

January 5 Km Time Trial 2023					
Pos.	Name	Time	Pos.	Name	Time
1	Nikki Moxham	20:28	12	Karen Morby	29:35
2	Ben Wales	22:37	13	Sara New	29:44
3	Gav Llewellyn	23:41	14	Mike Kearney	30:12
4	Kathryn Wealthy	24:22	15	Jackie Brady	30:39
5	Su Baldock	24:23	16	David baker	30:49
6	Austin Hill	25:29	17	Maisie Elshaw	32:31
7	Steve Calder	25:48	18	Lisa Jakins	32:34
8	Ethan Barrett	27:07	19	Deborah Birch	32:56
9	Adam Bassett	27:50	20	Mike Stares	33:29
10	Anton Bradley	27:51	21	Kirsten Bradley	34:10
11	Tonia Morrell	29:34	22	Kim Carter	37:47
Finish /Starting Crew:- Paul Street, Sue Barrett, Steve Cawte and Gary Francis. Marshals:- Roz Weaver, Karen Harding and Dave Croft. Tailrunner:- Kim Carter					

February 5 Km Time Trial 2023					
Pos.	Name	Time	Pos.	Name	Time
1	Chris Buxton	18:51	12	Fiona Tomlinson	29:13
2	Nikki Moxham	19:07	13	Mick Kearney	30:01
3	Richard Swift	22:58	14	Maisie Elshaw	30:14
4	Ben Parker	23:39	15	Gill Thomas	30:38
5	Steve Calder	24:47	16	Rebecca Scott	31:19
6	Mark Jakins	24:55	17	Mike Stares	31:35
7	Steve Wood	25:21	18	Cathy Harman	32:41
8	Mike Barker	28:04	19	Steve Cawte	32:42
9	Tom Reader	28:11	20	Rory Fall	39:35
10	Tonia Morrell	28:48	21	Kim Carter	39:36
11	Ray Williams	28:56			
Finish /Starting Crew:- Liz Redpath, Paul Street, Sue Barrett, and Gary Francis. Marshals:- Dave Croft, Gav Booker and Mike Bowers. Tailrunner:- Kim Carter					

March 5 Km Time Trial 2023					
Pos.	Name	Time	Pos.	Name	Time
1	Chris Buxton	18:31	19	Lisa Jakins	42:38
2	Mark Brown	23:50	20	Danielle Binsham	42:59
3	Mark Jakins	26:06	21	Kelly Fitzgrald	42:59
4	Ray Williams	27:20	22	Jo Yorke	43:00
5	Ken Eaden	28:28	23	Jody Quin	44:02
6	Mike Barker	29:06	24	Pam Fisher	44:25
7	David Baker	31:39	25	Danielle Paice	44:37
8	Deborah Birch	32:11	26	Kat Harman	45:21
9	Mike Stares	32:26	27	Andi O'Flanagan	45:21
10	Becky Scott	34:18	28	Daniel Yearsley	45:28
11	Caroline Delooze	34:18	29	Tracy Martin	46:01
12	Sara New	35:08	30	Helena Purshouse	46:09
13	Trevor McAllister	35:48	31	Andy Brown	46:10
14	Michelle Hall	37:21	32	Hannah Merritt	49:40
15	Kimberley Houting	37:22	33	Angie Elshaw	49:41
16	Karen Morby	37:23	34	Ali Watson	50:48
17	Rory Fall	38:38	35	Mel Bagwell	50:49
18	Samantha Stanley	42:37	36	Karen Harding	50:50
Finish /Starting Crew:- Paul Street, Steve Cawte and Gary Francis. Marshals:- Dave Croft and Tom Reader.					

April 2023 5 Km Time Trial						
Pos.	Name	Time		Pos.	Name	Time
1	Chris Buxton	18:53		21	Sara New	30:56
2	Nikki Moxham	19:24		22	Mike Stares	31:15
3	Luke Foley-Greaves	19:33		23	Jackie Brady	31:35
4	Mike Newnham	21:02		24	Alina Jones	32:38
5	Dale Poulter	22:05		25	Mark Jones	32:39
6	Ben Wales	22:15		26	Karen Harding	35:17
7	Mark Brown	22:28		27	Sam Stanley	37:04
8	Austin Hill	25:36		28	Eleanor Pursehouse	39:43
9	Steve Wood	26:00		29	Yvette Eastman	39:44
10	Mark Jakins	26:21		30	Biddy Russell	40:08
11	Steve Calder	26:32		31	Jodie Quinn	40:19
12	Daniel Yearsley	27:03		32	Georg Burlein	41:50
13	Ethan Barrett	27:41		33	Andy Brown	42:08
14	Jo Yorke	27:51		34	Pam Ella	44:23
15	Tracey Wales	28:42		35	Roz Weaver	44:30
16	Brooke Newbrook	28:53		36	Hannah Merritt	45:37
17	Mick Kearney	29:07		37	Ali Watson	49:35
18	Karen Morby	29:17		38	Andi O'Flanagan	49:36
19	Lisa Jakins	29:23		39	Sophie Hurlo (Tail runner)	49:36
20	Dave Baker	30:38				
<p>Timer:- Liz Redpath.Back-up timer:-Shirley Faichen. Recorder:- Paul Street. Numbers:- Steve Cawte. Marshals:- Jenny McKay, Caz Delooze, Gav Booker, Sue Barrett, Mike Bowers, Ken Eaden, Nick Boorn and Sid Smith</p> <p>Thanks to Sophie Hurlo for tail running tonight.</p>						

May 5 Mile Time Trial 2023						
Pos.	Name	Time		Pos.	Name	Time
1	Mike Newnham	29:27		36	James Anson	42:32
2	Nikki Moxham	30:30		37	Nick MacBeath	42:54
3	Chris Buxton	30:59		38	Karla Graham	43:35
4	Ben Slater	31:41		39	Mark Jakins	43:36
5	Aaron Sutton	31:44		40	Mike Healy	43:53
6	Tim Patten	31:48		41	Steve Blank	44:37
7	Mark Bennion	32:01		42	Chris Rees	44:57
8	Chris Holliday	33:25		43	Essjay Law	45:00
9	Richard Bailey	33:39		44	Neil Richards	45:05
10	Charlie Fuller	34:11		45	Ian Woodland	45:22
11	Martin Peglar	34:17		46	Eddie Casper	45:23
12	Jamie MacBeath	34:43		47	Jo Yorke	45:33
13	Matt Law	35:12		48	Kelly Eggar	45:39
14	Steven Drake	35:20		49	Martyn Taylor	47:14
15	Mark Brooks	35:57		50	Lara Nolan	47:30
16	Keith Woolven	36:01		51	Melanie Sharpe	47:30
17	Warren Beadell	36:23		52	Jan Atkins	47:32
18	Steven Matty	32:26		53	Mike Barker	47:40
19	Matt Angus	36:23		54	Kathy Harman	47:53
20	Mark Brown	36:41		55	Jenny Winfield	48:53
21	Dominic Shepherd	36:46		56	Jacqueline Healy	50:33
22	Danny Wilkinson	36:51		57	David Baker	50:44
23	Su Baldock	37:12		58	Mike Taylor	51:11
24	Andrew Coates	37:17		59	Alison Thompson	51:35
25	Rubayat Choudhury	37:30		60	Clara Sutton	51:38
26	Chris Lumb	38:39		61	Deborah Birch	51:49
27	Adam Baines	38:55		62	Mike Stares	52:06
28	Dom Ducellier	39:07		63	Maisie Elshaw	52:25
29	Paula Williams	39:18		64	Gill Thomas	52:42
30	Xavier Sanchez	39:19		65	Deborah Casper	56:38
31	Sara McRitchie	40:24		66	Lexie Brannagin	56:42
32	Colin Sharpe	40:49		67	Ange Elshaw	01:00:01
33	Steve Calder	41:01		68	Karen Harding	01:00:02
34	Steve Wood	41:11		69	Rory Fall	01:05:03
35	Paul Oakey	41:55		70	Kim Carter	01:05:04
<p>Starter/Timer- Paul Street. Backup Timer - Sue Barrett. Numbers -Steve Cawte Recorder - Gary Francis. Marshals/ Supporters:- Karen Morby, Sara New, Kellee Read, Jenny Shilling, Tracey Wales, Liz Redpath, Fi Wood, Dave Croft, Lynne Franklin, Roz Weaver, Ali Watson, Caz Delooze, Mike Bowers, Brian Fisher, Jackie Tombs, Biddy Russell, Ken Eaden, Sid Smith and Lisa Jakins. Thanks to Kim Carter for being our Tailrunner tonight. Special Thanks to Stubbington Green and Fareham running clubs for joining us tonight.</p>						

June 2023 5 Km Time Trial						
Pos.	Name	Time		Pos.	Name	Time
1	Mike Newnham	17:33		21	Zoe Windsor	30:41
2	Nikki Moxham	18:23		22	Maisie Elshaw	31:06
3	Chris Buxton	18:48		23	Kirsten Bradley	31:09
4	Luke Foley-Greaves	20:04		24	Ken Eaden	31:38
5	Adam Crook	20:27		25	Mike Stares	32:12
6	Dale Poulter	22:21		26	Donna Tatem	32:13
7	Mark Brown	23:09		27	Richard Smith	32:47
8	Adam Baines	24:12		28	David Baker	34:47
9	Steve Blank	25:10		29	Biddy Russell	34:51
10	Mark Jakins	25:29		30	Karen Harding	36:45
11	Steve Wood	26:17		31	Andi O'Flanagan	37:13
12	Jo York	27:23		32	Angie Elshaw	37:26
13	Brooke Richardson	27:33		33	Rory Fall	41:38
14	Colin Lambert	28:00		34	Pam Fisher	46:36
15	Mike Barker	28:26		35	Roz Weaver	46:38
16	Tom Reader	28:29		36	Ali Watson	52:59
17	Sara New	29:00		37	Kim Carter	53:00
18	Fiona Wood	29:21				
19	Rach Connell	30:08				
20	Lisa Jakins	30:23				
<p>Timer:- Paul Street.Back-up timer:-Sue Barrett. Recorder:- Karen Morby & Gary Francis. Numbers:- Steve Cawte. Marshals & Supporters:- Gav Booker, Sid Smith, Dave Croft, Lynne Franklin, Deborah Birch, Jenny Shilling, Steve Calder, Tonia Morrell and Len Keech</p> <p>Thanks to Kim Carter for tail running tonight.</p>						

July 2023 10 Km Time Trial						
Pos.	Name	Time		Pos.	Name	Time
1	Nikki Moxham	40:48		12	David Baker	65:22
2	Mark Brown	47:34		13	Mick Stares	65:43
3	Kev White	48:43		14	Mike Barker	67:19
4	Steve Calder	52:15		15	Steve Cawte	67:20
5	Steve Wood	56:33		16	Biddy Russell	74:57
6	Mark Jakins	56:53		17	Becky Scott	74:57
7	Tonia Morrell	60:18		18	Lisa McGuinness	77:18
8	Lisa Jakins	60:28		19	Jackie Brady	77:22
9	Melissa Tyrrell	61:31		20	Rory Fall	78:54
10	Cathy Harman	62:00		21	Kim Carter (Tail Runner)	78:55
11	Deborah Birch	64:35				
<p>Officials, Marshals & Supporters:- Sue Barrett, Sid Smith, Sara New, Jenny Shilling, Gary Francis, Kellee Read, Ken Eaden, Brian Fisher, Dave Croft, Karen Harding and Karen Morby.</p> <p>Thanks to Kim Carter for tail running tonight.</p>						

August 2023 5 Km Time Trial						
Pos.	Name	Time		Pos.	Name	Time
1	Mike Newnham	17:20		21	Zoe Windsor	31:09
2	Luke Foley Greaves	19:50		22	Brian Fisher	31:13
3	Kev White	20:34		23	David Baker	31:46
4	Mark Brown	23:03		24	Mick Stares	32:59
5	Austin Hill	23:37		25	Maisie Elshaw	33:11
6	Steve Calder	24:34		26	Alina Jones	33:33
7	Steve Wood	27:03		27	Mark Jones	33:34
8	Karen Morby	27:27		28	Elena Purshouse	33:49
9	Jo Yorke	27:29		29	Biddy Russell	35:05
10	Fi Tomlinson	27:56		30	Becky Scott	35:06
11	Melissa Tyrell	28:10		31	Ange Elshaw	36:47
12	Mike Barker	28:27		32	Mel Bagwell	36:53
13	Sara New	28:30		33	Karen Harding	36:54
14	Brooke Newbrook	28:54		34	Caz Delooze	37:51
15	Tonia Morrell	29:09		35	Rory Fall	39:04
16	Ethan Barrett	29:10		36	Jackie Brady	39:05
17	Shirley Faichen	29:37		37	Kim Carter (Tail Runner)	39:06
18	Kathy Harman	30:14				
19	Lisa Jakins	30:15				
20	Mick Kearney	31:01				
<p>Officials, Supporters and Marshalls:- Ken Eaden, Sue Barrett, Gary Francis, Steve Cawte, Jenny McKay, Gavin Brooker, Kellee Read, Gill Thomas and Mark Jakins.</p> <p>Thanks to Kim Carter for tail running tonight.</p>						

September 2023 5 Mile Time Trial						
Pos.	Name	Time		Pos.	Name	Time
1	Aidan Morby	37:57		10	Mike Stares	52:11
2	Mark Brown	37:59		11	Maisie Elshaw	53:25
3	Steve Calder	44:18		12	Lisa McGuinness	53:25
4	Dale Poulter	47:11		13	David Baker	54:43
5	Jo Yorke	47:26		14	Rory Fall	57:42
6	Tonia Morrell	47:26		15	Angie Elshaw	01:01:02
7	Karen Morby	47:45		16	Caroline Delooze	01:02:15
8	Mike Barker	50:43		17	Karen Harding	01:02:17
9	Gill Thomas	52:01				
<p>Officials, Supporters and Marshalls:- Paul Street, Ken Eaden, Gary Francis, Sid Smith, Deborah Birch, Sara New, Mike Bowers, Mark Jakins, Lisa Jakins, Sue Barker, Dave Croft, Sue Barrett, Gav Booker (Happy Birthday!!!), and Jenny McKay.</p> <p>Thanks to Karen Harding for tail running tonight.</p>						

October 2023 5 Mile Time Trial						
Pos.	Name	Time		Pos.	Name	Time
1	Mike Newnham	17:55		18	Lisa McGuinness	30:38
2	Chris Buxton	18:45		19	Gill Thomas	30:50
3	Dan Belben	19:03		20	Sylv Cawte	31:28
4	Kev White	20:01		21	Lisa Jakins	31:45
5	Mark Brown	22:44		22	Donna Tatem	32:09
6	Angus Barnett	24:13		23	Mike Stares	32:15
7	Gav Llewelyn	24:31		24	Steve Cawte	32:22
8	Steve Calder	24:43		25	Brooke Richardson	32:35
9	Mark Jakins	25:22		26	Shirley Faichen	32:39
10	Colin Lambert	27:41		27	Rory Fall	33:12
11	Karen Morby	28:04		28	Dave Croft	33:21
12	Mike Barker	28:24		29	Richard Smith	33:24
13	Tom Channon	28:40		30	Karen Harding	33:47
14	Sara New	28:45		31	Biddy Russell	36:57
15	Tom Reader	28:47		32	Becky Scott	36:58
16	Zoe Windsor	30:04		33	Pam Ella	44:25
17	Deborah Birch	30:21		34	Roz Weaver	44:28
Officials, Supporters and Marshalls:- Paul Street, Sid Smith, Nikki White, Alina Jones, Mark Jones and Ken Eaden.						

November 2023 5 Mile Time Trial						
Pos.	Name	Time		Pos.	Name	Time
1	Tom Barnard	18:25		14	Sara New	28:28
2	Chris Buxton	18:47		15	Zoe Windsor	29:20
3	Luke Foley -Greaves	19:53		16	Alina Jones	29:55
4	Kev White	20:11		17	Gill Thomas	29:56
5	Mark Brown	22:05		18	David Baker	30:05
6	Jarvis Johnston	22:09		19	Mick Kearney	30:20
7	Mark Jones	23:15		20	Mike Stares	32:04
8	Dale Poulter	23:24		21	Dave Croft	32:43
9	Steve Calder	24:52		22	Karen Harding	33:35
10	Mark Jakins	25:26		23	Biddy Russell	36:29
11	Steve Wood	25:54		24	Becky Scott	36:30
12	Tom Channon	27:48		25	Pam Fisher	44:07
13	Mike Barker	28:26		26	Ros Weaver	44:25
Officials, Supporters and Marshalls:- Paul Street, Sid Smith, Steve Cawte, Gary Francis, Ken Eaden, Mike Bowers, Fi Tomlinson and Tom Reader.						

November 2023 5 Mile Time Trial						
Pos.	Name	Time		Pos.	Name	Time
1	Chris Buxton	18:39		14	Gav Llewellyn	28:42
2	Dan Belben	19:21		15	Gill Thomas	29:06
3	Mike Newnham	21:08		16	David Baker	29:34
4	Jarvis Johnson	23:13		17	Becky Scott	30:44
5	Steve Calder	25:09		18	Lisa Jakins	32:48
6	Mark Jakins	25:19		19	Steve Cawte	32:51
7	Steve Wood	26:07		20	Mike Stares	33:06
8	Nikki White	26:16		21	Dave Croft	33:26
9	Kev White	26:17		22	Sue Barrett	43:46
10	Stuart Wood	27:08		23	Zoe Windsor	43:47
11	Mike Barker	28:06		24	Rory Fall	43:51
12	Fi Tomlinson	28:10		25		
13	Tonia Morrell	28:41		26		
Officials, Supporters and Marshalls:- Paul Street, Ken Eaden, Mike Bowers and Biddy Russell.						

Helper's Half Marathon 2023						
Pos.	Name	Time		Pos.	Name	Time
1	Steve Crook	01:35:28		14	Lisa McGuinness	02:17:11
2	Kev White	01:35:55		15	Busi Liddle	02:21:16
3	Adam Crook	01:36:42		16	Mike Barker	02:25:40
4	Kev Busch	01:52:32		17	Cliff Shaw	02:25:49
5	Steve Calder	01:54:14		18	Tom Reader	02:25:50
6	Steve Wood	02:02:01		19	Donna Tatem	02:25:53
7	Cate Mullen	02:04:33		20	Janet Shaw	02:26:04
8	Jo Yorke	02:06:15		21	Zoe Windsor	02:31:00
9	Jenny Shilling	02:11:14		22	Lisa Jakins	02:32:49
10	Tonia Morrell	02:13:05		23	Honor Reader	02:32:50
11	Karen Morby	02:13:11		24	Karen Harding	02:43:30
12	Fi Tomlinson	02:16:36		25	Maisie Elshaw	02:43:30
13	Rebecca Scott	02:17:07		26	Kim Carter	02:47:24
				27	Sue Barker	03:11:00
<p>Officials, Supporters and Marshalls:- Paul Street, Steve and Sylv Cawte, Mike Stares, Jackie Brady, Dave Croft, Alina Jones, Deborah Birch, Jenny MacKay, Gill Scott, Mel Bagwell, Caz Delooze, Angie Elshaw, Lizzie Elshaw and Neil Elshaw.</p> <p>Thanks to Honor Reader for Tail Running the main 1000 Group.</p>						