 1:03:44  
Hugh Pritchard 1:17:59  
Steve Cawte 1:24:20

Ladies.

Nikki Moxham 43:52  
Cheryl Hill 48:23  
Mel Stock 49:56  
Michelle Hayes 50:11  
Jo Oakes 50:45  
Tracy Bale 53:51  
Liz Redpath 57:09  
Viv Breen 59:21  
Caroline Foster 1:24:19 ((1<sup>st</sup> 10k)

15.4.2007. Paris Marathon.

22378<sup>th</sup> Jo Clark 5:04:03, 22379<sup>th</sup> Mike Barker 5:04:03.



22.4.2007. Flora London Marathon.

Men.

2263<sup>rd</sup> Kevin Wheeler 3:17:49 (PB by 1hr 2mins 14secs)

Times: 10k 44:02, 20k 1:26:50, Half 1:31:28, 30k 2:13:25, 40k 3:06:09.

9452<sup>nd</sup> Andy Austin 4:01:08 (PB by 15min 26secs) 7,870<sup>th</sup> M, 1025<sup>th</sup> Vet45.

Times: 10k 54:35, 20k 1:46:44, Half 1:52:26, 30k 2:41:42, 40k 3:47:14.

15,263<sup>rd</sup> Andy Cairns 4:28:05 (1<sup>st</sup> Marathon) 12,442<sup>nd</sup> M, 2,371<sup>st</sup> Vet 35.

Times: 10k 57:53, 20k 1:51:38, Half 1:57:39, 30k 2:55:17, 40k 4:08:14.

15,692<sup>nd</sup> John Wiltshire 4:28:22, 12,494<sup>th</sup> M, 424<sup>th</sup> Vet 55.

Times: 10k 1:00:40, 20k 2:01:33, Half 2:08:13, 30k 3:04:45, 40k 4:15:10.

17,603<sup>rd</sup> Andy Faichen 4:36:15, 13,838<sup>th</sup> M, 1007<sup>th</sup> Vet 50).

Times: 10k 1:01:29, 20k 2:03:12, Half 2:09:57, 30k 3:09:15, 40k 4:21:38.

24,303<sup>rd</sup> Ken Eaden 5:03:53, 18,357 M.

Times: 10k 1:01:36, 20k 2:03:18, Half 2:10:13, 30k 3:15:01, 40k 4:47:29.

32,376<sup>th</sup> Terry Ash 5:57:41 (1<sup>st</sup> Marathon) 23,243<sup>rd</sup>, 928<sup>th</sup> Vet 55.

Times: 10k 1:09:42, 20k 2:22:22, Half 2:31:17, 30k 3:48:03, 40k 5:37:27.

Ladies.

8286<sup>th</sup> Cheryl Hill 3:56:13 1,316<sup>th</sup> F, 134<sup>th</sup> F 45.

Times: 10k 48:58, 20k 1:45:07, Half 1:50:49, 30k 2:42:58, 40k 3:43:29.

14,375<sup>th</sup> Hayley Clutton 4:23:10 (PB by 15mins 32secs) 2,833 F, 146<sup>th</sup> F 20).

Times: 10k 1:01:22, 20k 2:03:04, Half 2:09:43, 30k 3:03:51, 40k 4:10:02.

30,402<sup>nd</sup> Lorraine Tebbett 5:38:38 (1<sup>st</sup> Marathon) 8,258 F, 1,520<sup>th</sup> Vet 35.

Times: 10k 1:02:13, 20k 2:17:08, Half 2:24:54, 30k 3:46:25, 40k 5:23:05.

32,375<sup>th</sup> Denise Francis 5:57:41 9,133 F, 486<sup>th</sup> F 50.

Times: 10k 1:09:42, 20k 2:22:21, Half 2:31:24, 30k 3:48:02, 40k 5:37:27.

Finishers 35,688.

29.4.2007. Marwell 10k.

Men.

43<sup>rd</sup> Andy Johnson 40:46 (13<sup>th</sup> Vet 40)

121<sup>st</sup> Colin Gardner 43:35 (40<sup>th</sup> Vet 40)

172<sup>nd</sup> Mike Stares 47:44 (20<sup>th</sup> Vet 50)

178<sup>th</sup> Toby Bettridge 47:53 (94<sup>th</sup> Senior)

208<sup>th</sup> Baz Evans 48:54 (77<sup>th</sup> Vet 40)

262<sup>nd</sup> Mike Kearney 50:48 (30<sup>th</sup> Vet 50)

380<sup>th</sup> Alan Sanders 55:21 (136<sup>th</sup> Vet 40)

504<sup>th</sup> Steve Cawte 1:05:23 (178<sup>th</sup> Vet 40)

534<sup>th</sup> Hugh Pritchard 1:14:23 (7<sup>th</sup> Vet 70)

Ladies.

7<sup>th</sup> Nikki Moxham 44:00 (4<sup>th</sup> Senior)

24<sup>th</sup> Pat Ashcroft 47:15 (2<sup>nd</sup> Vet 45)

39<sup>th</sup> Debbie Skinner 48:42 (19<sup>th</sup> Vet 35)

53<sup>rd</sup> Jo Oakes 50:18 (25<sup>th</sup> Vet 35)

68<sup>th</sup> Jenny Strudwick 51:35 (23<sup>rd</sup> Senior)

85<sup>th</sup> Fiona Tomlinson 52:51 (12<sup>th</sup> Vet 45)

260<sup>th</sup> Nadine Dunn 1:03:39 (116<sup>th</sup> Vet 35)

1.5.2007. Kinder Downfall (Waterfall) 10.5 Mile Fell Race Hayfield Derby's Just North of Buxton.

222<sup>nd</sup> Toby Bettridge 1:56:36 1,971ft ascent and descent.

*In memory of Mike Peters.*

*It's with great sadness we hear of the passing away of Mike. He and Yvonne joined the club in 2002 and he was a well liked and highly thought of member of the club who will be missed by all who had the privilege of knowing and running with him. On behalf of everyone at the club I would like to pass on our heartfelt condolences to Yvonne and her family.*

1.5.2007. Club 5 Mile Race.

Men.

1<sup>st</sup> Andy Agona 28:07 (PB)  
2<sup>nd</sup> Matt Gant 29:25 (PB)  
3<sup>rd</sup> Jason Stock 29:31(PB)  
4<sup>th</sup> Kevin Wheeler 29:42 (PB)  
5<sup>th</sup> Dave Little 31:01 (PB)  
6<sup>th</sup> Andy Johnson 31:14  
7<sup>th</sup> Jonathan Ellis 31:29 (PB)  
8<sup>th</sup> Colin Gardner 34:45  
9<sup>th</sup> Seb Lea 35:29 (1<sup>st</sup>5m)  
10<sup>th</sup> David Malcolmson 35:49 (1<sup>st</sup>5m)  
11<sup>th</sup> John Jeffs 35:55  
12<sup>th</sup> Greg Whitehouse 36:31  
13<sup>th</sup> Rob Towers 36:31  
14<sup>th</sup> Pete Lindley 36:57  
15<sup>th</sup> Matthew Baldwin 37:15 (1<sup>st</sup>5m)  
16<sup>th</sup> Mike Stares 37:24  
17<sup>th</sup> Stuart Jones 38:55 (PB)  
18<sup>th</sup> Baz Evans 39:07  
19<sup>th</sup> Ken Eaden 39:29  
20<sup>th</sup> Phil Beed 39:39 (1<sup>st</sup>5m)  
21<sup>st</sup> David Baker 40:18 (1<sup>st</sup>5m)  
22<sup>nd</sup> Andy Clutton 41:01 (1<sup>st</sup>5m)  
23<sup>rd</sup> Gareth Moran 41:30 (1<sup>st</sup>5m)  
24<sup>th</sup> Jim Connolly 43:13  
25<sup>th</sup> Mike Dutton 45:00  
26<sup>th</sup> Andy Cairns 45:10  
27<sup>th</sup> Neil Thompson 46:06  
28<sup>th</sup> Steve Cawte 49:46  
29<sup>th</sup> John Lloyd 51:15 (1<sup>st</sup>5m)  
30<sup>th</sup> Mike Barker 51:15  
31<sup>st</sup> Hugh Pritchard 53:41  
32<sup>nd</sup> Mike Whenray 55:06  
33<sup>rd</sup> Len Keech 55:07

Ladies.

1<sup>st</sup> Mel Stock 37:37  
2<sup>nd</sup> Cheryl Hill 38:10  
3<sup>rd</sup> Jo Oakes 38:23 (PB)  
4<sup>th</sup> Sally Dale 39:18  
5<sup>th</sup> Anna Curd 39:54 (PB)  
6<sup>th</sup> Sarette Martin 40:18  
7<sup>th</sup> Tracy Bale 40:29 (PB)  
8<sup>th</sup> Karen Williams 41:01  
9<sup>th</sup> Tracy Wales 42:36 (PB)  
10<sup>th</sup> Georgina Green 44:25  
11<sup>th</sup> Hayley Clutton 44:30  
12<sup>th</sup> Sarah Lloyd 44:30  
13<sup>th</sup> Dawn Bradshaw 44:53 (1<sup>st</sup>5m)  
14<sup>th</sup> Lorraine Tebbett 45:00  
15<sup>th</sup> Deborah Birch 45:03 (PB)  
16<sup>th</sup> Sharon Clutton 45:10  
17<sup>th</sup> Janet Lindley 49:15  
18<sup>th</sup> Denise Francis 49:34  
19<sup>th</sup> Denise Little 49:34  
20<sup>th</sup> Jo Clark 50:03  
21<sup>st</sup> Ann Smith 50:04 (1<sup>st</sup>5m)  
22<sup>nd</sup> Fiona Firmin 50:07  
23<sup>rd</sup> Karen Williams 50:08  
24<sup>th</sup> Judy Byrne 50:16  
25<sup>th</sup> Sue Tingley 50:20  
26<sup>th</sup> Kirsten Maw 50:53 (1<sup>st</sup>5m)  
27<sup>th</sup> Sue Woollam 51:59 (1<sup>st</sup>5m)

*Helpers. Gary Francis, Liz Redpath timekeepers, Terry Weston numbers, Lauren Francis, Lyn Jones water station, Chris Munns, Mick Wellsted.*

9.5.2007. 1<sup>st</sup> Promenade 5k Road Race Portsmouth (Portsmouth Joggers).

22<sup>nd</sup> Matt Gant 18:25 (Jnr), Colin Gardner 21:27 (V 45), Mike Stares 22:34 (V 55).

13.5.2007. Alton 10 Mile Road Race.

34<sup>th</sup> Andy Johnson 1:07:02 (V 40), 143<sup>rd</sup> Dave Croft 1:21:31 (V 60),  
151<sup>st</sup> Mike Dutton 1:22:22 (V 50).

13.5.2007. Moors Valley 10k.

33<sup>rd</sup> Dave Wainwright 44:08, 147<sup>th</sup> Viv Breen 58:52. Finishers 186.

1<sup>st</sup> Carrera del Desierto (Running the Desert) 10k 6 o'clock (Spain).

150<sup>th</sup> Mike Dutton 52:50.7.

20.5.2007. Isle of Wight Marathon.

51<sup>st</sup> Cheryl Hill 3:59:52 (2<sup>nd</sup> F Vet 45). Finishers 147.

20.5.2007. Netley 10k.

Men.

19<sup>th</sup> Mike Welland 38:43 (2<sup>nd</sup> Vet 60)

61<sup>st</sup> Colin Gardner 43:47 (19<sup>th</sup> Vet 40)

69<sup>th</sup> Dave Wainwright 44:09 (23<sup>rd</sup> Vet 40)

118<sup>th</sup> Mike Kearney 48:22 (18<sup>th</sup> Vet 50)

231<sup>st</sup> Hugh Pritchard 1:11:54 (22<sup>nd</sup> Vet 60)

Ladies.

14<sup>th</sup> Mel Biggs 46:49 (PB 9<sup>th</sup> Senior)

34<sup>th</sup> Sally Dale 51:31 (2<sup>nd</sup> Vet 50)

95<sup>th</sup> Viv Breen 1:00:46 (32<sup>nd</sup> Vet 40)

121<sup>st</sup> Sue Woollam 1:04:17 (PB 38<sup>th</sup> Vet 40)

27.5.2007. Edinburgh Full Marathon.

175<sup>th</sup> Jason Stock 3:11:55 (PB by 10min 32secs),

422<sup>nd</sup> Jonathan Ellis 3:34:52 (PB by 40min 36secs), 2045<sup>th</sup> Andy Clutton 4:14:30.

Ladies.

1044<sup>th</sup> Mel Stock 3:44:58, 1627<sup>th</sup> Michelle Hayes 4:00:04 (PB by 22mins 7secs),

1638<sup>th</sup> Karen Williams 4:00:25 (PB by 7mins).

Edinburgh Half Marathon.

Stuart Jones 1:48:03,

27.5.2007. Ropley 10k.

38<sup>th</sup> Andy Johnson 40:11, 84<sup>th</sup> Dave Wainwright 43:25, 105<sup>th</sup> Colin Gardner 44:26,  
153<sup>rd</sup> Mike Stares 47:03, 246<sup>th</sup> Fiona Tomlinson 52:36 (F).

3.6.2007. Isle Of Wight Needles Half & Full Marathon.

Half: 37<sup>th</sup> John Jeffs 2:02:26. Finishers 105.  
Full: 23<sup>rd</sup> Cheryl Hill 4:52:50. Finishers 46.

13.6.2007. Hayling Billy 5.

49<sup>th</sup> Colin Gardner 34:20 (16<sup>th</sup> Vet 40), 72<sup>nd</sup> Mike Stares 37:10 (4<sup>th</sup> Vet 60),  
103<sup>rd</sup> Mick Flaherty 39:00 (91<sup>st</sup> Senior), 125<sup>th</sup> Cheryl Hill 40:49 (19<sup>th</sup> Lady, 8<sup>th</sup> F 40),  
137<sup>th</sup> Stuart Jones 41:43 (40<sup>th</sup> Vet 40, 155<sup>th</sup> Alan Jones 43:44 (43<sup>rd</sup> Vet 40).  
Finishers 198, 134 men, 64 ladies.

16.6.2007. Salomon South Downs Marathon.

226<sup>th</sup> Baz Evans 4:55:53 (1<sup>st</sup> Marathon). Finishers 300.

24.6.2007. Lordshill 10k.

120<sup>th</sup> Alan Sanders 52:57 (Vet 40), 144<sup>th</sup> Steve Cawte 1:00:08 (Vet 40).  
Finishers 205.

3.7.2007. Club 10k.

Men.

1<sup>st</sup> Kevin Walker 39:02  
2<sup>nd</sup> Gary Tillett 42:16  
3<sup>rd</sup> Andy Austin 42:53  
4<sup>th</sup> Colin Gardner 43:08  
5<sup>th</sup> Geoff Powell 43:11 (PB)  
6<sup>th</sup> John Jeffs 45:20  
7<sup>th</sup> Daniel Vincent 45:21 (1<sup>st</sup> 10k)  
8<sup>th</sup> Jim Bolognue 45:25 (PB)  
9<sup>th</sup> Baz Evans 45:51 (PB)  
10<sup>th</sup> Pete Lindley 46:49  
11<sup>th</sup> Mick Flaherty 47:12  
12<sup>th</sup> Mike Kearney 48:23  
13<sup>th</sup> Mike Stares 48:41  
14<sup>th</sup> Mike Dutton 50:51  
15<sup>th</sup> Andy Faichen 51:21  
16<sup>th</sup> Dave Kirby 51:58  
17<sup>th</sup> Joe Ritchie 54:34  
18<sup>th</sup> Terry Ash 56:13  
19<sup>th</sup> Bob Bennett 57:09 (PB)  
20<sup>th</sup> Steve Cawte 58:34  
21<sup>st</sup> Mike Whenray 1:09:29

Ladies.

1<sup>st</sup> Mel Stock 47:21  
2<sup>nd</sup> Karen Williams 47:46 (PB)  
3<sup>rd</sup> Michelle Hayes 48:13  
4<sup>th</sup> Sarah Williams 49:08 (1<sup>st</sup> 10k)  
5<sup>th</sup> Cheryl Hill 49:24  
6<sup>th</sup> Jo Oakes 49:31  
7<sup>th</sup> Sarette Martin 50:51  
8<sup>th</sup> Lorraine Tebbett 50:59 (PB)  
9<sup>th</sup> Anna Curd 51:32  
10<sup>th</sup> Tracy Wales 54:47 (PB)  
11<sup>th</sup> Diane Davies 56:03 (1<sup>st</sup> 10k)  
12<sup>th</sup> Kirstin Maw 56:16 (PB)  
13<sup>th</sup> Sharon Clutton 58:18  
14<sup>th</sup> Denise Francis 59:31  
15<sup>th</sup> Janet Lindley 59:57  
16<sup>th</sup> Denise Little 1:03:44

Helpers. Gary Francis, Liz Redpath timekeepers, Mick Wellsted numbers, Len Keech,  
Terry Weston, Julia Killick, Dave Little, Mary Ash, Yvonne Peters, Dawn Bradshaw,  
Fiona Firmin,

4.7.2007. Purbrook Ladies 5 Miles.

36<sup>th</sup> Karen Williams 39:50 (Vet), 37<sup>th</sup> Sally Dale 40:20 (Vet),  
48<sup>th</sup> Fiona Tomlinson 32:36.  
Finishers 131.

4.7.2007. Promenade 5k Portsmouth.

33<sup>rd</sup> Mick Welland 19:00, 71<sup>st</sup> Colin Gardiner 21:37, 92<sup>nd</sup> Mike Stares 22:57,  
129<sup>th</sup> Sarah Lloyd 26:25 (F).  
Finishers 155.

7.7.2007. Tour of Fife Trail Race.

Mick Flaherty 37:00

7.7.2007. Everton 10k.

117<sup>th</sup> Mick Flaherty 47:44.

8.7.2007. New Forest 10.

140<sup>th</sup> Colin Gardner 1:14:00, 282<sup>nd</sup> Baz Evans 1:21:16, 341<sup>st</sup> Dave Croft 1:21:13,  
388<sup>th</sup> Cheryl Hill 1:25:10 (F), 520<sup>th</sup> Fiona Tomlinson 1:30:10 (F),  
827<sup>th</sup> Sue Tingley 1:52:50, 830<sup>th</sup> Kath King 1:53:24.  
Finishers 880.

8.7.2007. Winchester AAIR 10k.

13<sup>th</sup> Mike Welland 38:37, Mick Flaherty 50:29, 162<sup>nd</sup> Andy Faichen 51:59,  
189<sup>th</sup> Alan Sanders 53:35, 271<sup>st</sup> Steve Cawte 1:02:16.  
Finishers 306.

22.7.2007. GRR Club Relay.

*1<sup>st</sup> Team*

Kevin Wheeler 15:07  
(Fastest man)  
Jo Clark 22:12  
Alan Sanders 21:00  
Steve Cawte 23:53  
Ken Eaden 19:46

*3<sup>rd</sup> Team*

Michelle Hayes 18:33  
(Fastest lady)  
Dawn Bradshaw 21:37  
Richard Martin 19:06  
Jim Bolognue 17:50  
Hugh Pritchard 25:17

*2<sup>nd</sup> Team*

Toby Bettridge 17:45  
(Medal for best looking outfit)  
Jenny Strudwick 19:05

*4<sup>th</sup> Team*

Dave Croft 19:49  
Irene Watson 27:37  
John Jeffs 18:43

Ian Buzzard 20:00  
Bob Bennett 23:01  
Sylvia Cawte 21:10

Dave Russell 23:51  
Mike Kearney 20:48

5.8.2007. Tour of Fife Trail Race.

Mick Flaherty 37:00

7.8.2007. Club 5k.

Men.

1<sup>st</sup> Andy Agona 17:11  
2<sup>nd</sup> Kevin Wheeler 17:22 (PB)  
3<sup>rd</sup> Adrian Clark 17:51  
4<sup>th</sup> Jason Stock 18:43  
5<sup>th</sup> Seb Lea 19:41 (PB)  
6<sup>th</sup> Gareth Darch 19:58 (1<sup>st</sup>5k)  
7<sup>th</sup> Geoff Powell 20:22  
8<sup>th</sup> John Jeffs 21:38  
9<sup>th</sup> Ken Eaden 22:21  
10<sup>th</sup> Stuart Eyles 22:35 (1<sup>st</sup>5k)  
11<sup>th</sup> David Baker 23:42  
12<sup>th</sup> John Clements 24:16 (1<sup>st</sup>5k)  
13<sup>th</sup> Richard McLachan 24:18 (1<sup>st</sup>5k)  
14<sup>th</sup> Mike Kearney 24:43  
15<sup>th</sup> Rob Whittaker 25:27  
16<sup>th</sup> Jim Connolly 25:31  
17<sup>th</sup> Terry Ash 26:12  
18<sup>th</sup> Bob Bennett 28:09  
19<sup>th</sup> Steve Cawte 28:52  
20<sup>th</sup> Len Keech 31:51  
21<sup>st</sup> Gavin Wallis 32:12  
22<sup>nd</sup> Andy Wood 32:13

Helpers: Gary Francis, Terry Weston timekeepers, Mick Wellsted numbers, Jo Oakes, Pete Lindley, Andy Clutton, Dave Croft.

Ladies.

1<sup>st</sup> Karen Williams 22:08 (PB)  
2<sup>nd</sup> Mel Stock 22:16  
3<sup>rd</sup> Anna Curd 23:23 (PB)  
4<sup>th</sup> Dawn Bradshaw 25:27 (PB)  
5<sup>th</sup> Tracy Wales 25:51  
6<sup>th</sup> Kirstin Maw 26:59  
7<sup>th</sup> Kelly Conway 27:11 (1<sup>st</sup>5k)  
8<sup>th</sup> Sharon Clutton 27:16  
9<sup>th</sup> Jo Clark 27:19  
10<sup>th</sup> Denise Francis 27:24  
11<sup>th</sup> Janet Lindley 28:19  
12<sup>th</sup> Denise Little 28:51  
13<sup>th</sup> Fiona Firmin 29:23  
14<sup>th</sup> Irene Watson 31:43  
15<sup>th</sup> Toni Grundy 31:52 (1<sup>st</sup>5k)

12.8.2007. Everton 10k.

117<sup>th</sup> Mick Flaherty 47:44.

26.8.2007. Vale of Pewsey Half Marathon.

Dave Little 1:29:28 (Vet 40), Mick Flaherty 2:14:18 (Senior man),  
Denise Little 2:42:56 (Vet), Hugh Pritchard 2:49:55.

2.9.2007. Overton 5 Mile Hampshire Road Runners League.

Andy Agona 28:18 (33<sup>rd</sup> Vet 40 Medal for 2<sup>nd</sup> in age category)  
Kevin Wheeler 29:16 (PB) (49<sup>th</sup> Senior man)

Jason Stock 32:02 (99<sup>th</sup> Senior man)  
Andy Austin 34:29 (174<sup>th</sup> Vet 45)  
Colin Gardner 35:10 (197<sup>th</sup> Vet 45)  
Jonathan Ellis 35:18 (202<sup>nd</sup> Senior man)  
Baz Evans 37:42 (247<sup>th</sup> Vet 40)  
Jenny Strudwick 37:54 (PB) (260<sup>th</sup> F Senior)  
Mel Stock 37:59 (264<sup>th</sup> F Vet 35)  
Jo Oakes 39:33 (298<sup>th</sup> F Vet 35)  
Cheryl Hill 39:35 (PB) (299<sup>th</sup> Vet 45)  
Lorraine Tebbett 41:13 (PB) (343<sup>rd</sup> Vet 40)  
Hugh Pritchard 55:15 (Vet 70)

9.9.2007 Witney 10 Miles.

Hugh Pritchard 1:59:45.

9.9.2007. Horsley 5k.

12<sup>th</sup> Mick Flaherty 24:10 (2<sup>nd</sup> Senior man). Finishers 130.

16.9.2007. New Forest Marathon & Half Marathon.

16<sup>th</sup> Andy Agona 3:04:02, 185<sup>th</sup> Andy Austin 3:55:18 (PB),  
220<sup>th</sup> Cheryl Hill 4:00:37 (F), 275<sup>th</sup> David Maltas Wyatt 4:14:01 (1<sup>st</sup> Marathon),  
307<sup>th</sup> Lorraine Tebbett 4:21:54 (PB by 1hr 16mins 44secs),  
308<sup>th</sup> Steve Peach 4:21:54 (1<sup>st</sup> Marathon),  
358<sup>th</sup> Tracy Wales 4:36:54 (F) (1<sup>st</sup> Marathon),  
361<sup>st</sup> Anna Curd 4:39:01 (1<sup>st</sup> Marathon),  
440<sup>th</sup> Hugh Pritchard 5:54:48 (100<sup>th</sup> Marathon).  
1<sup>st</sup> Ladies Team: Cheryl Hill, Lorraine Tebbett, Tracy Wales. Finishers 441.

At the finish of the full marathon a presentation was made to Hugh Pritchard on behalf of GRR for achieving 100 Marathons.

Half.

147<sup>th</sup> Jonathan Ellis 1:38:00, 239<sup>th</sup> Jim Bolognue 1:43:00 (1<sup>st</sup> Half),  
336<sup>th</sup> Karen Williams 1:46:00 (PB) (F), 429<sup>th</sup> Andy Clutton 1:49:00 (PB),  
477<sup>th</sup> Jim Connolly 1:51:00, 569<sup>th</sup> Jo Oakes 1:53:00, 983<sup>rd</sup> Mike Barker 2:08:00,  
1096<sup>th</sup> Dawn Bradshaw 2:13:00 (1<sup>st</sup> Half), 1301<sup>st</sup> Linda Rogerson-Heath 2:25:53,  
1303<sup>rd</sup> Denise Francis 2:25:00 (1<sup>st</sup> Half), 1346<sup>th</sup> Sue Tingley 2:29:00 (1<sup>st</sup> Half),  
1386<sup>th</sup> Denise Little 2:32:00, 1417<sup>th</sup> Kath King 2:37:00.  
8<sup>th</sup> Men's team of 12: Jonathan Ellis, Jim Bolognue, Andy Clutton, Jim Connolly.  
11<sup>th</sup> Ladies team of 15: Karen Williams, Jo Oakes, Dawn Bradshaw, Sharon Clutton,  
Finishers 1505.

Experian Robin Hood Festival of Running 2007 Marathon & Half Marathon.

215<sup>th</sup> Dave Little 3:32:07, 721<sup>st</sup> Michelle Hayes 4:30:49 (F),  
809<sup>th</sup> Daniel Vincent 4:42:32 (1<sup>st</sup> Marathon). Finishers 1059.

Half.

2185<sup>th</sup> Heather Pike 1:57:01. Finishers 6507.

Stanstead Slog 13 Miles Cross Country.

6<sup>th</sup> Kevin Wheeler 1:26:49 (Prize winner), 42<sup>nd</sup> Geoff Powell 1:38:56,  
71<sup>st</sup> Colin Gardner 1:48:04, 111<sup>th</sup> Dave Croft 1:56:30, 132<sup>nd</sup> Baz Evans 2:02:32.

Stanstead Slog 8 Miles Cross Country.

52<sup>nd</sup> Alan Sanders 1:17:09, 59<sup>th</sup> Sylvia Cawte 1:18:58, 102<sup>nd</sup> Steve Cawte 1:37:07.

16.9.2007. Tytherley 10k

26<sup>th</sup> Mick Flaherty 50:50.

23.9.2007. Terry Fox 10k Hyde Park.

Mick Flaherty 47:05.

23.9.2007. Butser Hill Run.

76<sup>th</sup> Colin Gardner 42:53. Finishers 281.

13.10.2007. Wimbledon Common Time Trial.

Mick Flaherty 22:55.

14.10.2007. Norwich Union Healthcare Rose Bowl Run.

Mick Flaherty 42:15.

21.10.2007. ING Amsterdam Marathon.

13/203<sup>rd</sup> Andy Agona 3:02:24 (Vet 40).

27.10.2007. Snowdonia Marathon.

165<sup>th</sup> (Gun) 160<sup>th</sup> (Chip) Dave Little 3:36:28,  
929<sup>th</sup> (Gun) 929<sup>th</sup> (Chip) Andy Clutton 4:47:54,  
930<sup>th</sup> (Gun) 930<sup>th</sup> (Chip) Karen Williams 4:47:54 (F),  
953<sup>rd</sup> (Gun) 930<sup>th</sup> (Chip) Hayley Clutton 4:50:23 (F),  
1092<sup>nd</sup> (Gun) 1092<sup>nd</sup> (Chip) Terry Ash 5:22:11 (PB)



27.10.2007. Great South Children's Run (St Johns School Elson Gosport).

60<sup>th</sup> William Kirman

Boys Age 9 to 11 – 2.5km

26<sup>th</sup> Stanley Edwards 10:46  
108<sup>th</sup> Sam Taylor 11:56  
129<sup>th</sup> Kyle Eaton 12:06  
136<sup>th</sup> Callum Featherstone 12:12  
184<sup>th</sup> Jacob Taylor 12:44  
227<sup>th</sup> Damien Bullimore 13:14  
284<sup>th</sup> Karl Clayton 15:53  
389<sup>th</sup> Ethan Renn 15:15  
2<sup>nd</sup> School Team, 1<sup>st</sup> Gosport Team

Girls Age 9 to 11 – 2.5km

452<sup>nd</sup> Chloe Lees 16:10  
471<sup>st</sup> Sophie Towers 16:31

Club Members Relations

8<sup>th</sup> Joseph Wales 10:21 (Son of Tracy Wales)  
197<sup>th</sup> Keiran King 12:53 (Grandson of Kath King)  
250<sup>th</sup> George Lewis 13:31 (Son of Alan Wales)

Boys Age 12 to 15 – 2.5k

70<sup>th</sup> Samuel Carnegie 10:18 (Grandson of Kath King)

28.10.2007. Great South Run.

Men.

119<sup>th</sup> Kevin Wheeler 1:04:17  
340<sup>th</sup> Lloyd Durham 1:09:59 (PB)  
1162<sup>nd</sup> Jim Bolognue 1:17:00 (1<sup>st</sup> 10m)  
1275<sup>th</sup> Rob Towers 1:17:36 (PB)  
1435<sup>th</sup> Baz Evans 1:18:32  
1588<sup>th</sup> Seb Lea 1:19:19 (1<sup>st</sup> 10m)  
4243<sup>rd</sup> Steve Peach 1:29:26 (1<sup>st</sup> 10m)  
5556<sup>th</sup> Mike Barker 1:34:02  
5754<sup>th</sup> Bob Bennett 1:34:43

Ladies.

764<sup>th</sup> Pat Ashcroft 1:14:19  
(1<sup>st</sup> Lady in age group)  
1127<sup>th</sup> Jenny Strudwick 1:16:51 (PB)  
1664<sup>th</sup> Cheryl Hill 1:19:40  
2248<sup>th</sup> Mel Biggs 1:22:05  
2272<sup>nd</sup> Jo Oakes 1:22:13  
2475<sup>th</sup> Sally Dale 1:23:07  
2879<sup>th</sup> Michelle Hayes 1:24:33  
4411<sup>th</sup> Lorraine Tebbett 1:29:56 (PB)  
5016<sup>th</sup> Kirsten Maw 1:32:06 (PB)  
7614<sup>th</sup> Sue Tingley 1:41:48  
8547<sup>th</sup> Kath King 1:46:34

4.11.2007. AGC's Worthy Down Half Marathon.

67<sup>th</sup> Cheryl Hill 1:49:04 (18<sup>th</sup> lady 1<sup>st</sup> in age group),  
95<sup>th</sup> Fiona Tomlinson 1:57:53 (29<sup>th</sup> lady).

4.11.2007 New York Marathon.

14299<sup>th</sup> (3017<sup>th</sup>) Jenny Strudwick 4:08:01 (734<sup>th</sup> Senior) (1<sup>st</sup> Marathon).

4.11.2007. Lords Hill 10 Mile Road Race.

Ladies.

14<sup>th</sup> Karen L. Williams 1:19:31 (PB) (F). Finishers 51.

Men.

36<sup>th</sup> Colin Gardner 1:10:58, 87<sup>th</sup> Andy Clutton 1:23:26. Finishers 113.

6.11.2007. Club 5k.

Men.

1<sup>st</sup> Andy Agona 17:33  
2<sup>nd</sup> Jason Stock 18:55  
3<sup>rd</sup> Chris Cox 20:15  
4<sup>th</sup> Paul Turle 20:21 (PB)  
5<sup>th</sup> Daniel Vincent 20:25  
6<sup>th</sup> Seb Lea 20:29  
7<sup>th</sup> Baz Evans 20:41 (PB)  
8<sup>th</sup> John Jeffs 21:38  
9<sup>th</sup> Alan Lewis 21:59 (PB)  
10<sup>th</sup> Phil Beed 22:59  
11<sup>th</sup> Dave Croft 23:05  
12<sup>th</sup> Ken Eaden 23:11  
13<sup>th</sup> David Baker 23:19  
14<sup>th</sup> Andy Faichen 23:28  
15<sup>th</sup> Mike Kearney 23:40  
16<sup>th</sup> Alex South 24:09  
17<sup>th</sup> Bob Bennett 27:26  
18<sup>th</sup> Gavin Wallis 30:07  
19<sup>th</sup> Len Keech 30:46  
20<sup>th</sup> Terry Ash 32:19  
21<sup>st</sup> Hugh Pritchard

Ladies.

1<sup>st</sup> April Williams 20:38 (PB)  
2<sup>nd</sup> Mel Stock 22:05  
3<sup>rd</sup> Cheryl Hill 23:24  
4<sup>th</sup> Hayley Clutton 23:44 (PB)  
5<sup>th</sup> Helen Wilkinson 23:46 (1<sup>st</sup> 5k)  
6<sup>th</sup> Kate Temple 24:42 (PB)  
7<sup>th</sup> Tracy Wales 25:21 (PB)  
8<sup>th</sup> Toni Lewis 26:24 (PB)  
9<sup>th</sup> Sharon Clutton 28:00  
10<sup>th</sup> Denise Francis 28:15  
11<sup>th</sup> Karen Williams 28:28  
12<sup>th</sup> Janet Lindley 28:53  
13<sup>th</sup> Charlotte Watkin 29:27 (1<sup>st</sup> 5k)  
14<sup>th</sup> Sue Tingley 29:29  
15<sup>th</sup> Kath King 29:30  
16<sup>th</sup> Kate James 29:31 (1<sup>st</sup> 5k)  
17<sup>th</sup> Hannah Forbes 29:31 (1<sup>st</sup> 5k)  
18<sup>th</sup> Angela Richie 29:31 (1<sup>st</sup> 5k)  
19<sup>th</sup> Miranda Carrick 29:33  
20<sup>th</sup> Amanda Baggott 30:45  
21<sup>st</sup> Mary Ash 32:17  
22<sup>nd</sup> Sandy Ayris 32:18

Helpers: Terry Weston, Liz Redpath timekeepers, Laura Murchie numbers,  
George Lewis, Joseph & James Wales.

10.11.2007. The Ballbuster Duathlon Run Run 8 Miles Cycle 24 Miles, Run 8 Miles.  
Boxhill.

207<sup>th</sup> Chris Bairstow Run 56:57, Cycle 1:31:18, Run 1:17:33.

11.11.2007. Today's Runner Cross Country League Queen Elizabeth Country Park.

Men.

10<sup>th</sup> Andy Agona  
19<sup>th</sup> Kevin Wheeler  
33<sup>rd</sup> Jason Stock  
61<sup>st</sup> Andy Johnson  
84<sup>th</sup> Andy Austin  
92<sup>nd</sup> Colin Gardner  
101<sup>st</sup> Jonathan Ellis  
120<sup>th</sup> Baz Evans  
128<sup>th</sup> Toby Bettridge  
130<sup>th</sup> Rob Towers  
147<sup>th</sup> Daniel Vincent  
159<sup>th</sup> Mike Dutton  
167<sup>th</sup> Mike Kearney  
171<sup>st</sup> Andy Faichen  
172<sup>nd</sup> Ken Eaden  
174<sup>th</sup> Mike Stares  
188<sup>th</sup> Mick Flaherty

Ladies.

38<sup>th</sup> Mel Stock  
56<sup>th</sup> Sarette Martin  
57<sup>th</sup> Katie Temple  
59<sup>th</sup> Lorraine Temple  
68<sup>th</sup> Sylvia Cawte  
101<sup>st</sup> Shirley Faichen  
108<sup>th</sup> Dawn Bradshaw

24.11.2007. GRR Helpers Half.

1<sup>st</sup> Andy Agona 1:36:32, 2<sup>nd</sup> Daniel Vincent 1:42:09 (1<sup>st</sup> Half),  
3<sup>rd</sup> Pete Lindley 1:43:09, 4<sup>th</sup> Baz Evans 1:43:15 (PB), 5<sup>th</sup> Karen Williams 1:45:20(F),  
6<sup>th</sup> Dave Croft 1:45:46, 7<sup>th</sup> Michelle Hayes 1:46:05, 8<sup>th</sup> Cheryl Hill 1:48:32 (F),  
9<sup>th</sup> John Jeffs 1:52:53, 10<sup>th</sup> Jim Bolognue 1:53:45, 11<sup>th</sup> Lorraine Tebbett 1:55:27 (F),  
12<sup>th</sup> Fiona Tomlinson 1:58:46 (F), 13<sup>th</sup> Mike Barker 2:02:11,  
14<sup>th</sup> Tracy Wales 2:03:11 (PB) (F), 15<sup>th</sup> Dawn Bradshaw 2:07:25 (PB) (F),  
16<sup>th</sup> Bob Bennett 2:11:01(1<sup>st</sup> Half), 17<sup>th</sup> Kirsten Maw 2:11:05 (PB) (F),  
18<sup>th</sup> Denise Francis 2:11:45 (PB) (F), 19<sup>th</sup> Sue Tingley 2:16:51 (F) (PB),  
20<sup>th</sup> Deborah Birch 2:20:10 (F), 21<sup>st</sup> Kath King 2:22:26 (F)  
22<sup>nd</sup> Andy Cairns 2:25:38 (1<sup>st</sup> Half), 23<sup>rd</sup> Chris Munns 2:36:44 (PB),  
24<sup>th</sup> Len Keech 2:36:44.

Helpers: Jo Russell, Mick Wellsted timekeepers, Sharon Clutton, Lauren Francis,  
Denise & Dave Little, Nicky Burns, Janet Lindley, Dave Williams, Colleen Nealon,  
Toni Lewis, George Lewis.

25.11.2007. Gosport Road Runners Half Marathon.

1.12.2007. Marathon Reggae Negril Jamaica.

33<sup>rd</sup> Dave Little 3:58:00, 105<sup>th</sup> Andy Clutton 5:09:00, 130<sup>th</sup> Sharon Clutton 5:56:00.  
Out of 300 entrants only 149 finished due to the heat.

2.12.2007. Victory 5 Mile Portsmouth.

Men.

45<sup>th</sup> Andy Agona 29:16  
87<sup>th</sup> Kevin Wheeler 31:44  
94<sup>th</sup> Jason Stock 31:57

Ladies.

36<sup>th</sup> Pat Ashcroft 36:18  
(Prize winner in age category)  
55<sup>th</sup> Mel Stock 37:53

126<sup>th</sup> Andy Johnson 33:31  
191<sup>st</sup> Baz Evans 35:53  
242<sup>nd</sup> Jim Bolognue 37:03  
273<sup>rd</sup> Mike Kearney 39:21  
284<sup>th</sup> Ken Eaden 39:52  
382<sup>nd</sup> Mike Barker 44:24

81<sup>st</sup> Lorraine Tebbett 40:29 (PB)  
82<sup>nd</sup> Jo Oakes 40:30  
171<sup>st</sup> Kath King 49:44

4.12.2007. Club 5k.

Men.

1<sup>st</sup> Andy Agona 17:30  
2<sup>nd</sup> Kevin Wheeler 19:10  
3<sup>rd</sup> Paul Turle 19:39 (PB)  
4<sup>th</sup> Daniel Vincent 20:09 (PB)  
5<sup>th</sup> Seb Lea 20:13  
6<sup>th</sup> Andy Austin 20:14  
7<sup>th</sup> Baz Evans 21:11  
8<sup>th</sup> Steve Peach 22:43  
9<sup>th</sup> Ken Eaden 23:04  
10<sup>th</sup> Alex South 23:08 (PB)  
11<sup>th</sup> Dave Croft 23:25  
12<sup>th</sup> David Baker 23:46  
13<sup>th</sup> Phil Beed 23:50  
14<sup>th</sup> Mike Kearney 25:08  
15<sup>th</sup> Steve Moltini 25:10  
16<sup>th</sup> Terry Ash 27:08  
17<sup>th</sup> Bob Bennett 27:40  
18<sup>th</sup> Nic Vines 27:50  
19<sup>th</sup> Gavin Wallis 31:09  
20<sup>th</sup> Len Keech 31:28

Helpers: Gary Francis, Liz Redpath timekeepers, Terry Weston numbers,  
Janice Large

Ladies.

1<sup>st</sup> Michelle Hayes 22:37  
2<sup>nd</sup> Lorraine Tebbett 24:36  
3<sup>rd</sup> Caroline Smith 24:51 (1<sup>st</sup> 5k)  
4<sup>th</sup> Elizabeth Fallon 25:12 (1<sup>st</sup> 5k)  
5<sup>th</sup> Dawn Bradshaw 25:39  
6<sup>th</sup> Kirsten Maw 26:42  
7<sup>th</sup> Denise Francis 27:09 (PB)  
8<sup>th</sup> Kate James 26:33 (PB)  
9<sup>th</sup> Charlotte Watkins 29:12 (PB)  
10<sup>th</sup> Fiona Firmin 29:18  
11<sup>th</sup> Hannah Forbes 29:58  
12<sup>th</sup> Lizzie Large 30:30 (1<sup>st</sup> 5k)  
13<sup>th</sup> Miranda Carrick 31:08  
14<sup>th</sup> Tony Grundy 31:19 (PB)  
15<sup>th</sup> Sue Tingley 31:28

16.12.2007. Today's Runner Cross Country Bourne Wood.

Men.

Andy Agona  
Andy Johnson  
Andy Austin  
Colin Gardner  
Mike Kearney  
Mike Stares  
Ken Eaden  
Mick Flaherty  
Alan Sanders  
Andy Cairns  
Paul Turle  
Current position in league 11/18.

Ladies.

Lorraine Tebbett  
Sylvia Cawte  
Kate Temple  
Shirley Faichen

30.12.2007. GRR Christmas Handicap 7 & 10 Miles..

- 1<sup>st</sup> Sylvia Cawte 1:01:40 F (7 Miles)  
2<sup>nd</sup> Paul Turle 1:07:23 (10 Miles)  
3<sup>rd</sup> Fiona Tomlinson 1:24:25 F (10 Miles)  
4<sup>th</sup> Bob Bennett 1:04:56 (7 Miles)  
5<sup>th</sup> Kelly Conway 1:05:15 F (7 Miles)  
6<sup>th</sup> Mike Kearney 54:45 (7 Miles)  
7<sup>th</sup> Andy Austin 1:11:00 (10 Miles)  
8<sup>th</sup> Lorraine Tebbett 1:26:01 F (10 Miles)  
9<sup>th</sup> Kirsten Maw 1:04:27 F (7 Miles)  
10<sup>th</sup> Denise Francis 1:05:28 F (7 Miles)  
11<sup>th</sup> Steve Cawte 1:11:47 (7 Miles)  
12<sup>th</sup> Baz Evans 1:16:52 (10 Miles)  
13<sup>th</sup> Steve Peach 1:26:32 (10 Miles)  
14<sup>th</sup> Shirley Faichen 1:04:00 F (7 Miles)  
15<sup>th</sup> Colin Gardner 1:12:17 (10 Miles)  
16<sup>th</sup> Sharon Clutton 1:05:20 F (7 Miles)  
17<sup>th</sup> Terry Ash 1:02:26 (7 Miles)  
18<sup>th</sup> Alan Sanders 1:00:49 (7 Miles)  
19<sup>th</sup> Mary Ash 1:05:01 F (7 Miles)  
20<sup>th</sup> Pete Lindley 1:15:46 (10 Miles)  
21<sup>st</sup> Karen L. Williams 1:28:35 F (10 Miles)  
22<sup>nd</sup> Michelle Hayes 1:30:35 F (10 Miles)  
23<sup>rd</sup> Ken Eaden 1:29:32 (10 Miles)

First four won prizes for positions. Shirley Faichen won prize for closest to her own predicted time.

Helpers: Andy Clutton, Terry Weston, Liz Redpath, Mick Wellsted, Toby Bettridge photographer.

6.1.2008. Today's Runner Cross Country Rogate Common Liss.

Men.

- 12<sup>th</sup> Andy Agona  
13<sup>th</sup> Kevin Wheeler  
45<sup>th</sup> Paul Turle  
79<sup>th</sup> Colin Gardner  
96<sup>th</sup> Andy Austin  
143<sup>rd</sup> Mike Stares  
152<sup>nd</sup> Mike Dutton  
159<sup>th</sup> Ken Eaden  
161<sup>st</sup> Alan Sanders  
167<sup>th</sup> Andy Cairns

Ladies.

- 24<sup>th</sup> Mel Stock  
40<sup>th</sup> Sarette Martin  
48<sup>th</sup> Michelle Hayes  
49<sup>th</sup> Sylvia Cawte  
56<sup>th</sup> Lorraine Tebbett  
57<sup>th</sup> Kate Temple  
58<sup>th</sup> Shirley Faichen

27.1.2008. Romsey 5 mile Road Race.

Men.

- 200<sup>th</sup> Mick Flaherty 37:39  
216<sup>th</sup> Mike Kearney 38:25  
230<sup>th</sup> Andy Faichen 39:03  
287<sup>th</sup> Alan Sanders 41:48

Ladies.

- 83<sup>rd</sup> Sylvia Cawte 41:44

350<sup>th</sup> Steve Cawte 47:21

3.2.2008. Ryde (Isle of Wight) 10 Mile Road Race.

Men.

12<sup>th</sup> Andy Agona 59:38 (4<sup>th</sup> Vet 40)  
25<sup>th</sup> Kevin Wheeler 1:02:00(14<sup>th</sup> Senior)  
89<sup>th</sup> (96<sup>th</sup> o/a) Andy Austin 1:11:00 (39<sup>th</sup> Vet 40)  
165<sup>th</sup> (210<sup>th</sup> o/a) Mike Stares 1:23:00 (7<sup>th</sup> Vet 60)  
174<sup>th</sup> (266<sup>th</sup> o/a) Mick Flaherty 1:24:00  
176<sup>th</sup> (228<sup>th</sup> o/a) Ken Eaden 1:24:00 (70<sup>th</sup> Vet 40)  
177<sup>th</sup> (229<sup>th</sup> o/a) Steve Peach 1:25:10 (PB) (71<sup>st</sup> Vet 40)

Ladies.

28<sup>th</sup> (166<sup>th</sup> o/a) Mel Stock 1:17:00 (12<sup>th</sup> Vet 35)  
29<sup>th</sup> (167<sup>th</sup> o/a) Jenny Strudwick 1:17:50 (PB) (8<sup>th</sup> Senior)  
44<sup>th</sup> (203<sup>rd</sup> o/a) Michelle Hayes 1:22:00 (18<sup>th</sup> Vet 35)  
53<sup>rd</sup> (230<sup>th</sup> o/a) Lorraine Tebbett 1:25:12 (PB) (21<sup>st</sup> Vet 35)  
Finishers Men 308, Ladies 99.

3.2.2008. Fife AC Hare & Tortoise Off Road Relay.

Mick Flaherty & Georgina Holt 57:53.

5.2.2008. Club 5k.

Men.

1<sup>st</sup> Andy Agona 17:20  
2<sup>nd</sup> Kevin Wheeler 18:55  
3<sup>rd</sup> Daniel Vincent 20:04 (PB)  
4<sup>th</sup> Paul Turle 20:11  
5<sup>th</sup> Seb Lea 20:36  
6<sup>th</sup> Colin Gardner 20:45  
7<sup>th</sup> Baz Evans 22:18  
8<sup>th</sup> Jason Grygiel 22:26 (1<sup>st</sup> 5k)  
9<sup>th</sup> Joe Ritchie 22:49  
10<sup>th</sup> Steve Peach 22:54  
11<sup>th</sup> Ken Eaden 23:10  
12<sup>th</sup> David Baker 23:22  
13<sup>th</sup> Phil Beed 23:27  
14<sup>th</sup> Dave Croft 23:36  
15<sup>th</sup> Mike Stares 23:40  
16<sup>th</sup> Andy Cairns 24:02  
17<sup>th</sup> Dave Kirby 25:08  
18<sup>th</sup> Steve Moltini 27:04  
19<sup>th</sup> John Taylor 27:13  
20<sup>th</sup> Bob Bennett 28:13  
21<sup>st</sup> Mike Whenray 37:48  
22<sup>nd</sup> Andy Clutton 37:49

Ladies.

1<sup>st</sup> Cheryl Hill 24:21  
2<sup>nd</sup> Lorraine Tebbett 24:21  
3<sup>rd</sup> Lizzie Large 29:26 (PB)  
4<sup>th</sup> Kirsten Maw 26:35  
5<sup>th</sup> Ginny Moore 26:55  
6<sup>th</sup> Hannah Flint 27:05 (PB)  
7<sup>th</sup> Nicola Taylor 27:13  
8<sup>th</sup> Sharon Clutton 27:32  
9<sup>th</sup> Denise Francis 27:34  
10<sup>th</sup> Charlotte Watkin 29:15  
11<sup>th</sup> Mary Ash 29:18  
12<sup>th</sup> ????????? 29:20  
13<sup>th</sup> Sue Tingley 30:33  
14<sup>th</sup> Fiona Firmin 30:40  
15<sup>th</sup> Kath King 30:50  
16<sup>th</sup> Dawn Weston 32:57  
17<sup>th</sup> Rachel Reid 33:11 (PB)  
18<sup>th</sup> Nicky Burns 37:48

*Helpers: Gary Francis, Liz Redpath timekeepers, Mick Wellsted numbers, Terry Weston, Dawn Bradshaw, Janice Large, Vikki Thompson, Sue Grealish,*

10.2.2008. Dornley Lake Novice Duathlon.

*9<sup>th</sup> Mick Flaherty Run 10:44 – Cycle 25:50 – Run 11:32 – Total 48:06.*

10.2.2008. Today's Runner Cross Country League Manor Farm Country Park.

Men.

*11<sup>th</sup> Kevin Wheeler  
85<sup>th</sup> Andy Austin  
95<sup>th</sup> Colin Gardner  
127<sup>th</sup> Mike Stares  
138<sup>th</sup> Mike Kearney  
140<sup>th</sup> Ken Eaden  
142<sup>nd</sup> Mike Dutton  
147<sup>th</sup> Alan Sanders  
160<sup>th</sup> Steve Cawte*

Ladies.

*39<sup>th</sup> Michelle Hayes  
51<sup>st</sup> Sarette Martin  
56<sup>th</sup> Lorraine Tebbett  
59<sup>th</sup> Sylvia Cawte*

13.02.08. Longmoor Lollop 13.5 Cross Country.

*52<sup>nd</sup> Mick Flaherty 2:31:48.*

13.2.2008. Quiz at Tennis Club Gosport.

*1<sup>st</sup> Team representing Gosport Road Runners: Gary Francis, John Jeffs, Terry Ash, Mick Wellsted.*

17.2.2008. SSAFA Aldershot Festival of Running 10k & 3k.

*359<sup>th</sup> Mick Flaherty 51:05. Mick also competed in the 3k. Finishers 510.*

17.2.2008. Meon Valley Plod 19.5 Cross Country Race.

*118<sup>th</sup> Colin Gardner 3:19:27, 208<sup>th</sup> Cheryl Hill 3:47:00 (F),  
246<sup>th</sup> Daniel Vincent 3:57:09, 264<sup>th</sup> Sarette Martin 4:05:27 (F),  
266<sup>th</sup> Mike Dutton 4:06:07, 351<sup>st</sup> Caroline Smith 5:16:46.  
Finishers. 352.*

*Although the Plod was listed as 19.5 miles, it was actually 21.2 miles.*

24.2.2008. Terminator 10 Mile Cross Country.

*166<sup>th</sup> Dave Little 1:34:08, 257<sup>th</sup> Colin Gardner 1:40:07, 357<sup>th</sup> Alan Jones 2:07:37.*

2.3.2008. Eastbourne Hospitality Half Marathon.

*400<sup>th</sup> Mick Flaherty 1:58:00, 711<sup>th</sup> Charlotte Watkin 2:29:00 (PB).*

4.3.2008. Club 5k.

Men.

1<sup>st</sup> Iain Robert 17:40  
2<sup>nd</sup> Kevin Wheeler 18:28  
4<sup>th</sup> Paul Turle 19:24 (PB)  
5<sup>th</sup> Daniel Vincent 19:28 (PB)  
6<sup>th</sup> Colin Gardner 19:55  
7<sup>th</sup> Seb Lea 20:16  
8<sup>th</sup> Jason Grygiel 19:55 (PB)  
9<sup>th</sup> Mike Stares 22:25  
10<sup>th</sup> Malcolm Wheeler 22:39 (1<sup>st</sup>5k)  
11<sup>th</sup> Mick Flaherty 22:41  
12<sup>th</sup> Andy Faichen 22:49 (PB)  
13<sup>th</sup> David Baker 22:52 (PB)  
14<sup>th</sup> Mike Kearney 22:33  
15<sup>th</sup> Phil Beed 23:28  
16<sup>th</sup> Dave Kirby 24:19  
17<sup>th</sup> Andrew Maxwell (1<sup>st</sup>5k)  
18<sup>th</sup> Terry Ash 28:07  
19<sup>th</sup> Mike Whenray 32:41  
20<sup>th</sup> Dave Russell 35:10  
21<sup>st</sup> Hugh Pritchard 38:18  
22<sup>nd</sup> Terry Weston 40:42  
23<sup>rd</sup> Andy Clutton 42:46

Helpers: Gary Francis, Liz Redpath timekeepers, Mick Wellsted numbers, Janice Large, Dawn & Laurie Bradshaw.

Ladies.

1<sup>st</sup> Michelle Hayes 21:58  
2<sup>nd</sup> Cheryl Hill 22:55  
3<sup>rd</sup> Hannah Flint 25:27 (PB)  
4<sup>th</sup> Sharon Clutton 26:30  
5<sup>th</sup> Denise Francis 27:10  
6<sup>th</sup> Caroline Smith 27:16  
7<sup>th</sup> Mary Ash 28:07  
8<sup>th</sup> Tony Grundy 28:27 (PB)  
9<sup>th</sup> Jo Yates 28:28 (PB)  
10<sup>th</sup> Miranda Carrick 28:30 (PB)  
11<sup>th</sup> Sue Tingley 29:42  
12<sup>th</sup> Kath King 29:42  
13<sup>th</sup> Mandy Myers 33:09  
14<sup>th</sup> Sarah Steele 33:18 (1<sup>st</sup>5k)  
15<sup>th</sup> Kate Wilkins 35:10  
16<sup>th</sup> Debbie Wainwright 38:34 (1<sup>st</sup>5k)  
17<sup>th</sup> Sue Grealish 39:02 (1<sup>st</sup>5k)  
18<sup>th</sup> Vicky Thompson 40:41 (1<sup>st</sup>5k)  
19<sup>th</sup> Debbie Beed 42:45

16.3.2008. Eastleigh 10k.

48<sup>th</sup> Andy Agona 35:17 (chip) 35:19 (gun),  
263<sup>rd</sup> Andy Austin 42:23 (chip) 42:37 (gun),  
270<sup>th</sup> Colin Gardner 42:37 (chip) 42:50 (gun),  
372<sup>nd</sup> Pat Ashcroft 44:39 (chip) 45:02 (gun) (F),  
408<sup>th</sup> Baz Evans 45:28 (chip) 45:41 (gun) (PB),  
439<sup>th</sup> Mel Stock 45:57 (chip) 46:18 (gun)  
460<sup>th</sup> Jenny Strudwick 46:21 (chip) 46:42 (gun) (PB),  
501<sup>st</sup> Michelle Hayes 47:12 (chip) 47:26 (gun),  
575<sup>th</sup> Jo Oakes 48:23 (chip) 48:49 (gun),  
779<sup>th</sup> Fiona Tomlinson 51:30 (chip) 52:17 (gun).

Finishers: 1372.

Teams: Men 21<sup>st</sup> of 28, Men Vets 14<sup>th</sup> of 26, Ladies 5<sup>th</sup> of 21, Ladies Vets 4<sup>th</sup> of 21.

16.3.2008. Worcester Duathlon/Peoplethon Swim, Cycle, Run.

46<sup>th</sup> Mick Flaherty 1:21:03. Swim 28:16, Cycle 35:39, Run 17:08.

16.3.2008. Nationwide Bath Half Marathon.

1778<sup>th</sup> Jason Grygiel 1:40:00 (chip) 1:42:00 (gun) (PB).



16.3.2008. Rome Marathon.

Andy Faichen 4:20:00, Andy Clutton 4:20:00, Sharon Clutton 4:46:00,  
Shirley Faichen 4:53:00.

21.3.2008. Nortel 55<sup>th</sup> Maidenhead Easter 10 Mile.

473<sup>rd</sup> Baz Evans 1:19:00 (chip) 1:19:00 (gun),  
487<sup>th</sup> Cheryl Hill 1:19:00 (chip) 1:20:00 (gun).

1:4:2008. Club 5k.

Men.

1<sup>st</sup> Dave Little 18:52  
2<sup>nd</sup> Colin Gardner 19:39  
3<sup>rd</sup> Andy Austin 20:04  
4<sup>th</sup> Seb Lea 20:16  
5<sup>th</sup> Daniel Vincent 20:25  
6<sup>th</sup> Rob Towers 21:11  
7<sup>th</sup> Mick Flaherty 21:45  
8<sup>th</sup> Pete Lindley 21:47  
9<sup>th</sup> Dave Croft 22:32  
10<sup>th</sup> Malcolm Wheeler 22:36 (PB)  
11<sup>th</sup> David Baker 22:54  
12<sup>th</sup> Mike Stares 22:57  
13<sup>th</sup> Phil Beed 23:27  
14<sup>th</sup> Mike Kearney 24:47  
15<sup>th</sup> Dave Kirby 24:47  
16<sup>th</sup> Mike Barker 24:57  
17<sup>th</sup> Bob Bennett 25:43 (PB)  
18<sup>th</sup> Rory Fall 26:51 (1<sup>st</sup> 5k)  
19<sup>th</sup> Alan Lewis 27:15  
20<sup>th</sup> Jim Connolly 28:18  
21<sup>st</sup> Dave Russell 33:23  
22<sup>nd</sup> Len Keech 34:17  
23<sup>rd</sup> Steve Cawte 36:55

Ladies.

1<sup>st</sup> (6<sup>th</sup>) April Williams 21:00  
2<sup>nd</sup> (12<sup>th</sup>) Michelle Hayes 22:45  
3<sup>rd</sup> (16<sup>th</sup>) Sally Dale 24:11  
4<sup>th</sup> (17<sup>th</sup>) Hannah Flint 24:22 (PB)  
5<sup>th</sup> (21<sup>st</sup>) Kirsten Maw 25:22 (PB)  
6<sup>th</sup> (23<sup>rd</sup>) Ginny Moore 25:48 (PB)  
7<sup>th</sup> (24<sup>th</sup>) Sharon Clutton 26:11 (PB)  
8<sup>th</sup> (25<sup>th</sup>) Denise Francis 26:42 (PB)  
9<sup>th</sup> (27<sup>th</sup>) Toni Lewis 27:15  
10<sup>th</sup> (29<sup>th</sup>) Robyn Sargant 27:18 (1<sup>st</sup> 5k)  
11<sup>th</sup> (30<sup>th</sup>) Deborah Birch 28:16  
12<sup>th</sup> (31<sup>st</sup>) Liz Redpath 28:17  
13<sup>th</sup> (33<sup>rd</sup>) Sue Tingley 28:59  
14<sup>th</sup> (34<sup>th</sup>) Denise Little 29:22  
15<sup>th</sup> (35<sup>th</sup>) Kath King 29:58  
16<sup>th</sup> (36<sup>th</sup>) Janet Lindley 30:08  
17<sup>th</sup> (37<sup>th</sup>) Rachel Reid 30:13 (PB)  
18<sup>th</sup> (38<sup>th</sup>) Leanne Wheeler 30:59 (1<sup>st</sup> 5k)  
19<sup>th</sup> (39<sup>th</sup>) Irene Watson 32:32  
20<sup>th</sup> (40<sup>th</sup>) Sarah Steele 32:40 (PB)  
21<sup>st</sup> (41<sup>st</sup>) Kate Wilkins 33:23 (PB)  
22<sup>nd</sup> (43<sup>rd</sup>) Debbie Wainwright 34:11  
23<sup>rd</sup> (44<sup>th</sup>) Vicky Thompson 34:17 (PB)  
24<sup>th</sup> (46<sup>th</sup>) Sue Grealish 36:55 (PB)

Helpers: Gary Francis, Andy Clutton timekeepers, Mick Wellsted numbers,  
Terry Weston, Connor Flaherty, John Jeffs, Lorraine Tebbett, David Maltas-Wyatt.

6.4.2008. Totton 10k.

Men.

15<sup>th</sup> Andy Agona 35:13 (1<sup>st</sup> Vet 40)  
129<sup>th</sup> Andy Austin 42:08 (41<sup>st</sup> Vet 45)  
187<sup>th</sup> Baz Evans 45:16 (58<sup>th</sup> Vet 40) (PB)  
207<sup>th</sup> Toby Bettridge 46:19 (97<sup>th</sup> Senior)

Ladies.

29<sup>th</sup> Michelle Hayes 46:08 (8<sup>th</sup> Vet 35)  
48<sup>th</sup> Jo Oakes 48:21 (14<sup>th</sup> Vet 35)  
100<sup>th</sup> Toni Lewis 54:08 (32<sup>nd</sup> Vet) (1<sup>st</sup> 10k)  
161<sup>st</sup> Sue Tingley 1:00:00 (8<sup>th</sup> Vet 55) (PB)  
184<sup>th</sup> Kath King 1:02:00 (9<sup>th</sup> Vet 55)  
197<sup>th</sup> Rachel Reid 1:05:00 (82<sup>nd</sup> Senior)

13.4.2008. Flora London Marathon.

Men.

2057<sup>th</sup> Andy Agona 3:12:00 (449<sup>th</sup> Vet 40)  
9490<sup>th</sup> Jayson Grygiel 3:59:06 (1812<sup>th</sup> Vet 35) (1<sup>st</sup> Marathon)  
12958<sup>th</sup> Andy Clutton 4:17:00 (2357<sup>th</sup> Vet 40)  
14874<sup>th</sup> Andy Faichen 4:28:00 (1092<sup>nd</sup> Vet 50)  
15759<sup>th</sup> Ken Eaden 4:33:00 (2049<sup>th</sup> Vet 45)  
20963<sup>rd</sup> Bob Bennett 4:55:00 (1425<sup>th</sup> Vet 50) (1<sup>st</sup> Marathon)

Ladies.

2049<sup>th</sup> Karen L. Williams 4:02:00 (200<sup>th</sup> Vet 45)  
3979<sup>th</sup> Lorraine Tebbett 4:27:00 (677<sup>th</sup> Vet 40)  
6922<sup>nd</sup> Sarah Lloyd 5:01:00 (385<sup>th</sup> W 30)  
6975<sup>th</sup> Kirsten Maw 5:02:00 (1321<sup>st</sup> W 30) (1<sup>st</sup> Marathon)  
6976<sup>th</sup> Denise Francis 5:02:00 (PB)  
Finishers 34000+.

Letter from America Adrian's Iron Man.

2.4 miles swim Tempe Town Lake by Phoenix Arizona, 5hrs 39min cycle, including the run. Time was 11hrs 18mins. A top 10% finish (261 out of 2035 including 500 did not finish).

27.4.2008. Marwell 10k.

Men.

73<sup>rd</sup> Colin Gardner 44:15 (20<sup>th</sup> Vet 40), 224<sup>th</sup> Mike Kearney 50:24 (11<sup>th</sup> Vet 60),  
269<sup>th</sup> Malcolm Wheeler 51:34 (138<sup>th</sup> Snr 1<sup>st</sup> 10k), 353<sup>rd</sup> Mike Barker 55:40 (6<sup>th</sup> Vet 50),

Ladies.

114<sup>th</sup> Ginny Moore 56:55 (42<sup>nd</sup> Vet 35).

4.5.2008. 12<sup>th</sup> Fordingbridge Fire Station 10k.

113<sup>th</sup> Andy Clutton 50:26, 119<sup>th</sup> Fiona Tomlinson 51:28 (F),  
135<sup>th</sup> Andy Faichen 53:01, 148<sup>th</sup> Kate Temple 54:19, 159<sup>th</sup> Rory Fall 55:21 (1<sup>st</sup> 10k),  
165<sup>th</sup> Helen Wilkinson 55:44 (1<sup>st</sup> 10k), 171<sup>st</sup> Terry Ash 56:05,  
173<sup>rd</sup> Sharon Clutton 56:07, 185<sup>th</sup> Deborah Birch 56:57, 189<sup>th</sup> Shirley Faichen 57:18,  
191<sup>st</sup> Denise Francis 57:20 (PB), 211<sup>th</sup> Toni Grundy (1<sup>st</sup> 10k), 212<sup>th</sup> Len Keech,  
220<sup>th</sup> Mary Ash.

6.5.2008. Club 5m.

Men.

1<sup>st</sup> Dave Little 31:33  
2<sup>nd</sup> Andy Austin 33:21  
3<sup>rd</sup> Daniel Vincent 36:07 (PB)  
4<sup>th</sup> Steve Peach 36:11 (PB)

Ladies.

1<sup>st</sup> (14<sup>th</sup>) Sally Dale 39:02  
2<sup>nd</sup> (16<sup>th</sup>) Lorraine Tebbett 39:43 (PB)  
3<sup>rd</sup> (21<sup>st</sup>) Ginny Moore 41:25 (PB)  
4<sup>th</sup> Kirsten Maw 42:46 (PB)

5 <sup>th</sup> Jayson Grygiel 36:20 (1 <sup>st</sup> 5m)	5 <sup>th</sup> Sharon Clutton 43:15 (PB)
6 <sup>th</sup> Stephen Connolly 37:12 (1 <sup>st</sup> 5m)	6 <sup>th</sup> Denise Francis 43:32 (PB)
7 <sup>th</sup> Pete Lindley 37:37	7 <sup>th</sup> Tracy Wales 47:08
8 <sup>th</sup> Malcolm Wheeler 37:56 (1 <sup>st</sup> 5m)	8 <sup>th</sup> Karen Williams 47:29
9 <sup>th</sup> Phil Beed 37:59 (PB)	9 <sup>th</sup> Janet Lindley 47:35
10 <sup>th</sup> Mike Stares 38:16	10 <sup>th</sup> Toni Grundy 48:03
11 <sup>th</sup> David Maltas-Wyatt 38:22 (PB)	11 <sup>th</sup> Hannah Forbes 48:13 (1 <sup>st</sup> 5m)
12 <sup>th</sup> Andy Clutton 38:29 (PB)	12 <sup>th</sup> Kate James 48:13 (1 <sup>st</sup> 5m)
13 <sup>th</sup> Mike Dutton 38:38	13 <sup>th</sup> Denise Little 48:17
14 <sup>th</sup> David Baker 39:24	14 <sup>th</sup> Sue Tingley 48:30 (PB)
15 <sup>th</sup> Warren Jackson 40:26 (1 <sup>st</sup> 5m)	15 <sup>th</sup> Kath King 48:45 (PB)
16 <sup>th</sup> Mike Barker 40:42 (PB)	
17 <sup>th</sup> Rory Fall 41:14 (1 <sup>st</sup> 5m)	
18 <sup>th</sup> Ian Fox 41:19 (1 <sup>st</sup> 5m)	
19 <sup>th</sup> Jim Connolly 42:18	
20 <sup>th</sup> Steve Moltini 42:29	
21 <sup>st</sup> Terry Ash 43:00	
22 <sup>nd</sup> Bob Bennett 43:59 (PB)	
23 <sup>rd</sup> Dan Wolfe 44:41 (1 <sup>st</sup> 5m)	
24 <sup>th</sup> Steve Cawte 48:03	
25 <sup>th</sup> Len Keech 48:46	

Helpers: Gary Francis, Terry Weston timekeepers, Mary Ash numbers, Joseph & James Wales water station, Leanne Wheeler, John Jeffs, Mike Whenray, Liz & Dave Redpath, Roanna Kinnaird, Mick Wellsted.

#### 7.5.2008 Test Way Relay.

##### Mens Team.

1<sup>st</sup> Ken Eaden 38:00, 2<sup>nd</sup> Daniel Vincent 47:27, 3<sup>rd</sup> Steve Peach 53:27, 4<sup>th</sup> Andy Clutton 1:08:57, 5<sup>th</sup> Dave Croft 37:45, 6<sup>th</sup> Andy Faichen 50:24, 7<sup>th</sup> Rory Fall 1:07:58, 8<sup>th</sup> Paul Turle 33:23, 9<sup>th</sup> Seb Lea 27:47.

##### Mixed Team.

1<sup>st</sup> Lorraine Tebbett 37:32, 2<sup>nd</sup> Mike Dutton 51:31, 3<sup>rd</sup> Toby Bettridge 52:16, 4<sup>th</sup> Sarette Martin 42:34, 5<sup>th</sup> Andy Johnson 33:50, 6<sup>th</sup> Jo Oakes 49:22, 7<sup>th</sup> Shirley Faichen 1:04:31, 8<sup>th</sup> Baz Evans 40:03, 9<sup>th</sup> Michelle Hayes 32:40.

#### 7.5.2008. Promenade 5k Race Portsmouth.

45<sup>th</sup> Colin Gardner 19:56 (4<sup>th</sup> Vet 45), Mike Stares 23:25 (4<sup>th</sup> Vet 60). Finishers 165.

#### 11.5.2008. Charters Alton 10 Mile Road Race.

##### Men.

53<sup>rd</sup> Andy Agona 1:08:18 (Vet 40+)  
 58<sup>th</sup> Kevin Wheeler 1:08:36 (Senior)  
 97<sup>th</sup> Andy Johnson 1:13:12 (Vet 40+)  
 103<sup>rd</sup> Colin Gardner 1:14:12 (Vet 40+)  
 119<sup>th</sup> Dave Little 1:15:26 (Vet 40+)  
 125<sup>th</sup> Andy Austin 1:15:59 (Vet 40 +)

199<sup>th</sup> Andy Clutton 1:22:54 (Vet 40+)  
202<sup>nd</sup> Baz Evans 1:23:03 (Vet 40+)  
205<sup>th</sup> Steve Peach 1:23:12 (PB) (Vet 40+)  
216<sup>th</sup> Mike Stares 1:24:29 (Vet 60+)  
221<sup>st</sup> Dave Croft 1:24:45 (Vet 60+)  
223<sup>rd</sup> Jim Bolognue 1:24:53 (Vet 50+) (1<sup>st</sup> 10m)  
233<sup>rd</sup> Jayson Grygiel 1:26:31 (Senior) (1<sup>st</sup> 10m)  
246<sup>th</sup> Toby Bettridge 1:27:45 (Senior)  
311<sup>th</sup> Mike Barker 1:39:02 (Vet 50+)  
Teams: 16<sup>th</sup> , 30<sup>th</sup> & 36<sup>th</sup> of 45.

Ladies.

56<sup>th</sup> Michelle Hayes 1:28:10 (Vet 35+)  
60<sup>th</sup> Lorraine Tebbett 1:29:03 (Vet 35+)  
61<sup>st</sup> Jo Oakes 1:29:05 (Vet 35+)  
86<sup>th</sup> Karen L. Williams 1:33:26 (Vet 45+)  
94<sup>th</sup> Cheryl Hill 1:35:09 (Vet 45+)  
127<sup>th</sup> Sharon Clutton 1:43:39 (Vet 45+)  
163<sup>rd</sup> Sue Tingley 2:00:34 (Vet 55+)  
165<sup>th</sup> Kath King 2:07:14 (Vet 55+)

17.5.2008. Moon Walkers.

Tracy Bale, Amanda Simpson. Anna Dawes.

18.5.2008 Turbo X Trail.

212<sup>th</sup> Sarette Martin 1:39:11, 212<sup>th</sup> Mike Dutton 1:39:11.  
X Zone 1 mile section of the Turbo X Trail. Sarette Martin 12:39, Mike Dutton 12:42.  
Finishers 258.

25.5.2008. Ropley 10k.

5<sup>th</sup> Andy Johnson 40:48. Finishers 403.

Letter from America.

May: The National Battlefield Park Petersburg 8 mile run..

Jo Clark 1:27:00. 4<sup>th</sup> Adrian Clark (1st Vet).

June: Jo Clark 1:26:00.

Keswick to Barrow 40 Mile Race.

38<sup>th</sup> Daniel Vincent 6:45:38. Finishers 1175.

1.6.2008. Run for Life.

Toni Grundy, Debbie Waainwright.

1.6.2008. Poole Festival of Running 10k.

Men.

132<sup>nd</sup> Paul Turle 41:19 (19<sup>th</sup> Vet 45), 139<sup>th</sup> Andy Austin 41:45 (20<sup>th</sup> Vet 45),  
376<sup>th</sup> Ken Eaden 49:36 (39<sup>th</sup> Vet 50).

Ladies.

Lorraine Tebbett 49:41 (PB) (13<sup>th</sup> F Vet 40).

3.6.2008. Club 5k.

Men.

1<sup>st</sup> Dave Little 18:44  
2<sup>nd</sup> Andy Johnson 18:51  
3<sup>rd</sup> Paul Turle 19:20 (PB)  
4<sup>th</sup> Colin Gardner 19:35  
5<sup>th</sup> Andy Austin 20:30  
6<sup>th</sup> Steve Connolly 21:22 (1<sup>st</sup> 5k)  
7<sup>th</sup> Steve Peach 22:23 (PB)  
8<sup>th</sup> Phil Beed 22:33  
9<sup>th</sup> Warren Jackson 22:35 (1<sup>st</sup> 5k)  
10<sup>th</sup> Malcolm Wheeler 22:38  
11<sup>th</sup> Rory Fall 22:38 (PB)  
12<sup>th</sup> Ken Eaden 22:43  
13<sup>th</sup> David Baker 22:54  
14<sup>th</sup> Andy Faichen 23:07  
15<sup>th</sup> Andy Clutton 23:09 (PB)  
16<sup>th</sup> Dave Croft 23:14  
17<sup>th</sup> Mike Stares 23:42  
18<sup>th</sup> Matt Parkinson 24:07 (1<sup>st</sup> 5k)  
19<sup>th</sup> Mike Barker 24:58  
20<sup>th</sup> Dave Kirby 25:37  
21<sup>st</sup> Bob Bennett 25:45  
22<sup>nd</sup> Chris Munns 30:05

Ladies.

1<sup>st</sup> Michelle Hayes 22:37  
2<sup>nd</sup> Lorraine Tebbett 22:46 (PB)  
3<sup>rd</sup> Cheryl Hill 23:39  
4<sup>th</sup> Hannah Flint 24:34 (PB)  
5<sup>th</sup> Ginny Moore 25:05 (PB)  
6<sup>th</sup> Sharon Clutton 26:37  
7<sup>th</sup> Tracy Wales 27:15  
8<sup>th</sup> Zoe Windsor 27:19 (1<sup>st</sup> 5k)  
9<sup>th</sup> Cathy Stevenson 28:12 (1<sup>st</sup> 5k)  
10<sup>th</sup> Toni Grundy 29:07  
11<sup>th</sup> Janet Lindley 29:19  
12<sup>th</sup> Denise Little 29:33  
13<sup>th</sup> Sue Tingley 29:41  
14<sup>th</sup> Fiona Firmin 30:21  
15<sup>th</sup> Kate Wilkins 31:12 (PB)  
16<sup>th</sup> Leanne Wheeler 31:31  
17<sup>th</sup> Nadine Dunn 31:55  
18<sup>th</sup> Vicky Thompson 32:04 (PB)  
19<sup>th</sup> Lisa Saxton 34:10 (PB)

Helpers. Gary Francis, Liz Redpath time keepers, Mary Ash numbers, Pete Lindley,  
Mick Wellsted, Terry Weston, Denise Little, Terry Ash, Mike Whenray, Rachel Reid,  
Len Keech, Kirsten Maw.

4.6.2008. D – Day 10k.

60<sup>th</sup> Colin Gardner 41:17, 149<sup>th</sup> Mike Stares 48:08, 161<sup>st</sup> Mike Kearney 48:59,  
222<sup>nd</sup> Steve Cawte 58:57.

2<sup>nd</sup> to 8<sup>th</sup> June 2008. Farnham to Dover North Downs Way 131 Miles Walk in a Week.

Ian Buzzard, Howard Baldwin, Colin Rogers. Back up John Wiltshire.

8.6.2008. Winchester Race A11R 10k.

30<sup>th</sup> Andy Agona 37:52 (Vet 40), 82<sup>nd</sup> Andy Johnson 41:12 (Vet 40),  
86<sup>th</sup> Dave Little 41:22 (Vet 45), 150<sup>th</sup> Andy Austin 44:03 (Vet 45),

270<sup>th</sup> Steve Peach 48:50 (PB) (Vet 45), 271<sup>st</sup> Warren Jackson-Hookins 48:50 (Senior),  
275<sup>th</sup> Rory Fall 49:00 (PB) (Vet 50), 286<sup>th</sup> Andy Clutton 49:22 (Vet 40),  
287<sup>th</sup> Karen L. Williams 49:23 (Vet 45 F), 352<sup>nd</sup> Lorraine Tebbett 52:09 (Vet 40 F),  
392<sup>nd</sup> Mike Barker 54:42 (Vet 55), 407<sup>th</sup> Ken Eaden 55:35 (Vet 50),  
436<sup>th</sup> Sharon Clutton 57:46 (Vet 45), 455<sup>th</sup> Shirley Faichen 59:21 (Vet 50),  
526<sup>th</sup> Denise Little (Vet 55).

8.6.2008. Bishops Waltham 5 Mile Road Race.

Colin Gardner 34:06, Mike Stares 39:45.

11.6.2008. Hayling Billy 5 Mile.

31<sup>st</sup> Colin Gardner 32:34, 91<sup>st</sup> Mike Stares 37:29, 93<sup>rd</sup> Andy Clutton 38:01 (PB),  
100<sup>th</sup> Mike Kearney 38:41, 105<sup>th</sup> Andy Faichen 38:52, 156<sup>th</sup> Steve Cawte 44:36,  
159<sup>th</sup> Sharon Clutton 45:03 (F), 214<sup>th</sup> Shirley Faichen 56:24 (F).  
Finishers 223.

14.6.2008. SAAB Solomon South Downs Marathon.

81<sup>st</sup> Andy Austin 4:03:08 (22<sup>nd</sup> Vet 45) Split 1. 1:10:31, Split 2. 1:57:25,  
Split 3. 3:07:12  
197<sup>th</sup> Jim Bolognue 4:41:56 (50<sup>th</sup> Vet 55) Split 1. 1:17:39, Split 2. 2:09:31,  
Split 3. 3:32:47 (1<sup>st</sup> Marathon)  
201<sup>st</sup> Jo Oakes 4:43:39 (14<sup>th</sup> Open) Split 1. 1:17:54, Split 2. 2:10:58, Split 3. 3:32:46  
211<sup>th</sup> Michelle Hayes 4:45:49 (8<sup>th</sup> Vet 40) Split 1. 1:17:53, Split 2. 2:10:58,  
Split 3. 3:32:46  
215<sup>th</sup> Baz Evans 4:47:50 (PB) (55<sup>th</sup> Vet 45) Split 1. 1:17:41, Split 2. 2:09:35,  
Split 3. 3:35:04  
252<sup>nd</sup> Toby Bettridge 4:59:31 (102<sup>nd</sup> Open) Split 1. 1:17:46, Split 2. 2:09:49,  
Split 3. 3:40:12.

21/22.6.2008. Moonlight Memories Walk Portsmouth & Southsea.

Sharon Clutton, Shirley Faichen, Kath King, Denise Francis, Janet Lindley,  
Sue Tingley, Denise Little, Fiona Tomlinson, Leanne Wheeler.

22.6.2008. Brading (Isle of Wight) 10k.

34<sup>th</sup> Mike Stares 46:58 (3<sup>rd</sup> Vet 60). Finishers 69, 46 men, 23 ladies.

25.6.2008. Portsmouth Joggers Cross Country Queen Elizabeth Country Park.

26<sup>th</sup> Colin Gardner 34:42 (12<sup>th</sup> Vet), 48<sup>th</sup> Andy Austin 37:47 (22<sup>nd</sup> Vet),  
69<sup>th</sup> Jim Bolognue 40:09 (31<sup>st</sup> Vet), 73<sup>rd</sup> Mike Stares 40:46 (34<sup>th</sup> Vet),  
77<sup>th</sup> Toby Bettridge 41:38 (25<sup>th</sup> Senior), 85<sup>th</sup> Michelle Hayes 42:12 (11<sup>th</sup> F Vet),  
114<sup>th</sup> Cheryl Hill 45:37 (21<sup>st</sup> F Vet), 126<sup>th</sup> Steve Cawte 47:54 (55<sup>th</sup> Vet).  
Finishers 156.

26.6.2008. Out of Town Run.

*Meet at Titchfield Haven seafront car park. Organisers Sarette Martin & Mike Dutton*

29.6.2008. Purbrook Ladies 5 Mile Road Race.

*16<sup>th</sup> Karen L. Williams 38:16 (Prize winner), 70<sup>th</sup> Sharon Clutton 46:05,  
89<sup>th</sup> Karen J. Williams 48:28, 90<sup>th</sup> Denise Francis 48:29,  
97<sup>th</sup> Jacqui Yarnold 50:20 (Mandy's mum), 111<sup>th</sup> Rachel Reid 51:54 (1<sup>st</sup> 5m),  
138<sup>th</sup> Mandy Myers 59:11, 139<sup>th</sup> Kate Wilkins 59:23 (1<sup>st</sup> 5m).*

1.7.2008. GRR Summer Club 10k.

Men.

*1<sup>st</sup> Andy Johnson 39:28  
2<sup>nd</sup> Dave Little 40:25  
3<sup>rd</sup> Colin Gardner 40:43  
4<sup>th</sup> Paul Turle 41:38  
5<sup>th</sup> Andy Austin 42:51  
6<sup>th</sup> John Wiltshire 44:37  
7<sup>th</sup> Warren Jackson-Hookins 46:18 (PB)  
8<sup>th</sup> Dave Croft 46:34  
9<sup>th</sup> Mike Stares 46:39  
10<sup>th</sup> Pete Lindley 47:44  
11<sup>th</sup> Andy Clutton 47:55 (PB)  
12<sup>th</sup> Phil Beed 49:33 (PB)  
13<sup>th</sup> Jason Grygiel 50:15 (1<sup>st</sup> 10k)  
14<sup>th</sup> Ken Eaden 50:20  
15<sup>th</sup> Ian Buzzard 50:31  
16<sup>th</sup> Rory Fall 54:25  
17<sup>th</sup> Steve Cawte 56:07  
18<sup>th</sup> Mike Kearney 56:08  
19<sup>th</sup> Bob Bennett 59:37  
20<sup>th</sup> Terry Ash 1:00:41*

Ladies.

*1<sup>st</sup> Karen L. Williams 46:56 (PB)  
2<sup>nd</sup> Cheryl Hill 51:17  
3<sup>rd</sup> Sally Dale 51:31  
4<sup>th</sup> Kirsten Maw 51:44 (PB)  
5<sup>th</sup> Ginny Moore 54:22 (PB)  
6<sup>th</sup> Denise Francis 1:00:42  
7<sup>th</sup> Karen J. Williams 1:01:26  
8<sup>th</sup> Janet Lindley 1:01:29  
9<sup>th</sup> Sue Tingley 1:02:38  
10<sup>th</sup> Sharon Clutton 1:02:39  
11<sup>th</sup> Deborah Birch 1:02:40  
12<sup>th</sup> Fiona Firmin 1:02:45 (1<sup>st</sup> 10k)  
13<sup>th</sup> Jo Yates 1:02:45 (1<sup>st</sup> 10k)  
14<sup>th</sup> Rachel Reid 1:06:25*

*Helpers: Liz Redpath, Mick Wellsted timekeepers, Kevin Chambers Numbers,  
Lorraine Tebbett water station, Terry Weston, John Jeffs, Dave Russell, Stuart Jones,  
Dave Redpath, Mary Ash, Yvonne Peters, Hannah Flint, Leann Wheeler,  
Toni Grundy, Hugh Pritchard, Lynn Walklate, Joe Ritchie.*

2.7.2008. Promenade 5k Race Portsmouth.

*51<sup>st</sup> Colin Gardner 19:12 (8<sup>th</sup> Vet 45), 117<sup>th</sup> Mike Stares 22:51 (5<sup>th</sup> Vet 60).  
Finishers 179.*

13.07.2008. New Forest 10 Miles.

*64<sup>th</sup> Colin Gardner 1:07:15, 166<sup>th</sup> Dave Croft 1:17:32, 278<sup>th</sup> Andy Clutton 1:17:52,  
548<sup>th</sup> Rory Fall 1:28:08, 685<sup>th</sup> Mike Barker 1:34:17, Sharon Clutton 1:34:17 (F).*

26.7.2008. Out of Town.

Meet at Exton, Park at north end of Church Lane.  
Organiser Dave Croft.

27.7.2008. Great Wales Run 10k.

292<sup>nd</sup> Warren Jackson-Hookins 44:15 (PB).

2.8.2008. Milland Valley Trail Run 14 Miles.

71<sup>st</sup> Colin Gardner 1:51:47. Finishers 359.

July Bournemouth Beach Duathlon .

Andy Johnson 5k run, 400m swim 25min 25secs 8<sup>th</sup> overall 2<sup>nd</sup> vet.

July Beaulieu Tri. Swim 750m, Cycle 25k, Run 6k.

28<sup>th</sup> Andy Johnson 1:30:52 out of 254 finishers. Swim 22<sup>nd</sup> , Cycle 59<sup>th</sup> , Run 23<sup>rd</sup> .

5.8.2008. Club 5k.

Men.

1<sup>st</sup> Dave Little 19:09  
2<sup>nd</sup> Colin Gardner 19:35  
3<sup>rd</sup> Paul Turle 19:53  
4<sup>th</sup> Andy Austin 20:23  
5<sup>th</sup> Warren Jackson-Hookins 20:51 (PB)  
6<sup>th</sup> Craig Downing 20:53 (1<sup>st</sup>5k)  
7<sup>th</sup> Pete Lindley 21:46  
8<sup>th</sup> Steve Peach 21:53 (PB)  
9<sup>th</sup> Dave Croft 21:55  
10<sup>th</sup> Mike Kearney 22:46  
11<sup>th</sup> Mike Stares 23:02  
12<sup>th</sup> Andy Clutton 23:08 (PB)  
13<sup>th</sup> Ken Eaden 23:18  
14<sup>th</sup> David Baker 23:31  
15<sup>th</sup> Rory Fall 24:12 (PB)  
16<sup>th</sup> Ian Buzzard 24:21  
17<sup>th</sup> Mike Barker 25:35  
18<sup>th</sup> Dave Russell 27:18  
19<sup>th</sup> Terry Ash 27:31

Ladies.

1<sup>st</sup> Karen L. Williams 21:55  
2<sup>nd</sup> Lorraine Tebbett 23:36  
3<sup>rd</sup> Hannah Flint 24:16 (PB)  
4<sup>th</sup> Cheryl Hill 25:07  
5<sup>th</sup> Sarah Marsh 25:49 (1<sup>st</sup>5k)  
6<sup>th</sup> Ginny Moore 26:18  
7<sup>th</sup> Sharon Clutton 27:31  
8<sup>th</sup> Denise Francis 27:32  
9<sup>th</sup> Fiona Firmin 29:23 (PB)  
10<sup>th</sup> Rachel Reid 29:30 (PB)  
11<sup>th</sup> Nadine Dunn 30:01  
12<sup>th</sup> Janet Lindley 30:17  
13<sup>th</sup> Sue Tingley 30:18  
14<sup>th</sup> Diana Lassey 30:41 (1<sup>st</sup>5k)  
15<sup>th</sup> Leanne Wheeler 31:19

Gary Francis, Liz Redpath timekeepers, Terry Weston numbers, John Jeffs,  
Steve Cawte, Andy Cairns, Sylvia Cawte, Dave Redpath, John Wiltshire,  
Amanda Baggot, Laura Murchie, Mick Wellsted.

10.8.2008. Salisbury 5-4-3-2-1. 14 Miles.

47<sup>th</sup> Mike Barker 2:55:27.



12.8.2008. "Bleep" With Gary Francis.

Colin Gardner 12	Katy Dobson 7.5
Warren Jackson-Hookins 10	Jen Seymour 7.3
Karen L. Williams 9.9	Sharon Clutton 7.3
Terry Ash 9.1	Hannah Flint 7.1
Mike Stares 9.1	Andy Faichen 6.8
Andy Austin 9	Dawn Shurgue 6.7
Cheryl Hill 8.7	Rachel Reid 6
Liz Redpath 8.2	Denise Francis 5.5
Ken Eaden 8	Sarah Marsh 5
Lorraine Tebbett 7.8	Janet Lindley 4.7
Shirley Faichen 7.5	Denise Little 4.7

14.8.2008. GRR Hash .

*Hundred Acres Wickham.*

*Organisers: Gary Francis, Liz Redpath, Dave Croft, Mick Wellsted.*

*Taking Part.*

Andy Austin	Rory Fall
Paul Turle	Sam Fall
Ken Eaden	Jim Bolognue
Lorraine Tebbett	Denise Francis
Shirley Faichen	Mike Dutton
Andy Faichen	Tony Hamilton (Portsmouth Joggers)
Malcolm Wheeler	Sharon Clutton
Ginny Moore	Andy Clutton
Jo Oakes	Sid Smith
Toby Bettridge	Dave Kirby
Denise Little	Terry Weston
Terry Ash	Hannah Flint
Kirsten Maw	Jason Grygeil
Warren Jackson-Hookins	

17.8.2008. Everton 10k.

196<sup>th</sup> Alan Sanders 53:29. Finishers 308.

24.8.2008. Pewsey Vale Half Marathon.

44<sup>th</sup> Dave Little 1:33:31, 117<sup>th</sup> Andy Clutton 1:44:49,  
183<sup>rd</sup> Lorraine Tebbett 1:54:39 (PB), 184<sup>th</sup> Rory Fall 1:54:41 (1<sup>st</sup> Half),  
189<sup>th</sup> Mike Kearney 1:55:35, 202<sup>nd</sup> Michelle Hayes 1:58:36,  
216<sup>th</sup> Andy Faichen 2:00:47, 221<sup>st</sup> Mike Barker 2:03:56,  
228<sup>th</sup> Terry Ash 2:05:57, 261<sup>st</sup> Shirley Faichen 2:16:28,  
271<sup>st</sup> Liz Redpath 2:22:27, 284<sup>th</sup> Denise Little 2:34:54.

*Supporters: Gary Francis (10 Mile Water Station) & Denise Francis, Alan Sanders, Sylvia & Steve Cawte, Mary Ash, Mick Wellsted.*

28.8.2008. Out of Town Warsash. (Last one of 2008).

Meet at car park Warsash  
Organiser Dave Croft

5.10.2008. Washington DC Army 10 Miles.

251<sup>st</sup> Adrian Clark 1:02:2008. Finishers 18,960.

26.10.2008. BUPA Great South 10 Mile Road Race.

246<sup>th</sup> Colin Gardner 1:06:56 (1<sup>st</sup> 10m), 488<sup>th</sup> Phil Maw 1:10:47 (1<sup>st</sup> 10m),  
1118<sup>th</sup> Warren Jackson-Hookins 1:15:58 (1<sup>st</sup> 10m), 1243<sup>rd</sup> Pat Ashcroft 1:16:36 (F),  
1691<sup>st</sup> Sally Dale 1:19:04 (F), 1837<sup>th</sup> Gareth Moran 1:19:45 (1<sup>st</sup> 10m),  
2318<sup>th</sup> Spike Hughes 1:22:00, 3398<sup>th</sup> Jen Seymour 1:25:52 (1<sup>st</sup> 10m) (F),  
4508<sup>th</sup> Tracy Wales 1:29:46 (PB) (F), 5635<sup>th</sup> Liz Redpath 1:33:47 (F),  
6125<sup>th</sup> Nicky Kenning 1:35:16 (1<sup>st</sup> 10m) (F), 8079<sup>th</sup> Zoe Ferguson 1:43:25 (F),  
8353<sup>rd</sup> Sue Tingley 1:44:53 (F), 8592<sup>nd</sup> Fiona Townsend 1:46:06 (1<sup>st</sup> 10m) (F),  
9471<sup>st</sup> Kath King 1:51:17 (F), Debbie Davis 1:58:43 (1<sup>st</sup> 10m) (F),  
10408<sup>th</sup> Leanne Wheeler 1:59:40 (1<sup>st</sup> 10m) (F).  
Finishers 11546.

26.10.2008. Fleet 10k.

241<sup>st</sup> Mike Kearney 49:52, 298<sup>th</sup> Alan Sanders 52:54, 313<sup>th</sup> Sylvia Cawte 54:05 (PB),  
373<sup>rd</sup> Steve Cawte 59:56. Finishers 425.

4.11.2008. Club 5k.

Men.

1<sup>st</sup> Chris Buxton 18:53 (1<sup>st</sup> 5k)  
2<sup>nd</sup> Paul Turle 18:56  
3<sup>rd</sup> Dave Little 19:07  
4<sup>th</sup> Jack Coulbert ? (1<sup>st</sup> 5k)  
5<sup>th</sup> Warren Jackson-Hookins 20:21 (PB)  
6<sup>th</sup> Daniel Vincent 21:41  
7<sup>th</sup> Baz Evans 21:52  
8<sup>th</sup> Ken Eaden 22:07  
9<sup>th</sup> Steve Peach 22:25  
10<sup>th</sup> Phil Beed 22:31  
11<sup>th</sup> Pete Lindley 22:31  
12<sup>th</sup> Dave Croft 22:48  
13<sup>th</sup> David Baker 23:22  
14<sup>th</sup> Will Dunkason 23:28 (PB)  
15<sup>th</sup> Andy Cairns 24:49  
16<sup>th</sup> Ray Bernice 25:11 (1<sup>st</sup> 5k)

Ladies.

1<sup>st</sup> Karen L. Williams 22:12  
2<sup>nd</sup> Lorraine Tebbett 23:29  
3<sup>rd</sup> Cheryl Hill 23:49  
4<sup>th</sup> Tracy Bale 25:37  
5<sup>th</sup> Jen Seymour 25:49 (PB)  
6<sup>th</sup> Sharon Clutton 26:39  
7<sup>th</sup> Nikki Barnard 27:26 (1<sup>st</sup> 5k)  
8<sup>th</sup> Karen J. Williams 27:53  
9<sup>th</sup> Nadine Dunn 28:57  
10<sup>th</sup> Denise Francis 29:05  
11<sup>th</sup> Janet Lindley 29:48  
12<sup>th</sup> Sandy Ayriss 31:11  
13<sup>th</sup> Tina Kraan 31:16 (1<sup>st</sup> 5k)  
14<sup>th</sup> Ros Pay 31:30  
15<sup>th</sup> Denise Little 29:05  
16<sup>th</sup> Zoe Ferguson 31:41 (1<sup>st</sup> 5k)

17<sup>th</sup> Terry Ash 26:38

17<sup>th</sup> Lois O'Neal 31:51 (1<sup>st</sup> 5k)

18<sup>th</sup> Jim Connolly 28:53

*Helpers. Gary Francis, Liz Redpath timekeepers, Terry Weston numbers, Sarette Martin, John Jeffs, Michelle Hayes, Jason Grygiel, Mary Ash, Andy Austin, Rachel Reid, Debbie Davis, Catherine Miller, Mick Wellsted and Len Keech back on his cycle looking after the slower runners.*

15.11.2008. GRR Helpers Half Marathon.

1<sup>st</sup> Chris Buxton 1:26:27, 2<sup>nd</sup> Colin Gardner 1:28:30, 3<sup>rd</sup> Phil Maw 1:33:46 (1<sup>st</sup> Half),

4<sup>th</sup> Dave Little 1:34:36, 5<sup>th</sup> Andy Austin 1:36:28, 6<sup>th</sup> Chris Bairstow 1:41:43,

7<sup>th</sup> Dave Croft 1:42:09, 8<sup>th</sup> Daniel Vincent 1:44:34,

9<sup>th</sup> Karen L. Williams 1:44:43 (F), 10<sup>th</sup> Rob Towers 1:45:47,

11<sup>th</sup> Jo Oakes 1:46:05 (F), 12<sup>th</sup> Lorraine Tebbett 1:48:12 (PB) (F),

13<sup>th</sup> Michelle Hayes 1:49:02(F), 14<sup>th</sup> Jen Seymour 1:50:53 (1<sup>st</sup> Half) (F),

15<sup>th</sup> Mike Kearney 1:51:36, 16<sup>th</sup> Jim Bolognue 1:53:23,

17<sup>th</sup> Kirsten Maw 2:01:18 (PB) (F), 18<sup>th</sup> Shirley Faichen 2:04:33 (F),

19<sup>th</sup> Sharon Clutton 2:08:49, 20<sup>th</sup> Kellee Reed 2:08:49 (1<sup>st</sup> Half),

21<sup>st</sup> Denise Francis 2:11:50 (F), 22<sup>nd</sup> Chris Munns 2:46:27.

*Helpers. Mick Wellsted, Kath King timekeepers, Stuart Jones & Tom Dawes,*

*\*Maikel Acosta Maya water station.*

*\*Maikel who came from Cuba spent most of the morning with Dave Croft helping him to set up the course for the Half Marathon, then he spent the afternoon helping and doing the water station then on the next day he done a PB in the half.*

16.11.2008. 23<sup>rd</sup> Gosport Half Marathon.

603<sup>rd</sup> Maikel Acosta Maya 1:47:30 (PB),

647<sup>th</sup> Emma Croft 1:49:25 Headington Road Runners (Dave Croft's daughter).

16.11.2008. Hellrunner 10 – 12 Miles Longmoor Training Camp.

1000<sup>th</sup> Rob Whittaker 1:47:26, 1153<sup>rd</sup> Mike Dutton 1:49:31,

1154<sup>th</sup> Sarette Martin 1:49:31.

Finishers 1847.

23.11.2008. SAAB Saloman Turbo X Trail 10 – 12 Miles.

357<sup>th</sup> Sarette Martin 1:44:58. Mike Dutton also took part but injured his leg after three miles. His time wasn't recorded but he finished in about 2:05:00 gun time.

Finishers 524.

27.11.2008. Fullers Portsmouth Joggers Pub-to-Pub.

28<sup>th</sup> Colin Gardner 25:10 out 25:06 back 50:16 Total,

116<sup>th</sup> Mike Kearney 30:50 out 30:46 back 1:01:36 Total.

123<sup>rd</sup> Mike Barker 30:50 out 31:31 back 1:02:21 Total,

157<sup>th</sup> Sylvia Cawte 32:40 out 33:45 back 1:06:25 Total,

178<sup>th</sup> Steve Cawte 36:14 out 35:36 back 1:11:50 Total.

2.12.2008. Club 5k.

Men.

1<sup>st</sup> Colin Gardner 19:44  
2<sup>nd</sup> Steve Connolly 19:59 (PB)  
3<sup>rd</sup> Phil Maw 20:21  
4<sup>th</sup> Warren Jackson – Hookins 20:37  
5<sup>th</sup> Andy Austin 21:19  
6<sup>th</sup> Baz Evans 21:25  
7<sup>th</sup> Ken Eaden 22:19  
8<sup>th</sup> Paul Street 22:39 (1<sup>st</sup> 5k)  
9<sup>th</sup> Dave Croft 22:40  
10<sup>th</sup> Pete Lindley 22:51  
11<sup>th</sup> Andy Cairns 22:53  
12<sup>th</sup> Phil Beeds 22:58  
13<sup>th</sup> David Baker 23:17  
14<sup>th</sup> Ray Bernice 23:59 (PB)  
15<sup>th</sup> Mike Barker 24:04  
16<sup>th</sup> Steve Moltini 25:52  
17<sup>th</sup> Rob Whittaker 26:21  
18<sup>th</sup> Jim Connolly 27:09  
19<sup>th</sup> Rob Towers 30:43  
20<sup>th</sup> Terry Ash 32:22

Helpers: Gary Francis, Terry Weston timekeepers, Mick Wellsted, Lauren Francis numbers, Sharon Clutton, Denise Francis, Steve Cawte, Dave Little, Dave Kirby.

Ladies.

1<sup>st</sup> Lynn Speirs 22:14 (PB)  
2<sup>nd</sup> Karen L. Williams 22:24  
3<sup>rd</sup> Michelle Hayes 22:52  
4<sup>th</sup> Lorraine Tebbett 23:37  
5<sup>th</sup> Cheryl Hill 23:47  
6<sup>th</sup> Kirsten Maw 24:17  
7<sup>th</sup> Nicky Kenning 26:22 (1<sup>st</sup> 5k)  
8<sup>th</sup> Kellee Read 27:47 (1<sup>st</sup> 5k)  
9<sup>th</sup> Katy Dobson 28:19 (1<sup>st</sup> 5k)  
10<sup>th</sup> Rachel Reid 28:31 (PB)  
11<sup>th</sup> Janet Lindley 31:26  
12<sup>th</sup> Sue Tingley 31:27  
13<sup>th</sup> Kath King 31:58  
14<sup>th</sup> Mary Ash 32:21  
15<sup>th</sup> Didi Smartt-Ahier 34:18 (1<sup>st</sup> 5k)  
16<sup>th</sup> Claire Thomas 34:19 (1<sup>st</sup> 5k)  
17<sup>th</sup> Sara McDonald 34:20 (1<sup>st</sup> 5k)

7.12.2008. Victory 5 Mile Road Race Portsmouth.

Men.

110<sup>th</sup> Chris Buxton 30:55 (10<sup>th</sup> Vet 40) (1<sup>st</sup> 5m)  
122<sup>nd</sup> Colin Gardner 31:19 (23<sup>rd</sup> Vet 45) (PB)  
156<sup>th</sup> Andy Johnson 32:10 (17<sup>th</sup> Vet 40)  
234<sup>th</sup> Andy Austin 34:34 (49<sup>th</sup> Vet 45)  
241<sup>st</sup> Warren Jackson-Hookins 34:32 (113<sup>th</sup> Senior)  
266<sup>th</sup> Baz Evans 35:36 (54<sup>th</sup> Vet 45)  
307<sup>th</sup> Ken Eaden 37:03 (41<sup>st</sup> Vet 50)  
319<sup>th</sup> Andy Cairns 37:27 (44<sup>th</sup> Vet 50) (PB)  
321<sup>st</sup> Mike Kearney 37:31 (10<sup>th</sup> Vet 60)  
368<sup>th</sup> Ray Bernice 39:37 (47<sup>th</sup> Vet 40)  
373<sup>rd</sup> Andy Faichen 39:50 (54<sup>th</sup> Vet 50)  
444<sup>th</sup> Steve Cawte 44:45 (86<sup>th</sup> Vet 45)

Ladies.

63<sup>rd</sup> Karen L. Williams 36:67 (6<sup>th</sup> Vet 45)  
75<sup>th</sup> Lorraine Tebbett 37:42 (25<sup>th</sup> Vet 40) (PB)  
81<sup>st</sup> Michelle Hayes 38:05 (27<sup>th</sup> Vet 40)  
84<sup>th</sup> Cheryl Hill 38:09 (6<sup>th</sup> Vet 50)  
85<sup>th</sup> Sally Dale 38:12 (7<sup>th</sup> Vet 50) (PB)  
88<sup>th</sup> Fiona Tomlinson 38:22 (10<sup>th</sup> Vet 45) (PB)  
90<sup>th</sup> Jen Seymour 38:29 (40<sup>th</sup> Senior) (1<sup>st</sup> 5m)

132<sup>nd</sup> Sarah Marsh 41:55 (59<sup>th</sup> Senior)  
141<sup>st</sup> Sylvia Cawte 42:30 (20<sup>th</sup> Vet 45) (PB)  
164<sup>th</sup> Sharon Clutton 44:00 (20<sup>th</sup> Vet 45)  
166<sup>th</sup> Shirley Faichen 44:03 (20<sup>th</sup> Vet 50)  
180<sup>th</sup> Deborah Birch 45:04 (23<sup>rd</sup> Vet 45)  
181<sup>st</sup> Nikki Barnard 45:07 (82<sup>nd</sup> Senior) (1<sup>st</sup> 5m)  
190<sup>th</sup> Ann Horton 45:55 (5<sup>th</sup> Vet 60)  
223<sup>rd</sup> Rachel Reid 47:58  
253<sup>rd</sup> Kath King 49:52 (9<sup>th</sup> Vet 60)  
Finishers 776, men 476, ladies 300.

18.4.2009. Richmond Park 5k Time Trail.

120<sup>th</sup> Hannah Flint 28:32.

25.4.2009. Richmond Park 5k Time Trail.

93<sup>rd</sup> Hannah Flint 28:09 (PB).

5.5.2009. Richmond Park 5k Time Trail.

93<sup>rd</sup> Hannah Flint 27:27 (PB).

7.5.2009. Club 5k.

Men.

1<sup>st</sup> Chris Buxton 18:32  
2<sup>nd</sup> Colin Gardner 19:04 (PB)  
3<sup>rd</sup> Andy Austin 19:39 (PB)  
4<sup>th</sup> Paul Street 21:05 (PB)  
5<sup>th</sup> Phil Beed 21:08 (PB)  
6<sup>th</sup> Rory Fall 21:15 (PB)  
7<sup>th</sup> Dave Croft 21:18  
8<sup>th</sup> Malcolm Wheeler 21:26 (PB)  
9<sup>th</sup> Jason Belbon 21:31 (PB)  
10<sup>th</sup> Ray Bernice 22:15  
11<sup>th</sup> David Baker 23:25  
12<sup>th</sup> Steve Doore 24:21 (PB)  
13<sup>th</sup> Dave Kirby 25:24  
14<sup>th</sup> Chris Beresford 26:00 (1<sup>st</sup> 5k)  
15<sup>th</sup> Sid Smith 26:04  
16<sup>th</sup> Kelsey Connolly 26:10 (1<sup>st</sup> 5k)  
17<sup>th</sup> Bob Bennett 27:28  
18<sup>th</sup> Jim Connolly 28:33  
19<sup>th</sup> Hugh Pritchard 38:29

Ladies.

1<sup>st</sup> Karen L. Williams 21:38 (PB)  
2<sup>nd</sup> Lorraine Tebbett 22:18 (PB)  
3<sup>rd</sup> Tracy Bale 23:50 (PB)  
4<sup>th</sup> Nicky Kenning 24:49 (PB)  
5<sup>th</sup> Cheryl Hill 26:02  
6<sup>th</sup> Nikki Barnard 26:38 (PB)  
7<sup>th</sup> Sharon Clutton 26:56  
8<sup>th</sup> Denise Francis 26:58  
9<sup>th</sup> Denise Little 28:16  
10<sup>th</sup> Jo Yates 28:56  
11<sup>th</sup> Deborah Birch 29:14  
12<sup>th</sup> Sam Brierley 29:34 (PB)  
13<sup>th</sup> Kath King 29:36  
14<sup>th</sup> Sue Barrett 29:49 (PB)  
15<sup>th</sup> Kirsty Bailey 30:05 (1<sup>st</sup> 5k)  
16<sup>th</sup> Michelle Hayes 30:07  
17<sup>th</sup> Inez Brown 30:14 (PB)  
18<sup>th</sup> Tina Kraan 30:26 (PB)  
19<sup>th</sup> Nadine Dunn 30:40  
20<sup>th</sup> Shelley Platt 31:06 (1<sup>st</sup> 5k)  
21<sup>st</sup> Kerry Irwin 31:25  
22<sup>nd</sup> Georgina Green 31:26  
23<sup>rd</sup> Mandy Myers 32:11

24<sup>th</sup> Nicky Burns 32:17  
25<sup>th</sup> Katy Jeffrey 37:54 (PB)  
26<sup>th</sup> Kim Jefferey 37:55 (PB)  
27<sup>th</sup> Jo McBride 38:03

*Helpers: Gary Francis, Terry Weston, Mick Wellsted timekeepers,  
Andy Clutton numbers, Terry Ash water station, Len Keech, Sarette Martin,  
Sarah Marsh, Alison, Mary Ash, Rachel Reid, Vicky Barr, Jo Oakes, Baz Evans,  
Toby Bettridge. Three Peaks Challenge.*

*The group: Len Keech, Shirley & Andy Faichen, John, Andy & Sharon Clutton,  
Terry Ash, Steve & Sylvia Cawte, Kirsty Davidson, Sam Westwood, Kate Temple,  
Denise Francis & Gary Francis, Stuart Jones, Robyn.*

9.5.2009. Bramhall Park 5k Time Trial.

153<sup>rd</sup> Mick Flaherty 27:01.

15.5.2009. The Marlborough Downs Challenge 33 Miles.

Karen L. Williams 6:49:17  
Ray Bernice 6:49:17  
Nikki Barnard 9:18:31  
Denise Francis 9:18:31  
Sharon Clutton 9:18:31  
Mike Barker 9:18:31  
Bob Bennett 9:18:31  
Supporter Gary Francis.

16.5.2009. Bramhall Park Time Trial.

118<sup>th</sup> Mick Flaherty 26:28.

16.5.2009. Netley 10k.

Men.

101<sup>st</sup> Paul Turle 40:28 (16<sup>th</sup> Vet 50), 116<sup>th</sup> Colin Gardner 37<sup>th</sup> Vet 40),  
132<sup>nd</sup> Tim Durant 42:13 (40<sup>th</sup> Vet 40), 175<sup>th</sup> Jayson Gryaiel 43:48 (50<sup>th</sup> Vet 40),  
177<sup>th</sup> Andy Austin 43:50 (30<sup>th</sup> Vet 50), 247<sup>th</sup> Baz Evans 46:29 (64<sup>th</sup> Vet 40),  
267<sup>th</sup> Jo Oakes 47:22 (34<sup>th</sup> F Senior), 279<sup>th</sup> Mike Kearney 47:50 (15<sup>th</sup> Vet 60),  
286<sup>th</sup> Nick MacBeath 48:06 (90<sup>th</sup> Senior), 298<sup>th</sup> Lorraine Tebbett 48:41 (19<sup>th</sup> Vet 40),  
322<sup>nd</sup> Ken Eaden 49:58 (53<sup>rd</sup> Vet 50), 347<sup>th</sup> Ray Bernice 51:26 (78<sup>th</sup> Vet 40),  
348<sup>th</sup> Steve Micklewright 51:30 (79<sup>th</sup> Vet 40), 357<sup>th</sup> Chris Buxton 51:51 (81<sup>st</sup> Vet 40),  
366<sup>th</sup> Michelle Hayes 52:27 (30<sup>th</sup> F Vet 40),  
386<sup>th</sup> Shirley Faichen 53:46 (20<sup>th</sup> Vet F 50), 406<sup>th</sup> Andy Faichen 55:23 (61<sup>st</sup> Vet 50),  
436<sup>th</sup> Rob Hale 57:45 (109<sup>th</sup> Senior), 490<sup>th</sup> Sue Barrett 1:02:23 (56<sup>th</sup> F Vet 40),

17.5.2009. Hook 10 Mile.

Jo Yates 1:46:32.

21.5.2009. Haslar 10k (Gosport).

Karen L. Williams 48:43 (1<sup>st</sup> Lady), Miranda Carrick 1:06:20, Kerry Irwin 1:08:16,  
Kath King 1:12:09.

21.5.2009. Edinburgh Marathon.

Fiona Tomlinson 4:12:48, Sarah Marsh 4:39:48.

31.5.2009. Freshwater (Isle of Wight) Half Marathon.

Sarette Martin, George Green.

31.5.2009. Calgary (Canada) Marathon.

Jo Clark.

3.6.2009. D – Day 10k Portsmouth.

Warren Jaon-Hookins 40:55, Colin Gardner 41:05.

7.6.2009. Poole 10k.

110<sup>th</sup> Paul Turle 39:51 (8<sup>th</sup> Vet 50), Fiona Tomlinson 48:32 (10<sup>th</sup> F Vet 45).

13.6.2009. South Downs Marathon.

198<sup>th</sup> Jo Oakes 4:29:53(chip) 4:30:15 (gun) 1:16:00 (1<sup>st</sup> 10k), 00:51 (2<sup>nd</sup> 10k),  
1:19:00 (3<sup>rd</sup> 10k), 1:01:00 (4<sup>th</sup> 10k).

210<sup>th</sup> Victoria Barr 4:31:32 (chip) 4:31:53 (gun) 1:12:00 (1<sup>st</sup> 10k), 00:47 (2<sup>nd</sup> 10k),  
1:18:00 (3<sup>rd</sup> 10k), 1:13:00 (4<sup>th</sup> 10k).

348<sup>th</sup> Michelle Hayes 5:04:55 (chip) 5:05:17 (gun) 1:16:00 (1<sup>st</sup> 10k), 00:51 (2<sup>nd</sup> 10k),  
1:40:00 (3<sup>rd</sup> 10k), 1:16:00 (4<sup>th</sup> 10k).

20.6.2009. Richmond Park 5k Time Trial.

115<sup>th</sup> Hannah Flint 28:47.

27.6.2009. Richmond Park 5k Time Trial.

99<sup>th</sup> Hannah Flint 28:06.

Kinder Trog Fell Race.

198<sup>th</sup> Toby Bettridge 3:30:16.

Purbrook Ladies 5 Mile Road Race.

11<sup>th</sup> Karen L. Williams 36:53 (Vet 45), 22<sup>nd</sup> Lorraine Tebbett 38:36 (Vet 40),  
33<sup>rd</sup> Sally Dale 40:19 (Vet 50), 42<sup>nd</sup> Tracy Bale 41:47 (Vet 35),  
64<sup>th</sup> Shirley Faichen 45:19 (Vet 50), 69<sup>th</sup> Sharon Clutton 45:37 (Vet 45),  
72<sup>nd</sup> Kellee Read 46:12 (Senior), 73<sup>rd</sup> Sylvia Cawte 46:32 (Vet 45),  
78<sup>th</sup> Denise Francis 46:53 (Vet 50), 83<sup>rd</sup> Denise Little 47:59 (Vet 55),  
111<sup>th</sup> Sue Tingley 51:40 (Vet 55), 115<sup>th</sup> Kath King 52:54 (Vet 60),  
122<sup>nd</sup> Sarah Marsh 56:02 (Senior), 123<sup>rd</sup> Mandy Myers 56:05 (Vet 40).

GRR Handicap 2009.

1<sup>st</sup> Team C: The Mean Musketeers

Pete Lindley 00:18  
Kirsten Maw 00:20  
Denise Little 00:23  
Miranda Carrick 00:23  
Nick MacBeath 00:15  
Team Time: 1:41

2<sup>nd</sup> Team B: The Gay Gladiators

Shirley Faichen 00:20  
Sue Tingley 00:23  
Bob Bennett 00:22  
Cheryl Hill 00:20  
Dave Croft 00:17  
Team Time: 1:44

3<sup>rd</sup> Team E: The Hammer Heads

Kath King 00:23  
Jo Oakes 00:18  
Nikki Barnard 00:20  
Andy Faichen 00:20  
Dave Little 00:17  
Team Time: 1:41  
Handicap 00:03  
Finish Time 1:38

4<sup>th</sup> Team A: The Pink Pirates

Ken Eaden 00:19  
Terry Ash 00:20  
John Richardson 00:20  
Hugh Pritchard 00:29  
Team Time: 1:28  
Handicap 00:16  
Finish Time 1:44

5<sup>th</sup> Team D: Axe Murderers

Janet Lindley 00:23  
Len Keech 00:24  
Karen L. Williams 00:17  
Dulcie Richardson 00:25  
Phil Maw 00:16  
Team Time 1:47

Fastest Lady Karen L. Williams 00:17

Fastest Man Nick Macbeath 00:15

Biggest improvement on predicted time Nick Macbeath 00:02

Special thanks to: Andy Clutton for working out the handicaps and time keeping,  
Dave Williams & Terry Ash for doing the BBQ,  
Mick Wellsted, John Jeffs and Toby Bettridge for marshalling and photographs,  
Andy Johnson for the loan of the BBQ,  
Baz Evans for loan of the pergoda,  
Everyone who contributed with the food and who helped set-up/clear-up.



7.7.2009. Club 10k.

Men.

1<sup>st</sup> Chris Buxton 39:39  
2<sup>nd</sup> Paul Turle 39:52  
3<sup>rd</sup> Colin Gardner 40:17  
4<sup>th</sup> Dave Little 43:28  
5<sup>th</sup> Dave Croft 44:52  
6<sup>th</sup> Phil Beed 45:04 (PB by 4:29)  
7<sup>th</sup> Rory Fall 46:50 (PB)  
8<sup>th</sup> Pete Lindley 47:41  
9<sup>th</sup> Ken Eaden 47:59  
10<sup>th</sup> Steve Peach 49:13  
11<sup>th</sup> David Baker 51:12 (1<sup>st</sup> 10k)  
12<sup>th</sup> Alan Sanders 54:04  
13<sup>th</sup> Dave Kirby 54:19  
14<sup>th</sup> Bob Bennett 54:35 (PB)  
15<sup>th</sup> Chris Beresford 56:12  
16<sup>th</sup> Sid Smith 1:00:00  
17<sup>th</sup> Len Keech 1:08:32

Ladies.

1<sup>st</sup> Karen L. Williams 45:30 (PB)  
2<sup>nd</sup> Sally Dale 49:22  
3<sup>rd</sup> Ginny Moore 53:29  
4<sup>th</sup> Cheryl Hill 54:15  
5<sup>th</sup> Liz Redpath 54:16  
6<sup>th</sup> Fleur Forer (1<sup>st</sup> 10k)  
7<sup>th</sup> Sharon Clutton 54:40 (PB)  
8<sup>th</sup> Denise Francis 56:14 (PB)  
9<sup>th</sup> Denise Little 57:44  
10<sup>th</sup> Miranda Carrick 1:01:00 (PB by 5:20)  
11<sup>th</sup> Janet Lindley 1:01:05  
12<sup>th</sup> Sam Brierley 1:01:13 (1<sup>st</sup> 10k)  
13<sup>th</sup> Kerry Irwin 1:01:24 (PB by 6:52)  
14<sup>th</sup> Kath King 1:02:00  
15<sup>th</sup> Sue Barrett 1:02:18 (PB by 4:58)  
16<sup>th</sup> Inez Brown 1:07:26 (1<sup>st</sup> 10k)  
17<sup>th</sup> Nicky Burns 1:08:25  
18<sup>th</sup> Mandy Myers 1:08:32 (PB by 2:13)

Helpers. Andy Clutton, Mick Wellsted timekeepers, Terry Weston numbers, John Jeffs, Sarette Martin, Steve Cawte, Len Keech (Cyclist).

1.8.2009. Bramhall Park 5k Time Trial.

101<sup>st</sup> Mick Flaherty 24:14 (PB).

2.8.2009. Milland Valley Half Marathon.

76<sup>th</sup> Colin Gardner 1:45:49, 153<sup>rd</sup> Dave Croft 1:55:40, 245<sup>th</sup> Rory Fall 2:09:58,  
407<sup>th</sup> Steve Cawte 2:57:41.

4.8.2009. Club 5k.

Men.

1<sup>st</sup> Chris Buxton 18:22  
2<sup>nd</sup> Duncan Forer 18:31 (1<sup>st</sup> 5k)  
3<sup>rd</sup> Colin Gardner 19:29  
4<sup>th</sup> Tom Draper 19:50 (1<sup>st</sup> 5k)  
5<sup>th</sup> Ian Davies 20:32 (1<sup>st</sup> 5k)  
6<sup>th</sup> Nick Macbeath 20:47 (PB)  
7<sup>th</sup> Tim Durant 20:59 (1<sup>st</sup> 5k)  
8<sup>th</sup> Ray Bernice 21:29 (PB)  
9<sup>th</sup> Phil Beed 21:36  
10<sup>th</sup> Andy Clutton 21:36 (PB)  
11<sup>th</sup> Pete Lindley 22:05  
12<sup>th</sup> Andy Mcelroy 22:07 (PB)  
13<sup>th</sup> Dave Croft 22:20  
14<sup>th</sup> Ken Eaden 23:18

Ladies.

1<sup>st</sup> Karen L. Williams 21:52  
2<sup>nd</sup> Lorraine Tebbett 23:31  
3<sup>rd</sup> Emma Croft 24:06  
(Guest Headington Road Runners)  
4<sup>th</sup> Sally Dale 24:10  
5<sup>th</sup> Fleur Forer 24:26 (PB)  
6<sup>th</sup> Sarah Marsh 25:46  
7<sup>th</sup> Nikki Barnard 25:56 (PB)  
8<sup>th</sup> Sharon Clutton 26:06 (PB)  
9<sup>th</sup> Cheryl Hill 26:53  
10<sup>th</sup> Denise Francis 27:13  
11<sup>th</sup> Denise Little 27:21  
12<sup>th</sup> Robyn Sargeant 27:22  
13<sup>th</sup> Kirsty Bailey 29:08 (PB)

15<sup>th</sup> Steve Doore 23:43 (PB)  
16<sup>th</sup> Mike Barker 24:09  
17<sup>th</sup> Steve Moltini 24:41  
18<sup>th</sup> Mike Kearney 25:33  
19<sup>th</sup> Chris Beresford 26:03  
20<sup>th</sup> Bob Bennett 27:05  
21<sup>st</sup> Jim Connolly 27:18  
22<sup>nd</sup> Keith Elshaw 31:26 (1<sup>st</sup> 5k)  
23<sup>rd</sup> Len Keech 34:00

14<sup>th</sup> Michelle Hayes 29:09  
15<sup>th</sup> Sam Brierley 29:10 (PB)  
16<sup>th</sup> Janet Lindley 29:47  
17<sup>th</sup> Karen Owen 29:55 (1<sup>st</sup> 5k)  
18<sup>th</sup> Sue Barrett 30:32  
19<sup>th</sup> Inez Brown 30:34  
20<sup>th</sup> Nadine Dunn 30:39  
21<sup>st</sup> Tina Kraan 30:40  
22<sup>nd</sup> Sue Tingley 30:53  
23<sup>rd</sup> Dulcie Richardson 31:05 (PB)  
24<sup>th</sup> Mandy Myers 31:08  
25<sup>th</sup> Shirley Faichen 31:16  
26<sup>th</sup> Fay Burch 31:59 (1<sup>st</sup> 5k)  
27<sup>th</sup> Deborah Burch 32:02  
28<sup>th</sup> Jo Mcbride 33:58 (PB)  
29<sup>th</sup> Clare Neighbour 34:00 (1<sup>st</sup> 5k)

Helpers. Gary Francis, Terry Weston timekeepers, Sarette Martin numbers, Toby Bettridge photographer, Jo Oakes, Dave Little, Andy Austin, Jason Grygiel, Seb Lea, Mick Wellsted.

#### 5.8.2009. Promenade 5k Series Portsmouth.

51<sup>st</sup> Warren Jackson-Hookins 19:38, 54<sup>th</sup> Colin Gardner 19:45,  
150<sup>th</sup> Richard Chowns 26:37 (1<sup>st</sup> 5k), 157<sup>th</sup> Kat Daily 27:21 (PB).

#### 8.8.2009. Richmond Park 5k Time Trail.

97<sup>th</sup> Hannah Flint 28:10.

#### 9.8.2009. Club X/Country 5 Miles Browndown.

1<sup>st</sup> Chris Buxton, 2<sup>nd</sup> Colin Gardener 3<sup>rd</sup> Dave Croft, 4<sup>th</sup> Karen L. Williams & Michelle Hayes 1<sup>st</sup> Ladies, 6<sup>th</sup> Ray Bernice, 7<sup>th</sup> Jo Oakes (F), 8<sup>th</sup> Pete Lindley, 9<sup>th</sup> Steve Doore, 10<sup>th</sup> Steve Peach, 11<sup>th</sup> Toby Bettridge, 12<sup>th</sup> Ken Eaden, 13<sup>th</sup> Lorraine Tebbett (F), 14<sup>th</sup> Sarette Martin (F), 15<sup>th</sup> Bob Bennett, 16<sup>th</sup> Mike Kearney, 17<sup>th</sup> Terry Ash, 18<sup>th</sup> Shirley Faichen, 19<sup>th</sup> Alan Sanders, 20<sup>th</sup> Jo Mcbride, 21<sup>st</sup> Andy Faichen, 22<sup>nd</sup> John Barrett, 23<sup>rd</sup> Deborah Birch, 24<sup>th</sup> Ann Horton, 25<sup>th</sup> Georgina Green, 26<sup>th</sup> Denise Little, 27<sup>th</sup> Sue Barrett, 28<sup>th</sup> Toni Grundy, 29<sup>th</sup> Heather Pike (Guest), 30<sup>th</sup> Len Keech, 31<sup>st</sup> Kerry Irwin, 32<sup>nd</sup> Steve Cawte.

Helpers. Sharon Clutton recorder, Sylvia Cawte & Janet Lindley water station, Susan Barker, Jack Rhodes, Paul Turle, Terry Weston, John Jeffs, Andy Austin marshals, Andy & Sharon Clutton.

#### 15.8.2009. Richmond Park 5k Time Trial.

77<sup>th</sup> Hannah Flint 27:07 (PB).

16.8.2009. Cancer Care Cross Bay Challenge Half Marathon Morecombe Bay.

Verity Faichen 2:11:49, Shirley Faichen 2:11:55, Andy Faichen 2:12:05.

16.8.2009. Isle of Wight Half Marathon.

71<sup>st</sup> Chris Bairstow 1:43:40, 91<sup>st</sup> Ray Bernice 1:47:17 (1<sup>st</sup> Half),  
114<sup>th</sup> Andy Clutton 1:50:49, 115<sup>th</sup> Karen L. Williams 1:50:49,  
161<sup>st</sup> Nikki Barnard 2:02:08 (1<sup>st</sup> Half), 165<sup>th</sup> Rory Fall 2:03:40,  
177<sup>th</sup> Kellee Read 2:07:22 (PB), 180<sup>th</sup> Sharon Clutton 2:08:02,  
191<sup>st</sup> Terry Ash 2:12:07, 202<sup>nd</sup> Bob Bennett 2:145:34, 203<sup>rd</sup> Sarah Marsh 2:14:34,  
226<sup>th</sup> Steve Cawte 2:38:55, 227<sup>th</sup> Denise Francis 2:38:15, 228<sup>th</sup> Denise Little 2:38:17,

Supporters: Gary Francis, Mick Wellsted, Nadine & Eve Dunn, Mary & Danni Ash,  
Sarah's mum, Tania Bernice, Nikki Barnard's family, Sylvia Cawte, Alan Sanders,  
Charlene Cawte & partner.

30.8.2009. Pewsey Half Marathon.

Ray Bernice 1:45:27 (PB), Rory Fall 1:50:10, Lorraine Tebbett 1:51:21 (F),  
Andy Austin 1:51:23, Ken Eaden 1:56:35, Mike Kearney 1:58:50,  
Nikki Barnard 1:59:03 (PB) (F), Sharon Clutton 1:59:27 (PB) (F),  
Shirley Faichen 1:59:59 (PB) (F), Sarah Marsh 2:01:48, Bob Bennett 2:04:17 (PB),  
Denise Francis 2:20:45, Denise Little 2:20:46, Steve Cawte 2:29:12.  
1<sup>st</sup> Ladies Team. Lorraine Tebbett, Nikki Barnard, Sharon Clutton.  
Supporters: Gary Francis, Mick Wellsted, Sylvia Cawte, Alan Sanders.

1.9.2009. Club 5 Miles.

Men.

1<sup>st</sup> Chris Buxton 30:41 (PB)  
2<sup>nd</sup> Warren Jackson-Hookins 31:43 (PB)  
3<sup>rd</sup> Paul Turle 33:08  
4<sup>th</sup> Tim Durant 33:37 (1<sup>st</sup> 5m)  
5<sup>th</sup> Jayson Grygiel 33:59 (PB)  
6<sup>th</sup> Andy Austin 35:10  
7<sup>th</sup> Nick Macbeath 35:12 (1<sup>st</sup> 5m)  
8<sup>th</sup> Dave Croft 35:55  
9<sup>th</sup> Paul Street 36:14 (1<sup>st</sup> 5m)  
10<sup>th</sup> Phil Beed 36:39  
11<sup>th</sup> Ken Eaden 37:21  
12<sup>th</sup> David Baker 40:45  
13<sup>th</sup> Mike Kearney 41:40  
14<sup>th</sup> James Law 41:49 (1<sup>st</sup> 5m)  
15<sup>th</sup> Rory Fall 44:25  
16<sup>th</sup> Keith Elshaw 48:53 (1<sup>st</sup> 5m)  
17<sup>th</sup> Len Keech 53:42  
18<sup>th</sup> Sid Smith 55:59

Ladies.

1<sup>st</sup> Sally Dalton 34:39 (1<sup>st</sup> 5m)  
2<sup>nd</sup> Lorraine Tebbett 39:02  
3<sup>rd</sup> Shirley Faichen 41:32 (PB)  
4<sup>th</sup> Sharon Clutton 41:55 (PB)  
5<sup>th</sup> Sarah Marsh 42:05  
6<sup>th</sup> Nikki Barnard 42:23 (PB)  
7<sup>th</sup> Kellee Read 42:23 (PB)  
8<sup>th</sup> Denise Francis 44:25  
9<sup>th</sup> Deborah Birch 46:54  
10<sup>th</sup> Denise Little 47:18  
11<sup>th</sup> Kath King 47:46 (PB)  
12<sup>th</sup> Hannah Eisenburg 48:22 (1<sup>st</sup> 5m)  
13<sup>th</sup> Sue Tingley 48:49  
14<sup>th</sup> Karen Owen 48:55 (1<sup>st</sup> 5m)  
15<sup>th</sup> Nadine Dunn 49:00  
16<sup>th</sup> Sam Brierley 49:20 (PB)  
17<sup>th</sup> Sue Barrett 49:21 (PB)  
18<sup>th</sup> Jo Yates 50:26 (1<sup>st</sup> 5m)  
19<sup>th</sup> Kerry Irwin 53:11

20<sup>th</sup> Jo McBride 53:42 (1<sup>st</sup> 5m)

Helpers. Gary Francis, Liz Redpath timekeepers, Terry Weston numbers, Dave Little, Steve Doore, Steve Cawte, Mick Wellsted.

5.9.2009. Overton 5 Miles.

100<sup>th</sup> Chris Buxton 31:16, 129<sup>th</sup> Colin Gardner 32:16,  
153<sup>rd</sup> Tim Durant 33:29 (1<sup>st</sup> 5m), 158<sup>th</sup> Paul Turle 33:37, 213<sup>th</sup> Jayson Grygiel 35:24,  
219<sup>th</sup> Andy Austin 35:34, 260<sup>th</sup> Michelle Hayes 36:52 (F),  
264<sup>th</sup> Ray Bernice 37:03 (PB), 276<sup>th</sup> Paul Street 37:23,  
282<sup>nd</sup> Dave Little 37:36, 312<sup>th</sup> Ken Eaden 39:04, 337<sup>th</sup> Andy Clutton 40:02,  
341<sup>st</sup> Mike Barker 40:09 (PB), 355<sup>th</sup> Sally Dale 40:48 (F), 363<sup>rd</sup> Mike Kearney 41:00,  
369<sup>th</sup> Lorraine Tebbett 41:12 (F), 401<sup>st</sup> Shirley Faichen 42:43 (F),  
403<sup>rd</sup> Sharon Clutton 42:46 (F), 418<sup>th</sup> Cheryl Hill 43:50 (F), 440<sup>th</sup> Terry Ash 45:16,  
442<sup>nd</sup> Denise Francis 45:21 (F), 453<sup>rd</sup> Denise Little 46:33 (F).

20.9.2009. Victory 5.

Men.

89<sup>th</sup> Tim Durant 32:25,  
99<sup>th</sup> Warren Jackson-Hookins 32:57,  
122<sup>nd</sup> Jayson Grygeil 34:13,  
126<sup>th</sup> Chris Buxton 34:22,  
131<sup>st</sup> Andy Austin 34:45,  
147<sup>th</sup> Dave Little 35:29,  
149<sup>th</sup> Nick MacBeath 35:38,  
150<sup>th</sup> Ray Bernice 35:39,  
157<sup>th</sup> Paul Street 35:56,  
163<sup>rd</sup> Andy Clutton 36:24,  
187<sup>th</sup> Mike Kearney 38:39,  
211<sup>th</sup> Bob Bennett 44:24.

Ladies.

29<sup>th</sup> Karen L. Williams 36:01  
44<sup>th</sup> Jo Oakes 38:03  
60<sup>th</sup> Sally Dale 40:21  
74<sup>th</sup> Sharon Clutton 42:30  
91<sup>st</sup> Denise Francis 45:15  
98<sup>th</sup> Denise Little 45:59  
122<sup>nd</sup> Kath King 52:48

26.9.2009. 1<sup>st</sup> PUMA Edinburgh Marathon.

112<sup>th</sup> Chip Wrapson 2:53:22, 807<sup>th</sup> Pete Whitburn 3:30:12.  
Blast from the past Pete Belcher 2:47:46.  
Finishers 5320.

26.9.2009. Woodbank Park 5k Time Trial.

17<sup>th</sup> Mick Flaherty 24:29.

Hampshire Road Race League 2009 – 2010 .

Ladies A – Division 2 Score.

1. Overton Harriers	13
2. New Forest Runners	13
3. Romsey Road Runners	23
4. Gosport Road Runners	26
5. Victory Athletic Club	37

Gosport Road Runners Ind. Ladies

24. Jo Oakes
31. Michelle Hayes
33. Lorraine Tebbett
34. Sally Dale
44. Sharon Clutton

- 6. *Hardley Runners* 40
- 7. *Lords Hill Road Runners* 43
- 8. *Isle of Wight Road Runners* 48
- 9. *West Wight road Runners* 82

45. *Shirley Faichen*

Men A – Division 2 Score.

- 1. *Salisbury Athletic Running Club* 13
- 2. *Victory Athletic Club* 16
- 3. *Andover Athletic Club* 28
- 4. *Fareham Running Club* 35
- 5. *Isle of Wight Road Runners* 40
- 6. *Hardley Runners* 48
- 7. *Gosport Road Runners* 54
- 8. *West Wight Road Runners* 73
- 9. *Hart Road Runners* 78

Ladies B – Division 1 Score

9/15. *Gosport Road Runners* 65

Man B – Division Score

11/15. *Gosport Road Runners* 92

Gosport Road Runners Ind. Men.

- 47. *Colin Gardner*
- 57. *Paul Turle*
- 63. *Chris Buxton*
- 69. *Tim Durant*
- 71. *Jayson Grygiel*
- 78. *Andy Austin*
- 80. *Paul Street*
- 83. *Ray Bernice*
- 94. *Ken Eaden*
- 96. *Michael Barker*

3.10.2009. Clarendon Way Marathon.

*Ian Buzzard* 3:59:38.

3.10.2009. Butser Challenge.

*Kevin Chambers* 48:27 (1<sup>st</sup> Butser).

3.10.2009. Windsor Half Marathon.

*John Readings* 1:28:35.

5.10.2009. Club 5k.

1<sup>st</sup> Chris Short 16:51, 2<sup>nd</sup> Andy Johnson 18:41, 3<sup>rd</sup> John Readings 19:27,  
4<sup>th</sup> Colin Gardner 19:31, 5<sup>th</sup> Pete Royce 19:59, 6<sup>th</sup> Dave Croft 21:05,  
7<sup>th</sup> Lyndon Connolly 21:24, 8<sup>th</sup> John Jeffs 21:27.

10.10.2009. Solent Half Marathon. (Club Half Marathon Championships).

Chip Wrapson 1:21:32 (Winner 1<sup>st</sup> Vet 40),  
Andy Johnson 1:26:22 (Winner 1<sup>st</sup> Senior),  
Mike Stares 1:30:00 (Winner (1<sup>st</sup> Vet 50), Ian Buzzard 1:31:26,  
Colin Gardner 1:36:00, Dave Croft 1:39:31 (11<sup>th</sup> Vet 50), Pete Whitburn 1:42:06,  
Gary Francis 1:49:11, Colleen Lyne 1:49:11 (Winner 1<sup>st</sup> Vet F),  
Irene Watson 2:27:53 (Winner 1<sup>st</sup> Vet F 60).

10.10.2009. Kingston Half Marathon.

Ann Horton 1:54:38.

12.10.2009. Club 5k (Run in reverse).

1<sup>st</sup> Terry Weston 25:33, 2<sup>nd</sup> Chris Short 16:31 (PB), 3<sup>rd</sup> Bob Harrison 19:59,  
4<sup>th</sup> Chip Wrapson 17:05, 5<sup>th</sup> Dave Wainwright 19:10, 6<sup>th</sup> John Jeffs 20:19,  
7<sup>th</sup> (1<sup>st</sup> Lady) Alison Gilbertson 26:18 (PB), 8<sup>th</sup> Colleen Lyne 23:20 (PB),  
9<sup>th</sup> Nick Burchell 21:57, 10<sup>th</sup> Pete Royce 19:20, 11<sup>th</sup> Jim Connolly 23:45.

17.10.2009. Today's Runner Cross Country Liss.

34<sup>th</sup> John Readings  
59<sup>th</sup> Mike Stares  
63<sup>rd</sup> Pete Royce  
69<sup>th</sup> Dave Wainwright  
77<sup>th</sup> Colin Gardner  
79<sup>th</sup> Pete Whitburn  
105<sup>th</sup> John Jeffs  
145<sup>th</sup> Simon Robinson  
167<sup>th</sup> Jim Connolly  
198<sup>th</sup> Terry Weston  
Finishers 320

24.10.2009 Junior Great South Run.

2<sup>nd</sup> Joseph Wales 8.15.

25.10.2009. Great South Run.

Colin Gardner 1:06:40 (PB), Warren Jackson Hookins 1:08:01 (PB),  
Colin Boxall 1:10:58, Paul Street 1:17:31, Seb Lea 1:19:22, Jason Grygiel 1:19:29,  
Ray Bernice 1:22:32, Sally Dale 1:22:46 (F), Lorraine Tebbett 1:24:04 (F),  
Rory Fall 1:25:47 (PB), Dan Barker 1:25:55 (1<sup>st</sup> 10 Mile),

Pete Hewitt 1:27:00 (1<sup>st</sup> 10 Mile), Brian Hyde 1:27:54, Nick MacBeath 1:29:26, Chertl Hill 1:30:05 (F), Jenny Shilling 1:33:10 (F), Phillip Hughes 1:36:36, Karen Owen 1:37:23 (1<sup>st</sup> 10 Mile) (F), John Barrett 1:41:31 (PB), Kerry Irwin 1:45:11 (1<sup>st</sup> 10 Mile) (F), Keith Elshaw 1:45:47, Angela Elshaw 1:49:06 (F 1<sup>st</sup> 10 mile), Susan Barrett 1:49:08 (F), Sue Tingley 1:49:42 (F 1<sup>st</sup> 10 Mile), Chris Munns 1:52:38 (1<sup>st</sup> 10 Mile), Collette Theobald 1:53:52 (F 1<sup>st</sup> 10 Mile), Joanna Yates 1:55:02 (F), Kath King 1:55:03 (F), Nicki Hughes 2:38:39 (F), Darren Long 2:49:52.3.11.2009.

3.11.2009. Club 5k (Club Record for Attendance).

Men.

1<sup>st</sup> Chris Buxton 18:34  
 2<sup>nd</sup> Warren Jackson Hookins 18:56  
 3<sup>rd</sup> Dave Roscoe 19:32 (1<sup>st</sup> 5k)  
 4<sup>th</sup> Colin Gardner 19:34  
 5<sup>th</sup> Jason Grygiel 20:27  
 6<sup>th</sup> Tim Durant 20:32 (PB)  
 7<sup>th</sup> Adrian Morley 20:57  
 8<sup>th</sup> Justin Brown 21:00 (PB)  
 9<sup>th</sup> Dan Belben 21:03 (1<sup>st</sup> 5k)  
 10<sup>th</sup> Jason Belben 21:38  
 11<sup>th</sup> Joseph Wales 21:42 (PB)  
 12<sup>th</sup> Dan Barker 21:58 (1<sup>st</sup> 5k)  
 13<sup>th</sup> Toby Bettridge 21:58  
 14<sup>th</sup> Phil Beed 22:01  
 15<sup>th</sup> Dave Croft 22:08  
 16<sup>th</sup> Pete Lindley 22:40  
 17<sup>th</sup> Ken Eaden 22:58  
 18<sup>th</sup> Mike Barker 23:03  
 19<sup>th</sup> Brian Hyde 23:06  
 20<sup>th</sup> Steve Dore 23:31 (PB)  
 21<sup>st</sup> Dave Shilling 23:36 (1<sup>st</sup> 5k)  
 22<sup>nd</sup> Pete Hewitt 23:59 (PB)  
 23<sup>rd</sup> Dave Barker 24:01  
 24<sup>th</sup> Steve Micklewhite 24:19 (1<sup>st</sup> 5k)  
 25<sup>th</sup> Mike Stares 24:30  
 26<sup>th</sup> Greg Seymore 25:09 (1<sup>st</sup> 5k)  
 27<sup>th</sup> Steve Moltini 25:17  
 28<sup>th</sup> Chris Beresford 25:44  
 29<sup>th</sup> Dave Kirby 25:52  
 30<sup>th</sup> Bob Bennett 26:47  
 31<sup>st</sup> Rob Hale 27:34 (PB)  
 32<sup>nd</sup> Rory Fall 28:08  
 33<sup>rd</sup> Keith Elshaw 29:06  
 34<sup>th</sup> Sid Smith 30:17  
 35<sup>th</sup> John Barrett 30:17  
 36<sup>th</sup> Len Keech 37:51

Ladies.

1<sup>st</sup> Sally Dalton 20:44  
 2<sup>nd</sup> Michelle Hayes 22:34  
 3<sup>rd</sup> Jo Oakes 23:10  
 4<sup>th</sup> Sally Dale 23:48  
 5<sup>th</sup> Ginny Moore 24:28  
 6<sup>th</sup> Hazel Davies 26:19 (PB)  
 7<sup>th</sup> Jenny Shilling 26:25 (1<sup>st</sup> 5k)  
 8<sup>th</sup> Kellee Read 26:54 (PB)  
 9<sup>th</sup> Karen Owen 27:55 (PB)  
 10<sup>th</sup> Denise Francis 28:08  
 11<sup>th</sup> Denise Little 28:25  
 12<sup>th</sup> Deborah Birch 28:27  
 13<sup>th</sup> Jo Yates 29:16  
 14<sup>th</sup> Fleur Forer 29:18  
 15<sup>th</sup> Sam Breirley 29:22  
 16<sup>th</sup> Nadine Dunn 29:52  
 17<sup>th</sup> Janet Lindley 30:04  
 18<sup>th</sup> Jenny Rawlings 30:40 (1<sup>st</sup> 5k)  
 19<sup>th</sup> Miranda Carrick 31:03  
 20<sup>th</sup> Kath King 31:09  
 21<sup>st</sup> Jo McBride 31:12 (PB)  
 22<sup>nd</sup> Vicky Thompson 31:47 (PB)  
 23<sup>rd</sup> Mary Ash 31:56  
 24<sup>th</sup> Kirsten Maw 31:57  
 25<sup>th</sup> Inez Brown 32:10  
 26<sup>th</sup> Kerry Shepard 32:34  
 27<sup>th</sup> Jo Reade 32:37 (PB)  
 28<sup>th</sup> Donna Booth 32:38 (PB)  
 29<sup>th</sup> Shelagh Smithson 32:38 (PB)  
 30<sup>th</sup> Beth Hastie 33:37 (PB)  
 31<sup>st</sup> Sharon Clutton 33:38  
 32<sup>nd</sup> Tracy Madgewick 35:20 (PB)  
 33<sup>rd</sup> Elaine Meaney 37:50  
 34<sup>th</sup> Lyn Jones 37:51

Gary Francis, Liz Redpath timekeepers, Andy Clutton numbers, supporters

*Sarette Martin, Terry Weston, Rachel Durant, John Jeffs, Tracy & Joe Wales, Paul Turle, Nick MacBeath, Terry Ash, Nikki Barnard, Jen Seymour, Mick Wellsted.*

7.11.2009. Lordshill 10 Mile.

82<sup>nd</sup> Colin Gardner 1:07:43 (27<sup>th</sup> Vet 40), 86<sup>th</sup> Chris Buxton 1:08:16 (27<sup>th</sup> Vet 40),  
89<sup>th</sup> Andy Johnson 1:08:23 (30<sup>th</sup> Vet 40),  
96<sup>th</sup> Warren Jackson-Hookins 1:08:55 (44<sup>th</sup> Senior),  
125<sup>th</sup> Paul Turle 1:10:53 (16<sup>th</sup> Vet 50),  
163<sup>rd</sup> Tim Durant 1:13:29 (49<sup>th</sup> Vet 40) (1<sup>st</sup> 10 mile),  
172<sup>nd</sup> Jason Grygiel 1:14:28 (53<sup>rd</sup> Vet 40), 227<sup>th</sup> Jo Oakes 1:19:31 (18<sup>th</sup> F Vet 35),  
230<sup>th</sup> Michelle Hayes 1:19:57 (11<sup>th</sup> F Vet 40),  
275<sup>th</sup> Sally Dale 1:23:27 (18<sup>th</sup> F Vet 40), 282<sup>nd</sup> Ken Eaden 1:24:37 (47<sup>th</sup> Vet 50),  
283<sup>rd</sup> Lorraine Tebbett 1:24:50 (25<sup>th</sup> Vet 35),  
286<sup>th</sup> Karen L. Williams 1:25:20 (14<sup>th</sup> F Vet 45),  
287<sup>th</sup> Andy Clutton 1:25:20 (74<sup>th</sup> Vet 40), 295<sup>th</sup> Mike Barker 1:26:27 (51<sup>st</sup> Vet 50),  
296<sup>th</sup> Mike Kearney 1:26:39 (81<sup>st</sup> Vet 40),  
325<sup>th</sup> Sharon Clutton 1:31:38 (26<sup>th</sup> F Vet 45),  
327<sup>th</sup> Shirley Faichen 1:31:44 (5<sup>th</sup> F 55+), 31<sup>st</sup> Andy Faichen 1:33:24 (55<sup>th</sup> Vet 50),  
361<sup>st</sup> Denise Francis 1:42:43 (13<sup>th</sup> F Vet 55+).

8.11.2009. Richmond Park 5k.

111<sup>th</sup> Hannah Flint 22:54.

8.11.2009. Today's Runner Cross Country League Queen Elizabeth Country Park.

Men.

50<sup>th</sup> Colin Gardner  
55<sup>th</sup> Chris Buxton  
56<sup>th</sup> Andy Johnston  
114<sup>th</sup> Jason Grygiel  
133<sup>rd</sup> Dave Croft  
158<sup>th</sup> Ray Bernice  
175<sup>th</sup> Ken Eaden  
176<sup>th</sup> Pete Hewitt  
177<sup>th</sup> Mike Stares  
189<sup>th</sup> Rory Fall  
197<sup>th</sup> Andy Faichen  
15<sup>th</sup> / 19 Teams.

Ladies.

38<sup>th</sup> Jo Oakes  
40<sup>th</sup> Michelle Hayes  
57<sup>th</sup> Lorraine Tebbett  
75<sup>th</sup> Shirley Faichen  
96<sup>th</sup> Miranda Carrick

22.11.2009. Pamber Forest Tadley Cross Country.

Men.

46<sup>th</sup> Colin Gardner  
48<sup>th</sup> Andy Johnson  
94<sup>th</sup> Jason Grygiel  
135<sup>th</sup> Pete Hewitt  
137<sup>th</sup> Mike Stares  
145<sup>th</sup> Ray Bernice

Ladies.

49<sup>th</sup> Michelle Hayes  
59<sup>th</sup> Lorraine Tebbett  
63<sup>rd</sup> Shirley Faichen  
86<sup>th</sup> Miranda Carrick



147<sup>th</sup> Andy Faichen

GRR 15<sup>th</sup> of 18.

28.12.2009. Fullers Portsmouth Joggers Pub – to – Pub.

39<sup>th</sup> Colin Gardner 50:36, 124<sup>th</sup> Michael Barker 1:01:48, 125<sup>th</sup> Mike Stares 1:01:52,  
142<sup>nd</sup> Alan Saunders 1:05:06, 144<sup>th</sup> Mike Kearney 1:05:28,  
148<sup>th</sup> Andy Faichen 1:05:53, 155<sup>th</sup> Verity Faichen 1:06:48,  
156<sup>th</sup> Shirley Faichen 1:06:48, 163<sup>rd</sup> Sylvia Cawte 1:09:20,  
184<sup>th</sup> Steve Cawte 1:17:03.  
Finishers 194.