

	January 2025 5 Km Time Trial						
	Pos	Name	Time		Pos	Name	Time
	1	Mark Jakins	22:24		13	Colin Gardner	29:39
	2	Mark Brown	24:02		14	Tom Reader	30:05
	3	Steve Calder	25:55		15	Zoe Windsor	30:14
	4	Yvette Eastman	26:04		16	David Baker	31:21
	5	Steve Wood	27:18		17	Jackie Brady	32:17
	6	Mike Barker	28:27		18	Mike Stares	34:13
	7	Tonia Morrell	28:28		19	Sue Barratt	38:11
	8	Ethan Barratt	28:45		20	Biddy Russell	38:12
	9	Lisa Jakins	28:53		21	Abi Dalton	41:01
	10	Gary Sayers	29:16		22	Jen Brown	43:42
	11	Kurt Wilkie	29:16		23	Karen Morby	43:43
	12	Fi Tomlinson	29:20				
	Officials, Supporters and Marshalls:- Paul Street, Karen Harding, Ken Eaden, Gary Francis, Gill Dowling, Steve Cawte, Rory Fall, Dave Croft, Kate Robertson, Jo Booker, Mike Bowers, Roz Weaver and Brian Fisher.						
	Many thanks to Karen Morby for tail running tonight.						

	February 2025 5 Km Time Trial						
	Pos	Name	Time		Pos	Name	Time
	1	Matt Gant	19:25		11	Jo Booker	29:33
	2	Chris Buxton	19:29		12	Lisa Jakins	29:35
	3	Andy Graham	19:39		13	Zoe Windsor	29:49
	4	Adam Crook	20:52		14	David Baker	30:40
	5	Mark Brown	23:49		15	Deborah Birch	33:12
	6	Mark Jakins	25:35		16	Lisa McGuinness	33:38
	7	Yvette Eastman	26:27		17	Karen Harding	33:43
	8	Steve Calder	26:52		18	Rory Fall	33:59
	9	Gill Thomas	27:02		19	Jackie Brady	34:01
	10	Mike Barker	28:33				
	Officials, Supporters and Marshalls:- Paul Street, Sue Barrett, Ken Eaden, Gary Francis, Steve Cawte, Dave Croft, Mike Bowers, Jackie Tombs and Mike Stares.						
	Many thanks to Jackie Brady for tail running tonight.						

	March 2025 5 Km Time Trial						
	Pos	Name	Time		Pos	Name	Time
	1	Matt Gant	19:30		11	Brooke Newbrook	29:41
	2	Andy Graham	19:31		12	David Baker	29:56
	3	Adam Crook	20:03		13	Shirley Faichen	30:21
	4	Mark Brown	23:40		14	Jackie Brady	30:24
	5	Kev White	23:45		15	Lisa McGuinness	30:47
	6	Steve Wood	26:18		16	Jo Hopkins	31:23
	7	Gill Thomas	27:21		17	Mike Stares	33:22
	8	Zoe Windsor	28:41		18	Dave Croft	36:56
	9	Fi Tomlinson	29:04		19	Kirsten Bradley	36:57
	10	Dulcie Newbrook	29:30				
	Officials, Supporters and Marshalls:- Paul Street, Ken Eaden, Gary Francis, Mike Bowers, Brian Fisher and Tom Reader.						

	April 5 Km Time Trial 2024						
	Pos.	Name	Time		Pos.	Name	Time
	1	Ben Jarvis (F)	19:34		29	Fran Bennett (F)	27:31
	2	Dan Belben	20:26		30	Kelly Eggar (F)	28:35
	3	James Lee (S)	20:45		31	Sara Vamberger (S)	28:53
	4	Mark Bennion (F)	20:57		32	Melanie Sharpe (F)	28:57
	5	Marek Liskutin (F)	21:29		33	Sara Law (F)	29:04
	6	George Aspiviall (F)	21:41		34	Tina Knok (F)	29:05
	7	John Brand (F)	21:42		35	Amanda Talbot (F)	29:07
	8	Matt Lowe (F)	22:22		36	Tony Barron	29:33
	9	David Martin (F)	22:48		37	Beth Watson (F)	29:40
	10	M Brown	23:25		38	Mike Barker	30:08
	11	J Jones (F)	23:30		39	Maria Morley (F)	30:09
	12	Martin Pegler (F)	23:33		40	Katie Savage (F)	30:18
	13	Kirsty Edwards (F)	24:07		41	Zoe Windsor	30:29
	14	Steven Glautier (F)	24:14		42	Wendy Mannion (S)	30:43
	15	Simon Martin (F)	24:18		43	Tracie Jarys (S)	31:31
	16	Dean Pollard (F)	24:22		44	Lisa Jakins	31:45
	17	James Anson (F)	24:57		45	Rebecca Scott	31:46
	18	Colin Sharp (F)	25:04		46	David Baker	32:27
	19	Neil Jarvis (S)	25:28		47	Stacey Stubb (S)	32:33
	20	Tom Channon	25:50		48	John Taylor (F)	34:25
	21	Neil Richards (F)	26:09		49	Emma Taylor (F)	34:28
	22	Mark Jakins	26:24		50	Mike Stares	35:47
	23	Martyn Taylor (F)	26:33		51	Sara Loundon (F)	35:59
	24	Steve Wood	26:45		52	Jeanette Emmonds (F)	36:00
	25	Nigel Feast (S)	27:05		53	Mal Barm (S)	37:48
	26	Steve Calder	27:14		54	Biddy Russell	37:51
	27	Mike Healey (S)	27:18		55	Cathy Harman	37:52
	28	Paul Oakey (F)	27:20				
	Officials- Paul Street, Steve Cawte and Ken Eaden. Marshals/ Supporters:- Karen Morby, Jo Yorke, Dave Croft, Mike Bowers and Jenny Mackay. Thanks to Cathy Harman for being our Tailrunner tonight. Special Thanks to Stubbington Green and Fareham running clubs for joining us tonight.						

	May 2024 5 Mile Time Trial						
	Pos.	Name	Time		Pos.	Name	Time
	1	Mike Newnham	30:47		14	Deborah Birch	47:59
	2	Nikki Moxham	31:06		15	Zoe Windsor	49:36
	3	Chris Buxton	32:20		16	Ashleigh Smith	50:34
	4	Andy Graham	35:55		17	Rebecca Scott	51:01
	5	Dale Poulter	37:20		18	Tom Reader	51:02
	6	Mark Brown	38:01		19	Lisa McGuinness	51:21
	7	Ben Wales	38:47		20	David Baker	53:32
	8	Mark Jakins	41:28		21	Mike Stares	54:57
	9	Steve Calder	42:50		22	Rory Fall	55:17
	10	Steve Wood	44:29		23	Andrea Harris	55:27
	11	Colin Lambert	45:50		24	Karen Harding	55:28
	12	Mike Barker	46:32		25	Karen Morby	55:29
	13	Gill Thomas	46:42				
	Officials: Paul Street, Sue Barrett, Steve Cawte, Dave Croft, Brian Fisher, Roz Weaver, Tonia Morrell, Mike Bowers and Kayleigh Park. Thanks to Karen Morby for tail running tonight.						

	June 2024 5 Mile Time Trial						
	Pos.	Name	Time		Pos.	Name	Time
	1	Mike Newnham	18:51		21	Shirely Faichen	28:45
	2	Nicky Moxham	18:53		22	Tonia Morrell	28:54
	3	Chris Buxton	19:04		23	Brooke Richardson	29:03
	4	Andy Graham	19:14		24	Steve Cawte	29:15
	5	Adam Crook	19:47		25	Zoe Windsor	29:24
	6	Luke Foley-Greaves	20:35		26	Lisa Jakins	29:33
	7	Andy Watson	22:10		27	David Baker	30:33
	8	Mark Brown	22:52		28	Melissa Tyrell	30:37
	9	Mark Jakins	24:04		29	Colin Gardner	31:02
	10	Naomi Lazarus	24:50		30	Rebecca Scott	31:48
	11	Steve Calder	25:43		31	Jackie Brady	31:49
	12	Tony Barron	26:12		32	Mick Kearney	32:02
	13	Steve Wood	26:23		33	Claire Bassett	32:06
	14	Cate Mullen	26:27		34	Nikki Knoll-Pollard	32:08
	15	Gill Thomas	26:43		35	Mike Stares	32:45
	16	Mike Barker	26:56		36	Ethan Barrett	33:02
	17	Deborah Birch	27:31		37	Biddy Russell	34:35
	18	Jo Yorke	27:41		38	Kate Robertson	35:17
	19	Ashleigh Smith	28:27		39	Cathy Harman	35:18
	20	Karen Morby	28:29				
	Officials and Marshals: Paul Street, Sue Barrett, Gary Francis, Roz Weaver, Jackie Tombs, Ali Watson, Mike Bowers and Dave Croft. Thanks to Cathy Harman for tail running tonight.						

	November 5 Km Time Trial 2024						
	Pos.	Name	Time		Pos.	Name	Time
	1	Mike Newhan	18:04		11	David Baker	30:59
	2	Chris Buxton	19:23		12	Brooke Newbrook	32:00
	3	Adam Crook	21:24		13	Mick Kearney	32:07
	4	Mark Jakins	22:58		14	Mike Stares	32:59
	5	Mark Brown	24:03		15	Zoe Windsor	33:04
	6	Steve Calder	25:25		16	Rory Fall	33:42
	7	Yvette Eastman	25:58		17	Biddy Russell	34:01
	8	Steve Cawte	28:48		18	Sarah Golding	40:56
	9	Mike Barker	28:50		19	Jen Brown	40:57
	10	Shirley Faichen	30:03		20	Andy Faichen	41:08
	Officials:- Sue Barratt, Paul Street, Gary Francis and Ken Eaden. Marshals:- Mike Bowers, Dave Croft, Jenny McKay. Thanks to Andy Faichen for tail running tonight.						

	December 2024 5 Km Time Trial						
	Pos.	Name	Time		Pos.	Name	Time
	1	Tom Barnard	18:09		15	David Baker	30:20
	2	Chris Buxton	19:14		16	Shirley Faichen	30:25
	3	Andy Graham	19:20		17	Gill Dowling	31:34
	4	Adam Crook	20:34		18	Yvette Eastman	31:35
	5	Mark Jakins	22:31		19	Brian Fisher	31:55
	6	Jack Butterworth	23:20		20	Karen Harding	33:02
	7	Mark Brown	23:55		21	Mike Stares	33:09
	8	Steve Calder	26:18		22	Kirsten Bradley	33:52
	9	Gill Thomas	26:53		23	Chantelle Lumb	37:12
	10	Lisa Jakins	28:23		24	Vicki Penfold	37:13
	11	Dulcie Newbrook	29:01		25	Kate Robertson	38:27
	12	Fi Tomlinson	29:08		26	Abbie Dalton	39:20
	13	Steve Wood	29:09		27	Tonia Morrell	39:21
	14	Rebecca Scott	29:30				
Officials, Supporters and Marshalls:- Paul Street, Ken Eaden, Steve Cawte, Gary Francis, Jo Booker, Dave Croft and Mike Bowers.							
Many thanks to Tonia Morrell for being tonights tail runner.							

	November 2024 Helpers Half Marathon						
	Pos.	Name	Time		Pos.	Name	Time
	1	Adam Crook	01:38:45		16	Ros Cowdry	02:14:44
	2	Steve Crook	01:41:28		18	Jo Booker	02:15:54
	3	Kev Busch	01:47:43		19	Tony Barron	02:16:19
	4	Oli Derham	01:49:31		20	Lisa Jakins	02:16:25
	5	Mark Jakins	01:49:51		21	Kath Cooper	02:18:37
	6	Sarah-Jane Law	01:54:40		22	Lisa McGuinness	02:21:34
	7	Steve Calder	01:54:41		23	Karen Morby	02:21:34
	8	Jackie Tombs	01:59:57		24	Cathy Harman	02:24:54
	9	Yvette Eastman	02:03:42		25	Tom Reader	02:25:55
	10	Cate Mullen	02:04:22		26	Janet Shaw	02:27:00
	11	Miranda Carrick	02:04:29		27	Honor Reader	02:27:01
	12	Steve Wood	02:05:55		28	Kellee Read	02:46:30
	13	Hayley Milam	02:08:53		29	Karen Harding	02:47:52
	14	Jade Botterill	02:08:54		30	Andrea Harris	02:50:46
	15	Mike Healy	02:09:51		31	Biddy Russell	02:50:47
	16	Rebecca Scott	02:14:44				
Officials and Marshalls:- Paul Street, Ken Eaden, Gary Francis, Jenny Mackay, Dave Croft, Gav Booker, Cliff Shaw, Roz Weaver, Pam Fisher, Jackie Brady, Caz Delooze, Abbie Dalton, Mike Stares, Steve and Syl Cawte, Mike and Sue Barker and Gill Thomas. Many thanks to Honor Reader for Tail Running today. Well done to Tonia Morrell completing one lap in 01:08:47 GREY = GUEST RUNNER							