

5K Time Trial Results January 2019								
Pos.	Name	Time	Comment		Pos.	Name	Time	Comment
1	Tom Barnard	18:30			26	David Kitching	27:41	
2	Michael Percival	18:44			27	Laura Woodham	27:52	
3	Dan Belben	18:55			28	Mark Jakins	27:54	
4	Josh Belben	20:29			29	Nicky White	27:55	
5	Ben Wales	20:33			30	Ben Jarvis	27:57	
6	Caroline Musto	21:49			31	Debbie Humphreys	27:59	
7	Alan Burgess	21:51			32	Melissa Pink	28:43	
8	Jason Belben	22:07			33	Yvette Eastman	28:46	
9	Adam Crook	22:19			34	Gill Dowling	28:47	
10	Kevin Busch	22:28			35	Tonia Morrell	28:48	
11	Richard Wiltshire	22:36			36	Lisa Young	28:57	
12	Neil Jarrett	22:52			37	David Baker	29:14	
13	Sarah Ruby Rennison	23:17			38	Kate Stubbings	29:15	
14	Julia Roz De Sa	23:56			39	Darren Gamblin	29:45	
15	David Waters	24:23			40	Lynn Franklin	30:03	
16	Claire Tallack	25:00			41	Richard Smith	31:06	
17	Nick Boorn	25:01			42	Sophie Hurlo	31:39	
18	Amy Smalley	25:04			43	Louise Ness	34:47	
19	Gavin Llewellyn	25:04			44	Dave Kirby	35:09	
20	Richard Law	25:10			45	Rick Crook	38:08	
21	Sam Graham	25:36			46	Jenny Parker Lumis	41:24	
22	Tracy Bale	25:56			47	Karen Morby	41:25	
23	Sarah Law	26:39			48			
24	Louise Belben	27:27			49			
25	Cathy Harman	27:29			50			

Many thanks to our officials tonight: - Liz Redpath (time keeper), Dave Croft (time keeper), Gary Francis (results recorder). Supporters and Marshalls - Terry Weston, Sid Smith, Sue Barrett, Jenny Shilling, Mike Stares, Nick Carter, Jackie Toombs, Martyn Barnes, Mike Bowers and Kev White.  
 Guest runners tonight (that we know of) were: Simon Rowe 19:44 and Kirsty Hope 30:52

5K Time Trial Results February 2019								
Pos.	Name	Time	Comment		Pos.	Name	Time	Comment
1	Michael Percival	19:03			26	David Baker	28:58	
2	Josh Belben	20:44			27	Jackie Brady	29:21	
3	Paul Williams	20:58			28	Gill Thomas	29:37	
4	Jason Belben	21:38			29	Melissa Pink	29:39	
5	Richard Wiltshire	21:43			30	Kate Stubbings	30:16	
6	Adam Crook	21:46			31	Darren Gamblin	30:36	
7	Alan Burgess	21:50			32	Pete Lindley	30:49	
8	Su Baldock	22:02			33	Richard Smith	32:27	
9	Kev Busch	22:06			34	Dave Kirby	34:49	
10	Rob Hylands	22:48			35	Rick Crook	37:35	
11	Lee Torrens	24:27			36	Kim Carter	37:36	
12	Sam Graham	24:48						
13	Mark Jakins	26:14						
14	Laura Woodhams	26:34						
15	Julia Roi-De Sa	26:36						
16	Gill Dowling	27:27						
17	Louise Belben	27:27						
18	Yvette Eastman	27:28						
19	Dave Kitching	27:32						
20	Richard Law	28:10						
21	David Whiting	28:11						
22	Fiona Tomlinson	28:45						
23	Lyne Franklin	28:48						
24	Angie Claridge	28:52						
25	Brian Fisher	28:53						
<p>Many thanks to our officials tonight: - Liz Redpath (starter/timer), Janet Lindley (timer), Gary Francis (Recorder), Dave Croft (numbers). Thanks to the marshals and supporters on the course - Geoff O'Flanagan, Ben Jarvis, Mike Stares, Terry Weston, Sid Smith, Sue Barratt and Jenny Shilling.</p>								

March 5 Km Time Trial 2019						
Pos.	Name	Time		Pos.	Name	Time
1	Ben Jarvis	18:59		19	Gavin Llewelyn	26:49
2	Ben Wales	21:21		20	Mike Barker	27:18
3	Adam Crook	21:27		21	Tom Reader	27:19
4	Kev Busch	21:30		22	Rachel Davies	27:24
5	Alan Burgess	22:47		23	Brian Fisher	27:24
6	Anthony Lewis	23:49		24	Ken Eaden	28:39
7	Rob Hyland	23:55		25	Cathy Harman	28:42
8	Chris Sparshott	24:02		26	Mike Stares	29:56
9	Julia Roiz-De-Sa	24:13		27	Darren Gamblin	30:07
10	Lee Torrens	24:15		28	Andy Brown	30:47
11	Martyn Barnes	24:30		29	Kayleigh Park	30:55
12	Richard Law	24:55		30	Sophia Hurlo	30:56
13	Sam Graham	25:41		31	Richard Smith	32:13
14	Richard Pelley	25:58		32	Dave Kirby	35:27
15	Guy Sheppard	26:26		33	Kim Carter	35:27
16	Gill Dowling	26:42				
17	Yvette Eastman	26:43				
18	Dean Conway	26:46				
<p>Thank you to our officials - Liz Redpath (starter/timer), Dave Croft (Timer), Gary Francis (recorder), Geoff O'Flanagan (Numbers) thank you to our marshals - Nick Boorn, Caroline Musto, Sid Smith, Terry Weston, Jenny Shilling, Nick Carter Julie Conway and Chris Nation.</p>						

GRR X-Country March 2019						
Pos.	Name	Comment		Pos.	Name	Comment
1	Mike Newnham	Guest		22	Tonia Morrell	
2	Danny Miller	Guest		23	Karen Morby	
3	Ben Jarvis	1st GRR Man		24	Jenny Shilling	
4	Ian Pugh			25	Julia Roiz-De-Sa	
5	Alan Burgess			26	Louise Belben	
6	Nico Rosser			27	Mick Stares	
7	Su Baldock	1st GRR Lady		28	Lynne Franklin	
8	Kev Busch			29	Gill Dowling	
9	Caroline Musto			30	Ed Anderson	
10	Neil Jarrett			31	Pippa White	
11	Dan Roiz-De-Sa			32	Ken Eaden	
12	Dean Conway			33	Kirsty Hope	
13	Stuart Wood			34	Nicky Hayward	
14	Amy Smalley			35	Phil Moran	
15	Anthony Lewis			36	Christine Nation	
16	Chris Sparshott			37	Rebecca Scott	
17	Brian Fisher			38	Richard Smith	
18	Dave Kitching			39	Reuben Shilling	
19	Rachel Davies			40	Sue Tingley	
20	Mark Jakins			41	Sue Barker	
21	Cathy Harman			42	Paul Street	
<p>Very good conditions today, light winds and lots and lots of sunshine. Many thanks to the organisers, Steve Cawte and Mike Barker. Many thanks to the officials and marshalls who ensured we had a great morning out, Andy &amp; Sharon Clutton, Terry &amp; Mary Ash, Ian Buzzard, Eileen Bartlett (Photos), Eileen Cowling, Pete Lindley, Dave Croft (Photos), Sylvia Cawte, Donna Tatem, Janet Lindley (Numbers), Mick Welstead (GRR Legend), Nick &amp; Kim Carter, Tania Bernice, Deborah &amp; Mark Birch, Shirley Faichen, Hayley Sparshott, Phil Shilling, Sue Barratt, Kellee Read, Angie Claridge, Bob Bennet, Karen Harding, Denise Francis &amp; Gary Francis (Recorder) and not forgetting the wonderful Miranda Carrick!!!</p>						

April 5 Km Time Trial 2019							
Pos.	Name	Time		Pos.	Name	Time	Comment
1	Danny Millar	18:46		20	Dave Kitching	26:36	
2	Simon Rowe	20:13		21	Lynne Franklin	26:43	
3	Josh Belben	20:37		22	Mark Jakins	26:44	
4	Ben Wales	20:39		23	Mick Kearney	27:01	
5	Kevin Busch	21:41		24	Colin Middleton	28:09	
6	Adam Crook	21:47		25	Kirsty Hope	28:28	
7	Sue Baldock	21:52		26	Tonia Morrell	28:28	
8	Gill Dowling	22:05		27	Darren Gamblin	29:15	
9	Gavin Llewellyn	22:18		28	David Baker	30:03	
10	Anthony Lewis	22:30		29	Kayleigh Park	30:24	
11	Dan Roiz de Sa	22:37		30	Richard Smith	31:53	
12	Katherine Wealthy	22:51		31	Louise Nillson	33:24	(marked as a PB)
13	Chris Sparshott	23:24		32	Peter Lindley	33:26	
14	Kev White	23:26		33	Dave Kirby	35:45	
15	Nick Carter	23:29		34	Terry Weston	40:16	
16	Julia Roiz de Sa	24:02		35	Marie Bowers	40:32	
17	Sam Graham	25:11		36	Mike Bowers	42:24	
18	Yvette Eastman	25:24		37	Kim Carter	42:24	
19	Tracey Wales	25:34		38			

**Technical Volunteers:** Sid Smith ( Numbers), Janet Lindley (Timer), Liz Redpath (Starter/Timer), Gary Francis(Recorder). **Marshalls:** Mike Stares, Dave Croft, Ken Eaden, Edith Nillson, Nick Boorn, Sophie Hurlo, Brian Fisher, Jackie Toombs, Tom Reader, Geoff OFlanagan.

***The first Time Trial of the Summer Season saw a great turnout and members were extremely keen for the off. The term "Summer Season" is maybe a little premature as, whilst the rain held off for the majority of the evening, the heavens eventually opened and runners were treated to quite the downpour; well done to every one for a fantastic set of results despite the conditions. As always, a special mention and huge thanks to the volunteers who managed to stand their ground as the rain was literally bouncing off the ground in all directions; without them the Time Trials would not happen.***

***Well done to everyone and here's to a great Summer Season!***

May 5 MileTime Trial 2019								
Pos.	Name	Time	Comment		Pos.	Name	Time	Comment
1	Danny Miller	30:04			21	Tonia Morrell	44:55	
2	Chris Buxton	30:33			22	Mark Jakins	45:19	
3	Michael Percival	30:34			23	Louise Belben	45:22	
4	Mike Newham	30:37			24	Lynne Franklin	45:27	
5	Nicky Moxham	30:48			25	Cathy Harman	45:32	
6	Steve Crook	31:35	PB		26	Mick Kearney	45:44	
7	Josh Belbin	33:54			27	Melissa Pink	47:37	
8	Paul Williams	34:16			28	David Baker	47:43	
9	Kevin Busche	35:16			29	Katja Reipert	48:37	
10	Gavin Llewellyn	36:11			30	Mike Stares	49:22	
11	Barry Griffin	36:18			31	Kirsty Hope	49:31	
12	Gill Dowling	36:19			32	Gill Thomas	49:32	
13	Anthony Lewis	37:00			33	Richard Smith	50:32	
14	Sue Baldock	38:05			34	Catherine Stock	50:57	
15	Richard Wiltshire	38:23			35	Sarah Bishop	50:58	
16	Charles Cope	39:06			36	Lisa Young	52:35	
17	Julia Roiz De Sa	39:27			37	Andrea Kitchen	52:36	
18	Chris Sparshott	40:27			38	Dave Kirby	57:29	
19	Andy Pearce	41:17			39	Kim Carter	57:30	
20	Clare Clements	41:52	Guest		40			
<b>Technical Team:</b> Janet Lindley, Jackie Tombs, Sid Smith, Gary Francis <b>Marshals:-</b> Ken Eaden, Hayley Sparshott, Pete Lindley, Terry Weston, Nick Carter, Geoff OFlanagan, Jackie Brady, Ali Watson								

June 5 Km Time Trial 2019								
Pos.	Name	Time	Comment		Pos.	Name	Time	Comment
1	Danny Millar	17:57			28	Mike Stares	28:45	
2	Mike Newham	18:53			29	Martin Robinson	28:59	
3	Steve Crook	19:31	PB		30	Callanach Mac-an-la-Mhaich	29:24	
4	Paul Williams	20:30			31	Kirsty Hope	29:44	
5	Kev Busch	21:07			32	Michelle Francis-Dent	29:44	
6	Alan Burgess	21:20			33	Gill Thomas	29:46	
7	Bart Griffin	21:46			34	Mellissa Pink	29:57	
8	Gill Dowling	21:50			35	Stefanie Neale	30:06	
9	James Martin	22:30			36	Kerry Sawyer	30:25	
10	Richard Law	23:14			37	Brian Fisher	30:25	
11	David Whiting	23:28			38	Reuben Shilling	30:52	
12	Natasha Armstrong	24:18			39	Jenny Shilling	31:00	
13	Sam Graham	24:25			40	Richard Smith	31:40	
14	Lee Torrens	24:26			41	Kayleigh Park	31:45	
15	Josh Tumelty	24:50			42	Joanne Gevaux-Ross	34:06	
16	Rob Hylands	25:06			43	Jolene Jenkins	34:06	
17	Ed Anderson	25:23			44	Maz Dymond	38:36	
18	Yvette Eastman	25:26			45	Rick Crook	38:37	
19	Dave Kitching	26:19			46	Gayle Fagam	38:37	
20	Fiona Tomlinson	26:59			47	Andy Brown	38:42	
21	Lyne Franklin	27:29			48	Mike Bowers	39:38	
22	Cathy Harman	27:51			49	Nicola Sadler	39:42	
23	Mick Kearney	28:09			50	Marie Bowers	39:42	
24	Tonia Morrell	28:28			51	Jess Jones	40:45	
25	Darren Gamblin	28:32			52	Pat Lapworth	40:45	
26	David Baker	28:40			53	Kim Carter	40:45	
27	Katja Reipert	28:45						
Technical Team:- Liz Redpath, Dave Croft, Sid Smith and Gary Francis. Marshals:- Debbie Humphreys, Paul Gerald, Jeanette Webb O'Neil, Nick Carter, Ken Eaden, Geoff O'Flanagan, Ben Jarvis, Terry Weston, Mark Jakins, Gavin Llewellyn, Dave Kirby, Claire Tallack-Gamble and Neil Jarrett. Guest Marshals:- Terry and Kerry Arnott.								

July 10 Km Time Trial 2019						
Pos.	Name	Time		Pos.	Name	Time
1	Danny Millar	37:50		24	Dave Kitching	57:37
2	Chris Buxton	38:43		25	Sarah Law	58:14
3	Nicky Moxham	38:54		26	Mick Stares	59:28
4	Mike Newnham	40:54		27	Nicky White	60:38
5	Kevin Busch	44:01		28	Colin Middleton	60:38
6	Paul Williams	44:19		29	Cathy Harman	60:48
7	Alan Burgess	46:51		30	Terry Arnott	61:06
8	Gill Dowling	46:56		31	Kev White	61:07
9	Gavin Llewelyn	47:41		32	Mike Kearney	61:29
10	Richard Law	48:49		33	Amy Gower	63:03
11	Colin Gardner	49:00		34	Kim Carter	63:33
12	Dan Roiz De Sa	49:25		35	Callanach Mac-An-La-Mhaich	64:18
13	Andy Pearce	49:31		36	Debbie Humphreys	64:25
14	Rob Hylands	49:35		37	Donna Tatem	64:51
15	Dean Conway	50:17		38	Melissa Pink	66:01
16	Lee Torrens	51:42		39	Gill Thomas	66:10
17	Nick Carter	51:46		40	Tonia Morrell	66:12
18	Richard Wiltshire	52:29		41	Lynne Franklin	66:17
19	David Whiting	52:49		42	Steve Woods	66:31
20	James Martin	54:35		43	David Baker	69:29
21	Mark Watson	54:48		44	Janet Lindley	73:53
22	Ed Anderson	56:19		45	Louise Millson	74:29
23	Fiona Tomlinson	56:47		46	Steve Crook (Tail Runner)	74:32
<p>Thank you to our officials - Liz Redpath (starter/timer), Paul Street (timer), Gary Francis (recorder), Terry Weston (numbers). Marshals / Supporters:- Sue Barrett, Karen Morby, Sid Smith, Jenny Shilling, Dave croft, Andy Brown, Neil Jarrett, Eileen Cowling, Ali Watson, Lewis Downs, Mike Bowers, Karen Harding, Pete Lindley, Den Francis, Ken Eaden and Ben Jarvis.</p>						



August 5 Km Time Trial 2019						
Pos.	Name	Time		Pos.	Name	Time
1	Steve Crook	19:48		28	Steve Wood	27:26
2	Kev Busch	20:57		29	Stuart Nicholson	27:27
3	Benjamin Parker	21:14		30	Kev Eaden	27:48
4	Alan Burgess	21:23		31	Amy Gower	27:54
5	Andrew Morgan	21:32		32	Colin Middleton	27:59
6	Adam Crook	21:51		33	Darren Gamblin	28:18
7	Gill Dowling	22:00		34	Kate Stubbings	28:18
8	James Martin	22:11		35	David Baker	28:39
9	Amy Smally	22:25		36	Steve Cawte	28:45
10	Matt Lawes	22:41		37	Tonia Morrell	28:55
11	Caroline Musto	22:51		38	Mike Stares	28:59
12	Richard Law	23:02		39	Emma Degville	30:12
13	Gavin Llewellyn	23:11		40	Gill Thomas	30:27
14	David Whiting	23:17		41	Rory Fall	30:36
15	Andy Pearce	23:26		42	Richard Smith	31:07
16	Charles Cope	24:25		43	Pete Lindley	31:18
17	Lee Torrens	24:29		44	Jo Yorke	33:02
18	Mark Watson	24:57		45	Joanne Gevaux-Ross	33:04
19	Mark Jakins	25:05		46	Jess Jones	34:05
20	Sam Graham	25:25		47	Janey Lindley	35:00
21	Richard Pelly	25:45		48	Sally Cope	35:08
22	Geoff OFlanagan	26:09		49	Louise Millson	35:14
23	Tom Reader	26:09		50	Dave Kirby	35:55
24	Jenny Shilling	26:44		51	Marie Bowers	37:27
25	Anthony Lewis	26:59		52	Mike Bowers	48:26
26	Ben Jarvis	27:01		53	Danny Millar	48:28
27	Mike Barker	27:01				
<p>Technical Volunteers:  Timer/Starter Dave Croft  Secondary Timer Jacquie Torrens  Results Recorder Gary Francis  Numbers Angie Claridge.</p> <p>Marshals and Supporters: Honor Reader, Andy Brown, Miranda Carrick, Ali Watson, Kim Carter, Dean Conway, Paul Pearce (and Jess), Jackie Tombs, Sid Smith, Terry Weston, Nicola Sadler.</p>						

September 5 Mile Time Trial 2019						
Pos.	Name	Time		Pos.	Name	Time
1	Michael Percival	30:41		25	Nigel Lunn	44:56
2	Nicky Moxham	30:52		26	Mike Barker	45:42
3	Gavin Booker	35:09		27	Mick Kearney	46:00
4	Adam Crook	35:12		28	Louise Belben	46:10
5	Kev Busch	35:20		29	Mike Stares	46:11
6	Alan Burgess	35:29		30	Rory Fall	47:04
7	David Whiting	35:51		31	Kate Stubbings	47:06
8	Joshua Tumelty	36:29		32	Darren Gamblin	47:10
9	Amy Smalley	36:36		33	David Baker	49:53
10	James Martin	36:42		34	Pete Lindley	50:31
11	Sue Baldock	37:58		35	Gill Thomas	52:00
12	Richard Law	38:17		36	Melissa Pink	52:04
13	Richard Wiltshire	39:07		37	Jo Yorke	55:37
14	Charles Cope	39:55		38	Julie Garrett	55:37
15	Mark Jakins	42:41		39	Jo Gevaux-Ross	55:37
16	Lynne Franklin	42:50		40	Karen Morby	55:37
17	Ben Parker	43:03		41	Jess Jones	57:46
18	Brian Fisher	43:04		42	Jackie Brady	57:46
19	Steve Wood	43:08		43	Dave Kirby	59:13
20	Geoff O'Flanagan	43:41		44	Karen Harding	59:30
21	Guy Sheppard	44:07		45	Caroline Harms	59:30
22	Angie Claridge	44:16		46	Marie Bowers	59:44
23	Colin Middleton	44:18		47	Jenny Parker Lumis	68:44
24	Pete Stubbings	44:47		48	Pat Lapworth (Tail Runner)	68:44
<p>Thank you to our officials - Liz Redpath (starter/timer), Janet Lindley (Timer), Gary Francis (Recorder), Paul Street (Numbers). Thanks to our marshals and supporters:- Ken Eaden, Terry Weston, Sue Barrett, Mike Bowers, Sid Smith, Jenny Shilling, Dave Croft, Jackie Tombs, Kayleigh Park, Chris Nation, Tom Reader, Jenny McKay, Dean Conway, Nick Carter and Andy Brown.</p>						

October 5Km Time Trial 2019						
Pos.	Name	Time		Pos.	Name	Time
1	Michael Percival	19:07		23	Stuart Dodd	26:36
2	Kev Busch	20:55		24	Rory Fall	27:15
3	Adam Crook	21:07		25	Dave Kitching	28:25
4	Alan Burgess	21:36		26	Melissa Pink	28:47
5	Richard Law	21:46		27	Mike Stares	29:00
6	James Martin	21:52		28	Gill Thomas	29:04
7	Matthew Laws	22:29		29	Mick Kearney	29:23
8	Su Baldock	22:31		30	Kerry Sawyer	29:24
9	Gavin Llewellyn	22:42		31	Kirsty Hope	29:36
10	Ben Parker	23:38		32	Mark Jakins	29:41
11	Richard Pelley	23:39		33	David Baker	30:05
12	Katherine Wealthy	23:50		34	Jackie Brady	30:11
13	Paul Dunstan	24:25		35	Karyn Ashcroft	30:52
14	Mark Watson	24:55		36	Jo Gevaux-Ross	30:53
15	Angie Claridge	25:06		37	Jenny Mackay	31:40
16	Julia Roiz De Sa	25:07		38	Richard Smith	31:51
17	Gill Dowling	25:08		39	Suzanne Dunstan	32:22
18	Rob Hylands	25:18		40	Rick Crook	35:54
19	Joe Samways	26:26		41	Karen Morby (Tail Runner)	35:57
20	Lewis Downs	26:28				
21	Amy Gower	26:35				
22	David Whiting	26:35				
<p>Starter/Timer- Dave Croft. Backup Timer - Janet Lindley. Numbers -Paul Street.  Recorder - Gary Francis. Thanks to the marshals and supporters out on the course:-  Sophie Hurlo, Ali Watson, Steve Crook, Sid Smith, Terry Weston, Sue Barratt, Jenny Shilling, Andy Brown, Jo Yorke, Dave Kirby, Eileen Cowling (Cycle Support).</p>						

November 2019 5 Km Time Trial						
Pos.	Name	Time		Pos.	Name	Time
1	Tom Barnard	18:32		26	Cathy Harman	28:01
2	Mike Newnham	19:02		27	Kate Stubbings	28:06
3	Danny Millar	19:29		28	Melissa Pink	29:00
4	Robert Boulton	20:33		29	Marie O'Rourke	29:20
5	Simon Rowe	20:33		30	Ricky Bello	30:21
6	David Whiting	21:43		31	Mike Stares	30:23
7	James Martin	21:49		32	David Barker	30:24
8	Benjamin Parker	21:53		33	Jackie Toombs	30:36
9	Alan Burgess	22:00				
10	Matt Lawes	22:10				
11	Richard Law	22:35				
12	Ben Jarvis	22:27				
13	Gavin Llewellyn	22:41				
14	Stuart Wood	25:10				
15	Pete Stubbings	25:52				
16	Kerry Amott	25:57				
17	Lynne Lemmis	26:22				
18	Angie Claridge	26:27				
19	Gill Dowling	26:42				
20	Yvette Eastman	26:42				
21	Louise Belben	27:07				
22	Steve Cawte	27:14				
23	Amy Gower	27:36				
24	Rory Fall	27:49				
25	Mick Kearney	27:57				
<p>Many thanks to our officials tonight: - Liz Redpath (Starter /Timer), Dave Croft (Timer), Gary Francis (Recorder), Ken Eaden (Numbers). Many thanks to our marshals and supporters - Sue Barrett, Karen Morby, Rob Hylands, Miranda Carrick, Caroline Musto, Sid Smith, Terry Weston, Karen Harding, Mike Bowers and Rebecca Hylands.</p>						

December 5 Km Time Trial 2019						
Pos.	Name	Time		Pos.	Name	Time
1	Simon Rowe	19:18		17	Jenny Shilling	26:56
2	Adam Crook	21:08		18	Louise Belben	27:03
3	Matt Lawes	21:27		19	Darren Gamblin	27:35
4	Alan Burgess	21:28		20	Marie O'Rourke	27:43
5	James Martin	21:35		21	Nigel Lunn	27:53
6	Gavin Booker	21:55		22	Mick Kearney	27:58
7	Ben Parker	22:12		23	Cathy Harman	28:17
8	Caroline Musto	22:27		24	Melissa Pink	28:51
9	Jason Belben	23:11		25	Tonia Morrell	29:23
10	Owen Williams	23:23		26	David Baker	29:45
11	Richard Pelley	23:42		27	Mick Stares	30:34
12	Dale Poulter	24:22		28	Richard Smith	31:54
13	Stuart Dodd	24:30		29	Jo Yorke	32:28
14	Ben Jarvis	24:46		30	Joanne Gevaux-Ross	32:28
15	Simon Shorthouse	25:42		31	Kim Carter (Tail runner)	32:28
16	Steve Wood	26:38				
<p>Starter/Timer- Liz Redpath. Backup Timer - Janet Lindley. Numbers -Paul Street.  Recorder - Gary Francis. Thanks to the marshals and supporters out on the course:-  Dave Croft, Karen Morby, Dave Kirby, Mike Bowers, Su Baldock, Sid Smith, Terry  Weston, Brian Fisher, Dave Kitching &amp; Sue Barratt.</p>						

Helpers Half Marathon 2019								
Pos.	Name	Time	Comment		Pos.	Name	Time	Comment
1	Danny Millar	01:26:13	PB		23	Jackie Tombs	02:04:42	
2	Simon Rowe	01:32:04			24	Julia Roiz de Sa	02:04:43	
3	Kevin Busch	01:36:17			25	Hayley Sparshott	02:05:28	
4	Adam Crook	01:38:21			26	Sam Graham	02:06:40	
5	Steve Crook	01:38:30			27	Lee Torrens	02:06:40	
6	Ben Jarvis	01:47:14			28	Charles Cope	02:07:27	
7	Caroline Musto	01:51:04			29	Kate Stubbins	02:07:39	
8	Kathryn Wealthy	01:51:10			30	Rob Hylands	02:08:29	
9	Dan Roiz de Sa	01:51:48			31	Cath Lloyd Jones	02:10:22	Fareham Crusader Volunteer
10	Ben Parker	01:52:32			32	Cathy Pittick	02:10:23	Fareham Crusader Volunteer
11	Gavin Booker	01:52:46			33	Mike Barker	02:21:35	
12	Colin Gardner	01:54:16			34	Rebecca Scott	02:21:56	
13	Su Baldock	01:55:43			35	Kim Carter	02:21:57	
14	Andy Pearce	02:00:08			36	Amanda Morby	02:26:33	
15	Rachel Davies	02:02:31			37	Julie Garratt	02:27:04	
16	Gill Dowling	02:02:32			38	Honor Reader	02:27:04	
17	Yvette Eastman	02:02:32			39	Karen Morby	02:28:16	
18	Stuart Wood	02:02:39			40	Jayne Cockayne	02:35:12	
19	Steve Wood	02:02:47	PB		41	Claire Tallack	02:35:12	
20	Pete Stubbs	02:03:57			42	Debbie Humphries	02:35:13	
21	Lynne Lemmis	02:04:24			43	Jo Hopkins	02:35:14	
22	Ange Claridge	02:04:41			44	Rory Fall	02:35:18	
Well Done to all who braved the tough conditions- Cracking Results. Many thanks to all marshals and time keepers. Time Keepers: Liz Redpath; Brian Fisher and Maria Bowers. Marshals: Sue Barratt; Alan Burgess; Dean Conway; Ali Watson; Karen Harding; Rebecca Hylands, Nick Boom; Sophia Hurlo; Steve Blank; Mike Stares; Mike Bowers; Miranda Carrick								