

	January 5K Time trial results								
	Pos.	Name	Time	Comment		Pos.	Name	Time	Comment
	1	Michael Percival	00:18:53			27	Mick Kearney	00:28:51	
	2	Ian Reed	00:21:00			28	Lee Torrens	00:28:59	
	3	Ben Jarvis	00:21:30			29	Melissa Pink	00:29:03	
	4	Ben Wales	00:21:34			30	Sarah Lloyd	00:29:39	
	5	Sarah Ruby Rennsion	00:22:15			31	Keith Elshaw	00:29:44	
	6	Alan Burgess	00:22:17			32	Colin Middleton	00:29:53	
	7	Nick MacBeath	00:22:26			33	Lisa Young	00:30:23	
	8	Julia Roiz de Sa	00:23:23			34	Amanda Mole	00:31:02	
	9	Sam Graham	00:23:40			35	Stef Neale	00:31:34	
	10	Richard Wiltshire	00:24:54			36	Ange Elshaw	00:31:35	
	11	Caroline Musto	00:25:09			37	Kayleigh Park	00:32:11	
	12	Brian Fisher	00:25:24			38	Viv Breen	00:32:36	
	13	Richard Pelley	00:25:24			39	Naomi Clements	00:33:18	
	14	Jenny Shilling	00:25:35			40	Caroline Harms	00:35:00	
	15	Fiona Tomlinson	00:26:06			41	Trevor Giles	00:35:16	
	16	Mark Jakins	00:26:12			42	Vikki Long	00:38:12	
	17	Martin Robinson	00:26:39			43	Jennifer Parker-Lummi	00:38:41	
	18	Steve Wood	00:27:04			44	MelanieLumsden	00:41:11	
	19	Hayley Baird	00:27:08			45	Claire Parsons	00:41:11	
	20	Andrea Kitchen	00:27:08			46	Nichola Stanley	00:42:39	
	21	Richard Law	00:27:41			47	Pam Fisher	00:42:54	
	22	Dave Kitching	00:28:12			48	Jacqui Torrens	00:42:54	
	23	David Baker	00:28:14			49	Ceri Winson	00:44:42	
	24	Steve White	00:28:18			50	Kim Carter	00:44:47	
	25	Gill Thomas	00:28:47			51	Steve Crook	00:44:49	
	26	Tonia Morrell	00:28:48			52			
	Thank you to our officials - Liz Redpath, Sue Barrett, Paul Street and Sarah Down. Thank you to all our marshals -Dace Croft, Hayley Sparshott, Chris Nation, Kerry Irwin-Hall, Andy Hopkins, Jo Hopkins, Karen Morby, Gill Dowling, Sharon Noble and Andy Brown. Rob Hylands as bike supoort and Kim Carter with Steve Crook as tailrunners. We had 4 guest runners this evening - Tom Bates 00:19:14, Josh Belben 00:23:09, Louise Belben 00:29:51 and Michelle Lansley 00:32:36.								

February 5Km Time Trial									
Pos.	Name	Time	Comment		Pos.	Name	Time	Comment	
1	Dan Belben	00:18:40			24	Lee Torrens	00:27:43		
2	Nikki Moxham	00:18:50			25	David Baker	00:27:46		
3	Ian Reed	00:20:06			26	Gill Thomas	00:28:14		
4	Ben Wales	00:20:45			27	Lousie Belben	00:28:31		
5	Bryn Whitehouse	00:20:56			28	Sue Burley	00:29:00		
6	Nick Boorn	00:22:33			29	Tom Reader	00:29:23		
7	Robert Hylands	00:22:38			30	Amy Gower	00:29:34		
8	Richard Wiltshire	00:22:48			31	Kate Smyth	00:29:37		
9	Gill Dowling	00:23:10			32	Rory Fall	00:30:34		
10	Richard Law	00:23:13			33	Martyn Barnes	00:30:58		
11	David Whiting	00:23:31			34	Vikki Long	00:32:49		
12	Richard Pelley	00:24:19			35	Dave Kirby	00:33:34		
13	Caroline Musto	00:24:42			36	Hayley Sparshott	00:33:35		
14	Ben Jarvis	00:24:51							
15	Tracey Wales	00:25:04							
16	Kirsten Maw	00:25:08							
17	Elodie Bignon	00:25:40							
18	Geoff OFlanagan	00:26:02							
19	Adam Crook	00:26:04							
20	Tonia Morrell	00:26:57							
21	Karen Morby	00:27:00							
22	Steve Wood	00:27:06							
23	Jackie Tombs	00:27:39							
Thank you to our officials - Janet Lindley, Liz Redpath, Sue Barrett and Gary Francis. Thank you to all our marshals - Jackie Brady, Terry Weston, Dave Kitching, Dave Croft, Miranda Carrick, Mike Stares, Mark Jakins with Ken Eaden as bike support and Hayley Sparshott as tailrunner. It was great to have the support from Nick Carter, Gillian Horn, Rebecca Hylands, Kayleigh Park, Miles van der Lugt, Emma Robinson, Loyd Durham and his mum. We had 3 guest runners - Sebastien 20:07, Danny Miller 21:06 and Karen May 30:59									

	5K Time Trial Results March 2018								
	Pos.	Name	Time	Comment		Pos.	Name	Time	Comment
	1	Michael Percival	00:18:15			27	Fiona Tomlinson	00:25:53	
	2	Dan Belben	00:18:29			28	Steve Silverlock	00:26:43	
	3	Nikki Moxham	00:19:22			29	Steve White	00:27:12	
	4	Ian Reed	00:20:11			30	Richard Law	00:27:30	
	5	Ben Wales	00:20:39			31	Steve Wood	00:27:35	
	6	Paul Williams	00:21:34			32	Sarah Lloyd	00:27:52	
	7	Ruby Rennison	00:21:35			33	Mick Stares	00:28:24	
	8	Su Baldock	00:22:06			34	Dave Baker	00:28:51	
	9	Nicolas Boorn	00:22:24			35	Lou Belben	00:29:13	
	10	Kathryn Wealthy	00:22:25			36	Colin Middleton	00:29:17	
	11	Gill Dowling	00:22:51			37	Melissa Pink	00:29:42	
	12	Chris Sparshott	00:23:05			38	Tom Reader	00:29:43	
	13	Caroline Musto	00:23:38			39	Sue Burley	00:30:08	
	14	Charles Cope	00:24:05			40	Caroline Oakes	00:30:33	
	15	Sam Graham	00:24:06			41	Keith Elshaw	00:30:33	
	16	Adam Crook	00:24:12			42	Lee Torrens	00:31:04	
	17	Alex Reading	00:24:13			43	Naomi Clements	00:31:04	
	18	Richard Pelley	00:24:28			44	Karen Morby	00:31:24	
	19	Jazmin Curtin-Sew	00:25:10			45	Lorraine Down	00:31:25	
	20	Yvette Eastman	00:25:15			46	Vikki Long	00:31:30	
	21	Sarah Down	00:25:25			47	Lou Ness	00:33:44	
	22	Ben Jarvis	00:25:25			48	Mike Kearney	00:33:47	
	23	Kerry Arnott	00:25:34			49	Richard Smith	00:33:40	
	24	Kirsten Maw	00:25:37			50	Dave Kirby	00:34:19	
	25	Elodie Bignon	00:25:38			51	Joanne Hopkins	00:34:31	
	26	Ken Eaden	00:25:48			52	Karen Harding	00:36:14	
						53	Tonia Morrell	00:36:15	
	Thank you to our officials - Liz Redpath, Janet Lindley and Sue Barrett. Thank you to all our marshals - Terry Weston, Gill Thomas, Mark Jakins, Miranda Carrick, Brian Fisher, Sid Smith, Tracy Wales and Nick Macbeath with Tonia Morrell as tail runner. This evening we had 2 Guest runners Scott Duncan 00:23:10 and Debbie Swallow 00:34:31								

April 5 Km Time Trial 2018								
Pos.	Name	Time	Comment		Pos.	Name	Time	Comment
1	Michael Percival	00:18:02			29	Stuart Wood	00:27:29	
2	Dan Belben	00:18:21			30	Mark Jakins	00:27:53	
3	Nikki Moxham	00:18:57			31	Mike Stares	00:28:05	
4	Stephen Crook	00:20:05			32	Colin Middleton	00:28:40	
5	Ben Wales	00:20:57			33	David Baker	00:29:00	
6	Alan Burgess	00:21:33			34	Amy Gower	00:29:09	
7	Paul Williams	00:21:39			35	Melissa Pink	00:29:19	
8	Sharon Callaghan	00:22:24			36	Tonia Morrell	00:29:20	
9	Chris Sparshott	00:22:39			37	Gill Thomas	00:29:26	
10	Gill Dowling	00:23:21			38	Andy Brown	00:30:45	
11	Charles Cope	00:23:43			39	Kayleigh Park	00:31:06	
12	Adam Crook	00:24:12			40	Rebecca Scott	00:31:28	
13	Sam Graham	00:24:26			41	Donna Tatem	00:31:45	
14	Su Baldock	00:24:27			42	Julie Shinton	00:32:48	
15	Martyn Barnes	00:24:31			43	Steve Wise	00:32:56	
16	Richard Pelley	00:25:17			44	Yvette Eastman	00:34:02	
17	Kerry Arnott	00:25:38			45	Dave Kirby	00:34:22	
18	Paul Street	00:25:47			46	Lee Torrens	00:35:23	
19	Fiona Tomlinson	00:25:59			47	Jenny Shilling	00:35:32	
20	Steve White	00:26:22			48	Marie Bowers	00:35:52	
21	Reuben Shilling	00:26:23			49	Carol Collins	00:41:56	
22	Kerryanne Sawyer	00:26:49			50	Mike Bowers	00:42:34	
23	Mike Barker	00:26:53			51	Louise Millson	00:43:00	
24	Kerry Irwin-Hall	00:27:01			52	Auz Gray	00:43:27	
25	Julia Roiz de Sa	00:27:01			53	Ceri Winson	00:44:39	
26	Mike Kearney	00:27:09			54	Nichola Stanley	00:44:43	
27	Guy Sheppard	00:27:21			55	Rachel Gee	00:50:39	
28	Louise Belden	00:27:28			56	Karen Morby	00:50:40	
Thank you to our officials - Liz Redpath, Janet Lindley, Sue Barrett and Gary Francis. you to all our marshals - Ken Eaden, Dave Croft, Sid Smith, Hayley Sparshott, Loyd Durham, Jacqui Torrens, Nicky Hayward, Claire Crook, Terry Arnott, Karen Middleton, Joanne Hopkins and Nick Carter with Karen Morby and Rachel Gee as tailrunners. This evening we had 3 guest runners - Joe Wales 00:19:23, Gavin Llewellyn 00:23:00 and Kevin Bush 00:23:08								

Beginners Runners		
April 5 Km Time Trial 2018		
	Name	Time
1	Paul Dunstan	00:25:48
2	Sara Chamberlain	00:30:09
3	Jeanetter O'Neill	00:31:16
4	Liberty Faygo	00:32:39
5	Diane Kelly	00:32:51
6	Kerry Saunders	00:32:52
7	James Eastman	00:33:44
8	Elaine Day	00:34:00
9	Sian Stead	00:35:23
10	Celine O'Gorman	00:35:32
11	Angie Groves	00:41:57
12	Catrina Groves	00:41:57
13	Donna Wardle	00:42:56
14	Rebecca Walker	00:44:11
15	Alison Watson	00:50:37

May 5 Mile Time Trial 2018									
Pos.	Name	Time	Comment		Pos.	Name	Time	Comment	
1	Michael Percival	00:29:15			30	Emma Robinson	00:43:44		
2	Dan Belben	00:30:39			31	Mark Jakins	00:43:51		
3	Nikki Moxham	00:31:03			32	Richard Law	00:43:56		
4	Paul Williams	00:34:40			33	Mike Barker	00:44:04		
5	Ben Wales	00:35:07			34	Mike Stares	00:44:07		
6	Tim Durrant	00:35:12			35	David Whiting	00:44:10		
7	Alan Burgess	00:35:56			36	Stuart Wood	00:44:15		
8	Sharon Callaghan	00:36:33			37	Dave Kitching	00:44:21		
9	Nick Boorn	00:36:50			38	Mike Kearney	00:44:42		
10	Adam Crook	00:37:14			39	Katrina Jurd	00:44:57		
11	Kevin Busch	00:37:18			40	Catherine Stock	00:44:57		
12	Gavin Llewellyn	00:37:32			41	Tonia Morrell	00:45:06		
13	Rob Hylands	00:37:37			42	Karen Morby	00:45:26		
14	Charles Cope	00:38:13			43	Ken Eaden	00:45:42		
15	Richard Wiltshire	00:38:21			44	Melissa Pink	00:45:52		
16	Richard Pelley	00:40:00			45	Louise Belben	00:46:22		
17	Sam Graham	00:40:31			46	Cathy Harman	00:46:36		
18	Steve Silverlock	00:40:50			47	Hayley Baird	00:46:49		
19	Rachel Davies	00:40:53			48	Lee Torrens	00:47:28		
20	Jane Cockayne	00:40:59			49	David Baker	00:47:58		
21	Darren Eynon	00:40:59			50	Pete Lindley	00:49:05		
22	Jenny Shilling	00:41:14			51	Chris Nation	00:50:37		
23	Paul Dunstan	00:41:20			52	Dave Kirby	00:54:30		
24	Paul Street	00:41:23			53	Jackie Norton	01:00:30		
25	Jazmin Curtin-Sewell	00:41:28			54	Richard Smith	01:00:33		
26	Brian Fisher	00:42:01			55	Marie Bowers	01:05:13		
27	Fiona Tomlinson	00:43:24			56	Mike Bowers	01:13:51		
28	Tracy Bale	00:43:36			57	Steve Crook	01:13:52		
29	Sarah Lloyd	00:43:38							
Thank you to our officials - Liz Redpath, Janet Lindley, Sue Barret and Gary Francis. Thank you to all our marshals - Sid Smith, Eileen Cowling, Nicky Hayward, Andrea Edwards, Rebecca Hylands, Jo Hopkins, Loyd Durham, Clare Parsons, Hayley Sparshott, Jacqui Tombs, Miranda Carrick, Gill Thomas, Yvette Eastman, SUE Baldock, Paul and Debbie Humphreys, Jackie torrens, Gill Dowling and Stephen Crook as tailrunner.									

June 5 Km Time Trial 2018									
Pos.	Name	Time	Comment		Pos.	Name	Time	Comment	
1	Michael Percival	00:17:51			31	Steve Wood	00:27:44		
2	Dan Belben	00:18:16			32	Mike Stares	00:27:48		
3	Nikki Moxham	00:18:50			33	Gill Thomas	00:28:01		
4	Kevin Allen	00:19:49			34	Louise Belben	00:28:10		
5	Alan Burgess	00:21:21			35	Melissa Pink	00:28:13		
6	Sharon Callaghan	00:21:24			36	Cathy Harman	00:28:40		
7	Ben Wales	00:21:25			37	David Baker	00:28:45		
8	Gavin Llewellyn	00:21:38			38	Caroline Oakes	00:29:02		
9	Gill Dowling	00:21:47			39	Angie Claridge	00:29:05		
10	Caroline Musto	00:22:29			40	Rebecca Scott	00:29:10		
11	Dan Crabb	00:23:00			41	Jackie Brady	00:29:11		
12	Richard Wiltshire	00:23:06			42	Gillian Horn	00:29:41		
13	Chris Sparshott	00:23:23			43	Katja Reipert	00:29:42		
14	Martyn Barnes	00:23:38			44	Stef Neale	00:29:44		
15	Charles Cope	00:23:49			45	Steve Cameron	00:29:48		
16	Richard Pelley	00:24:05			46	Andy Brown	00:30:01		
17	Paul Dunstan	00:24:20			47	Kirsty Fletcher	00:30:02		
18	Auz Gray	00:24:21			48	Jade Leahy	00:30:03		
19	Will Harlow	00:25:02			49	Jeanette O'Neill	00:30:27		
20	Stuart Wood	00:25:18			50	Maree O'Rourke	00:30:45		
21	Jenny Shilling	00:25:39			51	Diane Kelly	00:31:27		
22	Mark Jakins	00:25:47			52	Richard Smith	00:31:28		
23	Sarah Lloyd	00:26:07			53	Julie Shinton	00:32:09		
24	Tracey Bale	00:26:20			54	Kate Smyth	00:32:17		
25	Fiona Tomlinson	00:26:26			55	Naomi Clements	00:32:30		
26	Geoff O'Flanagan	00:26:59			56	Kay Morton	00:33:31		
27	Lee Torrens	00:27:00			57	Rachel Gee	00:34:08		
28	Steve Sliverlock	00:27:06			58	Mike Bowers	00:39:08		
29	Mike Barker	00:27:39			59	Dave Kirby	00:39:16		
30	Tonia Morrell	00:27:43							
Thank you to our officials - Paul Street, Janet Lindley, Sue Barret and Gary Francis. Dave Croft, Hayley Sparshott and Faye, Su Baldock and Tilly, Jaqui Toombs, Brian Fisher, Ben Jarvis, Alison Watts, Jo Hopkins, Loyd Durham, Kim Carter, Chris Nation, Dodge Loxton-Gear, Nicky Hayward, Karen Hardin and Dave Kitching as tail rider.									
Thank you to all our marshals - Sid Smith, Terry Weston, Nick Carter, Pete Lindley and Tina Krahn.									
We had 2 guest runners this evening, Kerry Saunders 33:28 and Lynne Franklin 34:08									

	July 10 Km Time Trial			
	Pos.	Name	Time	
	1	Michael Percival	00:37:56	
	2	Alan Burgess	00:47:13	
	3	Gill Dowling	00:48:49	
	4	Su Baldock	00:49:45	
	5	Dan Roiz de Sa	00:49:51	
	6	Rob Hylands	00:50:53	
	7	Brian Fisher	00:51:11	
	8	Caroline Musto	00:52:23	
	9	Jenny Shilling	00:53:03	
	10	Emma Robinson	00:53:49	
	11	Charles Cope	00:56:59	
	12	Mike Stares	00:58:02	
	13	Paula Pearce	00:59:09	
	14	Gill Thomas	00:59:45	
	15	Cathy Harman	01:01:32	
	16	Becca Brown	01:02:26	
	17	Angie Claridge	01:02:36	
	18	Jenna Leach	01:03:28	
	19	Mike Barker	01:03:29	
	20	David Baker	01:04:58	
	21	Nicky Aitken	01:07:01	
	22	Stef Neale	01:08:24	
	23	Karen Morby	01:08:25	
	24	Richard Smith	01:08:26	
	Thank you to our Officials - Liz Redpath, Rachel Gee, Gary Francis, Janet Lindley. Thank you to our marshals and volunteers - Roger Loxton Gear, Mike Bowers, Hayley Sparshott, Nick Carter, Jo Hopkins, Yvette Eastman, Dave Kitching, Sharon Noble, Ali Watson, Naomi Clements, Kerry Irwin Hall, Karen Harding, Sue Barrett, Chris Nation, Jackie Tombs, Steve Cawte, Dave Croft			

	X Country Results 1 Jul 18				
	Pos.	Name		Pos.	Name
	1	Chris Buxton		27	Philip Moran
	2	Ben Jarvis		28	Charles Cope
	3	Jason Grygiel		29	Ed
	4	Gavin Llewellyn		30	Cathy Harman
	5	Colin Gardner		31	Mark Jakins
	6	Lee Rhodes		32	Karen Morby
	7	Caroline Musto		33	Lee Torrens
	8	Ian Pugh		34	Andrea Kitchen
	9	Adam Crook		35	Honor Reader
	10	Brian Fisher		36	Viv Breen
	11	Gill Dowling		37	Katja Reipert
	12	Rob Hylands		38	Ken Eaden
	13	Scott Duncan		39	Pete Lindley
	14	Kevin Bish		40	Richard Smith
	15	Kieran Chaplin		41	Nicky Hayward
	16	Alan Burgess		42	Lou Down
	17	Paul Street		43	Chris Nation
	18	Dale Poulter		44	Amy Gower
	19	David Whiting		45	Sue Tingley
	20	Emma Robinson		46	Mel Bagwell
	21	Kirstin Maw		47	Caroline Harms
	22	Lee Westwood		48	Sylv Cawte (Tail Runner)
	23	John Barrett			Martyn Barnes (took a wrong turn)
	24	Mike Stares			
	25	Jade Leahy			
	26	Richard Law			
	Many thanks to Steve, Mike and Sarah for organising the event. Many thanks to all the marshals that were there in support today:- Janet Lindley, Andy Clutton, Sharon Clutton, Rachel Gee, Dave Kitching, Nick Carter, Kim Carter, Ian Buzzard, Kerry Irwin, Dave Croft, Terry Ash, Sue Barker, Kellee Read, Deborah Birch, Ray Bernice, Tania Bernice, Mary Ash, Terry Ash, Auz Gray, Miranda Carrick, Sue Barrett, Bob Bennett, Isobell Gardner and Mark Birch. Special shout out to Mick Wellstead who was there cheering us all in at the end. We had two guest runners:- Paula Pearce and Susan Hamilton.				

August 2018 Time trial									
Pos.	Name	Time	Comment		Pos.	Name	Time	Comment	
1	Michael Percival	17:41			31	Mel Maloney	27:42		
2	Dan Belben	19:55			32	Mike Stares	27:49		
3	Kev. White	20:15			33	Gill Thomas	27:55		
4	Dale Poulter	20:57			34	Paula Pearce	27:59		
5	Kieran Chaplin	21:42			35	Dave Kitchen	28:25		
6	Ruby Rennison	21:45			36	Angie Clarridge	28:32		
7	Martyn Barnes	22:20			37	Kev Robinson	29:00		
8	Gill Dowling	22:28			38	Rebecca Scott	29:02		
9	Sharon Callaghan	22:47			39	Marie O'Rourke	29:06		
10	Adam Crook	23:00			40	Hayley Baird	29:55		
11	Ben Wales	23:02			41	Caroline Oakes	29:56		
12	Kevin Busch	23:08			42	Nicky Hayward	30:02		
13	Rob Hylands	23:31			43	Rodger Loxton-Gear	30:16		
14	David Whiting	24:10			44	Kayleigh Park	30:28		
15	Charles Cope	24:14			45	Jeanette O'Neill	30:39		
16	Julia Ruiz da Sa	24:22			46	Richard Smith	30:50		
17	Ben Jarvis	24:54			47	Stef Neale	31:03		
18	Jenny Shilling	25:04			48	Jackie Brady	31:03		
19	Lee Torrens	25:05			49	Pete Lindley	31:07		
20	Debbie Taylor	25:10	Guest		50	Chrissy Stansfield	32:27		
21	Sam Graham	25:42			51	Penny Herridge	32:37		
22	Steve Wood	25:43			52	Dave Kirby	34:40		
23	Ken Eaden	26:19			53	Mike Bowers	39:23		
24	Mike Barker	26:27			54	Marie Bowers	39:46		
25	Paul Sansfield	26:45			55	Jennifer Parker Lumas	43:02		
26	Sarah Lloyd	26:53			56	Ali Watson	49:23		
27	Richard Law	26:54			57	Kim Carter	49:23		
28	Mark Jenkins	26:57			58	Steve Crook	49:24		
29	Fi Tomlinson	26:58							
30	Mike Kearney	27:12							
Starter/Timer- Liz Redpath, Backup Timer - Janet Lindley, Numbers -Karen Morby Recorder - Gary Francis, Marshals/ Supporters,- Sid Smith, Terry Weston, Nick Carter, Dave Croft, Sue Barratt,, Laura Woodhams, Miranda Carrick, Lloyd Durham, Lisa Young, Zoe Windsor									

September 2018 5 Mile Time Trial							
Pos.	Name	Time		Pos.	Name	Time	
1	Chris Buxton	00:30:00		25	Will Harlow	00:44:25	
2	Nikki Moxham	00:32:08		26	Mick Kearney	00:44:40	
3	Jayson Grygiel	00:33:52		27	Melissa Pink	00:45:09	
4	Kieran Chaplin	00:34:34		28	Brian Fisher	00:45:15	
5	Sarah Ruby Rennison	00:35:13		29	Rachel Davies	00:45:16	
6	Ben Wales	00:35:26		30	Mike Stares	00:45:37	
7	Alan Burgess	00:35:51		31	Dave Kitching	00:46:13	
8	Caroline Musto	00:36:26		32	Katja Reipert	00:46:22	
9	Adam Crook	00:36:56		33	Kev Robinson	00:46:32	
10	Kevin Busch	00:37:02		34	Maree O'Rourke	00:46:36	
11	Daniel Roiz de Sa	00:37:49		35	Tom Reader	00:46:38	
12	Su Baldock	00:38:53		36	Cathy Harmen	00:47:07	
13	Richard Law	00:39:37		37	Gill Thomas	00:48:21	
14	Andy Pearce	00:39:43		38	David Baker	00:49:23	
15	Sharon Callaghan	00:40:46		39	Richard Smith	00:49:25	
16	Steve Wood	00:41:37		40	Nicky Aitken	00:50:37	
17	Lee Torrens	00:41:49		41	Jeanette O'Neill	00:51:22	
18	Sam Graham	00:41:56		42	Andy Brown	00:52:00	
19	Charles Cope	00:42:01		43	Jackie Brady	00:52:00	
20	Jackie Tombs	00:42:08		44	Steve Cameron	00:52:25	
21	Jenny Shilling	00:43:09		45	Mark Jakins	00:53:58	
22	Sarah Lloyd	00:43:34		46	Dave Kirby	00:55:16	
23	Tonia Morrell	00:43:53		47	Karen Morby	00:55:17	
24	Paul Dunstan	00:44:20		48	Kim Carter	00:55:17	
We had three guest runners this evening Tom Baker 00:34:43 and Lynn Franklin 00:53:56 and Kev Robinson 00:46:32. We would like to thank our officials - Liz Redpath timing and starter, Ken Eaden Timing. Geoff O'Flanagan numbers and Gary Francis recording. We would also like to thank our marshals - Sid Smith, Terry Weston, Sue Barrett, Hayley Sparshott, Loyd Durham, Dave Croft, Kaz Harms, Sharon Noble, Eileen Cowling, Julia Roiz de Sa and Richard Pelley. Thank you also to our photographers - Eileen Bartlett and Ben Jarvis							

	October 5Km Time Trial 2018						
	Pos.	Name	Time		Pos.	Name	Time
	1	Ben Wales	00:20:31		23	Dale Poulter	00:27:32
	2	Ben Jarvis	00:20:43		24	Caroline Musto	00:27:32
	3	Adam Crook	00:21:26		25	Ruby Rennison	00:27:33
	4	Alan Burgess	00:21:34		26	Melissa Pink	00:28:15
	5	Su Baldock	00:22:06		27	Mick Stares	00:28:20
	6	Kevin Busch	00:22:09		28	Caroline Oakes	00:28:26
	7	Nicolas Boorn	00:22:20		29	Cathy Harman	00:28:46
	8	Gill Dowling	00:22:21		30	Chris Nation	00:28:56
	9	Richard Wiltshire	00:22:25		31	Brian Fisher	00:28:57
	10	Jason Belben	00:22:37		32	Gill Thomas	00:29:02
	11	Stuart Wood	00:24:28		33	Andy Brown	00:30:08
	12	Richard Pelley	00:24:37		34	Lisa Young	00:30:56
	13	Charles Cope	00:24:44		35	Stef Neale	00:31:53
	14	Rachel Davies	00:25:49		36	Tonia Morrell	00:31:54
	15	Mark Jakins	00:26:49		37	Donna Wardle	00:37:43
	16	Mike Barker	00:26:59		38	Mike Bowers	00:40:37
	17	Mick Kearney	00:27:08		39	Jennifer Parker- Lummi	00:41:59
	18	Sam Graham	00:27:21		40	Nicola Sadler	00:42:07
	19	Lee Torrens	00:27:24		41	Kim Carter	00:42:08
	20	Sarah Lloyd	00:27:26		42		
	21	Richard Law	00:27:27		43		
	22	Maree O'Rourke	00:27:31		44		
	Thank you to our officials - Paul Street, Janet Lindley, Gary Francis and Geoff O'Flanagan. Thank you to our marshals - Ken Eaden, Terry Weston, Pete Lindley, Sue Barrett, Kerry Irwin-Hall, Hayley Sparshott, Loyd Durham, Jo Hopkins, Sid Smith, Yvett Eastman, Pete Lindley, Dave Croft and thanks to Eileen Cowling and Nick Carter for bike support and Kim 'tail end Charlie' Carter. We had 6 guest runners this evening - Tom Baker 00:19:48, Josh Belben 00:20:27, Jamie Robinson 00:24:13, Kev Robinson 00:27:25, Darren Gamblin 00:28:44 and Lynne Franklin 00:30:36.						

	November 2018 5Km Time Trial								
	Pos.	Name	Time	Comment		Pos.	Name	Time	Comment
	1	Dan Belben	00:20:10			27	Neil Jarrett	00:26:12	
	2	Josh Belben	00:20:48			28	Guy Sheppard	00:27:37	
	3	Jayson Grygiel	00:20:57			29	Richard Law	00:27:41	
	4	Tim Durrant	00:21:33			30	Sarah Down	00:27:44	
	5	Dale Poulter	00:21:40			31	Louise Belben	00:28:02	
	6	Paul Williams	00:21:41			32	Sarah Lloyd	00:28:03	
	7	Kev White	00:22:06			33	Melissa Pink	00:28:09	
	8	Alan Burgess	00:22:09			34	Mick Kearney	00:28:27	
	9	Kevin Busch	00:22:17			35	Cathy Harman	00:28:38	
	10	Dan Roiz de Sa	00:22:30			36	Gill Thomas	00:29:16	
	11	Jordan Duck	00:22:39			37	Tom Reader	00:29:22	
	12	Richard Wiltshire	00:23:12			38	David Baker	00:29:40	
	13	Su Baldock	00:23:53			39	Angie Claridge	00:29:53	
	14	Dean Conway	00:24:10			40	Lisa Young	00:30:15	
	15	Nick Boorn	00:24:21			41	Hayley Baird	00:30:23	
	16	Gill Dowling	00:24:38			42	Amy Gower	00:31:24	
	17	Julia Roiz de Sa	00:24:51			43	David Whiting	00:31:25	
	18	Claire Tallack	00:24:56			44	Pete Lindley	00:31:34	
	19	Charles Cope	00:25:12			45	Dave Kirby	00:35:48	
	20	Emma Robinson	00:25:28			46	Julia conway	00:36:33	
	21	Lee Torrens	00:25:43			47	Karen Morby	00:36:34	
	22	Sam Graham	00:25:44			48	Tonia Morrell	00:36:34	Tail Runner
	23	Darren Eynon	00:25:50			49			
	24	Jon Bradley	00:25:51			50			
	25	Will Harlow	00:26:07			51			
	26	Brian Fisher	00:26:11			52			
	Thank you to our officials - Liz Redpath (Starter), Janet Lindley (clock), Geoff O'Flanagan (numbers), Gary Francis (recorder) and Paul Street. Thank you to our marshals - Sid Smith, Miranda Carrick, Dave Kitching, Sue Barratt, Terry Weston, Nicky White, Ruby Rennison, Ben Wales, Ali Watson, Ken Eaden, Jackie Tombs, Jenny Shilling, Chris Nation and Rob Hylands. We had 7 guest runners this evening: Tom Baker-00:20:33, Ross Hunt-00:21:20, Andy Williams-00:21:45, Jamie Robinson-00:22:41, Karen Thomson-00:24:34, John Walker-00:25:33 and Sarah Williams-00:29:02.								

December 5 Km Time Trial 2018						
Pos.	Name	Time		Pos.	Name	Time
1	Dan Belben	00:18:26		17	Charles Cope	00:24:41
2	Michael Percival	00:18:30		18	Ben Jarvis	00:26:31
3	Dale Poulter	00:19:48		19	Lousie Belben	00:27:22
4	Josh Belben	00:20:43		20	Sam Graham	00:27:43
5	Ben Wales	00:21:12		21	Lee Torrens	00:27:46
6	Alan Burgess	00:21:22		22	Julia Roiz de Sa	00:27:50
7	Jordan Duck	00:21:29		23	Cathy Harman	00:28:10
8	Kevin Busch	00:21:51		24	Dean Conway	00:28:13
9	Jason Belben	00:22:21		25	Ken Eaden	00:28:29
10	Caroline Musto	00:22:31		26	Lisa Young	00:28:57
11	Su Baldock	00:23:08		27	David Baker	00:29:24
12	Rob Hylands	00:23:20		28	Jackie Brady	00:30:10
13	Nicolas Boorn	00:24:03		29	Richard Smith	00:30:59
14	Richard Pelley	00:24:08		30	Dave Kirby	00:34:41
15	Gill Dowling	00:24:09		31	Yvette Eastman	00:34:41
16	Chris Sparshott	00:24:18		32	Kim Carter	00:34:45
Thank you to our officials - Liz Redpath (starter/timer), Janet Lindley (timer), Paul Street (numbers) & Gary Francis (recorder). thank you to our marshals - Geoff O'Flanagan, Eileen Bartlett, Sue Barrett, Terry Weston, Jenny Shilling, Michael Bowers, Julie Conway, Jo Hopkins. Hayley Sparshott and Tom Reader. We had 2 guest runners this evening: Simon Rowe - 00:19:50 & Rory Fall 00:34:45						

GOSPORT HELPERS HALF RESULTS

Position	Name	Time	Position	Name	Time
1	Chris Buxton	1:26:10	23	Tonia Morrel	2:07:24
2	Terry Arnott	1:27:15	24	Mick Kearney	2:07:56
3	Steve Crook	1:29:03	25	Andrea Kitchen	2:08:08
4	Jason Grygeil	1:35:24	26	Julia Roiz De Sa	2:08:10
5	Lee Rhodes	1:38:40	27	Carol Collins	2:10:22
6	Kev Busch	1:40:17	28	Deborah Burch	2:11:44
7	Gavin Llewellyn	1:42:59	29	Mike Barker	2:11:45
8	Colin Gardner	1:47:47	30	Sarah Down	2:14:54
9	Nick Boorn	1:48:15	31	Karen Morby	2:14:56
10	Caroline Musto	1:49:07	32	Kim Carter	2:20:20
11	Kathryn Wealthy	1:49:10	33	Jo Hopkins	2:20:20
12	Sue Baldock	1:49:12	34	Haley Sparshott	2:20:21
13	Gill Dowling	1:49:13			
14	Ed Anderson	1:52:28			
15	Brian Fisher	1:53:03			
16	Rachel Davies	1:54:10			
17	Charles Cope	1:55:37			
18	Dale Poulter	1:59:55			
19	Kieran Chaplin	1:59:55			
20	Richard Pelley	2:03:21			
21	Dave Whiting	2:06:14			
22	Lee Westwood	2:07:02			

Many thanks to all officials, marshals and supporters who helped today:

Time Keepers:

Liz Redpath

Janet Lindley

Marshalls:

Pete Lindley

Ceri Wilson

Lauren Shields

Sally Cope

Lee Torrens

Eileen Cowling

Miranda Carrick

Mike Stares

Stuart Wood

Alan Burgess

Chris Nation

Sue Barratt

Mike Stares